# Embrace the group conscience to expand our circle of hope

50 years of the World Service Conference



# Comittee Agenda—Saturday, Aug 21, 2010

	- Craft
•	Orientation
•	Representative (
	a.m. – Nev
	<u></u>

Room

District # 10:00 a.m. - Starting time– Please be Prompt Traditions read by:

Officers Reports

**Chairperson –** Jayme P

Treasurer's Report - Heidi T.

Delegate's Report - Sandie E.

Alternate Delegate's Report - David B.

Past Delegate's Report – Mary M.

Minutes Secretary - Amanda C.

Records Secretary's Report & Roll Call - Kathi L

Old Business:

**New Business:** 

Observe 7th Tradition

(Continue the meeting while baskets

are being passed)

unch Break

1:00 p.m. – Reconvene - Please be Prompt

Concepts read by:

Hospitality Report: Del L

Host districts for May Committee Mtg.

Convention Chairpersons' Reports

So-Cal. AA Conv. 2010 - Al-Anon AFG Convention 2010

So-Cal. Alateen Conf. (SCAC)

Coordinators' Reports:

Alateen Sponsor Coordinator: Lea R.

Alateen Coordinator: Anita S.

Archives: Kathy G.

Literature: Juan P. Bulletin: Truck S.

**Nebsite:** Ben P

Cooperating w/Professional

Community: Carolyn S.

Public Information: Tim P. nstitutions: Rodger P.

District Representatives' Reports

Intergroup Liaisons' Reports

Inland Empire

ntergrupal Hispaña: (L.A. County)

Los Angeles County

Orange County:

San Diego County

Ventura County

Ask It Basket – Q's & A's: Alternate Delegate

Closing time - 4:00 p.m. - Close with Al-Anon Declaration Al-Anon related Announcements (only if time permits)

Please help clean up after and stack the grey chairs against the back wall and folding chairs in Craft Room.

PLEASE LIMIT REPORTS to 2-3 minutes (does not apply to Officers)

anon.org and then e-mail a copy of the report to the Bulletin Editor at bulletin@scws-al-Submit printed report and e-mail report to the Minutes Secretary at secretary@scws-alanon.org.

DISCUSSION on a motion - please keep to 2-3 minutes at the mic; if your opinion has already been shared; please sit down to avoid repetition.

CELL PHONES: please turn them OFF or set to SILENT mode



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The SCWS Bulletin is published 4 times a year. