

The Bulletin



**AL-ANON AND ALATEEN
SOUTHERN CALIFORNIA WORLD SERVICE - AREA #4**

Calendar of Events

Southern California World Service Area (SCWS) Events

SCWS Web-site: <http://scws-al-anon.org>

All SCWS Meetings are held at the Fullerton Senior Service Center (See map – page 3)

Please plan on attending for the duration of the meeting – if you are unable to do so, invite the Alternate to attend.

2006

January 21 Annual SCWS Sharing of Service (SOS) Workshop – We welcome all Al-Anon members.
8:30 a.m. Registration opens (Look for flyers with further details)

February 18 and August 19

9:00 a.m. District Representative (DR) Orientation
10:00 a.m.- 4:00 p.m. SCWS - Area **COMMITTEE** Meeting

April 29 Semi-Annual SCWS Alateen Sponsor Workshop – All Al-Anon members are welcome.
10:00 a.m. - 2:00 p.m.

May 20 and November 18

10:00 a.m. - 4:00 p.m. SCWS - Area **ASSEMBLY** Meetings

Other Al-Anon Events – Please visit our website for additional events' information

2006 – March 3 - 5 – PRAASA (Pacific Regional A.A. Service Assembly) – Marriott, Woodland Hills, CA (praasa.org)

March 10 - 12 – SWRDM (Southwest Regional Delegates Meeting) – Oakland, CA

March 31, April 1 & 2 – Al-Anon Family Groups (AFG) Convention – Hilton Hotel & Convention Ctr., Burbank
See flyer on page 26.

April 29 – Celebrating Al-Anon's 55 Years, 2-5p.m. WSO Open House
7p.m. Anniversary Banquet – Virginia Beach Convention Center
See page 27 for reservation form (or go to SCWS website, calendar)

2008 – July 4 - 6 - Al-Anon International Convention with AA Participation - Pittsburgh, PA

2010 – July 1 - 4 - AA International Convention with Al-Anon and Alateen participation - San Antonio, TX

FLYERS - Districts often have special events – flyers announcing such events may be placed in the meeting hall also any conventions' (that are a part of the SCWS Committee) registration forms and/or flyers may be placed there. Any other Al-Anon/Alateen related conventions and/or events, *without limited attendance*, may place its forms and/or flyers on the counter in the main entrance lobby.

The Al-Anon and Alateen Southern California World Service (SCWS) BULLETIN is published four times annually to provide information and announcements regarding Al-Anon/Alateen to its members in Southern California. All groups with a registered GR (Group Representative) receive one free copy. An annual, individual, subscription of the BULLETIN is \$4.00.

For previous issues of the BULLETIN, please go to the SCWS website (given at the top of this page).

NOTE: For **contributions and Bulletin subscriptions**, please see page 33.
For **Group Representative (GR) changes and/or address updates** please see page 32.

Al-Anon & Alateen

Southern California World Service

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Fullerton Senior Service Center, 340 W. Commonwealth Ave. Fullerton
Thomas Guide, Pg. 738. G7
91 Riverside Fwy, Exit Harbor Blvd. North.
Cross Orangethorpe and Valencia, turn left onto Commonwealth.



Officers' Reports

Delegate

Thank You for your service - your willingness to **fill the shoes of our pioneers**. Just as they did, by working Step 12 we get to carry the message, plus, we get extra opportunities to **practice** these principles. Thank you for allowing me to have served as your Delegate. Service has always GIVEN ME big doses of growth. I encourage each of you to consider being willing to serve as Delegate today, or some day in the future. As our pioneers did, open yourself to the growth that comes by serving others.

The following are the World Service Office (WSO) updates:

- Conference Summaries from the **2005 World Service Conference (WSC)** are available and provide an overview of the week's events. They have a lot of good information and spiritual sharings too. About 150 topics were submitted to WSC for discussion. Time doesn't permit discussing them all during the Conference so most are answered by the WSO staff in the Conference Summary's Ask-It-Basket section. The questions submitted from our Area (SCWS) are numbers 7, 8, 12, 75, (part of) 87, 100, 132 and 145. If you have questions you'd like considered at WSC 2006, please submit them to your new Delegate by early January.
- Topics submitted to WSC that receive the most interest (votes) are discussed during WSC. One was a question submitted by SCWS regarding "high pressure groups." A brief summary of the discussion is on page 41 in the Summary. As a result, the WSO, with help from Group Services Committee, is now working on a bookmark about Sponsorship. I hope that SCWS will also have future discussion on this topic.
- The **WSO website** has a new look with lots of information in English, Spanish and French. You can find Conference Summaries, the Service Manual, Inside Al-Anon XTRA, Area Highlights, Guidelines and much more. These are posted on the **MEMBERS PAGE**. To access it, use the WSO web address
<http://www.al-anon.alateen.org/members>, but notice that as shown here you must add "/members" at the end. Then go to Publications.
- Remember that Al-Anon/Alateen is a worldwide fellowship. WSO is working with **Cuban contacts** that were initiated by our Spanish speaking members in SCWS. Hooray for us reaching out to share our experience, strength and hope! **"Hope for Today," (B27) will be available soon in Spanish and French.** India has formed a trial national committee to further discuss creating a service structure there. See WSC Summary page 81 for more worldwide notes.
- The **updated Service Manual is due out soon** (hopefully in Dec.). A copy will be sent to each registered group and it will be available on the Member's Page of the WSO website.

- The Oct. Board of Trustees meeting reported an anticipated loss for the year of about \$100,000. Don't be alarmed. This is generally in line with the negative (deficit) budget presented and approved at WSC. Operating Expenses increased and literature and Forum sales decreased. The WSO revised budget for 2005 includes expenses of about \$4,500,000. Our reserve fund is in excess of \$5,000,000 (total assets are around \$10 million).
- The WSO Policy Committee is continuing discussions regarding potential significant **revisions to the structure and contents of the Policy Digest section of the Service Manual**. They are also reconsidering the policy of anonymity stating that WSO staff cannot appear full face and name in the media. Your next Delegate will have information on this for you in the future.
- The Alateen Traditions have never been Conference Approved and will be discussed by the next WSC.
- The **2006 WSC** theme is **"Shared Leadership—Moving Forward with Confidence, Collaboration, and Clarity"** (in Spanish) "El liderazgo compartido—Avanzando con seguridad, colaboración y claridad."
- Did you know that **you could be selected to serve on a WSO Committee?** Resumes for volunteers for WSO Advisory Committees positions are due by April 15 (prior to WSC - sooner is better). The WSO forms can be downloaded from our SCWS website, scws-al-anon.org. The positions include Alateen, Forum, International, Literature, Public Outreach, and Outreach to Professionals. (Resumes for Trustee-At-Large and Executive Committee for Real Property Management are due annually by Aug. 15).

WSO EVENTS:

- March 4 annually (cofounder Lois' birthday) can be a reminder for us to **March forth into service** and distribute Public Outreach (PO) literature in local communities. Let's all plan to do something special.
- April 29, 2006, **Al-Anon's 55 Anniversary** with a celebration at the WSO in Virginia Beach, VA. Everyone is welcome, direct questions/reservations to Cynthia Hansen at WSO.
- **Al-Anon 2008 International Convention July 4-6, 2008** in Pittsburgh, PA, "Let it Begin with Us"

IMPORTANT: Mail is sent from the WSO to the groups **Current Mailing Address (CMA)**. Be certain that you know who in your group is the CMA receiving the mail so all the information can be shared with the group's members. Be aware that you need to register with WSO, with Margie our Group Records person here today for SCWS, with your District and Intergroup. We want you to be informed! Be sure to use the newest forms. Forms can be downloaded from our SCWS website (<http://scws-al-anon.org>). Note that there are separate forms for Al-Anon and Alateen groups and they are in English and Spanish. Information is also available online at the WSO website on the Members page (see information above). The WSO is looking for better ways to communicate and to have more direct contact with members.

- **Alateen group registration forms** and our **SCWS Alateen safety requirements forms** (both in English and Spanish) are on our website, <http://scws-al-anon.org> - under "Forms" and/or Alateen. You can also download WSO group registration forms from our SCWS website. There is also a map that links directly to Intergroup and District web pages to provide meeting information all over California. For Alateen, only those meetings that are registered under the new requirements should be listed.

With love, gratitude and growth, Miriam M,

Alternate Delegate

Welcome to any new Group Representatives today. I can hardly believe that three years have passed so quickly. I still think Alternate Delegate is the best service position I've had yet. OK, so it is ONE of the best! Anyway, it has been my great honor to serve the area in this position. I urge any past DR or DR's whose terms will be up in the next couple of months to consider being willing to serve as Alternate Delegate. Or any elected officer's position, for that matter. Our coordinators are chosen from those who submit resumes to our chairperson, so if you are interested, please make sure Kary gets your information. It is not necessary to have served as a District Representative to be a coordinator.

The 2006 Sharing of Service Workshop will be held on January 21, 2006. If you are interested in getting more familiar with her service manual, you will want to be at this SOS. And if you like participation, we want you there to join in. We are hoping to have new service manuals available that day too!

The WSO has indicated that Forum sales are down; do you subscribe to the Forum? Do your sponsees? Your sponsor? Your home group? It is a great holiday gift. We are passing the Forum can. Put a quarter in the can along with your name, address and home number on a slip of paper. At the end of the day, we will count the cash and draw a name for each \$10 collected towards a subscription.

Also, our Ask It Basket is going around. Put your questions in and we will try to help with some answers. If you are asked to help by answering a question, please refer to the Service Manual as much as possible to support your response. On the backside of the paper, write down the page number and section that you used. Also write a brief answer for printing in the Bulletin. Please give these to me after you read them to the assembly so I can get them ready for the Bulletin Editor.

District representatives, as a reminder, there will be a District Representative Orientation on February 18th at 9AM, immediately preceding the Area Committee meeting.

I will close with one of my favorite quotes from our CAL, the Suggested Al-Anon Closing. "Talk to each other, reason things out with someone else, but let there be no gossip or criticism of one another. Instead, let the understanding, love and peace of the program grow in you, one day at a time. "

Love in service ~ Suzanne P
SCWS Area 04 Alternate Delegate

Past Delegate

As your Immediate Past Delegate I have been working on two areas to report progress to you.

First, as chair of the ad hoc restructure committee as we change the way we operate the Area 04 Assembly to gain the

most input from the Group Representatives... We have another year of our Trial period before we decide on this. I truly regret that we have not been able to complete this task in this term. I believe our unity will be best served by our trust in the Committee-based process that we have barely begun. We will have interesting Action Committees today for one hour. Know that your voices there will drive the action for the future.

Thank you to the three Action Committee Chairs, Barbara W., Willie W., and Rita M. who have headed us in the right direction. We feel we are moving in the right direction and that the Group Representative liked having their input *lead the action* of the Assembly.

Please take the time today to fill out the Evaluations form, as it's your way of guiding the old and new officers toward a way that works best. We want to focus on the importance of the GR as the link to participation.

I am convinced that the District Representatives and the Intergroup Liaisons are the key to the communication and action. Your officers and coordinators depend on the District Rep. to carry forward the information and enthusiasm to the Group Representatives (the real soldiers of service). The Group Reps. pass on the opportunities for individual action to their group members. If that doesn't happen, nothing ever gets done.

Many of you are new District Reps or Intergroup or Convention Liaisons or visitors. Please see that the Action committee Chair knows who you are and how to contact you, before you leave today. This will be our fastest way to link to you with new information and projects.

Second, a By-Law Committee has prepared a proposed revision to our Bylaws, last revised in 1999. A copy of the complete Bylaws is available for your review today. If the proposed revision passes, please insert today's date on the line provided and mark it *Revised* where it says *Proposed* (at the top). If the proposed revision fails today, simply cross it out and go with the original text. In any case, save this copy in your folder or to pass on to the new GR if you are rotating on. Also printed on *page 9 in the August issue of The Bulletin*, is a copy of the proposed change for the Bylaws. If you refer to it on page 9, it will make the voting process smoother today.

Love in Service, Kay D
Immediate Past Delegate - Panel 40 CA So

Chairperson

Today is special! It is the last SCWS Area Assembly Meeting for many of us who have served our Al-Anon fellowship during this 3-year term.

I want to take this opportunity to thank the many hard-working and dedicated members of Al-Anon/Alateen who contributed by being of service in various areas of SCWS. That includes the GRs, who have been a part of *Participation is the Key to Harmony* by giving their input at the Action Committee's break-out session as well as at the Area Assembly meetings and the DRs for attending the Area Committee meetings, conducting District meetings and encouraging the GRs to attend the Area Assembly meetings.

I extend a very special note of thanks to the Coordinators who, each with their unique qualifications, did a magnificent job – what a team! And, savings the best for last (as the saying goes) it was an honor and privilege to have worked with such a fine line up of SCWS officers, you ladies and gentleman were

theeeee best! As in any service structure we had our ups and downs but in the end we knew that there was one purpose to which we devoted our time and efforts: to continue to carry Al-Anon/Alateen's message of hope and help to the families and friends of alcoholics.

Today is also the Election Assembly and a new slate of officers will be elected to serve the Area for the next 3-year term, January 1, 2006 – December 31, 2008. The positions to fill are: Delegate, Alternate Delegate, Chairperson, Treasurer and a Secretary. The newly elected officers will meet in December to choose the Coordinators to serve with them during the next term.

When I was elected Area Chairperson, 3 years ago, I had no idea what lay ahead; but with God's guidance, I simply took it one meeting at a time. I want to express my gratitude for the many gifts and miracles I have received from this privilege of serving the Area as your Chairperson; this commitment has impacted my life in a most positive way. I'd do it all over again; however, it's time for rotation of leadership, time to let go. Thank you so much for allowing me to add this chapter to my book of life – as I continue my journey into service, there are many more chapters to insert and I expect that this journey will have a happy ending.....

Remember: being of service in Al-Anon is *not about a title*, it is about the *willingness to serve* and allowing God to place you where He wants you, or not.

With Love, HUGS and continued Gratitude,
Kary L – outgoing SCWS Area Chairman -

1/1/2003 – 12/31/2005

Minutes

of Area Assembly Meeting

Minutes of Southern California World Service Assembly

Saturday, November 19, 2005

Fullerton Senior Service Center, Fullerton, California

Chairperson Kary L opened the meeting at 10:00 a.m. with the Serenity Prayer and welcomed all new GRs and DRs. She told them that guidelines for their positions could be found at www.al-anon.alateen.org/members. [further instructions deleted for website version].

Past Delegates present were Kary L. Panel 34, Kay D. Panel 40, and Willie W. Panel 37.

The traditions were read by **Mary D. Dist. 6**.

Alternate Delegate Suzanne P. gave both the Delegate and Alternate Delegate reports. See Bulletin for reports. She announced that sign-ups for SOS were being taken at the back of the room. She started the Ask-It Basket and Forum Can.

Minutes Secretary Shirley M moved that the May Assembly minutes be approved as printed in the Bulletin. Celeste M. seconded the motion. Motion passed with three abstentions.

Carole L., Chairman for the Al-Anon portion of PRAASA and her husband Jack, AA Hotel Chair invited the area Al-Anon members to participate in the service assembly, which will be held at the Warner Center Marriott, March 3-6.

