

COME JOIN DISTRICT 27'S

# ALATHON

*"In All Our Affairs: Live  
and Let Live with Al-Anon"*

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SATURDAY SEPTEMBER 30, 2017  
9AM - 5 PM

WESTWOOD UNITED METHODIST CHURCH  
10497 WILSHIRE BLVD, LOS ANGELES, CA

SUGGESTED DONATION \$5/\$10 OR WHAT YOU CAN  
LITERATURE AND MUGS FOR SALE

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FREE PARKING BELOW THE BELMONT VILLAGE  
APARTMENTS, THE BUILDING EAST OF THE CHURCH

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**POTLUCK LUNCH!!**  
**IF YOUR LAST NAME BEGINS WITH:**  
**A-E DRINKS; F-J APPETIZERS; K-O MAIN;**  
**P-T SALADS/SIDES; U-Z DESSERTS**



## IN ALL OF OUR AFFAIRS: LIVE AND LET LIVE WITH AL-ANON DISTRICT 27'S ALATHON MEETING SCHEDULE

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- 9:00A – OUR SPIRITUAL FOUNDATION: BACK TO BASICS & EMOTIONAL SOBRIETY WITH STEPS 1, 2, 3, 10, 11 + 12
- 10:00A – HOW CAN I HELP MY CHILDREN? THE PRIVILEGE OF HEALING BROKEN CHILDHOODS AND BREAKING THE CYCLE
- 11:00A – WHEN I GOT BUSY I GOT BETTER: FACING OUR FEARS, CREATING COMMUNITY AND LIVING A FULL LIFE – THE REWARDS OF SERVICE
- 12:15P\* – JUST FOR TODAY: LIVE AND LET LIVE – THE ART OF DETACHMENT USING OUR THREE DAILY READERS
- 1:00P – LIVING OUR LEGACIES: GOOD PERSONAL LEADERSHIP, CHANGED BEHAVIOR AND STRUCTURE/RESPONSIBILITY WITH THE 9TH STEP, TRADITION AND CONCEPT
- 2:00P – LEARNING TO LOVE AND BE LOVED: SELF-WORTH AND SPIRITUAL, EMOTIONAL, PHYSICAL AND SEXUAL INTIMACY
- 3:00P – THE COURAGE TO RISK: SHARING OUR GOOD FORTUNE BY HONORING OUR CREATIVITY, TALENTS AND ASSETS
- 4:00P – CHOOSING HAPPINESS: OUR PRIMARY SPIRITUAL AIM, PERSONAL INTEGRITY AND BALANCING MONEY, PROPERTY & PRESTIGE WITH TRADITIONS 6 & 7 AND WARRANTY 1 OF CONCEPT 12

\*LUNCHTIME MTG