

# Embrace the Legacies: Our Spiritual Bridges to Expand the Future



**Vol 51 No. 2**

## 9:00 a.m. – New District Representative Orientation – Craft Room

### 10:00 a.m. - Starting time- Please be Prompt

Traditions read by: \_\_\_\_\_ District # \_\_\_\_\_

## **Officers Reports**

Chairperson – Jayme P.  
Treasurer's Report – Heidi T.  
Delegate's Report – Sandie E.  
Alternate Delegate's Report – David B.  
Past Delegate's Report – Mary M.  
Minutes Secretary – Amanda C.  
Records Secretary's Report & Roll Call – Kathi L.

## **Old Business:**

## **New Business:**

Observe 7<sup>th</sup> Tradition (Continue the meeting while baskets are being passed)

## **Lunch Break**

### 1:00 p.m. – Reconvene - Please be Prompt

Concepts read by: \_\_\_\_\_ District # \_\_\_\_\_

## **Hospitality Report:** Del L.

Host districts for August Committee Mtg: \_\_\_\_\_

## **Convention Chairpersons' Reports**

AFG Convention 2008 –Robin B.  
So-Cal. AA Conv. 2008 – Al-Anon – Corrinne E.  
So-Cal. Alateen Conf. (SCAC) – Danny Kulik

## **Coordinators' Reports:**

Alateen Sponsor Coordinator: Lea R.  
Alateen Coordinator: Anita S.  
Archives: Kathy G.

Bulletin: Truck S.  
Literature: Juan P.  
Website: Ben Popelar  
Cooperating w/Professional  
Community: Carolyn S.  
Institutions: Rodger P.  
Public Information: Tim P.

## **District Representatives' Reports**

Intergroup Liaisons' Reports  
Inland Empire: Beth G.  
Intergroupal Hispania: (L.A. County) – Patrick B.  
Los Angeles County: Kelly F.  
Orange County: Amo Q.  
San Diego County: Jeannine B.  
Ventura County: Cyndy P.

## **Ask It Basket – Q's & A's: Alternate Delegate**

## **Al-Anon related Announcements (only if time permits)**

**Closing time - 4:00 p.m.** - Close with Al-Anon Declaration

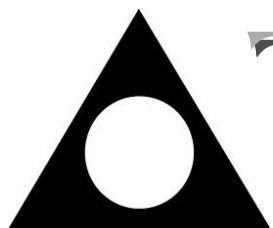
**Please help** clean up after and stack the grey chairs against the back wall and folding chairs in Craft Room.

### REMINDERS:

PLEASE LIMIT REPORTS to 2-3 minutes (does not apply to Officers)  
Submit printed report and e-mail report to the Minutes Secretary at Secretary@scws.al-anon.org and then e-mail a copy of the report to the Bulletin Editor at Bulletin@scws@al-anon.org.

DISCUSSION on a motion - please keep to 2-3 minutes at the mic; if your opinion has already been shared; please sit down to avoid repetition.

CELL PHONES: please turn them OFF or set to SILENT mode



# The Bulletin

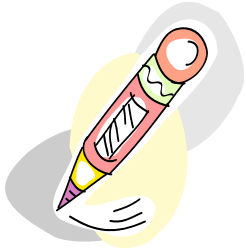
Al-Anon & Alateen

Southern California World Service

Volume 51

Number 1

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# Mark your Calendars!

**Southern California World service Area (SCWS) Events**  
**SCWS Web-site: <http://scws-al-anon.org>**

All SCWS meetings are held at the Fullerton Senior Service Center (See map page 36)

Please plan on attending for the duration of the meeting to take advantage of all the experience has to offer! - If you are unable to stay please bring your alternate with you.

## July

**July 18 Alateen Sponsors Workshop 10:00 AM to 2:00 PM**

**Church to the Chimes 14115 Magnolia Blvd.**

**Sherman Oaks, CA 91423**

**For more information, [www.scws-al-anon.org/calendar.php](http://www.scws-al-anon.org/calendar.php)**

**July 30 Garden Grove Men's Stag 41st Annual Birthday Celebration**

**Potluck 7:00 PM and Speakers Meeting 8:00PM Crystal Cathedral**

**13280 Chapman Ave Garden Grove, CA 92840**

**For more information, [www.scws-al-anon.org/calendar.php](http://www.scws-al-anon.org/calendar.php)**

**July 31 - August 2, 17th Annual Foothill Roundup - Attitude of Gratitude**

**A.A. Roundup with Al-Anon and Alateen Participation**

**Flintridge Preparatory, 4543 Crown Avenue, La Canada - Flintridge CA 91011**

**For more information, call Stephanie B (818) 427 1032,**

**Evette H. (626) 664 3542, or [www.scws-al-anon.org/calendar.php](http://www.scws-al-anon.org/calendar.php)**

## August

**August 1 & 2, Mountain AA Conference with Al-Anon Participation**

**Performing Arts Center, 39707 Big Bear Blvd., Big Bear Lake, CA**

**For more information visit [www.mountainaaconference.com](http://www.mountainaaconference.com)**

**August 15**

**SCWS Area Committee Meeting, 10 AM to 4 PM**

**Fullerton Senior Citizens' Center, 340 W. Commonwealth Ave, Fullerton, CA**

**August 15**

**Al-Anon Fundraiser for the SCV Convention of AA**

**4:30pm CHILI COOK-OFF,**

**6:30pm Guest Speakers! Larcine and Butch G from Torrance**

**8:00pm Winner of Chili Cook-Off**

**For more information, [http://scvaaconvention.org/Al-Anon\\_Chili\\_Cook-Off.htm](http://scvaaconvention.org/Al-Anon_Chili_Cook-Off.htm)**

The SCWS Bulletin is published 4 times a year. It's purpose is to provide information and announcements regarding Al-Anon/Alateen to members in Southern California. All groups with a registered GR (Group Representative) will receive one free copy.

**August 28, 29 & 30**

**42nd Annual AA District 22 Convention  
with Al-Anon Participation  
Veteran's Memorial Building  
San Luis Obispo, CA**

**Registration and more information at [www.rule62mb.com/cccoi\\_convention\\_09\\_flyer.html](http://www.rule62mb.com/cccoi_convention_09_flyer.html)**

## **October**

**October 16, 17 & 18**

**Santa Clarita Valley AA Convention with Al-Anon Participation  
Relax, Don't Struggle**

**For more information, visit the <http://scvaaconvention.org/Registration.html>**

**October 23, 24 & 25**

**Santa Barbara AA Convention with Al-Anon Participation  
Promise of Hope  
Santa Barbara / Goleta, CA**

**For more information, visit [www.sbaaconvention.org](http://www.sbaaconvention.org)**

**November 21**

**SCWS Area Assembly Meeting, 10 AM to 4 PM**

**Fullerton Senior Citizens' Center, 340 W. Commonwealth Ave, Fullerton, CA**

**Our next Committee meeting is on August 15th**

***How do I get there?***

**Plan A: Carpool with someone who knows!**

**Plan B: Drive to:**

Fullerton Senior Service Center

340 W. Commonwealth Ave. Fullerton

*Thomas Guide, pg 738, G7*

91 Riverside Fwy, exit Harbor Blvd. North

Pass Orangethorpe and Valencia, turn left onto Commonwealth.

**See Map on Page 36**

# Officer's Reports

**Delegate: Sandie E**

**Al-Anon Family Groups World Service Conference  
2009, Virginia Beach, Virginia**

**April 18 – 24, 2009**

The World Service Conference was an amazing experience for me from the first day to the last and I really want to convey to you what it was like being there and what it felt like to be a part of the largest group conscience in the world. You may think of this report as way too much but I want to give you a little of the “color” and then finish with the overview of what we addressed and accomplished.

**PRE-CONFERENCE:** I traveled on Wednesday, April 16, arriving in Norfolk late at night. I found my shuttle to the Wyndham Hotel in Virginia Beach and discovered I was sharing this transportation with Judy A., a Trustee at Large from Vancouver Island, British Columbia, Canada. She was a delightfully sweet lady who told me that her job was cook at a logging camp! She immediately made me at ease. It was stormy, cold and windy when we arrived at the hotel and I was so glad I came early because on Thursday, I stayed in, resting, having room service, and napping. My room was just off the beach on the first floor and I spent time watching the dolphins play in the waves. I was grateful to have this time to get adjusted and rested for what was to come.

On Friday, many of the delegates were arriving and it was time for the new Panel 49 delegates to register, put together our Conference notebooks and receive all our mail containing love gifts sent from home. I was really incredibly amazed when I saw the really huge stack of boxes addressed to me. We set the items out on tables around the hospitality room. As I set out the gifts, I found several meetings from our Area sent cards and notes of encouragement and support. Thanks to ALL the many districts in our Area for their generous donation of gifts made from love.

I was delighted to run into Barbara Older, formerly of Simi Valley, who went to work at the World Service Office (WSO) seven years ago. She took me on a circular tour around Virginia Beach showing me the neighborhoods, the Chesapeake Bay and its famous bridge/tunnel, and

around the Naval Air Station that is located close to the WSO. We went to a restaurant in the Marina to have delicious crab cakes and shrimp. It was great to catch up with Barbara who is now the Director of Group Services. She had recently returned from a trip to Turkey, carrying the message of Al-Anon and helping to set up the country's service structure. She attended the International Al-Anon General Services Meeting (IAGSM) in Helsinki, Finland last year. A few years ago, she was invited to attend a conference at the White House, meeting President and Mrs. Bush. Southern California's loss is certainly the World Service Office's (and the world's) gain.

**CONFERENCE STARTS:** The first day of the Conference started with the new delegates' orientation. We were given training and guidance by the Trustee Doreen D., who was the Conference Chairman. We met other Trustees, and international guests from Germany, Mexico, the UK and Italy. It was an incredible experience to meet so many people there for the same purpose from different backgrounds, locales, situations, etc.

After this meeting, I went into the main meeting room which was empty, which was still and empty. The room was set up classroom style in three sections with a dais in front of a large banner with the Al-Anon logo. I took a moment to soak that in—it was just a room. After lunch at the first big session, the room was full—full of love, excitement, anticipation, friends reuniting—full and alive.

## NOW THE HIGH POINTS:

The Conference theme was: “Embrace the Legacies: Our Spiritual Bridges to Expand the Future.”

The Conference goals were: Conference members will understand the purpose of the Conference, relationship within the structure and be able to articulate Conference decisions. The spiritual tone of the WSC will prevail by the demonstration of acceptable conduct by its members.

“Knowledge based decision making ...to reach an informed group conscience” is the expanded title of this method of conducting our meetings. Five questions asked before discussion is brought to the floor: 1. What do we know about our membership's needs, wants and preferences that is relevant to this discussion? 2. What do we know about our capacity (resources) and strategic posi-

tion of our fellowship that is relevant to this discussion? 3. What do we know about the current realities and evolving dynamics of our fellowship's environment that is relevant to this discussion? 4. What are the implications of our choices (pros and cons)? 5. What do we wish we knew but don't?

New Conference rule added to Mary's 10: "No side distractions". Illustration to come later. Hopefully, we can acquire this soon.

**PUBLIC INFORMATION:** A third in the series of 3 "Sketches" PSAs was shown. A copy will be given to Tim P. to show you at the next meeting. The Conference members gave input—some were upset because it shows full-face of actors (who are not Al-Anon members). Full face was used in order to show diversity: a dad, an Hispanic gay person, a black woman. There may be some revision due to Conference input.

WSO staff members went to India to assist with the formation of a trial national service structure. There are 80 meetings in India.

International guests, Hartmut from Germany, Nuala from the UK and Eire, Maria from Mexico and Nadia from Italy. Each is the General Secretary of the respective country's service structure. Each started one day saying the Serenity Prayer and sharing a part of their **story**.

Concept 7 says: The Trustees have legal rights while the rights of the conference are traditional. We gave traditional approval to the nominees for Regional and At-Large Trustees based on the Nominating Committee's recommendation. At the end of the Conference, the annual meeting of the Board of Trustees and they legally ratified those we had chosen. Karen R. from Arizona is our Regional Trustee.

The International Al-Anon General Services Meeting (IAGSM) was held in Helsinki Finland with 15 countries represented. In the world, there are 24,552 meetings in 130 countries.

**CONVENTION ANNOUNCEMENTS:** AA with Al-Anon Participation in San Antonio, Texas, July 1-4, 2010. The Al-Anon HQ Hotel is the Marriott River Center. The next Al-Anon International Convention is July 3-5, 2013 in Vancouver, British Columbia, Canada.

**The Forum:** The report from the Director of Communications responsible for the Forum, stated concerns about the drop in readership of *The Forum*. We are losing approx. 200 subscriptions per

month. In the 1980's there were 60,000 subscriptions—now there are only 19,000. How do we increase interest in *The Forum*? How do we keep it viable and relevant and vital? *The Forum* is self supporting in that money from subscriptions specifically goes to printing and shipping, none to preparation

**BEQUESTS:** We approved the procedure by which bequests which exceed the maximum allowed by last year's motion are to be handled. The previous maximum was 10% of the previous year's income. A bequest in this amount would be put into the General Fund. If an Al-Anon member chooses to leave AFG more than that, the amount over the max would be placed in a separate fund and used for projects that directly benefit the membership to be spent within 5 years.