Records Secretary Margie L announced that the new directories/lists were out and asked that DRs check their list and report back any errors. She then took roll. Voting members present :19 [Editor's note, # was in the 190's, not 19.]

OLD BUSINESS:

Item 1 PRAASA.

Heidi T., GR, Dist. 24 moved that the SCWS Area continue to participate in the Pacific Regional Alcoholics Anonymous Service Assembly (PRAASA) as they have in the past by sending the Board members as our representatives until such time as an appropriate alternate can be fully discussed by an ad hoc committee, the SCWS Area Committee, and subsequently presented to the SCWS Assembly for consideration and vote. Judith R., Dist. 12 seconded the motion.

Chairperson **Kary L** answered a question regarding the PRAASA tabled motion from the May Assembly saying that she had checked and a tabled motion does not have to be brought back. A new motion can supersede it.

Kary called for the vote. The motion passed by a majority count.

Item 2 Report Back from SWRSS.

Bulletin Editor **Elizabeth K** reported back for those who attended the SWRSS in Hawaii. Written report in Bulletin.

Item 3 Liability Insurance Research

CPC Coordinator **Lee T** gave an update on the Liability insurance research. He is presently in contact with a company that insures other non profits. The company has requested more information. Lee did say that it is clear that we would need to fingerprint for this company's coverage.

NEW BUSINESS:

Item 1 By Law Amendment

Past Delegate Kay D submitted an amendment proposal from the By-Law Committee recommending that the Minutes Secretary position become an elected position and the Records Secretary position become an appointed one. **Heidi T., Dist. 24** moved that the recommendation be implemented. **Danielle, Dist. 27** seconded the motion. The motion passed with 3 abstentions.

Item 2 Election of Area Officers

Chairperson Kary L explained the election process for the Area Officers. The Assembly wanted to have the votes tallied in another room and the final count placed on a white board with business continuing during the tallying. Kary opened the election by calling for nominations for Delegate.

Records Secretary Margie L reported the new voting count of 209.

Delegate Election: Mary M., Sandie E., Suzanne P., and Shirley M. stood for Delegate. Voting went to the hat and **Mary M.** was selected as Delegate.

Item 3 Treasurer's Report and Proposed Budget

Treasurer Tom E presented the Treasurer's report and proposed budget during the tally. After a short discussion and question and answer period, **Danielle O., Dist. 27** moved that the proposed budget be adopted. **Barbara B., Dist. 29**

seconded the motion. The motion passed with 5 opposed and 2 abstentions. See Bulletin for full report and budget.

Alternate Delegate Election: Shirley M., Sandie E., and Sandra W. stood for Alternate Delegate. **Sandie E.** was elected on the third ballot.

Past Delegate Kay D presented a farewell recovery report as she stepped down after years of service to the Board. She will be working on a project for the WSO.

Lunch break – SCAC Committee provided lunch.

Chairperson Kary L called the meeting back to order at 1:00 p.m.

Concepts were read by **Cindy R., Dist. 60.**

Hospitality Chairperson Martha M announced the following districts to serve as Brunch Hosts and provide volunteers for the February Committee Meeting: 17, 27, 33, 36, 42, 45, 66, and 78.

Elections continued.

Chairperson Election: David B., Suzanne P., and Shirley M. stood for Chairperson. **David B.** was elected.

Treasurer Election: Amanda and Suzanne P. stood for Treasurer. **Suzanne P.** was elected.

Minutes Secretary Election: **Marge V.** stood unopposed for Minutes Secretary and was elected.

During tallying:

Convention Chairpersons gave their reports. See Bulletin.

Other Al-Anon related announcements were given.

Item 4 Election of SCWS's Southwest Regional Trustee Nominee

Chairperson Kary L opened the voting for our **CA (S)'s Regional Trustee Candidate**. Kary L. and Willie W. were nominated. **Willie W.** was elected to be the area's candidate.

Chairperson Kary L. announced that she had been asked to work on a pilot project for WSO in South Los Angeles.

Alternate Delegate Suzanne P. announced five Forum winners. Ask It Basket questions were answered. See Bulletin for printed questions and answers.

Action Committee Sessions were held. See Bulletin for report-backs.

Chairperson Kary L adjourned the meeting at 4:00 p.m.

Respectfully submitted,
Shirley M, Minutes Secretary

Treasurer

For the YTD Income/Expenses and for the proposed 2005 Budget, see pages 17-19.

For the Group Contributions, please go to the SCWS website since they were distributed at the November Assembly. Go to <http://scws-al-anon.org> and then click on "What We Do" and then click on "Financial Reporting."

Coordinators' Reports

Alateen Sponsor Coordinator

No report.

Archives Coordinator

The Longtimer's party was a huge success. The panel: Connie P., Jan R., Julie B., Katie K., Mariana L., Mimi M., Paquita M., and Shirley P. were dynamite speakers. Lil S. and "friends" made us all laugh during "The Good, The Ghastly, and The Intolerable" fashion show. The Potluck was great. For all of you who didn't order the tapes contact Joyce Kaler at 661.831.1326. The cds are \$8.00 and the tapes are \$5.00.

Special thanks to all those who made our special party a wonderful day. Remember for the next one that all Al-Anons are invited to attend the Longtimer's Party.

The traveling display is still available for Al-Anon conventions and special events.

The last three years as Archives Coordinator has been pure joy. I have met so many Al-Anons from all over Area 4, Southern California. Thanks for the support, friendship and love I have received the last three years. The Al-Anons from Area 4 are all my heroes.

Hugs and love in service, Marge V, Archivist

Bulletin Coordinator

Bring your August Bulletin to the February Committee Meeting if you wish to read along as the Minutes are being read aloud. For today's reports, please give a printout to the Minutes Secretary today and please give an electronic version to me (either by e-mail within one week before or after the Meeting or on a disk today). The electronic version will speed production and reduce errors since it avoids re-typing.

Many GRs (but not all) expressed a strong interest in receiving the Bulletin electronically in the future. This is quite possible! If we do start sending some copies as a PDF file by e-mail, everyone else still can receive a printout by regular mail. It certainly would cut down on the printing costs and postage if GRs may choose to receive the Bulletin by e-mail instead of by regular mail. Think about how YOU would like to receive your Bulletin, and we will discuss this issue at the May Assembly meeting in our breakout session.

Since the Group Contributions were distributed today, they will be put onto the SCWS website as a PDF file rather than printed in the November Bulletin.

Thank you for this service opportunity,
Elizabeth K, Bulletin Coordinator

Hospitality Coordinator

Welcome and good day to all. These last 3 years have been a wonderful learning experience. I was able to give and be of service to this great and awesome Area. I learned first hand how to put the Concepts into action. But most of all I was given knowledge on how it all works and what it takes to put on these World Service functions. I can sum it up by saying "WOW!" Thank you to all for allowing me to be of service and

special thank you to all those who volunteered to help with Hospitality last 3 years.

The following Districts will be the Hosts for the upcoming February, 2006 Committee Meeting... 17, 27, 33, 36, 42, 45, 66, and 78. Please bring breakfast foods for approximately 60 people. Breakfast foods are, for example, fresh fruits, bagels and cream cheese, muffins, cookies, ETC. If you have any questions or cannot attend this function, please notify me. My telephone number and e-mail address are listed in the Bulletin.

Peace and Love to all, your outgoing Hospitality Coordinator, Martha M.

Institutions Coordinator

Hello Everyone. First I really want to thank all of you for being here and to express my gratitude for the commitment. It really has been a great experience and a lot of fun. A lot has happened since the last time. I had said I wanted to gather the places, city, any information I could so as to help in that area and to offer any assistance I could as a SCWS Board member. All areas – San Diego, San Bernardino, Los Angeles and Orange County have been great and supportive. I will be making a binder of all the panels for the next institutions coordinator to follow up.

At the 2006 Hospitals and Institutional Conference (of AA), the Al-Anon luncheon will be held on Saturday April 29th. I am really excited about this conference. We hope to exceed our attendance from last year, which already was great. The speakers outdid themselves! This year will be as great as last year's. Our speakers in 2006 are Scott and Nancy R. from Los Angeles. They have a great story and I am so excited. I hope to see every one of you there. Don't miss it. It will be held in Orange County. All the details will be announced at a later date and flyers will be circulated later. The AA Chairman, George R., really wants to extend his invitation to all the Al-Anon groups/members to come to the Conference. The AA members were and are very supportive of the Al-Anon member panels at the Conference and the Al-Anon luncheon. See you there.

God bless all of you and I really want to thank you all for your support. MaryLou V, Institutions Coordinator.

Literature Coordinator

Very sorry to report that the Service Manuals are not yet available. Should be coming soon.

The Courage to Change CD-ROM is delayed, but also will be out soon. Order forms will be mailed out soon. You will be able to read daily readings on your PC and listen if your computer has a voice chip; however, you will not be able use it in your car.

Beginning this month you will be able to find sharing sheets online at www.al-anon.alateen.org/members in the Publication section. Still needed are sharings on *Recovery in Relationships* and *Facing Grief and Loss with Al-Anon*. You can of course still submit via e-mail, fax or mail.

One way we attract more families and friends of problem drinkers is by sharing our Literature with professionals. For members who'd like to submit their personal recovery stories to non-Al-Anon publications, the "Writers Reaching Out" project

provides a way. I have a few flyers today. Please pass them on.

A great way for members who are only familiar with our daily readers to explore a variety of literature is by using the WSO website. There is a quarterly sample chapter of Conference Approved Literature available. This quarter you will find a chapter from *How Al-Anon Works for Families and Friends of Alcoholics* (B-22)

It has been my honor to serve the fellowship the past three years. Al-Anon Literature has always been my love- it literally saved my life. As a member of the Board I have been able to expand my understanding and appreciation of our glorious program. My hope is that all of you will be willing to stand for an office and/or volunteer for a position on the board. The journey is invaluable.

Love & hugs, Helen C, Literature Coordinator

Lone Member Coordinator

No report.

Group Services Action Committee

No report.

MCAC (Member Communications Action Committee)

It has been a privilege to serve as the Chairman of the MCAC during this panel. I was asked to step in when Rita McG was unable to continue due to illness, and I thought of her often, missed her, and wondered how different things would be if where were still heading up the Committee. The breakout session at the November 2005 Assembly was my last meeting with the MCAC.

We heard reports from Elizabeth K, the Bulletin Editor, and Suzanne P, Alternate Delegate and Forum Coordinator and Barbara W as the MCAC Chairman and Lone Member Coordinator. Elizabeth pointed out all the information contained in the Bulletin and encouraged the GR's to share it with their Groups. Each registered group receives a copy of the Bulletin, and it can also be downloaded at www.scws-al-anon.org.

Suzanne P announced the upcoming Sharing of Service day to be held on the third Saturday in January. This is the annual Area get-together focused entirely on service. She also urged everyone to subscribe to The Forum and pointed out that the WSO website (www.al-anon.org) has Forum articles available for download each month as well as The Forum subscription form.

Barbara W talked about the Lone Member program which is handled through WSO and encouraged everyone to register as a Lone Member Contact. (For more information see the 2004-2006 Service Manual, page 61 or go to www.al-anon.org and click on "site map" and then click on "locate a meeting."

I thank everyone for letting me be of service these past 3 years, and wish the incoming Board much success.

Love in service, Barbara W

Public Outreach Action Committee

PO Cmtee Minutes from November 2005 SCWS Assembly

Explanation of agenda and format: **Kay D.**, Chair (5 minutes)
Points to cover:

1. Mission Statement: To increase public awareness of Al-Anon/Alateen and coordinate this effort by carrying the

message through Public Information, Cooperation with the Professional Community, Institutions, and the media.

2. Update the Roster:

3. Count off in thirds for equal representation on each part of Public Outreach

4. Read Minutes from Nov. 2003 (last meeting)

Recorder: **Holly** from D/21 Will take notes for report-back today and give notes to Kay D. and a copy to Shirley M. for Minutes and Elizabeth K. for *The Bulletin*.

Attendance: 58 people attending including 10 Spanish speaking.

Coordinator Reports: (each 5-10 minutes) Report and News from WSO, Discussion, Action from GRs

Lil S., Public Outreach: Purchase of *new* Public Outreach Board discussed. A new format is being looked into.

Crying House sample and "Tag You're It" Kay D. A framed display of the Crying House Bookmark was shown at approximate cost \$50.00. Also displayed was an idea for a less expensive version for use at District or Intergroup meetings, cost under \$10.00. Discussion of uses of the Bookmark for meetings. Handouts: 1) Crying House order form and 2) supply of Bookmarks.

Mary Lou V, Institutions:

Report sent by Mary Lou (unable to attend due to illness). Where do we go? H&I Conference 2006 is on April 29 in Orange County, Hotel TBA. Speakers will be Scott and Nancy. Handouts.

Lee T., Cooperating with Professional Community

Report backs and more detail on the Project to the Clergy. GRs told how and what they did to reach out to professionals. GRs followed up on Clergy project.

Next Project WSO suggested project discussed, "Prescription Al-Anon."

Prioritize top action items for GR's action. *Note any deadlines.*

3:45 Action Committee session adjourned. Session minutes will be given in the Bulletin and on the website.

SCWS Board position Duties

AL-ANON SOUTHERN CALIFORNIA WORLD SERVICE (SCWS) – AREA #4

See May 2005 Bulletin for the following descriptions:

•Chairman •Delegate •Alternate Delegate •Immediate Past Delegate •Minutes Secretary •Bulletin Coordinator •Hospitality Coordinator •Institutions Coordinator •Literature Coordinator •Lone Member Coordinator •Group Services Action Committee Chairperson

See November 2005 Bulletin for the following descriptions:

•Records Secretary •Treasurer •Alateen Sponsor Coordinator •Public Information Coordinator

Descriptions for the following positions will not be available since they are still in the evolutionary stage:

•Public Outreach Action Committee Chairperson
•Membership Communications Action Committee Chairperson

Intergroup Reports

The following 3 reports (Palm Springs, San Diego, Ventura County) from the August Committee Meeting did not get printed in the August Bulletin. Apologies are sent from the editor.

Palm Springs/Palm Desert (August report)

Outreach will be working on distributing the new bookmark. We've ordered 1000 bookmarks, and have plans to distribute them all over the Palm Springs and Palm Desert area through our GRs. We'll have them available at the Mad Dog Days AA event with Al-Anon participation in August.

Joy in Service, Beverly S

San Diego (August report)

Greetings from your "southern friends" in San Diego. We have been staying on task and attending to different ideas, activities and business. We netted \$362 from our May Birthday celebration and another fundraiser will be our family picnic this Sunday from 10:00am to 4:00pm in beautiful Balboa Park. This is a day for fellowship and family and will include a Mexican lunch for \$5, face painting, raffle and piñata.

We currently have an ample reserve of seven months operating expenses in our treasury. Our year-to-date balance is approximately \$2,000. Our office chairperson is researching options to provide health insurance for our office employee. The price of our monthly newsletter has been raised from \$5 to \$7 to cover the cost of printing and mailing free copies to the IGR's and board members. Our by-law revision was completed and approved by the IGR's and we voted to purchase a postage meter for the office.

I had the opportunity to attend the *Alegria de vivir* meeting in San Marcos in July with Chairperson, Miguel Z. and our North county Institutions Chairperson, Jackie H. The group allowed most of the meeting time for our presentation and hopefully someone will be encouraged to become an IGR because of our outreach.

