

Officer Resume for Southern California World Service, Inc. Al-Anon Family Groups

Please type in spaces provided—responses must fit on one page—NO change in form/NO Attachments; Do not be position specific.

*Submit to both the Delegate and Immediate Past Delegate on or before Sept. 19 by 9 p.m.

Full Name: Donna E. City: Sherman Oaks
(First and Last Name)

Phone: [Click or tap here to enter text.](#)

Email: [Click or tap here to enter text.](#)

Are you a current or past District Representative? YES NO District #: 21

Number of continuous years active in Al-Anon/Alateen? 21

1a. List your Al-Anon/Alateen service experience beyond the group level:

Group Rep (for meetings in 2 different districts)—2000 - 2006

Alternate District Rep, 2 “rotations”, 2006 – 2011

District Rep, 2012 – 2014

Treasurer and Group Records Coordinator for District 21, 2015-2017

SCWS Group Records Coordinator, 2015-2017

1b. From the list in 1a, describe one experience you found most rewarding and what you learned from it.

When I was the Alternate DR, we created a Group Contributions Form that listed the 4 service arms, along with the contact information for each of the Treasurers to fill out. It was very satisfying to create the form and distribute it to our GRs to give to their Treasurers—and then to see people actually use it, on a regular basis. It was also satisfying to see that it’s been adapted by other districts. It makes our group Treasurer’s jobs easier and more efficient, and also educates our members about our 4 service arms. It’s an example of how we can be supportive of our membership in small but significant ways by being creative *and* “keeping it simple.”

2. Describe your experience, skills, and personal qualities that you would bring to the Area as an officer.

I was taught to be a good administrator by several bright, efficient, and kind administrators for whom I worked. I like to organize and streamline information so that it flows smoothly between and among the people who are in the communication network. I like explaining “how things work” to people who are new to service. I’m calm. I don’t get upset with people easily or often, because our program has helped me learn not to take it personally when other people get distressed about an issue.

3. What is your vision for Southern California World Service Al-Anon?

I would like our GRs to be more actively involved in our Assemblies, and experience SCWS as part of our “we” program, not as a separate “them.” As DR, I changed our district meeting format so that at the beginning of the meeting, our GRs would have time to make comments, ask questions, or bring up concerns about their meetings. That had the effect of making our GRs feel more involved in the district and to experience the meetings as relevant to their concerns. We used their comments to form the Agenda of the subsequent district meetings. Although we cannot make that specific change in the format at the Assembly, there may be other ways we can involve the GRs more actively so that they go away from the Assembly feeling excited about their service, with the hope that they will share that excitement with their groups. This may lead to more participation, which is, after all, “the key to harmony!”

NOTE: Be prepared to discuss at the November Election Assembly why you would be an asset as an SCWS officer (2 minute limit).

I have read and understand the Job Description for the position(s) to which I may be elected. (Posted at scws-al-anon.org)

Signature:

Date Submitted: *September 10, 2017*

*Send as email attachment to: delegate@scws-al-anon.org and pastdelegate@scws-al-anon.org