**ALATEEN TRADITIONS:** It was discovered that the Traditions read in Alateen meetings had never been Conference Approved. A previous year's motion gave Conference Approval to the Alateen Traditions as printed in the Service Manual. Research into this showed that the Al-Anon Charter needed to be revised so that the Alateen Traditions would be afforded the same status and protection as the 12 Steps, 12 Traditions and 12 Concepts, in that any change in the wording would require a 3/4 vote by all the world's groups.

**ALATEEN ON-LINE MEETINGS (CHAT ROOMS):** This very exciting new development was shared with a live demonstration of an Alateen chat room (Meeting) that may even be up by the end of May. It is accessible through the Members' Website, will be secure, password protected and moderated by two registered Al-Anon members involved in Alateen Service. The bugs are now being worked out but this new project has very far-reaching facets that I believe will be very popular with the Alateens. More information will be coming soon.

**TOUR OF THE WORLD SERVICE OFFICE:** We toured the WSO on Wednesday and got to meet all of the WSO staff, most of whom I had spoken to on the phone but never met. I was profoundly touched by the property with serene water running through (Ric says it's a drainage ditch) but looks serene nevertheless. The building and its architecture repeats the theme of our triangle and circle logo throughout. Lit atrium in entrance forms the Al-Anon logo and can be seen from the air. We were able to purchase postcards

of the building which some of you received. When I showed it to a newcomer that I sponsor, she said, "This is home. This makes it real. This is beautiful. We are worthy to have a building such as this rather than a small rented office somewhere." I agree that it represents a tangible, permanent home for Al-Anon Family Groups.

Three "**CHOSEN AGENDA ITEMS**" were discussed. 1. Attraction vs. Promotion, 2. Division/Consolidation of Areas, and 3. Positive/spiritual approach to unhealthy meetings. I spoke at the mic on the last two issues as they relate to our Area experience sharing that the Areas of CA (S) and CA(N) are both too large in distance and as they relate to our Area experience sharing that the Areas of CA(S) and CA(N) are both too large in distance and travel through horrendous traffic to effectively serve and represent its membership. Last year, Mary, our delegate, submitted a petition requesting permission from the Conference for California to create a third, central Area out of the two that exist. It was decided to continue the conversation this year and assign a Task Force (of which I am a member) and do more research on the situation. On the third item, unhealthy groups, I also went to the mic to remind Conference members that the problem of high-pressure groups still exists all over the country. My suggestion for a spiritual approach to them was to not forget that they exist, call them by name and give love and welcome to the members when they leave such groups.

**LITERATURE:** There are no plans to produce a new piece of literature this year. However, the *Service Manual* is due for revision and probably will come out next year. They are working on a book of Al-Anon history which is planned for release at the 60<sup>th</sup> Anniversary of Al-Anon. Encourage members to read the literature. Be sure only Conference Approved literature is used in meetings. It violates Traditions to read the Big Book of AA in meetings, however a member may read anything they wish, but do not bring non-CAL into a meeting. Did you know that the majority of WSO's income comes from literature sales, not member and group contributions. Also, sadly, E-Cal never really got off the ground and so it will be discontinued.

I ask God to help keep me on the course  
that will change my life for the better  
ODAT pg 339

**PROPERTY OWNERSHIP:** The discussion about the efficacy property ownership will be started in 2010. The report of the chairman of the Executive Committee for Real Property Management (ECRPM) spoke about the 15-year trial period for owning property from 1994 Conference. She summarized—IMPACT: Financially good. Tax-exempt status of the corporation made better financing available. FINANCE: There has been a savings of \$250,000 per year compared to renting space. NEGATIVE IMPACT: There is no negative impact. The building belongs to the corporation, Al-Anon Family Groups HQ, Inc., not the fellowship. The ECRPM operates separately from the work of the fellowship. There is a \$75,000 balance on the property/building.

FINANCIAL REPORT: (see attached)

GROUP RECORDS AND STATISTICS: It is very important to keep the Current Mailing Address (CMA) updated as all WSO mail to a group is sent to that person. Sometimes the person may leave the group and mail is still sent to them and the group never gets it. This adds to the expenses of WSO. It is very important to be sure your group is verifying the CMA especially because we are expecting a revision of the *Service Manual* next year. Some interesting statistics about our worldwide meetings—there are currently 12,969 Al-Anon and 963 Alateen meetings in the US. Canada has 1,386 Al-Anon and 75 Alateen meetings. Overseas Al-Anon meetings mount to 8,332 while there are 714 Alateen meetings.

INSTITUTIONS: There are only 16 areas that have an Institutions Coordinator.

BIG EVENT: T: Together E: Empowering A: Al-Anon M: Members: This is the program the Trustees have come up with to replace the Regional Service Seminar (RSS). Each area or areas or regions can get together to produce a

day of Al-Anon Service set up anyway we want where WSO staff and Trustees will come out at WSO expense to provide workshops for our membership. There is an application procedure to follow and many details to work out, so Jayme will be appointing a Thought Force to review all the information and come up with some ideas as to how we fit into this opportunity. I put out feelers to CA(N) and they didn't seem to be interested in

a joint California project.

In closing, I want to tell you that there was a moment when I thought I wouldn't be able to keep my commitment. I was trying to get my head around the recommended procedures for preparing this report and I was staying up way too late at the computer each night before going to bed after a FULL day and evening of meetings and trying to soak in tons of information. I hit a wall, spiritually, mentally, physically, and, I'm sure, many other ways. I prayed for help and then put everything aside and went to sleep. The next morning I felt refreshed and was able to maintain the energy I needed for the rest of the week and well beyond the Conference to my week with my daughter and grandchildren in New Orleans on the way back.

The most important thing I want to share with you is that the Conference in every way acted with the interests and welfare of the Worldwide Fellowship of Al-Anon in mind with unanimity. The 1<sup>st</sup> Tradition was exercised in its finest way here. I was impressed with the fairness and openness of the Board of Trustees, the intention of each delegate to do the right thing and the patience when listening to everyone's views. I definitely felt "one among many" and was made to feel worthy to be a part of this amazing meeting. I thank you for this honor.

I want to thank the SCWS Board members for their gift of a beautiful spring bouquet which graced my room; thank all the districts and individuals who sent love gifts. They were extremely well received by the other delegates as they scooped up souvenirs to take home. Thank you to those of you who sent personal notes of encouragement to me. I slipped each one in random places in my notebook and received a real lift as I found them as we covered the contents of the book.

I have visited three districts so far, 33, 42 and 75, and thank you for the invitations. I would like to remind you that I'd like to visit every district each of my 3 years in order to have personal contact with you. Please invite me.

I am sincerely grateful to be your Delegate.

**Love in Service,**

**Sandie E, Panel 49, CA(S)**

(49 Shines is the slogan we chose for ourselves to follow us through the 3 years).

## MISSION STATEMENT

- To fairly represent Southern California Al-Anon at the World Service Conference, clearly and without my personal opinion influencing my presentation
- To fairly represent Al-Anon World Services to Southern California
- To exemplify the intended nature of "Trusted Servant" in thoughts, words, actions and attitudes through guidance from a loving Higher Power
- To carry the message of hope and recovery
- To always convey the importance of our place in World Services as it relates to each group, district, our area and myself
- To place into perspective the wide range of Al-Anon membership around the world with that of Southern California and to focus on gratitude for our bountiful meetings and resources
- To portray service to Al-Anon as honorable activity, which is an enjoyable and educational endeavor, with personal curiosity and enthusiasm.
- To be positive in sharing that all facets of Al-Anon are spiritual and that we all, personally, must protect its principles
- To be organized, dedicated and excited about this service and to listen and be responsive and accessible
- To be open to and listen carefully to another's point of view
- To be open to and supportive of the vision for Al-Anon and be a creative part of its legacy
- Start my day in prayer and reflection and show gratitude to my Higher Power and stay respectfully on this path of service, upon which I have been directed

**Sandie E**

**Delegate, California South**

**Panel 49 (Forty-nine Shines)**

## Immediate Past Delegate: Mary M

Hello everyone, this has been a great year for SCWS so far and I am so glad to be a part of our Area.

I would like to welcome all new GRs today and hope that you took the opportunity to get here early enough to be in the GR Orientation Meeting with David. What a great way to answer any questions you might have!

As I did at the Committee Meeting in February, we'll see how all of you remember the "Rules", will ask 10 of you new GRs to come up here and we will quiz the rest of the Assembly. I really enjoy doing this and hope it helps you all to participate in our meeting. If anyone would like a copy of these I can email to you in a PowerPoint file.

I would like to thank the Assembly for letting me have the privilege of attending PRAASA (Pacific Regional A.A. Service Assembly) in Oakland and also the SWRDM (Southwest Regional Delegates Meeting) in Grand Junction, Co.

PRAASA does not seem to merit attendance by so many of us, perhaps in the future we can send a person or two but certainly not 4 or 5 of us. I believe that attending other Areas' Assemblies and/or Committee Meetings will be more informational than PRAASA, also more participation at the H & I Conference..

While at SWRDM other Delegates and members of our Southwest Region were really glad that some of us had attended their Area meetings not only was it helpful for them it gave us new insight into other areas of service that we might use or different ways of conducting our Area's meetings. This SWRDM was one of the best that I have attended and the discussions were great, I was given an Ask It Basket question on pyramid sponsorship and shared with that group as I had to the World Service Conference in 2006 how grateful we are in our Area to have a better opportunity to discuss this issue and have the awareness to pass it on to others, I mentioned this could be found in our new bookmark on Sponsorship and also the many letters that the World Service Office had received, some of which were published in the Forum. We must continue to pass this on, the importance of what sponsorship is and what it is not. I mentioned that many of our Districts had put on Sponsorship Workshops and how helpful and well attended these had been. Once again, we were able to share how well KBDM (Knowledge Based Decision Making) has worked in our Area. Thanks again for the opportunity to represent our Area.

One of the new things that your Board has decided to try today is rather than have Action Committee Meetings we are going to break up into groups and discuss some of the "Hot Topics" pertinent to all of us. Your feedback on these ses-

sions will help all of us decide whether to continue with Action Committees or to perhaps break into "Hot Topic" groups. The Committee Meeting in February decided to have the following "Hot Topics":

How do we give a report?

Public Outreach – where do we spend funds, etc.

Service Manual - How to use it

We plan to have several other exciting topics, one of which the Committee wanted was how to have the Bulletin presented (by mail, by email, printed vs. not printed, etc) This will be on the next agenda as our Bulletin Editor and Webmaster could not be here today.

After this session we will vote on whether to keep Action Committees or whether you feel that Hot Topic Sessions would be more beneficial.

***Yours in Service,***

***Mary M, Panel 46***

### **Chair: Jayme P**

I was so excited about chairing my first Assembly Meeting in May and also serving you the fellowship that I could barely sleep the night before. I must have thought of one hundred different things to say and how to say it. At some point during the night my Higher Power was finally able to take control. He reminded me that God doesn't call the qualified He qualifies the called. From that moment on I was able to rest and I felt assured that my Higher Power was finally in charge again!

The day began on time and I was happy to welcome the new GRs, DRs and the past Delegates. I am forever grateful that the past Delegates continue to be involved and serve in California South Area 4. We need their experience, strength and hope. The new GRs attended an orientation given by our Alternate Delegate, David B. There were quite a few and hopefully they were all more aware of their commitment after the day was over.

The day was exciting and energizing! First we were able to listen to Sandie E., our Delegate give her report from the WSO Conference. She had just returned from Virginia Beach. It was interesting and so informative.

Another reason the day was so successful was because we started something new. At the Committee Meeting in February an Ad Hoc Committee was assigned to look into different approaches to

provide information to all of you. This new approach would be in place of the Action Committees and would be called Hot Topics. This new method of communication was presented at the Assembly during the time that is usually allocated for the Action Committees. Members broke up into small groups to share in the discussion that interested them. Interestingly the three groups were almost evenly divided.

The three Hot Topics discussed were (1) Service Manual or Where The Heck Do You Find It, (2) How to do Public Outreach to a Professional and Hospitals and Institutions (H & I), (3) How does a GR give a report to their meeting?

Today is my special gift from God. How will I use it? The less I let others affect it, the more serene and satisfying it will be for me.

ODAT pg 302

It was agreed unanimously that everyone was very happy with the results of the Hot Topics sessions and we look forward to many more Hot Topics subjects to come. Don't forget to let your DR know at your District Meetings what Hot Topic you would like to see discussed.

The day progressed with all reports given in a timely manner and we were even able to get to some of the Ask It Basket questions.

Don't forget to get involved and see if your District can win the Forum challenge!

I remain a very grateful member of the World Wide Fellowship of the Al-Anon Family Groups and a very humble Chairman of California South, Area 4.

I thank God for helping me find Al-Anon and I thank Al-Anon for helping me find my God.