At the July meeting, the Intergroup reps were informed of the WSO Public Outreach focus to the medical professionals named "Prescription A-Anon" for the years 2005 and 2006. Copies of the order blank for the new bookmark (M-76) were passed out and they were made aware that these are free to the groups except for shipping charges.

Yours in service, Carol B, SD Intergroup Liaison

Ventura County (August report)

Controversy arose over the status of the Camarillo Alateen Group. The meeting had not re-registered and the sponsors did not participate in the certification process. Intergroup was hesitant to de-list the meeting without knowing the actual status. Both Sponsors attended the June Intergroup Meeting and explained that the meeting was currently functioning as an autonomous meeting with no affiliation to any particular fellowship. They also presented their feelings regarding the certification process. Ultimately the Camarillo Alateen group disbanded. We are now down to 4 Alateen Meetings in the

county, the lowest number I can remember since I got involved over 20 years ago.

Foster attended SCAC this year with 9 Alateens from Ventura County. Scholarships were provided for those who needed them and a van was rented to insure that everyone had transportation.

Gabriela A. has volunteered to be our Spanish Meeting Liaison for the eight Spanish-speaking groups in Ventura County. We welcome her willingness and enthusiasm.

Ken K. resigned as web site coordinator as he has moved out of the area. We thank Ken for the outstanding job he did for us. Anton volunteered and was elected by acclamation at our recent Intergroup meeting.

Upcoming events in Ventura County include:

The 27th annual Ventura County AA Convention with Al-Anon/Alateen Participation, Sept. 9-11, 2005 at the Westlake Hyatt in Westlake Village.

A Round Robin hosted by the Thousand Oaks Women's Writing Group will be held on October 3, 2005.

Ventura County Intergroup's Gratitude Fair will be held on November 12, 2005 at St. Columba's Episcopal Church Camarillo.

Yours in Service, Jerry W

Intergroup Liaison Reports from the November Assembly **No report from:**

Oficina Intergrupala Hispana, Inland Empire, Santa Barbara County, Ventura County

Los Angeles County

Greeting from L.A. County Intergroup! Last night was our election for our 2006 Service Board. Our new chairperson is Arlene R. and our newly elected Service Board members are Kyrie C. from Simi Valley, Marley from Sherman Oaks, and Adriana R. from Montebello. Our 2006 Liason to SCWS is Jennifer B.

We have updated our website again. It really is very nice, please take a couple of moments to check it out! centraloffice@alanonla.org There is a new Alateen meeting in our area: Long Beach Wed night 6:30pm @ Immanuel Community Church, 3215 East 3rd Street.

The San Fernando Valley AA Convention with Al-anon participation is coming up February 3-5 2006 at the Burbank Hilton. Come on down! This is always a very fun Showcase of Recovery! We do a Saturday Al-Anon Luncheon, a Saturday evening AA Banquet, a Sunday morning AA Spiritual Breakfast, a Saturday evening Alateen Banquet and dance, and AA dances Friday and Saturday nights. We also have both AA and Al-Anon skits on Friday night. And of course we have on-going Marathon meetings, some great workshops (including Archives), and remember: all meetings are open at Conventions. Take this opportunity to listen to some great Recovery at the AA and Alateen meetings! Aaand, we also have great Spanish meetings here, too, including a great speaker from Mexico City! Grab your dancing shoes and join us! You can visit the web site at: www.sfvaaconvention.org

Please feel free to send in your events flyers to our monthly newsletter to: AFG, 4936 Lankershim Blvd., North Hollywood, CA 91601, or fax to: 818 760 7440, or email to: centraloffice@alanonla.org A full-page ad costs \$22 and quarter-

page ads are free! The monthly deadline is the 1st of the previous month.

It has been an honor and a privilege for me to serve my Al-Anon community at this level.

Love in Service, Sue N-S

Orange County

Since my last report to the Committee on August 20, 2005, we've had an Intergroup, a few Service Board Meetings, and many, many accomplishments. We have filled all panel requests, and are updating a new panel with over 35 new members willing to be panel leaders. Public Information has carried the message to Cal State University Fullerton and to Aliso Viejo. Our Office Coordinator attended the RSS and came back with renewed enthusiasm for service. We voted on holiday hours for the Office, have more volunteers than ever before to receive calls during the holidays even to their cell phones, and on Sundays, have supplied the many requests for the M-76 bookmark, and have greatly reduced the publication time for the Orange Blossom. Our participation at the Orange County Fair has won us a Certificate of Appreciation. Our Foreign Liaison attended a District 64 meeting, voted to donate 600 Al-Anon books to libraries, and reported two new Alateen sponsors We've put on a successful fundraiser for the Office, along with one for the 2006 OCAA Convention, and we are looking forward to continued success with our annual Holiday Auction coming up on December 3rd, the only annual fundraiser for all 3 service arms.

All these "haves" and so few "have nots." And to thing that we *have* done all of this in a mere 3 months! Simply amazing! So, as I look back on this year, I see with a new pair of glasses — not only such amazing accomplishments *quadrupled* — but I also see *in myself* a deeper sense of awareness, acceptance, joy, patience, respect, unconditional love, and gratitude, so many, many spiritual gifts, to have had the honor to be part of this Program.

Thank you for giving me that new pair of glasses, the best gift I could have ever received, and happy gifts to you all too.

Kathy R

OC WS Liaison

Palm Springs/Palm Desert

Please see the report for District 72 in this Bulletin.

San Diego

San Diego County Intergroup is now in a position to offer health insurance to our paid office employee for the first time. The decision was made by the Board to provide services through an HMO, with this benefit to be reviewed on a yearly basis. This decision was made after careful consideration of information prepared and presented by our office Chairperson, Nancy M. She headed an ad-hoc committee which researched and compared all aspects of this financial commitment.

We were happy to have ten members run for the five positions that will open in January 2006. The election was held at the annual meeting in November by a counting of the ballots submitted by the Intergroup Representatives. Positions will be determined at the Board meeting in December and the new offices of the Board will be installed at the January Intergroup meeting.

We have five Alateen meetings currently listed in our most recent directory and four new meetings are announced in our December Intercom newsletter. We have one other Alateen meeting in our county which is a closed Institutions meeting at the county shelter for children in protective custody. This meeting celebrated its third anniversary with a speaker meeting and refreshments. It was well attended by the youth, staff and some guests. The groups and some individuals have been donating literature to the meeting to give to the children.

Members from San Diego will again have the opportunity to carry the message to professionals at the 20th Annual Child and Family Maltreatment Conference held yearly in San Diego. The \$300 fee to exhibit during the five day conference comes from the area Public Outreach budget. Professionals from many fields attend this international conference to be held January 23-27, 2006.

Plans are underway for the 29th Annual San Diego Spring Round-up to be held April 13-16, 2006 at the Manchester Grand Hyatt located at beautiful Seaport Village. This is an AA convention with Al-Anon/Alateen participation. The theme is "Love and Service." Our Friday night opening speaker is Vickie H. from San Jose and the luncheon speaker is Bud from the LA area. On-line registration is encouraged at www.sandiegospringroundup.com.

It has been my pleasure to serve on the SD Intergroup Board this year as the liaison. Prior to this position I had two years "away" from service at the area level after nine years of commitment so I felt at home. As we say, "keep coming back" and it's a huge learning experience especially as the area had faced such huge challenges with the changes in Alateen and the new structure of the Assembly with action committees. I learned much from the experience and am reminded of my challenge to practice patience, tolerance and acceptance in all my affairs especially with myself!

Love in service, Carol B., 2005 SD County Intergroup Liaison

Convention

SCAA 2005

The convention was held the first weekend in October in Riverside and was a great success. Thank you to everyone for helping to carry the message. I am excited and pleased to announce that next year's chairman will be Sandie E. Please join us for the 2006 convention in San Diego on September 22nd, 23rd and 24th. In addition, it gives me great pleasure to announce the 2007 chairman will be Nancy B.

Love In Service, Lynn A, 2005 Southern California Convention Chairman

AFG 2006

Hi Everyone. I am your AFG Convention of Southern California Chairman for 2006. Our theme this year is "Come Home to AFG." The convention is being held on March 31, April 1&2, 2006 at the Burbank Hilton Hotel and Convention Center. Today we have our publicity committee with packets ready for our DRs to take to their districts with all the convention information.

Our registration flyers are available today and look great! This Assembly is where the unveiling of our AFG memorabilia takes place. It is the perfect gift opportunity time and our ways and means committee is here to serve you. The following are not to be missed:

- 1) AFG Boutique – to showcase our creative talents. See flyer.
- 2) Welcoming Ceremony – Past Chairman roll call, Voices from the Past, choir performance.
- 3) Great speaker meetings.
- 4) Marathon meetings will contain interesting, specialty themes.
- 5) Banquet – the ticket this year includes live professional entertainment and dancing.

It is customary at this meeting to announce our speakers for the luncheon and the banquet. For the luncheon, the Southern California Alateen Chairman (SCAC), Cara W. from San Diego, and a special friend to me, Betty Ann Z. from Thousand Oaks. Speaking at the banquet will be John A. (AA) and Karin A. (Al-Anon).

Note: AA members and others are welcome and invited to share with us all convention long. An AA meeting room will be available.

We have 3 open planning meetings left before the convention. The dates are January 15, February 19 and March 19. The meetings start at 10 a.m. and are held at the I.B.E.W. Hall, 600 N. Diamond Bar Blvd, Diamond Bar. All are invited and welcome. Bring a friend or come with your meeting convention representative.

Be sure to check out our website www.afgconvention.org for all updated information and the latest details. There are directions to the Hilton for room reservations as well. Come spend the weekend and experience for yourself the joy there is in recovery.

Love in service, Kay B, AFG 2006 Chairman
[phone # removed for website version]

District Representatives'

No report from:

Districts 6,21,30,69,75,78

District 3

Hi to all, This is my last time to give the district report. Being a DR has helped me in my recovery & to understand the guts of the program and more on how it works. I started in 2003 with a Service Manual book study at our District meetings every other month. I learned a lot as did many other GR's; discussions were great. We found out that not everyone reads the Service Manual, and Group Representatives made suggestions to their Al-Anon groups to buy, read & study it.

I did have the opportunity to carry the message & give an Al-Anon talk at my husband's funeral, he chose to leave this

earth. There were about 1000 people there and the subject was on alcohol, depression and addiction, and what can be done to find solutions. I never know when someone might hear the message. Many asked questions about Al-Anon and the Al-Anons who were there said it was nice to hear Al-Anon. If I didn't come to Al-Anon in 1997 I could never have done this. I had my spiritual awakening and have a closer relationship with my Higher Power. Thank you Al-Anon.

Mark your calendars for Feb 25, 2005 Serenity By The Sea, in Pismo Beach CA. See me if you would like to come. It's a whole day of Serenity in Al-Anon.

We have two conventions in our area in 2006. Both have Al-anon participation. The 22nd AA Convention is the last weekend in August in San Luis Obispo. The 52nd AA Convention is the last weekend in Oct in Santa Maria.

Glad to be of service.
Eileen G, DR Dist 3

[Note from Bulletin Editor: Eileen submitted reports for the August and May Bulletins, but they did not get printed in those Bulletins.]

District 6

No report.

District 9

Aloha to everyone from District 9. It's been fairly quiet for the last couple of months. My district was able to send me to the RSS in Hawaii and I will be forever grateful! I never would've imagined that I could learn so much. I really enjoyed myself. I learned so much about the WSO and its staff as well as the concepts, anonymity and public outreach. I enjoyed all the presentations and meeting all my new friends and of course it was great seeing all of my old friends as well.

Just a couple of days after my return our district participated in an event that was put on by the City of Santa Clarita called "Teen Scene Unplugged". Several of our members attended and a couple of our GR's (including our Alateen GR and one of our Alateen sponsors) were there to host a table and hand out literature and answer questions. This led to our participation at another City event, which had to do with parenting. We also had our Second Annual Santa Clarita Convention of AA with Al-Anon Participation at the end of October, which was a huge success. Next year's convention will be held at the Hyatt in Valencia rather than the College of the Canyons so that hopefully we will get more participation from out-of-towners!

We have three Alateen meetings in the district and we have approximately fifteen Sponsors who are either certified or are awaiting certification numbers from WSO. We are trying to encourage anyone interested in completing the certification process so that they can be "back up" sponsors.

Our biggest emphasis has been on public outreach and Alateen. We have also been trying to encourage our members to become more active in service. Our next district meeting will be held on December 3rd in Lancaster.

Love in service, Myra K.

District 10

Greetings from District 10. All of us in the High Desert want to wish you all a Happy Holiday and a Happy New Year. Our

district decided to have our meeting every other month this last year and will take a group conscience to see if we want to continue this next year.

Our Hesperia Alateen group disbanded last month which I am sad to report - no participation - started out strong then fizzled out; but our Barstow Pre-teen and Alateen is still in existence. In December we will hold our annual Christmas party which is always a fun time.

We are getting ready for Heartalk - A Day in Al-Anon which is in the making for February 11th. It will still be in the Victorville area but at another location than last year. We don't have registration forms at this time, but mark your calendar. Maggie R. is Chairperson @[phone # removed for website version].

Also mark your calendar for March 10 through 12 for the 22nd High Desert AA Convention with Al-Anon participation. Anna J. is our Al-Anon Chairperson. Al-Anon will have a luncheon and marathon meetings.

I feel we have a great committee for our District and appreciate all the help the District has given me through my first year as District Rep. Everyone has been very supportive. I left my position for two months - was going to another state. I made a decision to come back and my position was not filled while I was gone so I was reinstated. While I was gone the District committee did quite well without me. I want to thank Diana A. for stepping up to the plate since my Alternate Loreina C. had just had a baby and was unable to chair. Thanks again District 10. I am proud to be a part of our District.

Love in Service, Gail N, District 10

District 11

As we come to the close of yet another year in the Al-Anon program, I must reflect on the happenings and spiritual moments that I have encountered this year. Although our Groups out here in the High Desert are down to two, yes 2, I must optimistically look at what WE can offer to those that still suffer. WE have seen many people enter the doors of Al-Anon this year - they attend meetings, sometimes only one, sometimes for a month and occasionally for 3-4 months. They get what they need and then go on their way. What they do not realize is that WE are planting seeds in each and every one of them. I often hear Al-Anon member speak of when they first started in Al-Anon and what they remember from their first meeting. In those first meetings WE can "plant" subtle recovery ideas and share our Experience, Strength and Hope, in the hopes that they can take something with them that will ease their emotional burden, whether or not they decide to return. I have heard a lot of members in the program share that they started attending meetings, they drifted off and on for sometime before they found a meeting that they liked and were comfortable at. The two meetings in District 11 are lead differently. Sometimes there have been Step Studies, Tradition Studies, Sharing Meetings other times CAL meetings. While one group is structured the other one is laid back and then the roles reverse. The meetings are every changing - as are WE. The meeting are beginning to get very small this time of year - but we look forward to the next year to bringing the message to all that we can and share with the community the step of recovery that each of us follow. Good Luck to each group in

the New Year and lets just celebrate our recovery in the up and coming year!