*Love in service,  
Jayme P, Chairman  
Panel 49 SHJNES.*

### **Treasurer: Heidi T**

Welcome to the May Assembly and what a pleasure it has been to serve as your area treasurer. Over these last few months, I have had the pleasure of speaking with many of your meetings treasurer's in regards to a myriad of questions in regards to contribution distribution, percentage amounts to distribute and where exactly to make the contributions.

There are plenty of Mileage Reimbursement forms along with Expense Reimbursement forms which are up on the steps of the stage. New Group Contribution forms have been made too. Please

take several copies and pass this form on to your groups. As your Area Treasurer, it would be helpful to me if you as the group representative could be sure that your meeting has the most recent copy of the Group Contribution form and that your group treasurer's are aware of not only what the group's identification number is but that the Group Contribution form is submitted with the groups contribution. Please remind your group treasurer's that SCWS no longer has separate group id's then those from the WSO (World Service Office). I am

also discovering that many of your groups have registered with World Service Office, but have not registered with Southern California

World Service. Please be sure that your group has a listing with our group records secretary by making sure your meeting is listed on those reports that Kathi has generated. To register your group with SCWS, Kathi will be happy to provide you with the correct forms. When a group is not easily identified because I do not have their group identification in the report I receive from Kathi, I have to contact the group treasurer for additional information about the group and this causes a delay in the processing of that groups contributions. I am also looking for a volunteer who can assist me in converting my English language correspondence into Spanish so that I can better communicate with those group treasurer's too.

For each group contribution that I receive and that gets processed, a receipt is generated and mailed to either the group address or the group treasurer. There a number of checks coming to SCWS that are made out to either Al-Anon Family Groups of Southern California, Inc. or AFG, Inc. These checks are being forward to Los Angeles County Central Office and the World Service Office. All checks for group contributions to Southern California World Service are to be made out to SCWS. There are a number of checks that I do end up returning because they are made out incorrectly and our bank will not accept them. Please do not add a person's name i.e. Suzanne or Tom or Christy to the SCWS as this makes the checks difficult to deposit as well. When checks are forwarded to another service arm from me, I also let the group treasurer know that the contribution has been forwarded.

My project for this term is to be of service to the group treasurers by attempting to be a central contact for information in how to better assist groups in making their contributions to the various service arms. What I would like to receive from each district and intergroup is to whom and where meetings are supposed to send contributions to. Please provide me with either a list or a form that your district uses for the purposes of receiving group contributions. Please include any extra information in regards to additional contributions your districts attempt to collect, i.e. District 9 has a special fund for their Al-Anon Phone line. For several of the groups, I have already sent the group treasurer's a complete detailed form on what service arms get contributions from the groups, to whom the check is made out to and where to send the contributions. So far the feed back on this form has been great. It would also be a great assistance to me when group treasurer's do call me about where do they send their district contributions to.

Overall, group contributions are slightly down from last year for the first quarter, by \$402.82. However the overall income from the first quarter of this year is up by \$1,401.90. The SOS alone was a net income of \$2,654.00. Compared to last year's income for the SOS of \$817.00. Also, the 7th tradition collected from the Committee Meeting in February was a total of \$82.00, as compared to the 7th tradition collection from the Committee Meeting in February 2008, which was only \$49.50. Just a reminder to all the group representatives that your groups should be reimbursing you for your 7th tradition contributions to the Assembly. For the district representatives, the district should reimburse your 7th tradition contribution.

The overall loss for the first quarter was \$314.66. The loss is a result of all the functions that need to be funded during the first quarter of every year and include Sharing of Service (SOS), SWDRM (South West Delegates Regional Meeting) and PRAASA (Pacific Regional AA Service Assembly). Most of the expenses were distributed in previous months and were expensed in the month that they occurred. Therefore, when we paid for the various travel arrangements and registrations to these events in months prior to the event, there was very little affect on the actual bank account. The loss on the Profit and Loss statement is not a reflection of the balance in our

operating account. We also continue to maintain our prudent reserve amount of \$25,000.00.

The total of co-ordinator's expenses for the first quarter of 2009 was \$3,570.40 and includes a total of \$1,378.97 from the prior year as carry over. The total expense for the Officer's was \$3,438.10 that includes an expense of \$57.59 from the prior year. The total expense from District Representatives and Group Representatives was \$333.60, which was all mileage for the February Committee Meeting.

As for the current balances as of March 31, 2009:

The operating account had a beginning balance of \$10,866.50. There were 9 checks that were cleared on the March bank statement for a total of \$ 411.83 and 5 deposits that were cleared on the bank statement for a total of \$ 5,147.49 leaving a bank statement cleared balance of \$15,602.16 There are an additional 19 checks that were written in March or before that did not clear for a total of \$3,543.15 and one deposit made in March that did not clear the bank statement because it was made on Marc 31, 2009 for a total of \$839.73. Leaving a register balance of \$12,898.74.

CD account ending 00624 had a beginning balance of \$5,677.05. The interest earned for March was \$13.08. Leaving a register and cleared balance of \$5,690.13.

CD account ending in 01222 had a beginning balance of \$5,724.30. The interest earned for March was \$12.02. Leaving a register and cleared balance of \$5,736.32.

CD account ending in 00560 had a beginning balance of \$13,578.76. The interest earned for March was \$12.31. Leaving a register and cleared balance of \$13,591.07.

As far as meeting our budget, we are on target at about 25% of balances for both income and expense. A copy of the budget and those income and expenses already met will be printed in the Bulletin.

Our Unrestricted Assets, which is what profits are called for non profit corporations, for 2008 was \$4,326.45. Therefore, my recommendation for a contribution to be made to World Service for 2008 is \$4,326.45.

Lastly, the new translation equipment has been purchased and has shipped as of yesterday. Juan did an incredible job of finding new equipment at

below the budgeted cost of \$5,000.00. The total cost of the new equipment was \$4,437.00. The total cost to SCWS will be \$2,937.00 after reimbursement by District 64. The shipping on the order was free too. I do have to make an amends to District 64 that the equipment is so late in coming because I forgot that I was responsible for placing the order after our Board Meeting a few weeks ago. There has been a lot going on in my personal life, which is not an excuse just a truth in regards to my own finances and changing jobs, that I completely forgot about the purchase until someone mentioned it to me on Wednesday at dinner.

Thank you, once again, for allowing me to be of service to the Area. My hope is that I represent to you the most comprehensive and detailed financials what SCWS does overall. If you should have any questions and/or comments, please feel free to contact me at any time. My e-mail address is treasurer@scws-al-anon.com.

*Respectfully submitted;*

*Heidi T*

## Coordinator's Reports

### Archives

Hello SCWS...

How are your archives? I am excited to have gotten most of SCWS archives. I see papers and items dating back to the early 60's. It is all so exciting! I expect to find many things to share with you whether it is in the bulletin or online. I will have emailed all D.R.s by the time you read this to get emails/names of the Archive person in your District. I had heard not all Districts have archives and that just may be no person and no formal materials put in order. What everyone does have are meetings and long timers in various numbers. World Service provides a form for meetings to use to gather facts to begin or grow their Districts archives. I will send along that form via Email to the D.R.s or Archive person when I get their address. It is never too late to meet the members in your meetings who came before you and in many cases those members who opened your meetings doors a long, long time ago! Let's get their message of hope!

I expect many of the Districts to have long timer events, Alathons or another number of events in which they might want to use the

"Traveling Archives". To see if they are available for your event, send me an email via the SCWS site. We can set up a date to pick them up and if my schedule is open, I will try to attend to pick them up. We want to keep it all simple in the giving and receiving of them. Just reminding all who use them to treat them as the fine collectables that they are in our Al-Anon family.

*Thank you for letting me be of service,*

*Kathy G*

### Alateen Sponsor Coordinator

As of April 7, 2009, we have 80 fully qualified and certified meetings in our area. We have 502 certified sponsors. We also have 4-5 meetings pending registration and 12 or so sponsors awaiting certification numbers. We still have meetings with uncertified sponsors. I have received many calls from sponsors and DRs asking questions. This is a good thing. It means we have continuing interest in making our Alateen program healthy.

I invite you to contact me to set up dates for sponsor workshops. I know it is hard for us to get together here so I have been arranging local workshops. We have tentatively set one for June 20 in the San Diego area and one in the Valley in July. Rick Swanson, District 39, holds one every other month at the Colton Office so contact him for information on that.

The most questions I get are about how to become a sponsor so I've got a little acronym for you:

If you want to SOAR as an Alateen sponsor:

*Sponsorship:* Talk to your sponsor and other Alateen sponsors about your desire. Attend a workshop.

*Observe:* Ask to sit in on an Alateen meeting to see what really goes on

*Application:* download an application from the web, complete it, have your DR or Alateen Coordinator sign it and turn it in to me

*Read:* Read our manual, the Guidelines published by the WSO to find out the answers to your questions.

All of the behavioral and certification requirements are listed in the Application covering sponsor requirements and requirements and expectations regarding meetings and events including issues concerning number of sponsors required, AA members, ethical conduct, adherence to the laws of the land, parental permission, and medical care

consents.

The process for certification is set out in detail also including information concerning background checks, removal of sponsors, insurance, recertification, and the duties of Alateen Liaisons.

Our book, "Alateen Sponsorship, An Unforgettable Adventure" is available on the Web through Amazon, Half.com and other used book sources. There is a book mark available that shows the

changes you need to be advised of concerning the new guidelines. I have

brought copies of the book mark and they are on display with the flyers.

Briefly, information from the manual concerning Alateen Coordinators can be found on Page 151: Duties and

Page 34: starting an Alateen group; about Alateen meetings; general information on registration and certification.

All forms are available on our website scws-alanon.org.

**Lea R**

## Bulletin

We also publish the bulletin on the Southern California World Service web site. The major difference between the printed version and the web version is we don't publish phone numbers or individual emails in the web version.

The bulletin continues to change as I become more familiar with the routine and the program. As always let me know what you do and don't like and any corrections needed for the next issue.

**Love in Imperfect Service**

**Truck S**

## CPC - Public Outreach

Our Public Outreach "Hot topics" session at Saturday's SCWS May 2009 Assembly energized Al-Anon GR's, DR's, and other service members to give the professional community access to Al-Anon's role in recovery from Alcoholism. We mentioned venues for meeting and distributing information to professionals through institutions, schools, professional fairs (such as a social workers fair) professional panels, lawyers, judges (drug courts), church ministerial staff, speaking to school counselors, and nurses.

The most useful handout tool for professionals

Today I will observe how I react and what I am tempted to say or do..

ODAT pg 350

to read and handout to their clients/ patients is **AL-ANON FACES ALCOHOLISM. YES, it's time to order the 2010 edition!!! The order is due by Wednesday, July 8<sup>th</sup>, %pm EDT.** Order forms can be found on-line, it can be ordered on-line, or by mail. Your local service center, DR, and the FORUM will have order forms as well. We encourage Districts, Intergroups, and each meeting to order this **quintessential Public Outreach tool.**

Mental health professionals, additionally, like Detachment S-19, Professional Referral Pad M-77, Just For

Today M-10 or M12, Alateen Just for Today M-11 or M-13,, Alateen Do's and Don'ts. They're great for someone in crisis and inexpensive.

**SCWS has three Public Outreach Coordinators because our most essential service is to attract new members in need of our fellowship.**

CPC, naturally, integrates with PI, Public Information, and Institutions Outreach.

CPC sources are Al-Anon Guidelines 38 and 29. More resources are G-1, G-9, and G-10. Best of all is P-90 "The Best of Public Outreach." Use the CAL Catalog S-15, for the pictures, and the CAL order form S-16 (SS-16 Spanish) as a tool to select helpful materials for particular professionals. Some outreach pamphlets are free. I look forward to working with Districts and Intergroups to increase the knowledge our fellowship and its services to professionals.

**Love in Service,**

**Carolyn S**

## Institutions

Thanks to all for a fun and productive assembly. Our "Hot Topic" session was red hot. Not nearly enough time and so much enthusiasm. I'm contacting all of you who filled out my retro pink flyers and the list from the 'ht' session. Keep me posted with any info or interest in the Institutions area of your district. Info on existing panels or desire in setting one up call me at (661) 904-9540 or email: scvchiro@yahoo.com.

**Thanks**

**Rodger R.**

## PI - Public Information

Since assuming duties as the Public Information Coordinator, I have located both of our Table Top displays and have one in my possession. I

have opened a UPS account to make it easy to ship the displays. I delivered one to a Hollywood Children's Health Fair at which District 27 participated April 18.

I have now shipped a display off to Beatriz Verdugo, Public Information coordinator for the Riverside district, who will use it for the White Bison "Journey of Forgiveness" on May 26 at the Sherman Indian School in Riverside. White Bison is an organization that works to prevent substance abuse among Native Americans.

I have communicated with our District Reps on two occasions. First, I reported on the Public Outreach E-Community meeting, a national conference call which had more than 40 participants. For the first time in many years, the number of Al-Anon meetings actually increased last year. Spanish language groups represent more than half of the 150 new meetings.

World Service recommends that each District have its own Public Outreach Coordinator. They have a simple definition of Public Outreach: Members talking to people about Al-Anon who don't know about it.

I also notified District Representatives that Al-Anon was mentioned nationally in the Dear Abby column on April 19.

Please notify me at 323 462 4746 or e-mail me at [timpaulson@economist.com](mailto:timpaulson@economist.com) if you need one of the table top displays for a public function. I'd also be happy to meet with districts or brainstorm over the phone to develop public outreach ideas.

**Tim P**

## Records

Good morning, it is wonderful to be involved with Southern California World Service once again. I am currently using Excel 2007 to maintain the SCWS group records database. As you may have heard or read, after assuming this position I discovered I didn't currently possess the software we had been using, and when I purchased a newer version of that software the data wouldn't transfer. But with help from Cathy Watson, our former Minutes Secretary, we will get it worked out.

In the meantime I am comparing our records with those of WSO, which is a long process, but an advantageous one I think. The biggest thing is that WSO is mainly concerned with Current Mailing Address (CMA) and we are mainly concerned

with GR's. So, unless I am told otherwise, when you update your GR's I will automatically make them the CMA for the meeting. You will have to note a separate CMA on the form, or a note to leave the current CMA, when you update your GRs.

The other big news is that since WSO has set it up so I can update your group information with them at the same time as I update our records; WE NOW HAVE ONLY ONE form to be submitted to me only. You can email it to me ([kathilau2@aol.com](mailto:kathilau2@aol.com)) or you can mail the form to the address indicated on the bottom of the form. Currently our automated form on the SCWS website does not seem to be working as I know a few people have submitted forms but I have not received them. I will work on that with our website coordinator in the next few weeks.

Also, please know that WSO will not process a CMA without that person's last name. This is something to consider when deciding whether you are willing to be the CMA for your group.

Do you know your group's name? It's something you might want to research. It's amazing how few group names match between what WSO says and what we say. I am currently changing ours to match WSO. If you want something different after reviewing the data your DR has please submit a change form to change your group's name. Recently the WSO has been adding an AFG to the end of a group's name.

**Kathi L**

## Website

The new email addresses were not published in the last Bulletin as I indicated they would be. We tried to keep the email names short, sweet and meaningful; however, on some of the email names I chose short and sweet over meaningful. The table below lists the email addresses to use to contact each of the board members.

The website has not been hit with any spam since I changed the Blog so that only registered users can post comments to a topic. I still need to update the Blog software to a current version, but at least we don't have to wade through jewelry ads and other spam to find a current posting.

If you would like an Al-Anon related event listed on the Calendar page of the website, please email your request, and any associated flyers, to [listevent@scws-al-anon.org](mailto:listevent@scws-al-anon.org).

Position	Email Address
Alateen Sponsor Coordinator	alateen@scws-al-anon.org
Alternate Delegate	altdelegate@scws-al-anon.org
Archives	archives@scws-al-anon.org
Bulletin Editor	bulletin@scws-al-anon.org
Chairperson	chairperson@scws-al-anon.org
Cooperating with Professional Community	cpc@scws-al-anon.org
Delegate	delegate@scws-al-anon.org
Forum	forum@scws-al-anon.org
Group Records Coordinator	grouprecords@scws-al-anon.org
Hospitals & Institutions	institutions@scws-al-anon.org
Literature	literature@scws-al-anon.org
Past Delegate	pastdelegate@scws-al-anon.org
Public Information	pi@scws-al-anon.org
Secretary	secretary@scws-al-anon.org
Treasurer	treasurer@scws-al-anon.org
Website	webmaster@scws-al-anon.org

As always, if you notice something that is not working on the website or have any questions concerning the website, please contact me at webmaster@scws-al-anon.org.

***Love in Service,  
Ben P***

## ***Intergroup Liaisons***

### ***Inland Empire***

We had our last Intergroup Meeting on May 2<sup>nd</sup>. Our Service Center Manager resigned; however, our paid employee was invited to the meeting to make a report until we can get another Center Manager. Also, there was an IR at the meeting who expressed interest in taking on the Serenity Sheet Editor job, which Jay has been doing until someone else was interested. The Center is currently solvent, but we did take money from our prudent reserve not too long ago, and if we continue at the same rate we will be \$4,000.00 in the red by the end of the year.

So that led to a discussion about fund raising. One idea we had was to put together a cook-book that we could sell at conventions and other Al-Anon functions. We also presented a fund raising idea that we needed the Board's approval on. We want to hold a fundraiser in District 36; since I am the District Rep for District 36, the communication between our District and the Service Center is good. We want to have a Speaker Meeting with a spiritual theme, and also serve coffee and snacks.

The Service Board needed to vote to allow us to use the Service Center insurance, which they did, and they also graciously voted to front us some money so we can rent the facility, etc. So we are also currently working on that.

I have information on panels at Kaiser in Fontana; if you are interested please see me after the meeting for contact information.

At every Assembly meeting I go to I bring the Serenity Sheet in case any one here wants to subscribe to it. At the suggestion of our Service Board Chair, I have also been bringing copies of the subscription form for the Bulletin, in the hopes that will help to boost subscriptions and interest in World Service Activities.

***Love in Service.  
Beth G***

### ***Los Angeles***

Hi from the L. A. service board.

In 2008 we started working on our Central Office. We now have a new phone system. We have painted, replaced the carpet, and installed new cabinets. We will continue, with upgrading the bathroom, and purchasing furniture for the front area.

Oscar, our new Chairman is doing a great job, and we have a hard working Board.

***Love and Service  
Betty B***

# District Reports

## District 9 Report

Some of the highlights we've covered in the last few months include:

Alateen and Pre-Alateens – Currently, we have collected over \$3,000 in funds to send the Alateens to SCAC. Our newly established Pre-Alateen meeting is going strong with approximately 12 to 15 children attending weekly.

Public Outreach – Our coordinator, along with several volunteers, distributed literature at the Community Outreach Fair in Santa Clarita on May 4. She made contact with several groups and will be taking literature to them.

One of our GRs from the Antelope Valley has committed to speak and bring Al-Anon and Alateen literature on a regular basis to a girls' detention camp located in our district. There's a constant turnover in this facility which has about 50 girls who come from all parts of the Los Angeles area. We're hoping some of them will hear the message of Al-Anon and Alateen to help improve their lives.

The GRs were asked to bring the "Dear Abby Item" back to their meetings. This information was received in an e-mailed to the DRs, from WSO. It pertains to an item giving Al-Anon information which appeared on the Internet on April 19<sup>th</sup>, and in many local newspapers.

### Guest Speakers

Our Delegate, Sandie, has been contacted, and hopefully will be speaking at our August 1st district meeting.

The speaker at the Antelope Valley AA Round-up with Al-Anon participation will be Willie Williams. The Round-up is on June 27, 2009 at the Antelope Valley Inn. We hope you will come and give him your support.

### Miscellaneous

We distributed the WSO workshop(s) format on "Alcoholism and Loss" to our GRs for possible use at one of our conventions and other related events.

As requested by WSO, we took on "A New Literature Project" using the meeting topic *acceptance* at our last District meeting. Questions were based on the book: "In All Our Affairs"

Our district donated a "Serenity Hike in Yosemite" basket for the AFG Convention that was

held in April.

*Respectfully submitted,*  
**Willie M**

## District 12

The GRS and I are having a blast at our meetings. We have been working out of the service manual for the past few meetings. Calling them workshops we have gone over Group representatives. What is a GR and what is not a GR. Also the difference between District and Intergroup. The last meeting we discussed group meeting structure and group problems. I tell you the participation and knowledge that comes of these workshops are not only informative but freeing. We truly are not alone as long as we talk about what's going on. In this case what is going on in our meetings. And yes the service manual does have the answers. These workshops start the first hour and the second hour we do business. The feed back has been awesome.

The Forum subscription drive David has challenged us. GRs are already on board and being of service. I had know idea that being part of District 12 and SCWS could be so incredible

*Thanks for letting me be of service*  
**Mike M**

## District 21

First, we are really pleased to see that out of the 24 Al-Anon meetings and 1 Alateen meeting in our district, we have 15 GRs (and one Alternate GR)! We're continuing to make contact with the remaining meetings and educating our members about why having a GR is important for the meetings. Organizationally, we are finding that having one WSO number for each meeting is simplifying the process for treasurers, who can now accurately identify their meetings' contributions to WSO and SCWS (in addition to District and Central Office contributions).

Second, Lea R., our enthusiastic Alateen Coordinator, initiated the idea of holding an Alateen Workshop for our area, because our district has only one active meeting. The San Fernando Valley is a large area and although we're only part of it, we know that there must be teens in our district who would benefit from having more Alateen meetings available to them. So, Saturday, July 18, we will be holding an Alateen Workshop in Sherman Oaks. John K. will share his experience,

strength, and hope with the attendees. We'll let you know how it all turns out in the next Bulletin.

Third, we ordered 450 copies of the September "outreach to professionals" issue of the *Forum* magazine so that our members can distribute them to doctor's offices, mental health care workers and other professionals in our district. In addition, we're going to revisit the libraries in our district to which we distributed books 6 years ago and restock any missing books.

Next, we're organizing a list of members who are interested in participating in panels at hospitals and institutions in the area. The list is getting quite long; it's exciting to see so many members eager to be of service in this way. We've been in touch with someone who conducts mandatory classes for people who have been arrested for DUIs; the instructor thinks it's important for the participants to hear the Al-Anon message!

Our district rep's are feeling re-energized and enthusiastic about letting our community know about Al-Anon. We're learning from the experience of other districts, and we're committed to generating new ways of reaching out to those who still suffer.

*In loving service,*

**Tina S. (DR) and Donna E. (Alternate DR)**

### **District 27:**

Our April Health Fair and our Al-Anon volunteers were a resource to many newcomers, especially those believing they were there for someone else. We are in full gear for our upcoming Alathon in October. I am also pleased to report we have several new and enthusiastic GRs! Thanks guys!

**Paula K**

### **District 33**

**Baldwin Park, Covina, Diamond Bar, Glendora, La Puente, Monrovia, and West Covina (East San Gabriel Valley)**

District 33 has been very busy starting with a new service board in January, developing a new website, visiting meetings and recruiting GRs, collecting contributions for SCAC, planning our Alathon for June, and also planning a Sponsor/Sponsee Workshop in July. In addition, Sandie E, our Area 4 delegate, spoke at our April District 33 meeting. She is a fantastic speaker and very inspiring. She is amazing!! Some of our board

members contributed "love gifts" for Sandie to distribute at the 2009 Conference in Virginia Beach.

We have a very enthusiastic board with a goal to have a GR for every meeting in our district. We have 24 meetings in our district and are currently at 75% and growing. Meetings in our area are strong.

We are excited about our new website which you can visit at [www.al-anonesgv.org](http://www.al-anonesgv.org). If you visit the website, you will find lots of information including the service board and messages, news and events, meetings, past newsletters, links to other websites, Alateen news, and a discussion blog.

Our District 33 Alathon is close approaching to be held on June 20 from 8:30 a.m. to 6:00 p.m. at the Hope Lutheran Church in Glendora on the corner of Foothill Blvd. and Loraine Avenue. We have planned a fun day of speakers, participation meetings, entertainment, breakfast and lunch, raffle baskets, and archives. Our Sponsor/Sponsee workshop is scheduled at the same location on July 25 from 6:30 to 9:30 p.m.

We will be studying the Service Manual at upcoming district meetings, planning for public outreach, and increasing support for Alateen meetings. As a new DR, I am excited and feel privileged to be of service and work with our board and group representatives who are eager to volunteer, spread the word about Al-Anon, and provide district activities that bring fun, fellowship, and recovery to those who participate. Thank you to our continuing and new board members and GRs. I truly appreciate your strong support and dedication to Al-Anon and our district.

*With gratitude in service.*

**Irene C.**

### **District 36**

We had a wonderful meeting in April. All of the GR's are looking forward to the Area Assembly meeting. We went over what to expect, and about the new GR orientation that happens before the actual meeting.

At the District level, we voted to create a budget. Our treasurer will present it at our next meeting so we can go over it and decide what will work for us. In addition to that, we discussed how we would like to approve money spent. A lot of decisions were made in just one meeting!

We also are planning to be involved in a fund

raiser for the Inland Empire Service Center. The fundraiser is going to be held in a facility in our district, so we are ready to be very involved. This all exciting stuff.

We all got a chance to talk about the Al-Anon Convention that was held locally in April. Every one had their favorite part, and our Route 66 Basket, put together with the help of District 12, was a hit.

The Group Reps in District 36 are thoughtful people, who really seem to want to do their best in service. How great is that!! That is why our meetings always seem too short, because the discussions are always very interesting. Thanks to all District 36 GR's for making our district shine!!

***Love in Service***

***Beth G***

### ***District 39***

The May assembly was discussed at our GR meeting and copies of our delegate report were passed out to our GRs. We discussed ways to alter the forum subscription contest and many GRs will be taking the idea to their groups. The "Hot Topics" event was a favorite among our district GRs.

We have been doing lots of outreach in our area. The outreach at Sherman Indian School was a huge success. We had a literature table at the Annual AA pic-nick we were warmly wellcome for the first time Al- Anon participation. We participated with the outreach at San Bernardino Valley Collage and the Al-Anon literature attracted many. Our 2009 Al-Anon Faces Alcoholism are distributed by our GRs throughout the Inland Empire's Health Care Centers and Rehabs.