A fellow Al-Anonic - Twiggy

District 12

We are having a busy, exciting time in District 12. The district sent me and the Alternate District Rep to Hawaii for the Regional Service Seminar. We, in turn, in cooperation with the Ventura County Intergroup, presented an Aloha Regional Service Seminar Workshop. Many hands made light the task. We had a slide presentation, a delicious Hawaiian-themed spread, and we shared our Hawaiian experiences. We then broke into action groups: Anonymity, Public Outreach and Concepts. I was awed by the sense of continuity and the miracle of the chains of recovery in this program. Another project completed by the District was a mailing to over 400 churches and religious institutions in Ventura County. We stayed after a district meeting and, fortified by pizza, stuffed and addressed the envelopes. Alateen sponsor registration is going well. We are having a Sponsor Training on December 10th. Finally, we are exploring the relationship with Ventura County Intergroup and looking for ways to consolidate our important work of getting the message of Al-Anon out in our community.

Love in service, Judith R.

District 17

District 17 is in the midst of reorganizing itself and rededicating itself to serving the Al-Anon groups in the district. We have been seeking a new District Representative to finish the remaining two years in Panel C.

In the meantime we will meet to disseminate information, continue to register people at our meetings on the AMIIAS forms, and pray for our Higher Power to send the right and perfect person to serve as DR.

Reviewing our new Service Manuals and the Conference Summaries will keep us busy as we re-build the District.

Loyally in Service, Susan V

District 21

No report.

District 24

Greetings from District 24. Our next district meeting will be January 23, 2006 at 7:00pm at Church of the Nazarene in Montrose. Come join us! Additionally, it has come to my attention that a few meetings *in and out* of District 24 need Pre-Teen/ Alateen Co-Sponsors:

District 24

- Tuesday, 7:30pm Little White Chapel, Burbank
Pre-Teen. Contact Terri at [phone # removed for website version].

- Saturday, 10:00am Little White Chapel, Burbank
PreTeen. Contact Cynthia at [phone # removed].

Non-District 24

- Friday, 7:00pm Transfiguration Church, Los Angeles
Alateen. Contact Suzy at [phone # removed].

- Saturday, 11:30am St. Patrick Church, North Hollywood
Pre-Teen. Contact Cynthia at [phone # removed].

We look forward to seeing everyone at the May 2006 Assembly!

Love in service, Cynthia P. Dist. 24 Representative

District 27

Greetings to Southern California from District 27. We held a pot luck in November, preceding our last district meeting of the year. Concept Four was read and discussed. We had previously elected Elizabeth K. to be our new District Representative, and Tim P. to be the Alternative District Rep. Additionally, Bonnie is our new Treasurer, Danee has volunteered for hospitality. Heidi T. will continue to be our Alateen liaison.

Flyers were distributed for the 31st annual Thanksgiving dinner at St. Thomas Church at Hollywood and Gardener. All are welcome, and a joint AA, Al-Anon, Alateen meeting is held after the meal. Elizabeth delivered a brief report on her inspirational experience at the Regional Service Seminar (RSS) she attended in Hawaii.

A special thank you to all our outgoing officers. These last three years have flown by. Serving as District Representative has been a real joy. In the last three years our district has distributed literature to hospitals, Al-Anon information and directories have been mailed to approximately one hundred churches and temples, posters have been placed throughout the district. Group Reps took several hundred copies of the September Forum to meetings, to be placed by individual members in doctors and therapists' offices. Several members from our district participated in a discussion with the WSO regarding carrying the message through the professional media.

We are the best District in Southern California!

Hugs and fun in service, Sandra W, District 27 Representative

District 30

No report.

District 33

I have seen so much growth and recovery in District 33 over the past three years. We have tried to implement new registration procedures, using only the WSO registration number in all correspondence and the single PO Box number so that we don't have registrations going one place and donations going to another.

We have survived the major change in Alateen procedures, which are designed to further protect the children of Alateen from sexual predators or those who might harm them. All of the Alateen meetings have been re-registered and have certified sponsors.

As a district, we have tried to bring the joy of service to the forefront, encouraging a new line of enthusiastic Group Representatives. We held our annual Alathon each year and each year we take something away from it. We have seen both entertaining and educational "Al-Anon Tool Box" events, trying to bring the message of service to our district through humor, song and dance, and preview of our newly revised *Blueprint for Progress* in the 4th Step workshop presented this year.

Our district meetings were lively if nothing else. We discussed many hot topics, read about and studied the Twelve Concepts of Service. We had a small session on Robert's Rules of Order so that our GRs would have a better understanding of how the Assembly meetings are conducted. We had record attendance of GRs to the once-a-month district meetings. Although my

goal of 100% participation from all groups was not achieved, I was delighted that our GRs did come out in force.

I would to especially thank those who were of service above and beyond called for. Kathy G. as Alternate DR was always there to pitch in, help out and support and she will make an excellent DR this coming term. To Agnes D., Treasurer; Ray T., Recording Secretary; Kay T., Records Secretary; Kay B., Literature Coordinator; Yolanda W., Institutions Coordinator; Carolyn F. and Irene C., Archives Coordinators; Cindi K., Alateen Liaison; and Laurie E., Newsletter Editor, I would like to say, "Job well done!"

It has been an honor and privilege to have served as District Representative as it was a time of growth, acceptance, renewal, learning and change.

Thank you for letting me be of service.
Sandie Ethridge, DR District 33

District 36

First of all I just want to thank District 36 for not only encouraging me but also financially giving me the opportunity to go to the RSS in Hawaii. I came back on the 20th and Wednesday night the 21st it was our District meeting. I took almost 4 pages of typed information to help us understand service better. Yes, single spaced and size 12 font packed full of info. I heard Ric (WSO) say, "Mis-informed information said over and over is still mis-information". And knowing, once again, I'm not alone when Judy mentioned her "special window" (no matter where she moved) waiting for her Alcoholic to come home brought tears to my eyes and once more I realized I'm not unique and the only one that has that "special window". WOW, when they had the states stand ~ SO CA almost tipped the room. I stood up way in the back of the room, all alone, but just as proud when I also stood up as a DR. Service is great - what a thrill!

Thanks for letting me be of service. Jay

District 39

Our District had our annual Day-in-Al-Anon in September. We had a fun day with great speakers, raffles, good food and sharing. Mark your calendars for either September 16 or 23, 2006 for our next Day-in-Al-Anon.

Our District will be turning over GRs and the DR at the end of this year (we're a little off track). We have been very fortunate to have members in our District with wonderful Al-Anon experience, strength and hope that continue to guide us through the understanding of the principals of this program.

This term has been very grueling, and we have become a stronger District as a result of the Alateen issue. May our area move forward more guided by the Steps, Traditions and Concepts that guide this wonderful program.

In love and service, Amanda C

District 40

Greetings from District 40. Exciting things are happening. A committee has been appointed to help raise money for District 40. In the past we have had the Alathon and Spring Fling which have been very successful. As we were brainstorming at the District meeting, one of our members suggested selling a calendar as a way of also raising money and a wonderful source of information. So we had been very busy with this great new project and hopefully we will have some to share at the Committee Meeting.

We have helped with our public outreach by participating at a local counseling center and sharing our stories of experience strength and hope to families that are brand new in the program with trying to understand this problem we all share "Alcoholism".

We continue to learn how to apply the concepts and traditions at each of our district meetings and I get to learn as I go. I'm reminded that even though we make mistakes they are simply opportunities which make us "wiser today than we were yesterday"

Love in Service, Anne C

District 42

NEW IN 42... When district 42 GR's were recently queried as to their priorities on behalf of the 40 plus meetings in the district, two things rang out - loud and clear: OUTREACH and ALATEEN. We are reaching out in a number of ways including letters to school counselors, psa's on local radio and tv, meetings on wheels at area rehabilitation centers and a recently renewed commitment to three months of "is someone's drinking bothering you?" posters on the desert area sunbuses... It's only February!

Our Alateen liason, Susie L., along with many other sponsors are supporting our expanding Alateen meetings and workshops are planned to help inform current and prospective Alateen sponsors...

Interested in information on "tax exempt status" as procured by other districts and are interested in your experience. We have other issues in the works and will keep you posted.

This is my last year as District Representative and I am amazed at the personal growth and experience that being of service continues to give to me and those in service around me...

The present is the gift... That's what's new in 42 !
JIM B

District 45

District 45 will hosts its 9th annual Alathon on January 28, 2006. Dan L. is our Alathon Chairman this year. Dan and the planning committee have been hard at work for this event, so come and join us for this fun filled day! It will be held from 9 AM to 4 PM at the First Presbyterian Church, 1220 Second Street, Santa Monica.

We had a guest speaker at our November District meeting. Thank you, Suzanne P., for coming to share your experience, strength and hope relating to the upcoming Area elections. We hope to have a good turnout at the Assembly for this event.

All of our District Officers began their term in 2005, therefore, we do not have a turnover of officers as some Districts may have. We look forward to serving the District and the Area in 2006!

Love in Service, Cathy W
District 45 Representative

District 48

Our district continues with the study of the Concepts. It seems that the more we search, the more there is to learn. We just finished Concept Nine, which teaches about good leadership at all service levels. As we understand, the role of a GR is an important one. Our GRs are encouraged to increase care,

responsibility, and education about our fellowship. The Concept also teaches the active action a GR takes in selecting our delegate and other trusted servants.

The District had completed update forms for groups in the area. We are excited for the new GRs registered in the District, SCWS and WSO.

In the month of December, the District's annual event will be held on the 19th in the City of Huntington Park in Salt Lake Recreation Park at 7:00 p.m.

Most grateful, Julia T.

District 51

Our District meetings are held every other month on the second Saturday of the month. Unfortunately, not all meetings in our District have a G.R. but we are working on that. On October 8, 2005 we held our seventh annual Alathon. Needless to say, it was very successful. On January 3rd, 2006, we start working on our 8th annual Alathon. It is a lot of time and work, but the end results are well worth it knowing we are getting the message out.

At present we are working on having a Forum Writing Workshop next year (wish us luck). Everyone will be welcome. Date and time will be forthcoming. Our holiday party is December 3, 2005. Everyone is welcome. There will be a potluck and gift exchange. Happy Holidays to all.

Love in Service, Emily L, DR, District 51

District 54

Happy News from District 54. We would like to welcome you to our annual Alathon, "Gratitude Brings Freedom", on March 25th, 2006, 9:00am -5pm. At St. Francis Episcopal Church, 2200 Via Rosa, Palos Verdes Estates- Thomas Guide 792-H3. Enjoy a day full of recovery!!!

Roxanne S, District 54

District 57

Greetings from District 57. We continue to grow with quite a few more group representatives joining the district. There are meetings that have never had a group representative that now have a GR. We are excited and enthusiastic. Two years ago we were a district without an active DR and no record of the group reps in the District. Today we number 17, which includes a DR, Alternate DR, GRs and Alternate GRs! Our next District meeting is Friday, February 3 and our first order of business will be to elect a new district representative.

Love in service, Jayme P, District Rep for District 57

District 60

Greetings from District 60! We just completed another public outreach project sending out almost 2000 packets to educators, counselors, peer assistance leaders, and red ribbon week leaders! These were sent to middle and high schools before the alcohol/drug (red ribbon) week.

Our district meetings have been well attended this year and our group reps have many good suggestions for continued outreach projects which we will talk about at our next District meeting on Friday, December 2, 2005. Please join us at any of our district meetings, which are held bimonthly at Brea Congregational Church, 300 East Imperial Highway in Brea at 7:00 p.m.

Thank you for letting me be of service. Celeste B,
DR-60

District 63

We held our final district meeting of the term on October 22, 2005 at Jerry M.'s home in Orange. Many items were discussed. The most exciting event was the election of the new DR, Chuck B. & ADR, Vicki M. for the upcoming term. We have the utmost confidence that they will be of loving, compassionate service for the district, WSO and our fellowship. Congratulations and good luck to them both, as well as to the new GR's, AGR's and officers.

The first meeting of the term will be held on Saturday January 28, 2006 at the home of Michelle S. in Huntington Beach. The new officers, district meeting times and locations and any new business or projects will be decided then.

I would like to take this opportunity to thank the district for the amazing support, laughter and lessons we all shared. Many thanks to ADR Ajit, and to all the officers for their efficient, amazing service. Kathy S. was a superb secretary (wow!), Vicki M. a great "money chick" treasurer, Elaine M. a wonderful Alateen Liaison, Kathy R. a fabulous Intergroup liaison. To all the GR's and AGR's I personally give many thanks for your patience and service. Did I leave anyone out? Hard work and laughter are a great combination we get to experience together in recovery. We as a district raised many scholarships for SCAC!! Yippee! Thank you for a most informative and memorable RSS. Thanks to my sponsor Sandie E. for her encouragement and knowledge freely given. Thanks to Kathi L. for lovingly walking us through the Alateen certification process. I am so grateful for all the blessings this office has given and for Al Anon. Best of luck to all members of the new term. Excelsior!

Love in recovery, Kathy B DR 63

District 64 (en español)

Hola todos

Feliz Año Nuevo del Distrito 64.

Estamos muy contentos de comenzar el nuevo año con mucho entusiasmo porque, en el mes de Mayo, cumplimos 15 años, nos estamos preparando para tener una fiesta y celebrar tan feliz ocasión, tendremos una oradora de la O. del Servicio mundial para el día 13 de Mayo, y habrá traducción ahora en Ingles, estan todos invitados.

En Enero 14 tuvimos nuestra primera reunion del año donde planeamos ya, nuestros 4 talleres que se llebaran a cabo en las areas de: S. Bernardino, S. de la Bahia, Orange County y Los Angeles. Tambien estamos contentos porque el proyecto de repartir Literatura en Espanol en las librerias, esta llebandose a cabo exitosamente, se distribuyeron 71 ilesas en el area de Los Angeles del libro " Como ayuda Al-Anon a Familiares y Amigos de Alcoholicos. Tambien celebraremos el cumpleaños de Lois en el mes de Marzo olvidando una pieza de literatura en lugares publicos como restaurantes, autobuses etc.

Muchas gracias a todos los que participan en el servicio en el Distrito 64.

Con amor en servicio, Rosalba R. Dist.64

District 64 (en ingles) see next page

District 64 (en ingles)

Hi everybody. Happy New Year from District 64.

We are very excited to star a new year with enthusiasm, because we are going to celebrate our 15th Anniversary on May 13, we will have a Speaker from the W.S.O. and we are preparing to have a fiesta, and translation now in English, everybody is invited.

On January we had our fist meeting of the year, were we all ready planed ours 4 workshops, thy will be held on San Bernardino, So.Bay, Orange County and Los Angeles. Also we are happy because the Literature project is being a success, we delivered to Los Angeles area libraries 71 books of " how Al-Anon help to Families and Friends of Alcoholics". We will also celebrate the Lois B. Day on March, we will leavea literature piece in the public places like restaurants, buses etc.

Thanks to everybody participating in service in District 64.

Love in service, Rosalba R Dist.64.

District 66

As we start our 2nd year of our three-year term, we're getting excited about the level of attendance and participation we've enjoyed of late. Our focus has been on connecting with all of our groups and encouraging participation at the district level. This means recruiting willing servants to serve as Group Reps and for meetings to at least have a contact person with which we can communicate if not a GR. We've seen an increase in the number of Group Reps as well as Alternates. It's been encouraging. This year we are continuing our focus on developing "Magnetic Meetings" by education and participation. Pete B. (our Alternate DR) will be presenting an "in depth" look at the service commitment of a GR at our next District Meeting in Feb.

In addition, we are "hitch-hiking" on an idea we heard about at the last Assembly. Evidently one of the Districts had success with a local grocery chain in printing an Al-Anon message on grocery bags. One of our GRs is researching this for application in our District. (cross your fingers).

Several new meetings have begun in our District since my last report and the District continues to grow. Looks like it will be another great year of continued recovery.

At your service, Garry L- Dist 66

District 69

No report.

District 72

D72 is very proud of our annual Fall Forum and our Longtimer's Tea Party.

We ordered and distributed 400 September Forums. We target doctors and other health professional's offices. Our groups are eager to "spread the word" about Al-Anon and Alateen.

We have two new Alateen groups in our district. We are grateful for the Al-Anons in our district who were willing to support Alateen by becoming certified sponsors.

District 72 meets the fourth Saturday of Jan., Feb., Mar., Apr., June, July, Aug., and Sept. at 10:00 a.m. at Atonement Lutheran Church in Spring Valley, CA. All Al-Anons are welcome to visit our meeting. Bernie S. will be our new DR. Election of other officers will take place at our January meeting.

Serving as DR from D72 has been a wonderful growing experience. It has also been a ton of fun. I will miss seeing all the GRs at our monthly meeting. I am looking forward to seeing the new GRs at our May Assembly.

Thank you D72 for allowing me to be of service.

Hugs and love, Marge V, DR

District 75

No report.

District 78

No report.

Income/Expense by Category1

1/2/2005 through 11/16/2005

11/16/2005

| Category Description | 1/2/2005- 11/16/2005 | OVERALL TOTAL |
|------------------------------|-------------------------|------------------|
| INCOME | | |
| "Bulletin"Subscriptions | 8.00 | 8.00 |
| 7th Tradition | 600.81 | 600.81 |
| Group Contributions | 32,325.51 | 32,325.51 |
| Interest Income | 212.11 | 212.11 |
| Longtimer Meeting | 288.00 | 288.00 |
| SOS Income | 487.75 | 487.75 |
| FROM Savings | 463.63 | 463.63 |
| TOTAL INCOME | | |
| EXPENSES | | |
| Uncategorized | 12.50 | 12.50 |
| "Bulletin" Costs | 6,355.11 | 6,355.11 |
| Computer | 511.89 | 511.89 |
| Coordinators' Expenses | 5,178.05 | 5,178.05 |
| Forum Subscriptions | 43.38 | 43.38 |
| Meeting Travel\Hotel | 9,846.52 | 9,846.52 |
| Mileage\Hotel Reimbursements | 3,889.37 | 3,889.37 |
| Officers' Expenses | 7,264.81 | 7,264.81 |
| Other Expenses | 2,269.22 | 2,269.22 |
| Rent | 4,048.80 | 4,048.80 |
| Special Meetings | 933.49 | 933.49 |
| TO Checking | 463.63 | 463.63 |
| TOTAL EXPENSES | | |
| OVERALL TOTAL | -6,430.96 | -6,430.96 |

SOUTHERN CALIFORNIA WORLD SERVICE
2003 PROPOSED BUDGET
For Discussion and Approval at the November 16, 2002 Area Assembly

Budgets are “guestimates” based on history, projections and planning. The following are explanations of unusual or large proposed budget items for the 2006 SCWS Budget. The 2006 Budget requires the approval of the Group Representatives at the November 2005 Area Assembly. Please consider the following proposals offered by the Treasurer, based on input from the Officers and Coordinators:

Line 5) Group Donations: This amount equals the approximate amount of actual donations received in 2005.

Line 18) Alateen Coordinator Expense: Background checks on all participants in the Alateen program for the Area have largely been completed, but on-going Sponsor Workshops will be needed in the coming year to inform Alateen Sponsors and other Al-Anons (DRs, GRs, Event Coordinators, etc.) of their duties and rights under the Alateen Area requirements.

Line 28) Delegate Equalizer Fund: A letter was received from the WSO indicating the “full cost” for WSC 2005 at \$1,818; the “equalized cost” is \$1,100. The 2006 budget is for the estimated “full cost” for the 2005 WSC. SCWS pays the “full cost” for a delegate to attend the week long World Service Conference, including airfare (1993 November Assembly). (See the Service Manual pg 115 for a further explanation)

Line 31) SWRSS/SW Reg. Service Seminar: The RSS took place in Hawaii in 2005 and the Area incurred extra expenses for airfare and hotel. This is not a budget item for next year because RSS is every three years.

Line 43) Liability Insurance: The cost of insurance has continued to escalate. A modest increase is provided in the 2006 budget for our “slip and fall” coverage. The may also need to provide insurance against the possibility that the Area might be sued by someone injured by a sexual predator. This expense is unknown and not included in this budget.

Line 50) Rent – Committee/Assembly: There were a number of extraordinary Board Meetings in 2005. We anticipate a normal Committee/Assembly expense in 2006.

Line 56) Surplus Before Contribution to WSO: We did not make a contribution to WSO in 2004 or in 2005. The Assembly voted to retain those funds to determine what the requirements would be in fulfilling our Alateen commitments. Since we can only retain a \$25,000 prudent reserve, I believe we should continue our long-standing tradition of donating all funds above the prudent reserve to WSO in the event that this year runs a surplus above the funds required to serve Area 4.

am available for questions at 928-234-3860 any time before or after the Assembly.

Submitted by: Thomas E Treasurer

| | ACTUAL | ACTUAL | ACTUAL | ACTUAL | ACTUAL | ESTIMATED | PRELIMINARY | |
|----------------------------------|-----------|-----------|-----------|-----------|------------|------------|-------------|----|
| | 2000 | 2001 | 2002 | 2003 | 2004 | BUDGET | BUDGET | |
| | | | | | | 2005 | 2006 | |
| INCOME: | | | | | | | | |
| 1 Bulletin Subscriptions | 82.00 | 78.00 | 41.00 | 38.00 | 64.00 | 8.00 | 44.00 | 1 |
| 2 7th Tradition | 1,090.08 | 1,057.38 | 1,123.93 | 1,084.62 | 1,755.78 | 600.81 | 1,000.00 | 2 |
| 3 Convention Contributions | 749.09 | 788.04 | 192.59 | 1,455.68 | 370.00 | 0.00 | 500.00 | 3 |
| 4 Dist./Intergrp. Donations | 1,233.56 | 600.00 | 554.50 | 215.00 | 0.00 | 0.00 | 300.00 | 4 |
| 5 Group Donations | 34,187.19 | 38,065.48 | 36,118.92 | 37,359.01 | 37,686.46 | 35,325.51 | 35,000.00 | 5 |
| 6 Interest Income | 1,046.75 | 1,316.33 | 926.74 | 341.19 | 249.05 | 212.11 | 300.00 | 6 |
| 7 Other Income | 512.10 | 351.25 | 0.00 | 181.08 | 231.63 | 463.63 | 300.00 | 7 |
| 8 Longtimer Meeting Income | 0.00 | 614.00 | 0.00 | 0.00 | 0.00 | 288.00 | 0.00 | 8 |
| 9 S.O.S. - Income | 659.00 | 594.00 | 476.00 | 804.00 | 835.00 | 487.75 | 900.00 | 9 |
| 10 TOTAL INCOME | 39,559.77 | 43,464.48 | 39,433.68 | 41,478.58 | 41,191.92 | 37,385.81 | 38,344.00 | 10 |
| EXPENSE: | | | | | | | | |
| 11 Bulletin Bulk Mail | 636.59 | 704.24 | 84.84 | 100.46 | 0.00 | 430.80 | 150.00 | 11 |
| 12 Bulletin Production Exp. | 4,911.01 | 4,060.53 | 6,339.52 | 1,900.00 | 6,418.59 | 6,150.65 | 5,000.00 | 12 |
| 13 Comp. Hdwe & Software | 2,650.21 | 88.00 | 1,869.93 | 799.69 | 29.95 | 511.89 | 500.00 | 13 |
| 14 Computer Consulting | 30.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 14 |
| 14 Computer Maintenance | 0.00 | 0.00 | 256.00 | 0.00 | 55.00 | 0.00 | 0.00 | 14 |
| 15 Computer Modem/Phone/ISP | 370.38 | 179.55 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 15 |
| 16 Computer Supplies | 76.93 | 0.00 | 0.00 | 189.12 | 0.00 | 0.00 | 0.00 | 16 |
| 17 Copies/Postage/Phone | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 17 |
| 18 Alateen Co-ord. Exp. | 759.44 | 819.14 | 559.06 | 692.24 | 1,980.32 | 1,751.72 | 2,000.00 | 18 |
| 19 Archives Co-ord. Exp. | 151.36 | 416.09 | 96.94 | 369.80 | 339.78 | 730.67 | 700.00 | 19 |
| 20 Bulletin Editor Exp. | 12.04 | 100.41 | 46.20 | 1,136.25 | 1,052.08 | 953.16 | 950.00 | 20 |
| 21 CPC Co-ordinator Exp. | 143.01 | 0.00 | 50.00 | 102.29 | 626.61 | 750.57 | 600.00 | 21 |
| 22 Hospitality Co-ord. Exp. | 911.11 | 582.96 | 312.58 | 769.91 | 642.56 | 1,155.94 | 800.00 | 22 |
| 23 H & I Conference | 80.83 | 240.02 | 375.58 | 153.00 | 0.00 | 756.40 | 0.00 | 23 |
| 24 Institutions Co-ord. Exp. | 76.00 | 75.00 | 0.00 | 446.04 | 208.87 | 0.00 | 0.00 | 24 |
| 25 Literature Co-ord. Exp. | 568.29 | 317.41 | 207.26 | 65.62 | 1,090.20 | 249.86 | 300.00 | 25 |
| 26 Lone Member Co-ord Exp. | 15.97 | 33.70 | 74.49 | 9.67 | 274.59 | 1,020.01 | 0.00 | 26 |
| 27 P. I. Co-ord. Exp. | 37.48 | 189.82 | 118.10 | 0.00 | 300.00 | 0.00 | 300.00 | 27 |
| 28 Delegate Equalizer Fund | 1,450.00 | 1,612.00 | 1,612.00 | 1,556.00 | 1,818.00 | 1,818.00 | 1,818.00 | 28 |
| 29 Delegate WSC Expense | 400.00 | 500.00 | 500.00 | 672.32 | 0.00 | 500.00 | 500.00 | 29 |
| 30 P.R.A.A.S.A. Expense | 3,028.86 | 3,700.92 | 1,739.56 | 3,325.22 | 2,137.40 | 0.00 | 2,000.00 | 30 |
| 31 SWRSS/SW Reg. Serv. Sem. | 1,124.47 | 0.00 | 1,707.68 | 0.00 | 75.00 | 4,755.00 | 0.00 | 31 |
| 32 SWRDM/SW Delegate Mtg. | 196.60 | 1,273.25 | 5,348.14 | 2,442.58 | 2,109.04 | 1,080.00 | 2,000.00 | 32 |
| 33 DR/GR/Liaison Mileage/Hotel | 3,493.49 | 3,086.16 | 3,334.45 | 3,722.74 | 3,410.61 | 3,889.37 | 3,500.00 | 33 |
| 34 Officer/Co-ord. Mileage/Hotel | 4,024.37 | 5,873.24 | 3,948.30 | 4,529.52 | 4,827.09 | 0.00 | 4,500.00 | 34 |
| 35 Alternate Delegate Exp. | 165.63 | 65.41 | 34.20 | 173.33 | 328.20 | 2,279.97 | 300.00 | 35 |
| 36 Chairperson Exp. | 45.64 | 210.08 | 239.27 | 493.01 | 1,041.90 | 1,988.45 | 450.00 | 36 |
| 37 Delegate Exp. | 1,421.01 | 759.52 | 750.86 | 491.83 | 1,918.55 | 4,058.52 | 1,900.00 | 37 |
| 38 Minutes Secretary Exp. | 199.46 | 65.90 | 238.06 | 142.69 | 124.59 | 1,204.16 | 100.00 | 38 |
| 39 Past Delegate Exp. | 0.00 | 0.00 | 0.00 | 282.32 | 801.79 | 1,041.40 | 500.00 | 39 |
| 40 Records Secretary Exp. | 286.61 | 382.00 | 615.33 | 532.53 | 585.21 | 2,061.25 | 700.00 | 40 |
| 41 Treasurer Exp. | 876.94 | 598.59 | 473.37 | 391.83 | 710.78 | 900.00 | 700.00 | 41 |
| 42 Bank Charges & Fees | 33.50 | 68.24 | 24.43 | 54.84 | 11.95 | 22.00 | 50.00 | 42 |
| 43 Liability Insurance | 645.00 | 852.00 | 1,351.90 | 1,615.63 | 1,629.31 | 1,615.89 | 1,625.00 | 43 |
| 44 Misc. Supplies/Oper. Exp. | 68.81 | 0.00 | 0.00 | 124.53 | 122.88 | 0.00 | 151.00 | 44 |
| 45 NSF Checks/Bad Debts | 267.57 | 55.75 | (15.00) | 0.00 | 0.00 | 0.00 | 0.00 | 45 |
| 46 Translating Equipment | 0.00 | 814.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 46 |
| 47 Professional Translator | 0.00 | 0.00 | 75.00 | 225.00 | 355.91 | 0.00 | 0.00 | 47 |
| 48 Corporate Expense | 0.00 | 0.00 | 17.53 | 0.00 | 0.00 | 0.00 | 0.00 | 48 |
| 48 Website | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 235.00 | 300.00 | 48 |
| 49 Rent - Archives Storage | 725.82 | 114.62 | 430.54 | 743.34 | 633.60 | 316.80 | 450.00 | 49 |
| 50 Rent - Committee/Assembly | 1,512.00 | 1,920.00 | 1,995.00 | 2,018.00 | 4,044.00 | 2,510.00 | 2,500.00 | 50 |
| 51 Rent - Hospitality Supplies | 564.00 | 660.00 | 660.00 | 660.00 | 660.00 | 720.00 | 700.00 | 51 |
| 52 Special Meetings - Other | 322.49 | 0.00 | 0.00 | 305.00 | 327.99 | 0.00 | 0.00 | 52 |
| 53 Longtimers Meeting Exp. | 68.72 | 732.70 | 0.00 | 0.00 | 0.00 | 502.00 | 0.00 | 53 |
| 54 S.O.S. Expense | 1,527.44 | 2,015.83 | 1,706.93 | 534.65 | 2,318.45 | 0.00 | 2,300.00 | 54 |
| 55 TOTAL EXPENSE | 33,879.08 | 33,167.08 | 37,178.05 | 31,771.00 | 43,010.80 | 45,959.48 | 38,344.00 | 55 |
| SURPLUS Before | | | | | | | | |
| 56 Contribution to WSO | 5,680.69 | 10,297.40 | 2,255.63 | 9,707.58 | (1,818.88) | (8,573.67) | 0.00 | 56 |

Ask-It Basket Questions

Ask It Basket
November 19, 2005
Area Assembly

Q1. *How do you handle a mentally ill person who is disruptive during a meeting?*

A1. Please refer to the CAL pamphlet P-17, "Twelve Steps & Twelve Traditions." In it, Tradition One specifically addresses this situation. If a group has trouble retaining members because of a disruptive person, the group unity is sacrificed. After several attempts of loving boundary setting, any disruptive person may be asked not to return, but only as a last resort. (See pamphlet P-17.)