Many Alateens participated at the S.C.A.C. event and the Alateens reported how wonderfulit turned out and that the speakers were awesome.

Our "Garden Of Joy" Day in Al-Anon fund raiser is coming along just fine and hopefully we we'll have a huge turnout. We are inviting an AA speaker and Al-Anon speaker maybe we will have an Alateen. If you know of an Alateen that is willing to share his/her story let me know.

***Love in Service***

***Aurora R,***

### ***El Distrito 48***

Se reune cada ultimo lunes del mes a las 7pm el el Parque de Huntngton Park, con una asiaticencia de 15 grupos representados por sus RG's.

Estamos repartiendo literatura para que lleven a sus grupos y la repartan en diferentes Instituciones, iglesias, escuelas, etc.

En el mes de Abril tuvimos la invitadas de la Oficina Intgrupal del Sur de California, tambien la mesa de servicio del Distrito participo en una junta de informacion en el grupo Luz de Vida de la Ciudad de Downey.

***La Mesa del Distrito 48***

***agradece a nuestro Poder Superior  
por permitirnos servir.***

### ***District 54,***

This has been a busy year so far. Our public outreach program was so successful we are doing it again. "2009 Al-Anon Faces Alcoholism" this time we are getting 250 in English and 250 in Spanish with labels in both languages. We have a hotline that list meetings in our area and we are updating that with a Spanish message and contact. We also publish a one page local directory of meetings which will still be done. We are updating that also by setting up a District 54 web page which I will give you the address of when it is done. <http://afga04dist54.googlepages.com/home>

I want to thank all the generous members of District 54. We collected enough money to send 24 people to SCAC and provide the funds for ½ of the bus we are sharing with District 27. I also extend my heartfelt thanks and mucho kudos to Jean K. our Alateen Liaison. We are also sending litera-

ture to SCAC so the kids have it.

We meet at the Unity Church of South Bay

2545 237<sup>th</sup> St. Torrance. We'd be happy to see you. 3<sup>rd</sup> Thurs of odd months July 16, Sep 17, and my last meeting is Nov 19, 2009. It seems like the 3 years have flown by.

Four of our members went to the H & I conference in April. They were so enthused that we are having an H & I workshop with speakers and guests and lots of good information, Sat Oct 3<sup>rd</sup> at 10am. More info to follow.

***Love in service,***

***Linda L***

The truly wise solution may lie in improving myself.

ODAT pg 365

## **District 57**

**Avalon, Long Beach, Lakewood, Bellflower, Seal Beach, Los Alamitos, Cerritos, Artesia, Belmont Shore, Huntington Harbor, Sunset Beach, Signal Hill, Paramount**

Warm wishes from District 57!

Our 2nd Annual "Gifts of the Heart" Alathon on February 14 was a huge success. It was a festive day of recovery, fellowship and delicious potluck. One of the highlights of the day was "An American Al-Anon" skit with music and laughter put on by "The Miracles." I want to thank all the volunteers that worked so hard – just an amazing team! And a special thanks to our Alathon Chairperson, Jessica S. and our Alt. DR, Martha Z.

We held our last District meeting on February 7 with a record attendance of 11 GRs and Alt. GRs. We tried something a little different when reading the Concepts at this meeting. We read Ric's sharing about Concept Two from the WSO website concept blog (not printed out, but from a laptop.) That blog is awesome and several GRs shared their E S & H. During that meeting we welcomed the incoming GRs and answered any questions they had about the commitment, providing them with a copy of the SCWS New GR orientation pack. We discussed what the new topic for our next bulletin "Celebrate Your Recovery with Service" would be. This is our flyer that is read by the GRs and distributed in their meetings with sharings from Al-Anon's "When I Got Busy I Got Better" book. We also discussed whether our district was interested in putting on a workshop on relationships using the newest Al-Anon book "Discovering Choices." This was meant with great enthusiasm and discussions will continue at our next district meeting in May. Since our Heart Alathon was so successful we have the funds to put on the workshop which is very exciting.

I want to thank all our new and continuing District 57 GRs for their service and dedication to our District! Our district meetings continue to provide a nurturing place for us to share our concerns and work toward solutions together as we continue our journey in Al-Anon service.

**Sandy P.**

## **District 72**

District 72 has started out the new term with 15 Group Representatives. We hope to continue growing participation at the District by having half

of our meetings in East County and half in the South Bay area.

Our members have stepped up their service by providing volunteers for an event at San Ysidro High School Community Resource Fair in March.

We had members for the Al-Anon booth at the San Diego County Fair

We have our annual Long-Timer Tea scheduled for June 28 in Chula Vista.

D72 is hard at work on our Public Outreach project to place posters on bus shelters at 10 locations throughout East County and South Bay cities in San Diego County.

We are enjoying enthusiastic support from the groups for the project.

We continue to provide Al-Anon literature for Institutions and Outreach to Professionals.

**Melisa P**

## **District 75**

Sandie E., our amazing SCWS Delegate, visited our District meeting in May and shared with us her personal journey in recovery and her cool experiences at the WS conference. Miriam, past Delegate and alternate GR for the "Mind your own business" business meeting, also visited at the same meeting.

Kathy A., our Alateen liaison reports that there was excellent participation of Alateens at the Spring Round Up in San Diego and that they very much appreciated the literature donations from District 75.

Our District also got 100 copies of Al-Anon Faces Alcoholism to distribute to professionals in our area.

We are excited to start the planning process with D-72 for a fellowship and recovery event on September 12th. The theme is going to be relationships and recovery, with sponsorship being one of the special relationships covered.

We are working this year to prepare for the transition to a new team by the end of the year. So far, so good, with a few good officers stepping up to rotate leadership.

**Love in Service,**

**Louise K.**

# Southern California World Service of AFG, Inc.

## Minutes of Assembly May 16, 2009

**Chairperson** Jayme P. started the meeting at 10:05 a.m.

Serenity Prayer and Welcome

“Panel 49 Shines” is our motto

Introduction of Panel 49, Past Delegates, New DRs & New GRs

Traditions Read by Sandra W., District #27

**Delegate’s Report** - Sandie E. - See Bulletin

Report from the WSO Conference

**Alternative Delegate’s Report** - David B. - See Bulletin

Southwest Regional Delegates Meeting (SWRDM)

Ask-It-Basket

SOS - Northern portion of Southern California Area, to be held in Arroyo Grande

Forum – Subscriptions are down from the 60,000 to around 19,000. David is challenging each and every DR to launch a Forum Subscription drive in your district. The District that can claim the most subscriptions at that time will win the Grand Prize.

**Past Delegate’s Report** - Mary M. - See Bulletin

PRAASA & SWRDM

“Hot Topics” (Prior to Action Committees)

**Minutes Secretary** - Amanda C. - See Bulletin

Minutes from Area Assembly 11-15-08, Carried as presented

PRAASA Report

**Record’s Secretary** – Kathi L. – See Bulletin

**Roll Call**

# GRs - 197 out of a possible 766 Registered GRs - 26% Participation. Districts 57 and 63 had the most GRs attend for the number of meetings registered in their districts.

District 3 – Zero	District 6 – Three	District 8 – Two
District 9 - Five	District 10 - Three	District 11 - Zero
District 12 – Fifteen	District 17 - Seven	District 21 - Ten
District 24 - Eleven	District 27 - Ten	District 30 - Five
District 33 - Eight	District 36 - Nine	District 39 - Five
District 40 – Five	District 54 - Three	District 57 - Ten
District 60 – Nine	District 63 - Ten	District 64 - Twenty-Nine
District 66 - Seven	District 69 - Nine	District 72 – Eight
District 75 - Two		

### **Old Business**

1. Action Committee Ad Hoc Recommendation - Hot Topics – Presentations by: Mary M.(Past Delegate); David B (Alternate Delegate).; Lea R. (Alateen Sponsor Coordinator); Carolyn S. (Cooperating with the Professional Community); Rodger P. (Institutions); Carmie (DR 40); and Tina (DR21).

7<sup>th</sup> Tradition Observed

**Convention Report’s**

AFG Chair 2009/2010 - Robin &

So Cal Convention w/Al-Anon Presentation - Marianne

So California Alateen Conference (SCAC) - Danny K.

### **Coordinator Report's**

Hospitality Report - As Coordinator is not available, she will be contacting districts for the Committee Meeting.

Alateen Sponsor Coordinator - Lea R. - See Bulletin

### **Reconvened at 1:40 P.M.**

Traditions read by Jean C., District 57

### **Treasurer's Report** - Heidi - See Bulletin

Motion to approve Treasurer's Report as written – Made by Walter J. D54, Seconded by Susan S. D39 – Carried, includes a contribution to the WSO for \$4,326.25 and translation equipment purchase.

Broke into Hot Topic Discussion Groups 1:55 p.m. - 2:50 p.m.

Communicating back to our groups - How to give a GR Report.

The Service Manual.

Public Outreach - Public Outreach where do we spend it and how much do we spend? How do you do public outreach to a professional and institutions?

### **Reconvened at 3:00 p.m.**

Bulletin Editor is not available but needs DR & Committee reports by May 19<sup>th</sup>.

### **Old Business Continued**

Motion to Keep Hot Topics – Made by Robin J. D66, Seconded Susan S, D39 , rephrased Motion to Keep Hot Topics instead of Action Committees - Made by Robin J. D66, Seconded by Susan S. D39 - Motion Carried.

### **Coordinator Report's Continued**

Archives Coordinator - Kathy G.

Literature - Juan P.

Cooperating with the Professional Community - Carolyn S.

Institutions - Rodger P.

### **Information Service Center Report's**

Al-Anon Inland Empire Service Center - Beth G.

Officina Intergrupala Hispana de Al-Anon - Maria

San Diego Al-Anon Office - Teresa

Ventura County Al-Anon Family Groups - Cindy

### **New Business**

None.

### **Questions**

Steve D24 - Wondering about the budget for Public Outreach. Is there an amendment needed? No amendment is needed, as the budget is just a guideline.

Tina S - D21 - Wondering about PRAASA and if SCWS can support by putting the information on the website and in the bulletin. Yes, PRAASA committee can send the information to both the bulletin and website coordinators.

Martha M. - D30 - What are the next host districts for the committee meeting? The Hospitality Coordinator is absent and will be contacting the districts that will be the host districts for the August Committee Meeting.

**Ask-It-Basket Questions** - David B. (Alternative Delegate) – Some were answered and all will be in the bulletin.

Ten Forum subscription winners announced.

Announcements given.

*Respectfully submitted,*

*Amanda C*

# ***Southern California World Service of AFG, Inc.***

## ***Minutes of Committee Meeting February 21, 2009***

Jayme, the Chairperson, opened the meeting at approximately 10:00 a.m. with the Serenity Prayer. Introduction of the SCWS Panel 49 Board members were made.

Traditions were read by Roger P., Institutions Coordinator.

**Treasurer's Report:** (Heidi) – See Bulletin for a full report.

**Delegate's Report:** (Sandie) – See Bulletin for full report. The World Service Conference is April 19 – 23, 2009 and the theme is **“Embracing the Legacies: Our Spiritual Bridges to Expand the Future.”** Sandie has requested to be placed on the “Policy/Handbook” committee. She has requested that if your district has had any successes, projects, highlights, issues and concerns that you let her know so she can prepare a report. She wants the submissions before March 23<sup>rd</sup>. Our area, Area Four, is called “California South” by World Service and she is going to try to remember to use that phrase. Sandie has also requested “love gifts” (see report for description) and needs to have them arrive at the Wyndham Virginia Beach Oceanfront Hotel, 5700 Atlantic Avenue, Virginia Beach, VA 23451 during the conference for her to give out. Please do not send them to far in advance as the hotel will send them back.

**Alternate Delegate Report:** (David) – See Bulletin for full report. David is working with Julie the past DR from District 3 to set up the second Sharing of Service (SOS) for 2009. Some of District 3 includes Arroyo Grande, Cambria, San Luis Obispo and Santa Maria.

**Past Delegate's Report** – (Mary M) – See Bulletin for full report. District 11 is still an active district with meetings in Lone Pine and Ridgecrest.

**Minutes Secretary** – Amanda C. asked if there were any corrections or changes to the August 16, 2008 SCWS Committee Meeting Minutes. Minutes were approved as written.

**Record's Secretary's Report & Roll Call** – (Kathi L.) See Bulletin for full report. Kathi was involved in a conference call with the World Service Office regarding submitting updates. When submitting an update it is asked whether the meeting is an open or closed meeting. An open meeting means that the meeting is open to anyone wishing to attend an Al-Anon meeting, while a closed meeting is for Al-Anon member's only. Also on the registration form if there is no information filled in for the “Current Mailing Address” (CMA) section, the World Service Office will place the meeting on a “no mail” list. In addition, if the meeting has mail returned it will also be placed on a “no mail” list. The District Representatives will receive a list from the Record's Secretary at every Committee and Assembly meeting. They should carefully check to see if all of their meetings have not been placed on a “no mail” list. If they have, the WSO will place them “inactive” for two years and then that meeting will no longer have an active WSO identification number and will have to reapply for a new number. Kathi was having problems installing Access 2007 and once she has converted, the files will try to send each DR their information electronically. Roll call was then taken.

### **Old Business**

**Action Committee Recommendations** – Chairperson Jayme P. assigned several board members to an Ad Hoc Committee to present recommendations on the continuance of Action Committees. See Bulletin for full recommendations. Past Delegate Mary M. presented the recommendations at the Committee Meeting. In a general consensus that the Committee would recommend to the GRs three “Hot Topics” for members to discuss during a breakout session. The three topics were:

Bulletin to print or not to print with Truck S., Ben P. and DR 66 Chris C. facilitating.

Public Outreach, where do we spend it and how much do we spend. How do you do public outreach to a professional and institution with Tim P., Rodger P., Carolyn S. and DR 51 Anita.

Communicating back to our groups. How to make a GR report with David B., DR 27 Tina, DR 30 Martha M. and DR 40 Carmie F.

**Audit Report** – Alternate Delegate David B. read the Audit Report the only recommendation was to

provide documentation for 15 checks written.

Lunch Break from Noon to 1:00 p.m.

Meeting reconvened with DR 63 Bob S. reading the Concepts.

Observed 7<sup>th</sup> Tradition

**Hospitality Report** – Del L. thanked the districts that brought food for today. The host districts for the May 16<sup>th</sup> Assembly are Districts 3, 24, 27, 42, 60, and 64. Please bring breakfast goodies to share.

**Convention Chair Reports** – See Bulletin

AFG Convention 2009 – Robin B.

So-Cal. AA Convention 2009 – Al-Anon – Corinne E. (Report given by Heidi T.)

So-Cal. Alateen Conference (SCAC) – Danny K. (Not present)

**Coordinator Reports**

Group Services

Alateen Sponsor Coordinator: Lea R – Not present

Alateen Coordinator: Anita – Not present

Archives: Kathy G. – See Bulletin

Membership Communication

Bulletin – Truck S. – See Bulletin

Literature – Juan P. – See Bulletin

Website – Ben P. – See Bulletin

Public Outreach

Cooperating with the Professional Community – Carolyn S. – See Bulletin

Institutions – Rodger P. – See Bulletin

Public Information – Tim P. – See Bulletin

**District Reports** given by Districts 3, 6, 8, 17, 21, 24, 27, 30, 36, 39, 40, 51, 57, 60, 63, 64, 66, 69, 72 & 72. See Bulletin

**Intergroup Liaisons' Reports** given by Inland Empire, Orange County and San Diego.

**Ask It Basket – Questions & Answers** – See Bulletin for full list of Qs & As.

Announcements were given and the meeting was adjourned at 4:00 p.m. with the Al-Anon Declaration.

*Respectfully submitted,*

*Amanda C*

## Who has Voice and/or Vote?

### Assembly

Group Representatives VOICE and VOTE

District Representatives VOICE

Officers VOICE

Coordinators VOICE

Past Delegates VOICE

(Intergroup Liaisons and AWSC Convention Chairmen give report only – No voice nor vote unless also a GR.)

### Committee

District Representatives VOICE and VOTE

Officers VOICE and VOTE

Coordinators VOICE and VOTE

Intergroup Liaisons VOICE and VOTE

AWSC Convention Chairs VOICE and VOTE

(Conventions: AFG, So-Cal AA & SCAC)

Past Delegates VOICE and VOTE

# PRAASA 2009 Report

The purpose of the Pacific Region AA Service Assembly (PRAASA) is to develop a greater unity among the members, groups, and Areas of the Pacific Region; to encourage the exchange of ideas and experiences; and to provide an opportunity for members to discuss pertinent aspects of AA. The Assembly and the PRAASA committee should always foster the Recovery, Unity and Service legacies of AA.

The Pacific Region for AA is Alaska, Arizona, California, Hawaii, Idaho, Nevada, Oregon, Utah, and Washington. The Southwest Region for Al-Anon is different and includes Arizona, California, Colorado, Hawaii, Nevada, New Mexico, and Utah. Our Regions do not match.

The 1<sup>st</sup> PRAASA was held in Fresno CA in January, 1968. The 3<sup>rd</sup> PRAASA was held in Phoenix, AZ in April 1970 and Al-Anon had some programs at this assembly. PRAASA has been held in California a total of 13 times with three in Northern California and ten in Southern California.

The 2009 PRAASA Al-Anon portion topic was "Discovering Choices" using the new book of the same name. The Executive Board was in attendance with the exception of David, as he had a work scheduling conflict.

The Chair of the Al-Anon portion of PRAASA was Sandi C., former Delegate of Northern California. Sandi hadn't been to a PRAASA and thought that if they used Chapters 13 - Building Relationships through Service and Chapter 14 - Twelve Traditions and Twelve Concepts of Service: Guides for our relationships from the book *Discovering Choices* that the discussion on Service would grow and expand. In speaking with Sandi, she stated that there were about 30-40 Al-Anon's for the entire weekend. Friday night's Al-Anon meeting was during AA service breakout meetings so we attended the Al-Anon meeting instead of the breakouts.

Saturday's Al-Anon PRAASA had workshops and the luncheon with Trustee Vicki H. from Northern California. Saturday night they had an AA speaker, then AA service breakouts beginning at 9:30 p.m.

None of our board attended any of the AA breakouts due to session conflict on Friday and the lateness of the meetings on Saturday. I thought that this PRAASA seemed to be more of a sharing weekend instead of about service and how service works in different regions of Al-Anon. It seems that over a quarter of the attendees were from Southern California. In speaking with 2009 Al-Anon PRAASA Chair last year only about 10 Al-Anons attended the Alaska meeting.

**Regards,  
Amanda C**

## Acronyms Used in Al-Anon/Alateen

AFG - Al-Anon Family Group(s)  
AIB - Ask It Basket  
AIS - Al-Anon Information Service  
AWSA - Area World Service Assembly  
AWSC - Area World Service Committee  
CAL - Conference Approved Literature  
CAT - Conference Approved Tapes  
CMA - Current Mailing Address  
CPC - Cooperating with the Professional Community  
DR - District Representative  
GR - Group Representative (WS)  
GSO - General Service Office  
(Countries other than U.S. & Canada)  
H & I - Hospitals & Institutions  
IAGSM - International Al-Anon General Service Meeting  
IR / ISR - Intergroup Representative / Information Service Rep.  
LDC - Literature Distribution Center  
LRSP - Long Range Study Panel  
NPIC - National Public Information Canada

PFA - Publications Franchises Al-Anon (Canada)  
PI - Public Information  
PO - Public Outreach  
  
PSA - Public Service Announcement  
RSS - Regional Service Seminar  
RT - Regional Trustee  
SCAC - Southern California Alateen Conference  
SCWS - Southern California World Service  
SOS - Sharing Of Service  
SWRDM - Southwest Region Delegates' Meeting  
SWRSS - Southwest Region Service Seminar  
SWRT - Southwest Regional Trustee  
TAL - Trustee At Large  
WS - World Service  
WSC - World Service Conference  
WSO - World Service Office

Revised August - 2004

# 2009 1st Quarter Profit and Loss

	Jan 09	Feb 09	Mar 09	TOTAL
<b>Ordinary Income/Expense</b>				
<b>Income</b>				
7th Tradition	0.00	82.00	0.00	82.00
Bulletin Subscriptions	0.00	0.00	16.00	16.00
District/Intergroup Contributions	0.00	0.00	203.20	203.20
Forum Subscription Collection	0.00	2.76	0.00	2.76
Group Contributions	1,768.92"	4,115.73"	4,165.72"	10,050.37"
Interest Income	43.29	40.40	37.41	121.10
Sharing of Service Workshop	2,654.00	0.00	0.00	2,654.00
<b>Total Income</b>	4,466.21	4,240.89	4,422.33	13,129.43"
<b>Expense</b>				
Background Checks	0.00	390.00	130.00	520.00
Bulletin Bulk Mail	0.00	637.47	0.00	637.47
Bulletin Production	0.00	920.34	0.00	920.34
Computer Expenses	0.00	0.00	28.50	28.50
Hotel and Lodging	326.48	0.00	0.00	326.48
Hospitality Supplies	0.00	110.25	0.00	110.25
Meals	196.29	0.00	0.00	196.29
Miscellaneous	0.00	0.00	0.00	0.00
Mileage	415.41	1,053.44	222.64	1,691.49
Office Expenses	558.11	433.82	179.58	1,171.51
Postage and Delivery	0.00	201.52	0.00	201.52
Printing and Reproduction	28.37	90.11	59.47	177.95
Professional Fess - Other	0.00	20.00	0.00	20.00
Rent Expenses	111.00	0.00	730.00	841.00
SOS Expenses	890.34	629.11	0.00	1,519.45
Special Events	0.00	0.00	600.00	600.00
Storage Expense	60.00	0.00	120.00	180.00
SouthWest Delegates Regional Meeting	0.00	0.00	340.00	340.00
Travel Expenses	0.00	0.00	3,766.36	3,766.36
<b>Total Expense</b>	2,586.00	4,486.06	6,176.55	13,248.61
<b>Net Ordinary Income</b>	1,880.21	-245.17	-1,754.22	-119.18
<b>Other Income/Expense</b>	195.48	0.00	0.00	195.48
<b>Net Income</b>	"1,684.73"	-245.17	"-1,754.22"	-314.66

# Group Contributions

Group	City	Number	Amount
11th Step Meeting - Brown Bag	Clairemont	63330	25.00
12 Stepping on Tuesdays 930 AM	Laguna Niguel	064893	24.01
4th & 5th Step Writing Meeting 1115AM	Santa Monica	001663	24.00
630 Monday Night Parent Focus Al-Anon	Westlake Village		30.00
Accion es Rucperacion	Fullerton	502567	10.00
Adult Children Survival to Recovery 10AM	Pacific Beach	051127	24.00
AFG Fellowship	Wofford Heights	501758	20.00
AFG Literature Study Group	Solana Beach	502540	18.00
Al-Anon 12 Step Fogcutters 730 PM	Huntington Beach	1029	33.89
Al-Anon Family Group	Westlake		17.70
Al-Anon Monday 1200 PM Step-Study & Trad	Palm Desert	34746	15.00
Alhambra Friday 1030 AM Step Study	Alhambra	652	20.00
Apple Valley Happy Road to Serenity 11 AM	Apple Valley	60021	10.00
Aprendiendo a Amarnos	Pacoima	502033	15.00
Arcadia Sunday 730PM	Arcadia	042047	25.00
Arcoiris	Pico Rivera	503453	10.00
"Atascadero ""Monday Nite AFG 683"" 730 PM"	Atascadero	000683	45.00
Atascadero Friday Noon Book Study Group	Atascadero	041842	10.00
Bakersfield Monday Night Stockdale West	Bakersfield	000697	20.00
Be Good to Yourself Al-Anon 730PM	Dana Point	28351	13.40
Beginner's Meeting McBean Parkway 1230 PM	Valencia		13.89
Bellflower Sunday Afternoon 130 PM	Bellflower	000713	30.00
Bellflower Tues 11AM	Paramount	000714	40.00
BreakAway Parents Meeting	Costa Mesa	500486	33.20
Brentwood Tuesday Afternoon AFG 1230 PM	Brentwood	036091	134.00
Buena Park Friday 8PM	Buena Park	733	13.39
Burbank AM Literature Al-Anon	Burbank	669775	4.80
Burbank Sunday Nite 730 PM	Burbank	738	57.21
Canyon Recovery	Laguna Beach	30508851/6654	55.50
Caring and Sharing Al-Anon Group	Rancho Mirage	1405	240.00
Carlsbad Monday Night Discussion 730 PM	Carlsbad	757	32.00
Cerritos Mon PM New Way of Life	Cerritos	769	59.66
Changing Attitudes 830AM	Carlsbad	61259	41.00
Changing Format AFG 730PM	Upland	047714	20.00
Clairemont Friday Night Al-Anon 6PM	Clairemont	064471	43.00
Corona Del Mar Thurs 630PM OC#6607	Corona del Mar	051828	13.00
Corona Del Mar Tuesday 7 PM	Corona del Mar	6601	56.00
Costa Mesa Thursday Noon Meeting	Costa Mesa	813	12.00
Covina Friday 10am Living in the Solution	Covina	500806	24.00
Covina Saturday Morn Question & Answers	Covina	827	8.25
Covina Up Front Wednesday Noon Al-Alon	Covina	825	30.00
Covina Wednesday Nite Step Study 7PM	Covina	40529	10.00
Culver City Wednesday Night 730 PM	Culver City	30665	9.45
Del Mar Earlybirds AFG	Del Mar	0050721	20.00
Del Mar Lunch Bunch	Solana Beach	048408	25.00
District 10			100.00
District 40			58.35
District 63			44.85
Downey Thursday Nighters	Downey	854	55.00
East Whittier/La Habra Tuesday Night 7PM	East Whittier/La Habra	1830	21.00
Eastside Christian Chruch 730 PM	Fullerton	30284	15.00
Easy Does It	North Hollywood	050275	43.00
El Segundo Lunch & Share	El Segundo	503768	30.00
Encino Monday Nite Literature Study 730	Encino	050014	61.00
Encino Sunday Evening 730PM	Encino	46245	35.00
Esperanza Fe Yaccion	San Juan Capistrano	502875	20.00
"Experience, Strength l& Hope Tuesday 730"	Carlsbad	64594	29.50