Q2. *Why do we have a retail station at our Assembly? Fundraising for our conventions is getting way overboard.*

A2. Refer to p. 75, paragraph 4 of the Service Manual. "Fund raising activities such as potluck suppers, dances or other social events are considered only within the fellowship and in agreement with the groups directly involved."

Q3. *I am aware that more than one of the SCWS Board members did not attend the RSS. Did SCWS pay for them (air-hotel-seminar) and if so, are they expected to reimburse SCWS?*

A3. From our SCWS Treasurer – "I do not advance funds, but SCWS was reimbursed by the members who received reimbursement from the WSO."

Q4. *Re: Lee's talk on insurance coverage for sexual abuse - Currently District Representatives sign the Alateen Registration forms asserting that to their knowledge the sponsor is of good character. Will the DR be covered under area insurance? And if not, will they continue to be required to sign the sponsorship registration forms?*

A4. Lee's response "I don't know. I hope that they would be covered, but I cannot provide a definitive answer until we discuss it with insurance carrier."

Actually, the Certification Form reads as follows- "The person above is known to me and, to the best of my knowledge, these statements are true." It can be signed by the District's designated Alateen Coordinator, as well.

Q5. *The 2005 WSC Summary stated that the Southwest Regional Trustee nominees did not receive traditional approval from the Trustees. Will you please explain how or why the nominee did not receive traditional approval after receiving approval from all other committees involved in the process?*

A5. Part 1 – Traditional approval is all Conference members, not just the Trustees.

Part 2 – The SW region voted for the nominee from their area, which was not approved on the Conference floor. See p. 23 in the 2005 Conference Summary, resumes will go to all Conference members before the Conference for their perusal.

Q6. *If our meeting lasts one and one half hours, is it OK to run over? Out of respect for the meeting location and our 7th Tradition, we have paid for one and one half hours.*

A6. Please refer to Traditions One and Four. This is up to the group conscience. Each group is autonomous. If you have only paid for one and one half hours, then it should be said at the beginning of the meeting and the Chairperson has the responsibility to kindly remind others to be out of the room on time.

Q7. *Would it be possible to add the SCWS web site address on the agenda, in the Bulletin?*

A7. There is no reason why this couldn't happen, will pass on to the new Minutes Secretary.

Q8. *It's always read, "We do not discuss members or others, and especially not the alcoholic", or something like that. We (or most people) usually do talk about, refer to, or otherwise discuss alcoholics. I don't get it.*

A8. Please refer to Traditions 11 & 12 regarding anonymity and "placing principles above personalities". More food for thought – Sponsorship is a tool for sharing my personal experience. Steps 4 & 5 are also an avenue for healing & sharing with a sponsor or a trusted friend. Higher Powers are great at listening. Look within-would I want someone to be sharing about what I did?

Q9. *Do I have to register to be an Alateen Sponsor to transport Alateens to meetings, conventions, workshops, etc.?*

A9. Yes, this is not in the current manual since the requirement is so new. But the certification forms are for any Al-Anon member involved in Alateen service. That includes sponsoring a meeting, driving Alateens to meetings and events, or attending SCAC (Southern California Alateen Conference). There are also permission forms that can be signed by the parent or guardian giving you permission to transport the Alateen. This will provide extra protection to you and provides medical/insurance information for you in case of an emergency.

Q10. *The treasurer of our meeting asks us to put folding money only in the basket – no change – for his convenience. Your comments, please.*

A10. Interesting! If this bothers you or anyone else, you might want to suggest bringing it up at a group conscience. What a wonderful discussion about the 7th Tradition that would be!

Regional Service Seminar Report

This report was provided by Cathy W, DR for d45

Friday, September 16, Opening Session

—2005 Conference Summary – how to use this book. There is a lot of good information contained in this book. Many Ask-It-Basket questions and answers. Tom W. and Claire R. did a skit called “It’s in the Conference Summary,” pointing out that the 2005 version has a discussion on the revisions of Concept Eleven and of the World Service Handbook, ask-it-basket questions, chosen agenda items (Delegates vote on which items to put onto the agenda), a section called Sharing Ourselves which are personal sharings from the Panel 43 Delegates (including Miriam M.), and a Clearing the Air section for comments or concerns about anything from the previous year’s Conference.

—Service Manuals – all Group Representatives should have one – it’s a “How to...” book. Should be used by everyone – there’s a lot of good stuff contained in the manual. Do not have to be a person serving beyond the Group level to use it. There was panel discussion on the topic of Demystifying the Service Manual.

°Do all the GR’s in District 45 have a manual?

—Tom C. (WSO Associate Director of Fellowship Communication) and Cynthia H. (Associate Director of Membership Outreach) both shared their personal stories and their growth in service.

—Evening Breakout Sessions:

°AWSC Officers: Serving with Aloha

°GR’s: My Home Group – The best Aloha spirit around!

°Alateen: Moving Ahead with Aloha!

°Delegates/Past Delegates: What Now? Brining Aloha to my Area

°Web Sites and Web Masters: The Front Lines of Aloha!

°Public Outreach: How Can We Make Al-Anon a Household Word in the 21st Century?

°AIS/LDS’s: Service with Aloha!

I was pulled into the Web Sites and Web Masters session. It was very interesting. There is no Web Coordinator position in our Service Manual. In Hawaii, this position is a voting member of their Area board. In So. Cal, this position is not. In Hawaii, there is a policy committee and they rely on Tradition 6. They have set up permanent email accounts for the positions of Delegate, Alternate Delegate, etc., so that there is no transition needed when change occurs in the person holding the position, thus maintaining anonymity. Northern California web site seems to be very much more advanced than other areas. So. Cal following in its footsteps.

Elizabeth K. went to the Alateen session. Part of the responsibilities of the Alateen Coordinator is to ask people to be a sponsor. It plants a seed. Look for someone who knows the Steps, Traditions, etc. People are more willing to step up to be a sponsor when there are guidelines and a list of boundaries – sponsor’s responsibilities and the alateen’s responsibilities. The sponsor training workshop in the Washington area covers what to expect, what a meeting is like, what is the

certification process, what the responsibilities are, problems sponsors have had. They have a panel with 2 alateens, 2 sponsors and a Q&A session. Talking about scenarios helps. In California North, all their meetings have 3 sponsors. It is suggested not to sponsor a meeting where your own child (or grandchild) is an alateen, and not to sponsor a meeting opposite a meeting you attend because the alateens are inhibited when you know their parents. Bringing an alateen panel to Al-Anon meetings helps the Al-Anons to understand what Alateen is about. One district took an inventory and asked “how can we generate interest in Alateen sponsorship?” Someone shared a response, then 4 people started the certification process. Educate: do you realize that Alateen IS Al-Anon? The Al-Anons don’t have to “approve” of Alateens coming to a meeting. ...but Alateens vote on whether to allow an adult (who is not the group’s Sponsor) to visit their meeting.

Saturday, September 17

—Introduction of Ric B. (WSO Executive Director). He shared his personal story and how he became involved in service. He also shared a slide presentation regarding our history, along with pictures of those who work at the WSO. He talked about the 1996 beginning of the 15 year trial period of owning property. Occupancy costs had gone up so much that in 1996 they went to Virginia because it was less expensive to operate.

—Many of the operators at WSO speak at least two languages, some speak three. The primary languages are English, Spanish and French. There are 55 members and volunteers at WSO.

—There was some discussion around anonymity. Al-Anon is not anonymous, the people are anonymous. Just because you work at WSO, where there is a sign in front of the building doesn’t mean you’re in Al-Anon, it just means you work there.

—The new Service Manual will be available in November.

°Spanish and French version will probably be available in December.

°Manual index is being changed to be topical versus a word index.

°Tabs will be 4 different shades of one color (less expensive)

°Front cover will include portions of the manual.

°Too expensive to have a spiral binding. In addition, spiral bindings are prohibited in some institutions.

—Archives – WSO is in the process of electronic storage for easy search capability.

°20 millionth AA Big Book is displayed in the Archives. This book was given to Al-Anon for their participation in AA’s success. (A picture of this display was part of the slide presentation that Ric gave.)

—Alateen – there are now over 2500+ certified Al-Anon members involved in Alateen service.

—There were 152,000 Forums shipped in September – this is the largest historical mailing order.

—Finances:

°We are one of two organizations who do not accept money from outside of our fellowship.

°Source of WSO Income

-64% Literature (Literature sales exceed contributions.)

-7% Forum

-4% Interest

- 25% Contributions
 - °Passed the \$1million mark
 - °~46% groups
 - °~40% appeals
 - °~9% Other/Special
 - Birthday Donations (\$1/year for each year in program)
 - Individuals with Automatic Deposits (yes...you can do this!)
 - Memorial bequests (can accept up to 10% of previous year's audit and financial statement)
- °WSO Expenses
 - 57% Labor costs
 - 7% Occupancy
 - 5% Forum
 - 4% Other postage
 - 6% Travel and meetings
 - 3% Stationary & supplies
 - 4% Depreciation
 - 2% PSA
 - 12% Other expenses
- Average of \$210.32/group for services provided by WSO. (Manuals to each group, phone calls, group binders, etc.).
- °Groups/Districts/Areas should always get a financial report – be aware of where your money goes.
- °Those identified as the Current Mailing Address for groups receive a copy of "Inside AI-Anon" and "Area Highlights". These should be shared with the groups. These can be copied without written permission from WSO.
- Public Outreach - Claire R. (WSO Associate Director of Public Outreach- Professionals)
- °Claire gave an outstanding presentation on Anonymity and the confusion surrounding it.
 - Anonymity < > Secrecy (Pg 189 of Lois Remembers)
 - AI-Anon name of the WSO Bldg does not mean that all WSO Staff are AI-Anon members.
 - We make it difficult to let people find us.
 - See page 71-72 in the Service Manual regarding the three components of Anonymity, pages 87-88 regarding Public Relations, page 89-90 How-to's.
 - We have not had any growth in the # of registered groups between 1978 and now.
- °Affiliation? AI-Anon message printed on one side of grocery bags. We can take advantages of services offered to all non-profit organizations. No strings attached – the grocery store offered to print as part of their outreach program. (We shouldn't ASK them to print it, but they may offer to do it. We had asked them to put leaflets into their grocery bags and they said they'd prefer to print the leaflet message onto the bags.)
- Workshop on Using the Concepts in your Personal Life - Ric. We have 36 principles, not 12 or 24.
- °Concept 1 – Can't have authority and responsibility if you don't exercise it. If groups don't have a GR, they don't have a group.
 - Must sent GR's to events to get information
 - Must pay the way for trusted servants
 - To keep power, you must give it away - Trust
 - If groups want a voice, must give the power to the GR

- Isolated groups can have and keep all the power they want but they will have no voice unless they give it away (to the GR)
- °Concept 2 – Links of Service.
 - If links are broken then communication is broken. If we have trust, we give up control. Delegate responsibility. Trust
- °Concept 3 – When we give authority, give enough to make decisions.
 - Need to know requirements/guidelines but don't have to control.
 - Give enough trust to make decisions
 - Must have information – consult with others
 - Trust leaders to make good decisions and believe that they won't do so without enough information
 - Sometimes we bring the decision back to the groups w/o the discussion. When this happens, groups don't trust. Need to give information regarding the discussion so that groups know what was considered. Our responsibility is to carry the decision. Don't need to tell about our own vote – just the decision.
- °Concept 4 – Mutual respect.
 - Give the respect that others are able to do the job.
- °Concept 5 – Some time in the past this concept was changed w/o a vote. Conference voted to go back to its original text.
 - Appeal – affects AI-Anon as a whole
 - Petition – affects individuals
 - Right to be heard < > right to be right or get your way.
 - Some think the decision is wrong so they will appeal, then appeal, and appeal,...
- §We have no parliamentary model in AI-Anon
- §See the warranties
 - §If the Board makes a decision, Conference is not the Supreme Court. Do not appeal to Conference – must go back to the Board. No hierarchy. If we don't like decision, must go back to the decision maker. If minority view was heard and decision still is to go with original view, then we agree to go with spiritual principle.
- §Not about the result but about the process and access to the process.
- °Concept 6 – Groups – Conference – Trustees
 - Farther away from the groups, the less being delegated – Conference did not give up all of its authority
 - Need to acknowledge who has responsibility and link responsibility to the job.
 - Trustees job is to keep the train on the track – not run the train
 - Balance of leadership
 - Trustees meet quarterly – Conference meets annually
 - Not everyone does the same job
- °Concept 7 – Conference can't elect Board but it can dissolve it.
 - Outgoing Board elects the new Board.
 - Practical authority versus ultimate authority.
 - Practical : to accomplish job
 - Ultimate : Legal
 - Each has different strengths and weaknesses.
- °Concept 8 – More delegation
 - Trustees meet quarterly è Executive Committee meets monthly
 - Board still the legal entity so must affirm (or not) decisions

- Delegates routine tasks to someone else – share the load
- What are we good at? Delegation to others who are good at what we are not.
- We all have different strengths and weaknesses. We can each celebrate our strengths and ask for help.

°Concept 9 – We have leaders at all levels.

-Bill's essay on leadership – see pages 173-175 in our Service Manual.

-Open access to information needed to make decisions – not all information is necessary to make all decisions.

-Shared leadership:

–Discussion on shared information in determining what information is needed

–Watch out for the people who irritate us because they always have something to teach us.

–Each of us can be a success and demonstrate leadership qualities

-Listen to negative criticism

-Being willing to adjust the plan

°Concept 10 – Every job needs to be defined and needs to spell out responsibility and authority.

-Can't give someone a job but not the authority to carry it out – if this happens then we set ourselves up for failure.

-Some people complain that we can't get people to do the job but we don't tell them what the job is.

-We lose good leaders because of how we treat them.

-Some times we give the authority then beat them up for exercising it.

°Concept 11 – Wording was changed w/o approval in the past. Will be resorted to original text.

-Dedication to common goal.

-Co-operation and unity to achieve goal

-WSO is run like a business because it is a business.

°Concept 12 – Not sure why I didn't write anything down but I'm sure the discussion was good. Sorry.

Sunday, September 18 – Ask-it-Basket

—Literature < > Policy; policy manual = policy.

°They were not sure where “no rules” came from in the manual; received a request from someone (??) to take it out. Because of research resulting in not knowing where it came from, they decided to take it out.

—AFG < > Hurricane (etc.) Relief efforts

°Group funds/activities should not be used to restore houses, etc.

°We do help restore/replenish literature – CAL-outreach

—WSO supports supporting our local LDC (Literature Distributions Centers). Unless we support them (order our books from them versus going directly to WSO), there will be no LDCs.

Many more questions and answers – I did not write them all down. Many had to do with looking things up in our Service Manual.

Regional Service Seminar Report

This report was provided by Jay P, DR for d36

When we got there we were presented with a Hawaiian bag with different items for the weekend.