# Group Contributions

Group	City	Number	Amount
Family Group of Northridge Friday 1230 PM	Northridge	001270	57.00
Fragrance Free Literature Study	Santa Barbara	00500920	45.00
Free To Be Me Women's AFG	San Diego	30520218	15.00
Friday 1230PM AFG Living With Sobriety	LaCanada	48478	200.00
Friday Noon Group	Newport Beach	53312	20.00
Friday Step Study	Westlake Village	1745	7.78
Garden Grove Thursday Night Women's	Garden Grove	30528664	25.00
Gay & Lesbian Al-Anon Thursday 7pm	Palm Springs	67276	8.28
Have Al-Anon Will Grow Meeting	Encino	64469	47.17
Hermosa Beach Saturday 10AM AFG	Hermosa Beach	1420	25.00
Hermosa Beach Thursday 12 PM	Hermosa Beach	65307	63.56
Hillcrest Friday 1215Pm Fireside AFG	Hillcrest	46160	5.00
How Al-Anon Works - Tuesday Noon	Indian Wells	60124	98.80
How Al-Anon Works Book Study	San Juan Capistrano	504122	16.00
How Al-Anon Works Step Study	Irvine	54429	20.00
How Al-Anon Works Thus 6PM	Santa Barbara	053953	6.60
Huntington Beach Monday Night AFG	Huntington Beach	1025	24.00
Huntington Beach Thursday AFG 7PM	Huntington Beach	52540	55.80
Indio Thursday Night	Indio	035408	15.00
Into the Solution	Carlsbad	500883	15.00
Irvine Sunday Night AFG	Irvine	45275	60.00
Irvine Tuesday Nite 730 PM	Irvine	50062	18.00
La Canada Parents Group 1030 AM	LaCanada	51517	200.00
La Canada Tuesday Afternoon 1230 PM	LaCanada	001052	76.85
La Mesa Monday 1PM East County Daytime	LaMesa	1078	51.87
La Mesa Sunday 9AM Serenity At The Lake	LaMesa	40624	60.62
La Nueva Luz Monday & Friday Evening	Santa Ana	001633	25.00
Laguna Niguel 1230 PM Friday Al-Anon	Laguna Niguel	033918	55.54
Laguna Parents Meeting	Laguna Beach	501647	104.00
Lakewood Freedom	Lakewood	24666	20.00
Lakewood Thursday 615PM	Lakewood	53068	50.00
Living in the Solution	Los Angeles	30518409	20.00
Los Angeles Beginners Meeting Arlington	Los Angeles	1134	45.80
Lost and Found Al-Anon Group 530PM	Clairemont	47087	74.58
Malibu Monday Afternoon 1230 PM	Malibu	24150	150.00
Manhattan Beach Tuesday Nite AFG	Manhattan Beach	44242	15.00
Marina Pacifica Mall Sunday Noon	Long Beach	29857—65183	32.00
Meeting of Hope AFG	Garden Grove	405065	33.88
Mind Your Own Business St. Dustans Wed	San Diego	47661	32.65
Miracle In Progress 8AM	Solana Beach	061605	22.00
"Mon & Wed 12PM ""El Nuevo Horizonte"""	Baldwin Park	045872	15.00
Mon Evening Al-Anon	Pico Rivera	001367	30.00
Monday 1230PM Blueprint for Progress AFG	LaCanada	046168	80.05
Monday 6PM Marengo	Pasadena	63505	60.00
Monday 730PM Search for Serenity	West Hollywood	029235	99.09
Monday Morning Serenity Group 1000AM	Pomona	001388	12.00
Monday Morning Step by Step	Solana Beach	502817	10.00
Monday Night ADCH	Yucca Valley	30507885	5.00
Monday Night AFG	Costa Mesa	30511150	80.00
Monday Night AFG 730 PM	Fullerton	41921	13.95
Monday Night Literature Study	Tustin	001770	23.38
Monday Night Men's Stag 730 PM	Canoga Park	504011	100.00
Monday Night V.A. Hospital 7PM	North Hills	037302	24.97
Monday Noon AFG 1st Christian Church	Studio City	048882	34.56
Monday Sherman Oaks AFG	Sherman Oaks	0028362	7.21
Montecito Easy Does It Noon	Montebello	054447	75.00
"Morro Bay ""Keep It Simple"" Monday Evening"	Morro Bay	064309	30.00

# Group Contributions

Group	City	Number	Amount
MWF 735 AM One Day At A Time	Santa Monica	033829	156.60
New Comers	Westlake Village		45.00
North County Men's AI-Anon 9AM	Carlsbad		27.20
Northridge Monday 8PM	Northridge	000984	25.00
Nueva Vida Tues & Fri	Pico Rivera	62616	30.00
One Day At A Time 10AM	Rancho Bernardo	27438	45.00
Ontario Saturday Morning Beginners 10AM	Ontario	26495	10.00
Orange Friday Noon	Orange	001304	44.55
Pacific Palisades Slogan Study 1000 AM	Pacific Palisades	63023	84.00
Parents Focus	Studio City	502996	44.00
Parents Meeting	Santa Monica	30512389	60.00
Parents One Day At A Time 645PM	Loma Portal	065433	20.00
Pasadena Saturday Nite (Pike House)	Pasadena	46915	40.00
Pasadena Sunday 730 PM	Pasadena	1357	77.00
Paths to Recovery Book Study	Indian Wells	65245	60.53
Paths To Recovery Saturday 1000 AM	Palm Springs	61960	55.00
Paths to Recovery St. Johns 700 PM	Oxnard	62365	7.50
Pismo Beach Tuesday Nite Step Study AFG	Pismo Beach	060242	10.00
Placentia Monday Evening 8 PM AFG	Placentia	1372	85.47
Point Loma Willingness to Change	Point Loma	0025428	20.00
Problem Sharing & Beginners Meeting	LaCresenta	30519052	28.00
Recuperacion Y Tolerancia HAA	San Diego	67189	50.00
Riverside AFG - Wed Nite hearing Impaired	Riverside		15.50
Riverside As We Understood	Riverside	62948	26.00
Riverside Friday Night Live	Riverside	1457	22.00
San Diego Thursday Noon Easy Does It	San Diego	60417	14.59
San Gabriel Tuesday Night (Roses Road)	San Gabriel	1588	49.13
San Juan Capistrano Thursday 10AM AFG	San Juan Capistrano	1578	159.00
San Pedro Men's Stag	San Pedro	67329	100.00
Santa Barbara Friday Morning Center 10 AM	Santa Barbara	041540	80.00
Santa Barbara Tuesday 8PM	Santa Barbara	029412	45.00
Santee Serenity	Santee	501009	25.00
Saturday 10AM Paths to Recovery Step Stud	Camarillo	42172	50.00
Saturday 8AM Parents of Alcoholics	Costa Mesa	63876	191.15
Saturday 9AM Step & Tradition Study AFG	Montrose	48986	12.34
Saturday Morning 9AM	Whittier	44212	20.00
Saturday Morning Discussion	Oceanside	61150	5.00
Saturday Morning Group	Long Beach	62772	10.00
Saturday Morning Step Study 10 30 AM	Laguna Beach	051094	10.00
Saugus Saturday Serenity Group	Saugus	037597	15.34
Seal Beach Thursday 730PM	Seal Beach	0001689/6341	50.00
Silverlake Fear to Faith Meeting	Los Angeles	66793	187.80
Solana Beach Sunny Side Up AFG	Solana Beach	048686	24.30
South Laguna Saturday Nite Live	South Laguna	1714	26.16
South Pasadena Saturday Morning	South Pasadena	30507920	15.00
Spring Valley Friday 10AM TGIF AI-Anon	Spring Valley	032706	140.00
Staying In The Solution	San Dimas	060605	10.00
Steps to Serenity Tues Noon	Manhattan Beach	032292	28.00
Strictly AI-Anon	Vista	500420	30.00
Sunday 7pm AFG	Fountain Valley	0046199	9.00
Sunday Evening AI-Anon Group	Canyon Country	502151	118.00
Sunday Morning (Mort's Deli)	Pacific Palisades	065210	1.95
Sunday Morning AFG AT Center	Silverlake	42842	164.17
Sunday Night 730PM Arizona @ 18th	Santa Monica	1669	51.00
Sunday Night Step & Tradition Study	Ventura	45277	9.00
Sunday Santa Monica ACA AI-Anon Mtg. 500	Santa Monica	502462	10.00
Survival to Recovery Study 10AM	Costa Mesa	61151	113.94

# Group Contributions

Group	City	Number	Amount
Tarzana Thursday Evening AFG St. James	Tarzana	1739	7.21
Temple City Tuesday 10 AM	Temple City	1741	7.50
Thursday 630 PM	Montebello	051067	10.00
Thursday 7 O'Clock Let's Rock Men's Stag	LaCanada	048039	210.00
Thursday Afternoon Step Study 1230 PM	LaCanada	001053	41.19
"Thursday Night ""How Al-Anon Works"""	Alta Loma	63850	50.00
Thursday Night Men's Stag AFG 8 PM	Garden Grove	812	167.00
Thursday Nite Back to Basics AFG 730 PM	Torrance	1754	25.00
Thursday Noon Lunch Bunch	University City	48294	30.00
TLC Tierra Santa Al-Anon	Kearney Mesa	026182	3.20
Torrance Podium Participation Monday 730P	Torrance	26781	62.00
Torrance Thursday 10AM	Torrance	1756	40.00
Tradition Five Al-Anon Family Group	Woodland Hills	45693	75.00
Tuesday 1000 AM Meeting	Laguna Woods	501725	37.50
Tuesday 7PM Women's Closed Al-Anon	El Cajon	029519	59.00
Tuesday Afternoon 130 PM 4th Step	Ventura	64141	15.00
Tuesday Aladay Al-Anon 1230 PM	Fountain Valley	912	14.80
Tuesday Evening Little White Chapel	Burbank	000740	22.50
Tuesday Morning 10AM	LaMirada	1080	30.00
Tuesday Morning Faith In Action Family	Long Beach	30521517	30.00
Tuesday Morning New View Al-Anon 10AM	Spring Valley	042684	50.00
Tuesday Night 730 St Irenaeus Church	Cypress	44559	20.00
Tuesday Night Al-Anon 700 PM (Rehab)	Simi Valley	029992	15.00
Tuesday Night Candle Lite Meeting	Orange	6058	22.00
Tuesday Night One Day At A Time 730PM	Pomona	025401	10.00
Tuesday Nite Conscious Contact 730 PM	El Segundo	051035	70.75
Tuesday Nite Men's Stag	Huntington Beach	047437	20.00
Tuesday Noon Meeting	Beverly Hills	48228	329.13
Twin Peaks Thursday Night	Twin Peaks	503292	17.50
Unique Character of AFG Step Study	University Heights	064581	15.00
Unknown Meeting - 63844		63844	25.00
Unknown Meeting - 6653		6653	37.87
Unknown Meeting - 6660		6660	79.65
Ventura Friday Afternoon AFG 1230 PM	Ventura	50500	22.50
Ventura Monday Lunchtime/Noon Al-Anon	Ventura	41249	9.00
Wake Up and Smell the Coffee	North Hollywood	064305	36.00
Wed Night AFG Discussion Group 630 PM	Palm Springs	60635	26.84
Wed Night Parent Focus Group	Woodland Hills	503581	72.86
Wednesday Night AFG 8 PM	Los Angeles	65849	23.04
Wednesday Nite Keep Coming Back AFG 730	Valencia	047916	90.78
West Valley AFG Saturday 930 AM	Woodland Hills	32433	149.30
Westchester Saturday 10AM ODAT Study AFG	Westchester	50442	90.00
Westchester Stepped Up Group Thursday 8PM	Westchester	046821	60.48
Westwood @ Warner Friday 1230 PM	Westwood	039133	114.00
Westwood Al-Anon 1030 - Noon	Westwood	503532	150.00
Whittier Wednesday Night 700 PM	Whittier	029953	30.00
Women in Recovery	Ventura	502221	15.00
Women's Friday Noon	North Hollywood	503666	44.73
Women's Stag 630PM Step and Tradition	West Los Angeles	066184	87.75
Women's Wednesday Night Willingness	Arroyo Grande	30518695	50.00
"Working the Steps, Traditions & Concepts"	Del Mar	066846	17.33
Yorba Linda Monday 10 AM Step Study	Yorba Linda	31730	60.00
Yorba Linda Tuesday Night	Yorba Linda	66240	26.00
<b>Total</b>			<b>10,253.67</b>