Friday night RSS began at 7:00p.m.. Sept. 16, 2005

Two main people Judy [Trustee, lives in Hawaii] & Doreen [not sure of spelling] from North Carolina. They talked about the Conference Summary book for 2005. [How to use the book to help others] – ideas. Business meeting. If anyone is interested, it costs \$3.00.

So, CA tipped the scale on attendance at this RSS. ***Like 2/3rds***. Look at the map and you'll see what I mean.

Different groups were asked to stand up from their Districts. They forgot to ask how many DR's there were but we were recognized. ***Sure gave me chills watching groups stand and what states they were from...***

Service Manual should be used by not only the DRs, GRs or Area Reps but to be used by anyone. Every member of Al-Anon/Alateen is encouraged to own & study the manual. Check out last page of Paths to Recovery.

Cross talk – it's a comment on something someone was just talking about or talking to someone next to you.

Introduced Tom [Inside Al-Anon] talked about his job as Editor and what it entailed. Tom did a skit with Cora [WSO worker] about the Conference Summary book. There's LOTS of good info in there!

Kary L [our chairperson for SCWS] was in charge of a group after the closing. She asked me to take minutes for group. Went through over 10 questions and had responses from group. Not sure what happened with notes from all the groups. If we get copies I will make sure you received copies.

Sept. 17th after breakfast we met at 9:00. Judy introduced Ric who is Executive Director at WSO.

We were told we could use camera as long as we got permission from people. Ric told us that he went to Diamond Head Crater and passed out and had to be put on a helicopter and ended up on TV station but laughing said, I didn't break anyone's anonymity. He had just had a heart operation and did too much.

Judy told her story about how she came into the program and how she became a delegate for Hawaii. She is a member of the Heart to Heart Sat. night meeting. She talked about always looking out “that special window” waiting for her husband to come home. She always had a special window everywhere they went. ***I do too...***

They had a WSO slideshow. Showed from the beginning of Al-Anon, who works at WSO.

In the first office there were a stack of three boxes. Top one – **First Things First** – [do first] **Easy Does It** – [wait awhile] and – [Let them cool down]

They have a reserve fund – need 1-year reserve for operating expenses (includes rent). Landlord/banker thought this is not enough security for them, so we lost our lease. Occupancy costs went up so much that in 1996 they went to Virginia because it was less expensive to operate. Showed a chart of difference. [Example – in 1997 it went from \$600,000 in New York to \$300,000 in Virginia] You can go on the web to see more information about how it has grown. Will be 55 years old in 2006.

Most operators can speak three languages. Have about 55 members and volunteers that run WSO. Have sign in front of building and some people were upset about people who aren't Al-Anon being there. One person shared that if she hadn't seen the sign her life wouldn't be the same as it is today.

Talked about giving charity or willing something to Al-Anon, which can't be more than 50% of your income per year. Please don't quote me on that one per wording. I will check it out but these are in my notes for now. Can't be for profit – not lost Tax-deductible status exempt. DR 39 brought up about profits since Al-Anon is a non-profit organization.

Literature exceeds contribution – non-profit printing on bags outside issue [a market wanted to put our literature *in their* bags to help promote Al-Anon] were told they couldn't (it would take too much time) so the store asked if they could put something about Al-Anon *onto* the bags. That was okay since it was *community outreach that the store would provide to any non-profit*.

Tom talked about newsletter communication. Wish more members would write articles sharing their experience, strength and hope. It takes about 5 or 6 years to make up the book. There was something about cross talk. You can copy newsletter articles [In-Al-Anon] [would be appreciated if you would let people know where you got information] but you do need to get permission for copyright from The Forum. If you check out website for the month The Forum comes out – it will be there.

36 principles in Al-Anon = 12 steps, 12 traditions and 12 concepts. Concept 1 = group is on top and GR is needed to not only give info to group but votes for group. Develop trust...

Conference (WSC) committee says what goes in Service Manual and to change back to original writings.

Look for new Al-Anon/Alateen Service Manual in November. There will be a change in Tradition 11. Somehow it was changed. Also changing index in front / topical index & Duties.

2,500 applied and were certified as Alateen meetings. Over 152,000 forums for Health area, etc. shipped in Sept. There were over 500,000 bookmarks sent out, new item M76 in English and SM76 in Spanish (and FM76 in French).

They will be making up forms like a prescription for Al-Anon just like prescription for Doctors to go with patients to get the word out.

2008 International Convention in Pittsburgh, PA.

Sept 18th after breakfast 9:00 - Opening was read in French, Spanish and English [our own Elizabeth K. – SCWS Bulletin Editor]

Suggestions / Evaluations

Ask-it-basket – conducted by Kay SCWS past delegate

Chants and prayers after meeting check page 21 in Service Manual

When doing a workshop – suggested doing two columns – [to do / not to do] take the best and do a workshop.

If there isn't an officer or registered meeting – shouldn't be in Directory or mentioned at meetings.

P-86 pamphlet no longer available for Alateen – will be updated with new one, will replace soon.

There are no rules – don't know when it got in there so volunteer delegates took it out.

Average members per group = 13 Al-Anon/Alateen 156,813 x 13 USA and 1,000 x 13 Canada = 169,842 members [not sure because of anonymity] see Service Manual 2004.

Pg. 93 Service Manual – Al-Anon works together [participation]

Pg. 94 guidelines [digest] 1970 to co-operate - AA and Al-Anon There is a Service tool pamphlet which is free

Talked about Blacks – Spiritual before Disease and Caucasians – Disease before Spiritual. Native American literature is mixed.

Participation mentioned in Convention flyers [coming together – not affiliation] co-operate with event is main concern.

Panels – should not be mixed = AA & Al-Anon rather OR

Pg. 88 & 89 attraction and promotion when we cooperate with others... physically be present and cooperate with AA and/or Al-Anon.

CAL literature – old can be used [not up to date] but best to use current print.

Define cross talk – up to autonomy in group – conference 3/04/05 service manual – check The Forum for info.

Talked about action committees at assemblies – break out sections were said that they take up to much time.

Re-print [group binder] has a lot of up to date info. Each Group should have one. Gives your group number also.

Pg. 73 – 75 Service Manual talks about Bill W. concept 9.

Dual member Al-Anon/AA pg.67-68 service manual – holding office not above group level

When a GR goes to District meeting or Assemblies [vote] there is a reason. Groups should be given respect and time to report what happened [if you need to – spread report over a few meetings but don't talk and talk about info]

Pg. 118 – Service Manual – Area Officers – vote as GR

AA no longer an AA for a long time can't be a GR – Pg 65 BUT there again, group autonomy

Rick said – "MIS-INFORMED INFORMATION REPEATED OVER AND OVER IS STILL MIS-INFORMATION"

RSS is in 2009 instead of 2008 because of the International Al-Anon Convention.

AIS – rebuild due to hurricanes – AI-Anon not about relief support
EXCEPT to replace literature [CAL outreach service center –
literature only]

Think with your hearts – need to think about **Anonymity** –
DISCUSSED AT LENGTH

WSO is in process of changing database – use FORMS

Support local literature service centers – some are going to
Mexico because it is cheaper. Literature sales keeps service
centers open – that's what they are mainly for – also be of 12-
step service through phone.

AI-Anon group – not registered – can be BUT they have no
vote at assemblies unless registered...

Page 202 – We might be confronted...

Alateen Pg 12 - Traditions #3 and #4 – we don't do anything
that affects....

[if group not registered]

Alateen traditions were never approved – conference has to
okay.

Read all readings from the Service Manual – NOT COPIES –
Newcomers should see the Service Manual read from since
that is our main source of information that has ALL the
information not from copies.

Pg. 212 protection of AA's names Anonymity was talked about
in length at end of Saturday.

Renting or owning property. Meetings can't own their own
property. [What meeting has that much money was asked]
Property has to be owned and a name on it...Tradition #9
Person can't own property.

There is such a secret about AI-Anon concerning Anonymity
that people don't know where some of the meetings are. People
caught up not talking about AI-Anon. What would happen if
there weren't anyone there when you arrived...welcome
newcomers.

Another slide show after Cora talked. She also presented slide
show. TALS – Trustees At Large – 9 Regional Trustees - 6 in
USA and 3 in Canada [please see web for additional information
- to much info.]

Pg. 172 – check out "Quote"

Judy/Doreen/Ric/Tom/Cora and another person I didn't get
name of were on Ask-it-basket panel. Mayor of Hawaii wrote
down questions and took notes. She didn't care about her
anonymity being broken.

Doreen talked and introduced speaker. Ooooooppps! Didn't
write down her name...

I had an ocean view on the 25th floor it was fantastic. Different
items were place on the table for breakfast, lunch, dinner and
breakfast on Sunday. Met a lot of wonderful new friends.

Mahalo and Aloha.

Jay

An Invitation to:



2006 AFG (Al-Anon Family Groups) Convention of Southern California

A gathering by and for members of Al-Anon & Alateen.

We welcome members of AA and Guests.

(AA meetings will be available throughout the weekend)

***When:* March 31, April 1 & 2, 2006**

***Where:* Hilton – Burbank Hotel and Convention Center**

Come join for fun, fellowship, participation and speaker meetings.

Also: we offer a great raffle, ways and means and, new this year, a boutique.

Luncheon Speakers:

Betty Ann Z. from Thousand Oaks, CA (Al-Anon)

and Kara W. from San Diego, CA (Alateen)

Banquet Speakers:

Karin (Al-Anon) and John (AA) A. from Laguna Woods, CA

Mark your calendars and *Come Home to AFG*,
a wonderful celebration of recovery.

***RSVP:* not required – simply Register and Join us.**

For additional **information** or to obtain **volunteer sign-up sheets**,
please visit the AFG convention website at: <http://www.afgconvention.org/>

Celebrating 55 Years of Passing It On

Celebrate Al-Anon's history!
Celebrate Al-Anon's future!

Saturday, April 29, 2006
WSO Open House 2:00 - 5:00 pm
1600 Corporate Landing Parkway, Virginia Beach
Reception 6:00 - 7:00 pm
Virginia Beach Convention Center
Banquet 7:00 pm
Virginia Beach Convention Center

BANQUET RESERVATION FORM *Limited Seating (ticket required)*

Saturday, April 29, 2006 - 7:00 pm **Virginia Beach Convention Center**
price: \$50.00 US No refunds after March 29, 2006

☐ Please send me _____ banquet tickets
at \$50.00 each

Total Amount Enclosed (U.S. Funds) \$ _____

Please provide the following information if payment is by
Visa, MasterCard, American Express, Discover or mail
check payable to AFG, Inc.

☐ Visa ☐ MasterCard ☐ Discover ☐ American Express

Expiration Date _____

Card Number _____

Card Security Code* _____

Telephone _____

Signature _____

Required on all charge orders

* The security code is an "extra" number that accompanies your credit card. On Visa, MasterCard, and Discover, the number is the last three digits from the back of the card as it appears on/near the signature strip. On American Express cards, the number appears above and to the right of the regular card number on the front of the card.

Fax your order to: (757) 563-1655

Mail your order to: AFG, Inc.
1600 Corporate Landing Parkway
Virginia Beach, VA 23454-5617

Menu (check one)

☐ Fish ☐ Beef ☐ Vegetarian

I will attend the Open House at the WSO
between 2:00 p.m. to 5:00 p.m.
_____ Number attending

SEND TICKET TO: (PLEASE PRINT)

Name _____

Mailing Address _____

City/State/Province/Zip/Postal Code _____

Telephone (including area code) _____

TOTAL AMOUNT

DATE

TICKET NUMBERS

DO NOT WRITE IN THIS SPACE

What is a Delegate?

Dear SCWS members:

When I was new in Al-Anon and Pat R. had recently been elected as our Delegate, she invited me to share her room with her at the SOS (at that time it was a weekend event). I was in complete awe of her and thought it so wonderful that she would ask me, a relatively new member, to stay with her, what an honor! Now I know most of all our Delegate is a friend who is a member of this wonderful worldwide fellowship. Since many of you have asked me what a Delegate is (including my family and friends) I thought I would prepare the following:

A Delegate is a friend and fellow member of Al-Anon who has been elected as our trusted servant to represent our Area (4) at the World Service Conference (WSC), during the annual meeting of the WSC each April in Virginia Beach.

Delegates serve on the WSO (World Service Office) standing committees and help with the business of whatever committee that he/she is assigned to throughout the 3 years of service (staff members of the WSO are also included on the various committees).

The Conference discusses items of interest to Al-Anon as a whole and the Delegates vote on the selected items.

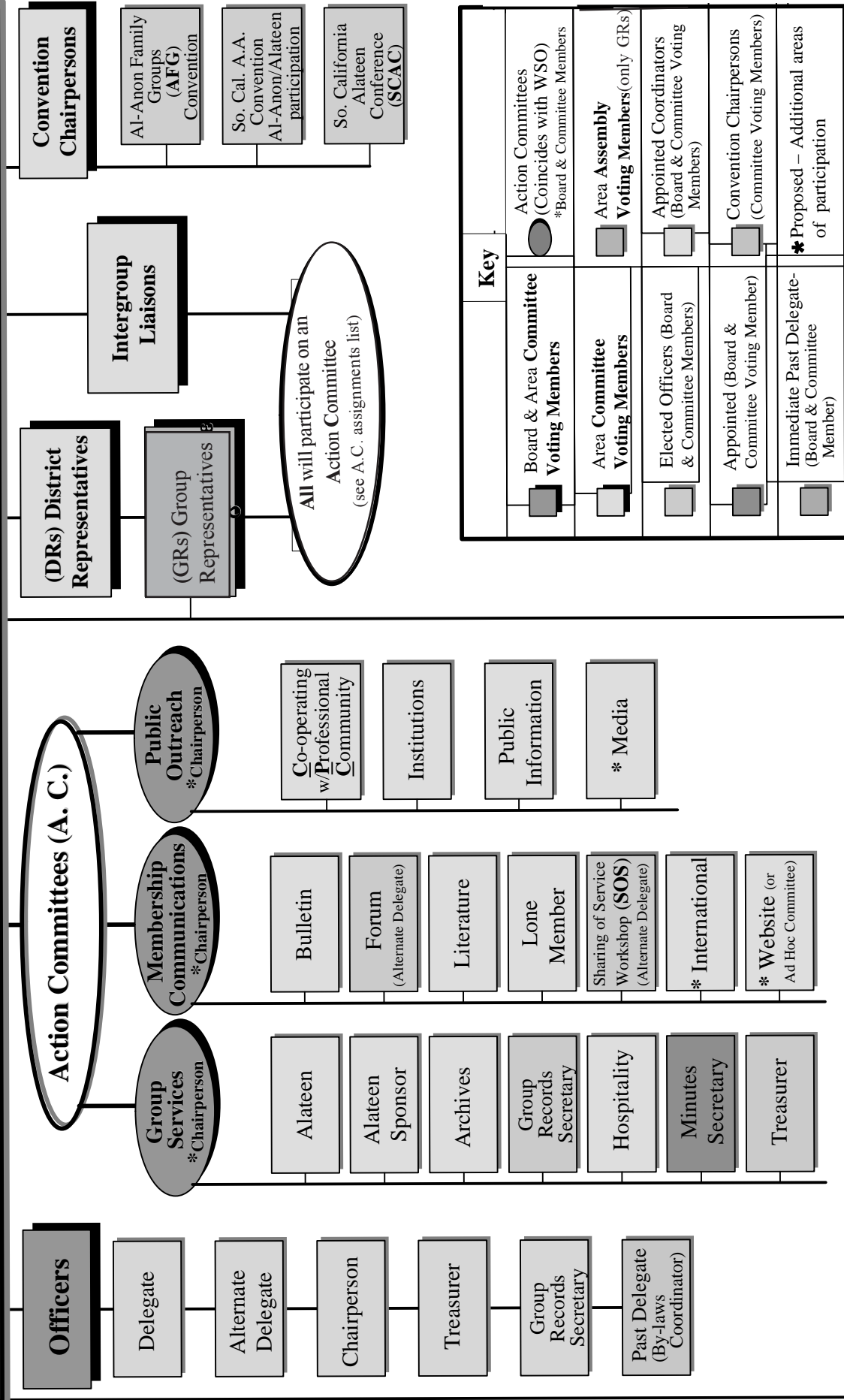
The Delegate reports news from the WSO and reports on the conference and other items of interest to our area (believe me I get lots of news both in the mail and on email).

The Delegate is here for our area, to share with, to ask questions of, to express concerns to. As your Delegate please let me be of service to all of you in whatever area of Al-Anon that I can, whether it is speaking, answering a question (if I don't know I will help research the answer), or just being a friend.

At the end of my term, I will share with all of you my experience, strength and hope in fulfilling this wonderful position. Perhaps, I will get to know most of you and will have learned and experienced what it is to be your Delegate. I am honored to follow in the footsteps of our past Delegates here at SCWS.

Love in the fellowship,
Mary M, Panel 46, CA (S)

Southern California World Service (SCWS) – Area #4



Group Representatives (GRs) are the voting members of the SCWS Area Assembly

Acronyms used in Al-Anon/Alateen

| | |
|--|--|
| AFG - Al-Anon Family Group(s) | NPIC - National Public Information Canada |
| AIB - Ask It Basket | PFA - Publications Francaises Al-Anon (Canada) |
| AIS - Al-Anon Information Service | PI - Public Information |
| AWSA – Area World Service Assembly | PO - Public Outreach |
| AWSC – Area World Service Committee | PSA - Public Service Announcement |
| CAL - Conference Approved Literature | RSS - Regional Service Seminar |
| CAT - Conference Approved Tapes | RT - Regional Trustee |
| CMA - Current Mailing Address | SCAC - Southern California Alateen Conference |
| CPC - Cooperating with the Professional Community | SCWS - Southern California World Service |
| DR - District Representative | SOS - Sharing Of Service |
| GR - Group Representative (WS) | SWRDM –Southwest Region Delegates' Meeting |
| GSO - General Service Office | SWRSS – Southwest Region Service Seminar |
| (Countries other than U.S. & Canada) | SWRT - Southwest Regional Trustee |
| H & I - Hospitals & Institutions | TAL - Trustee At Large |
| IAGSM - International Al-Anon General Service Meeting | WS - World Service |
| IR / ISR - Intergroup Representative /Information Service Rep. | WSC - World Service Conference |
| LDC - Literature Distribution Center | WSO - World Service Office |
| LRSP - Long Range Study Panel | |

Revised August - 2004

Who has Voice and/or Vote?

Area World Service

Assembly

VOICE

Group Representatives

District Representatives

Officers

Coordinators

Past Delegates

(Intergroup Liaisons and AWSC Convention
Chairmen give report only – No voice nor vote
unless also a Group Representative.)

VOTE

Group Representatives

Area World Service

Committee

VOICE

District Representatives

Officers

Coordinators

Intergroup Liaisons

AWSC Convention Chairmen

(Conventions: AFG, So-Cal & SCAC)

Past Delegates

VOTE

District Representatives

Officers

Coordinators

Intergroup Liaisons

AWSC Convention Chairmen

Revised August - 2004

SCWS Group Registration

Form

New Registration? ☐ Yes ☐ No ☐ Not Sure If Registered

Date _____

WSO ID# _____ District # _____ Area 04

Changes: ☐ Group Rep (GR) ☐ Alt. Group Rep (AGR) ☐ Contact

(circle all
that apply)

☐ Meeting Day ☐ Meeting Time ☐ Meeting Location ☐ Disbanded Meeting

Meeting Information

Group Name _____

Meeting Day Su Mo Tu We Th Fr Sa Meeting Time _____ ☐ AM ☐ PM

Meeting Location _____ City/Zip _____

Current Mailing Address (All group mail will be sent to this address)

Name _____ This person is the:
☐ GR ☐ Alt. GR ☐ Contact

Street/PO Box _____

City/Zip _____

Phone _____ E-mail (opt.) _____

Additional Meeting Contact (Optional)

Name _____ This person is the:
☐ Alt. GR

Street/PO Box _____

City/Zip _____

Phone _____ E-mail (opt.) _____

Changes to: District Officers / Intergroup Liaisons / Convention Chairs

Name _____

Street/PO Box _____

City/Zip _____

Phone _____ E-mail (opt.) _____

This person is the: ☐ District Rep ☐ Alt. District Rep ☐ District Liais./Coor. for _____
(Alateen, PI, CPC, etc)

☐ Intergroup Liaison for _____ ☐ Convention Chair for _____

Send to: SCWS Group Records Coordinator (01/06 to 12/08)
Jayme P, Group Records Secretary, PO Box 350, North Hollywood, CA 91603 *
for Alateen changes, please use separate Alateen form

SCWS Group Contributions

Please Print
(For use during the term 1/1/06 - 12/31/08)

___ Al-Anon ___ Alateen Group Name _____ District # _____

Group City _____ Day _____ Time _____

WSO-VA ID# _____ SCWS Code _____ Contribution Enlosed _____

Group Address _____

Submitted by: Name _____ Phone # _____

Address _____ City/Zip _____

Please Note: The WSO and SCWS ID numbers are on the mailing label of the Bulletin.

Make check or money order payable to: SCWS

Mail Contributions to:
Suzanne P (Treasurer)
PO Box 350
North Hollywood, CA 91603

Bulletin Subscription

Please Print
(For use during the term 1/1/06 - 12/31/08)

___ New Subscription ___ Renewal ___ Correction

Cost: \$4.00 per year Enclosed is \$ ___ for ___ Years

Name _____

Mailling Address _____

City/State/Zip _____

Make check or money order payable to: SCWS

Mail Subscriptions to:
Suzanne P (Treasurer)
PO Box 350
North Hollywood, CA 91603

SCWS Committee

Directory

OFFICERS

| | |
|--------------------|-----------|
| Delegate | MIRIAM M |
| Alternate Delegate | SUZANNE P |
| Chairperson | KARYL |
| Treasurer | TOM E |
| Records Secretary | MARGIE L |
| Past Delegate | KAY D |
| Minutes Secretary | SHIRLEY M |

**Directory Information deleted
for website version**

COORDINATORS

| | |
|--------------------|-------------|
| Alateen | ANDY B |
| Alateen Sponsor | KATHI L |
| Archives | MARGE V |
| Bulletin Editor | ELIZABETH K |
| CPC | LEET |
| Hospitality | MARTHA M |
| Institutions | MARY LOU V |
| Literature | HELENE C |
| Lone Member | BARBARA W |
| Public Information | LIL S |

ACTION COMMITTEE CHAIRS

| | |
|-----------------|-----------|
| Group Services | WILLIE W |
| Membership | BARBARA W |
| Communications | |
| Public Outreach | KAY D |

INTERGROUP LIAISONS

| | |
|--------------------|-----------|
| Inland Empire | JR D |
| Los Angeles | Sue N-S |
| Orange | Kathy R |
| Palm Springs | Beverly S |
| San Diego | Carol B |
| Santa Barbara | ??? |
| Spanish Intergroup | Patrick B |
| Ventura | Rosanne S |

CONVENTION CHAIRPERSONS

| | |
|-------------------|----------|
| AFG 2006 | Kay B |
| SCAA 2006 | Sandie E |
| SCAC Sponsor 2006 | Sean |
| SCAC Chair 2006 | Cara |

DISTRICT REPRESENTATIVES

03 Eileen G
06 Sue N
08
09 Myra K
10 Gail N

11 Twiggy G
12 Judith R

17 Susan V
21 Lydia L
24 Cynthia P
27 Sandra W
30 Elizabeth E
33 Sandie E
36 Jay P
39 Amanda C
40 Anne C
42 Jim B
45 Cathy W
48 Julie T
51 Emily L
54 Roxanne S
57 Jayme P
60 Celeste B
63 Kathy B
64 Rosalba R
66 Garry L
69 Kitty R
72 Marge V
75 Anne J
78 No DR

Directory Information deleted for website version

SOUTHWEST REGIONAL TRUSTEE

Position currently vacant. We elected an Area RT nominee (Willie W) at the November 2005 Assembly, to be submitted to the WSC for regional election and vote of approval by the WSC.

PAST DELEGATES

| Name | Phone | Email | Panel |
|------------|----------------|---------------------------------------|-------|
| Cecelia B. | 55-year member | (not available for contact right now) | 4 |
| Norris R | | | 7 |
| Elsie Q | | | 13 |
| Pat R | | | 19 |
| Bob L | | | 25 |
| Hester B | | | 28 |
| Joyce K | | | 31 |
| Kary L | | | 34 |
| Rita M | | | 34 |
| Willie W | | | 37 |
| Kay D | | | 40 |

INFORMATION SERVICE CENTERS

Al-Anon Inland Empire Service Center

1012 East Cooley Drive, Suite J-2, Colton 92324 (909) 824-1516 www.ca-inlandempire-alanon.org (available soon)

Oficina Intergrup al Hispana de Al-Anon, Inc. L.A. County

11627 Telegraph Road, Suite 150, Santa Fe Springs 90670 (562) 948-2190

Al-Anon Information Service Kern County

Post Office Box 894, Bakersfield 93302 (805) 322-1102 www.mykernlife.com/179/

Los Angeles County Al-Anon Family Groups

4936 Lankershim Boulevard, North Hollywood 91601 (818) 760-7122 Los Angeles (213) 387-3158 www.alanonla.org

Al-Anon Information Service Office of Orange County

12391 Lewis Street, Suite 102, Garden Grove 92840 (714) 748-1113 www.orangecountyalanon.org

Palm Springs/Palm Desert Al-Anon Family Groups

74228 Angeles Camp Road, Palm Desert 92260 (760) 341-9335

San Diego Al-Anon Office

3108 Fifth Avenue, Suite E, San Diego 92103 (619) 296-2666 www.alanonsandiego.org

San Luis Obispo Office (new!!)

c/o Laurie Aguilar, P.O. Box 6951, Los Osos 93412 (805) 534-9204

Al-Anon Family Groups Santa Barbara County

Post Office Box 30428, Santa Barbara 93130 (805) 962-1287

Ventura County Al-Anon Family Groups

Post Office Box 6754, Ventura 93006-6754 (805) 495-0270 www.alanonventura.org

10:00 a.m. - Starting time- Please be Prompt

Chairperson – David B

- Serenity Prayer and Welcome

Traditions read by: _____ District # _____

Treasurer's Report – Suzanne P

Delegate's Report – Mary M

- Updates from the WSO

Alternate Delegate's Report – Sandie E

- SOS (Sharing of Service) January 21 2006
- Start passing Ask it Basket & Forum can

Past Delegate's Report – Miriam M

Chairpersons for Action Committees

Minutes Secretary – Marge V

- Minutes from August 2005 Committee Meeting

Records Coordinator's Report & Roll Call – Jayme P

Old Business:

1. Update on Liability-Insurance research
- 2.
- 3.

Observe 7th Tradition

(Continue the meeting while baskets are being passed)

Lunch Break – 12:00

One hour lunch at nearby restaurants or bring your own.

Reconvene at 1:00 p.m. - Please be Prompt

Concepts read by:

District #

New Business

1. Agenda for the May 20th Assembly Meeting
2. PRAASA
3. Residence
- 4.

Convention Chairpersons' Reports

AFG Convention 2006 – Kay B

So-Cal. AA Conv. 2005 – Al-Anon – Sandie E

So-Cal. Alateen Conf. (SCAC) -

Coordinators' Reports

Alateen Sponsor Coordinator: Cynthia P

Alateen Coordinator: Danny K

Archives: Martha M

Bulletin: Elizabeth K

Cooperating w/Professional Community: Sandra W

Hospitality: Ajit S

Institutions: Shirley M

Literature: Lucia C

Public Information: Amanda C

Membership Communications: Cindy R

Group Services: Kathi L

Public Outreach: Kary L

District Representatives' Reports

Intergroup Liaisons' Reports

Coachella Valley: Beverly S

Inland Empire: J.R. D

Intergrupal Hispania (L.A. County) – Patrick B

Los Angeles County: Jennifer Brooks

Orange County: Kathy R

San Diego County: Carol B

Santa Barbara County:

Ventura County: Jerry W

Ask It Basket – Q's & A's: Alternate Delegate

Al-Anon related Announcements (only if time permits)

Closing time - 4:00 p.m. - Close with Al-Anon Declaration

Please help – clean up & stack the chairs against the back wall.

- PLEASE LIMIT REPORTS to 2-3 minutes (does not apply to Officers) – submit printed report and media copy (disk) to the Minutes Secretary.
- DISCUSSION on a motion - please keep to 2-3 minutes at the mic; if your opinion has already been shared, please sit down to avoid repetition.
- CELL PHONES: please turn them OFF or set to SILENT mode **THANK YOU!**

ACTION COMMITTEE - ASSIGNMENTS
for Trial Area Restructure period 11/03 - 11/05

| | | |
|--|--|---|
| <p style="text-align: center;">Group Services</p> <p>Facilitator: Willie W.</p> <p>District Representative From Districts 3, 10, 17 27, 36, 42 51, 60, 75</p> <p>Group Representatives are assigned to Action Committees by DR at District Meetings</p> <p>Inland Empire Intergroup Liaison San Diego Co. Intergroup Liaison Ventura Co. Intergroup Liaison</p> <p>Treasurer Group Records Secretary Minutes Secretary Alateen Coordinator Alateen Sponsor Coordinator</p> | <p style="text-align: center;">Membership Communications</p> <p>Facilitator: Barbara W.</p> <p>District Representative From Districts 6, 21, 30 39, 45, 54 63, 69, 78</p> <p>Group Representatives are assigned to Action Committees by DR at District Meetings</p> <p>Los Angeles Co. Intergroup Liaison Spanish Intergroup of L.A. Co. Liaison</p> <p>Alternate Delegate (Forum & SOS) Bulletin Coordinator Literature Coordinator Lone Member Coordinator</p> | <p style="text-align: center;">Public Outreach</p> <p>Facilitator: Kay D.</p> <p>District Representative From Districts 9, 12, 24 33, 40, 48 57, 64, 66</p> <p>Group Representatives are assigned to Action Committees by DR at District Meetings</p> <p>Orange Co. Intergroup Liaison Santa Barbara Co. Intergroup Liaison</p> <p>Cooperating w/Professional Community Institutions Coordinator Public Information Coordinator</p> |
|--|--|---|

**Southern California World
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NOVEMBER 2005

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