# SCWS Directory

TITLE	NAME	Board PHONE	ADDRESS/EMAIL
ALTERNATE DELEGATE	DAVID B		
CHAIRPERSON	JAYME P		
DELEGATE	SANDIE E		
MINUTES SECRETARY	AMANDA C		
PAST DELEGATE	MARY M		
TREASURER	HEIDI T		
ALATEEN	ANITA S		
ALATEEN Sponsor	LEA R		
ARCHIVES	KATHY G		
BULLETIN EDITOR	TRUCK S		
CPC	CAROLYN S		
HOSPITALITY	DEL L		
INSTITUTIONS	ROGER P		
LITERATURE	JUAN P		
PI	TIM P		
RECORDS SECRETARY	KATHI L		
WEBSITE	BEN P		
AFG	LAUREEN B		
SCAC	AMANDA R		
SCAA w/Al-Anon	CORINNE E		
Inland Empire	BETH G		
Los Angeles, County	BETTY B		
Orange County	AMARIDIS Q		
Spanish Intergroup	MARIA G		
Ventura County	CYNDY P		

# SCWS Directory

## District Representatives

	Name	Address	email address
3	Charlene A		
6	Anita J		
8	Nancy P		
9	Willie M		
10	Loreina C		
11			
12	Mike M		
17	Tarisa R		
21	Tina S		
24	Heidi T		
27	Paula K. P		
30	Martha M		
33	Irene C		
36	Beth G		
39	Aurora R		
40	Carmie F		
42	Sam M		
45	Emilce L		
48	Estela R		
51	Ada G		
54	Linda L		
57	Sandy P		
60	Truck S		
63	Bob S		
64	Juan E. P		
66	Chris C		
69	Jeff P		
72	Melisa P		
75	Louise K		

### Past Delegates

Panel	Delegate	Phone	Email	Years
1	Aura Christenson	Deceased		1961-1963
4	Cecelia Baumgwort	Deceased		1964-1966
7	Norris Roberts	Deceased		1967-1969
10	Helen Balder-Rowe	Deceased		1970-1972
13	Elsie Quintard			1973-1975
16	Betty (Reed) O'Bannon			1976-1978
19	Pat Roche			1979-1981
22	Bernie Eskey	Deceased		1982-1984
25	Bob Lahann			1985-1987
28	Hester Bacheller			1988-1990
31	Joyce Kaler			1991-1993
34	Kary Lewis			1994-1995
34	Rita McGuire	Deceased		1996
37	Willie Williams			1997-1999
40	Kay Dornbusch			2000-2002
43	Miriam McKenna			2003-2005
46	Mary Morrison			2006-2008

# INFORMATION SERVICE CENTERS

## **Al-Anon Inland Empire Service Center**

1012 East Cooley Drive, Suite J-2, Colton 92324(909) 824-1516  
[www.ca-inlandempire-alanon.org](http://www.ca-inlandempire-alanon.org)

## **Oficina Intergrup al Hispana de Al-Anon, Inc. L.A. County**

11627 Telegraph Road, Suite 150, Santa Fe Springs 90670  
(562) 948-2190

## **Intergrup al Hispana de Al-Anon, Inc. Inland Empire**

P.O. Box 5665, Riverside 92517  
(951) 689-4084

## **Al-Anon Information Service Kern County**

Post Office Box 894, Bakersfield 93302  
(805) 322-1102  
[www.mykernlife.com/179/](http://www.mykernlife.com/179/)

## **Los Angeles County Al-Anon Family Groups**

4936 Lankershim Boulevard, North Hollywood 91601  
(818) 760-7122 Los Angeles (213) 387-3158 [www.alanonla.org](http://www.alanonla.org)

## **Al-Anon Information Service Office of Orange County**

12391 Lewis Street, Suite 102, Garden Grove 92840  
(714) 748-1113 [www.orangecountyalanon.org](http://www.orangecountyalanon.org)

## **Al-Anon in the Desert**

P.O. Box 1364, Palm Desert, CA 92261  
73-441 Fred Waring Drive #2, Palm Desert, CA 92260-2866  
Office Phone & FAX No. (760) 341-6202  
(760) 674-9554 Meeting Information (888) 512-0061 Hotline  
[www.alanoninthedesert.com](http://www.alanoninthedesert.com)

## **San Diego Al-Anon Office**

3108 Fifth Avenue, Suite E, San Diego 92103  
(619) 296-2666  
[www.alanonsandiego.org](http://www.alanonsandiego.org)

## **San Luis Obispo Office**

P.O. Box 209, Grover Beach 93483  
(805) 534-9204

## **Al-Anon Family Groups Santa Barbara County**

Post Office Box 30428, Santa Barbara 93130  
(805) 899-8302  
[www.alanonsantabarbara.info](http://www.alanonsantabarbara.info)

## **Ventura County Al-Anon Family Groups**

Post Office Box 6754, Ventura 93006-6754  
(805) 495-0270  
[www.alanonventura.org](http://www.alanonventura.org)

# SCWS Group Registration Form

**\*\*for Alateen changes, please use separate Alateen form, found on SCWS website**

**New Registration?** ☐ Yes ☐ No ☐ Not Sure If Registered **Date** \_\_\_\_\_

**WSO ID#** \_\_\_\_\_ **District #** \_\_\_\_\_ **Area** 04

**Changes:** ☐ Group Rep (GR) ☐ Alt.Group Rep (AGR) ☐ Contact  
(check all that apply ☐ Meeting Day ☐ Meeting Time ☐ Meeting Location ☐ Disbanded Meeting

## Meeting Information

**Group Name** \_\_\_\_\_

**Meeting Day** ☐ Su ☐ Mo ☐ Tu ☐ We ☐ Th ☐ Fr ☐ Sa **Meeting Time** \_\_\_\_\_ ☐ AM ☐ PM

**Meeting City** \_\_\_\_\_ **Zip** \_\_\_\_\_

## Current Mailing Address (CMA) -- All group mail will be sent to this address

Name \_\_\_\_\_ This person is the:  
☐ GR ☐ Alt.GR ☐ Contact

Street/PO Box \_\_\_\_\_

City/Zip \_\_\_\_\_

Phone \_\_\_\_\_ E-mail (opt.) \_\_\_\_\_

## Additional Meeting Contact (Optional)

Name \_\_\_\_\_ This person is the:  
☐ Alt.GR ☐ Contact

Street/PO Box \_\_\_\_\_

City/Zip \_\_\_\_\_

Phone \_\_\_\_\_ E-mail (opt.) \_\_\_\_\_

## Changes to: District Officers / Intergroup Liaisons / Convention Chairs

Name \_\_\_\_\_

Street/PO Box \_\_\_\_\_

City/Zip \_\_\_\_\_

Phone \_\_\_\_\_ E-mail (opt.) \_\_\_\_\_

This person is the: ☐ District Rep ☐ Alt. District Rep ☐ Coord. for \_\_\_\_\_  
(Alateen, PI, CPC, etc.)

☐ Intergroup Liaison for \_\_\_\_\_ ☐ Convention Chair  
for \_\_\_\_\_

**Send to:** SCWS Group Records Secretary  
PO Box 350, North Hollywood, CA 91603

# SCWS Group Contributions Form

For use during the term 01/01/09 through 12/31/11

\_\_\_\_\_ Al-Anon \_\_\_\_\_ Alateen Group Name: \_\_\_\_\_

Group Address: \_\_\_\_\_

Group City: \_\_\_\_\_ Day: \_\_\_\_\_ Time: \_\_\_\_\_

WSO ID#: \_\_\_\_\_ Contribution Enclosed: \_\_\_\_\_

Submitted By: Name: \_\_\_\_\_

E-Mail Address/Phone Number: \_\_\_\_\_

## Make check or money order payable to SCWS

Mail Contributions To:

SCWS , Post Office Box 350, North Hollywood, CA 91603

The WSO ID # can be located on the mailing label of the Bulletin. Any questions and/or comments, please contact Heidi T. at 661 252-4636 or [stinkerbell@socal.rr.com](mailto:stinkerbell@socal.rr.com)



## Bulletin Subscription Form

\_\_\_\_\_ New Subscription \_\_\_\_\_ Renewal \_\_\_\_\_ Correction

Cost: \$4.00 per year Enclosed is \$\_\_\_\_\_ for \_\_\_\_\_ Years

Name \_\_\_\_\_

Mailing Address \_\_\_\_\_

City/State/Zip \_\_\_\_\_

## Make check or money order payable to SCWS

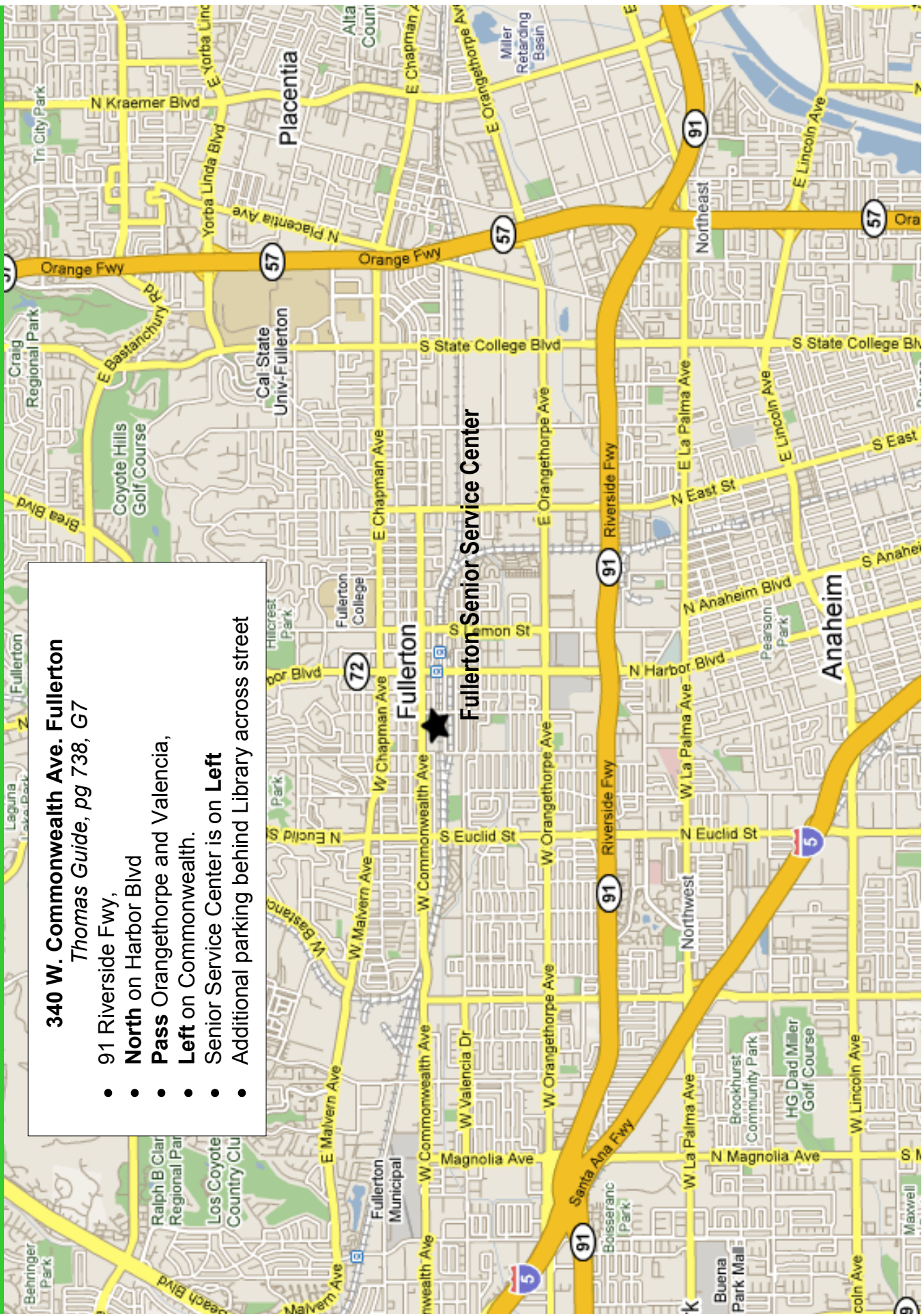
Mail Form To:

SCWS , Post Office Box 350, North Hollywood, CA 91603

### 340 W. Commonwealth Ave. Fullerton

*Thomas Guide, pg 738, G7*

- 91 Riverside Fwy,
- **North** on Harbor Blvd
- **Pass** Orangethorpe and Valencia,
- **Left** on Commonwealth.
- Senior Service Center is on **Left**
- Additional parking behind Library across street



# Notes

## *Assembly and Committee Suggestions*

- |   |  |    |   |
|---|--|----|---|
| 1 | <i>Stay on topic</i>                             | 6  | <i>When speaking keep it to 2 minutes</i> |
| 2 | <i>No clapping when someone gives an opinion</i> | 7  | <i>Be courteous</i>                       |
| 3 | <i>No cell phones</i>                            | 8  | <i>No cross talk</i>                      |
| 4 | <i>Start and stop on time</i>                    | 9  | <i>Stick to the agenda</i>                |
| 5 | <i>No double opinions</i>                        | 10 | <i>No perfume or aftershave</i>           |

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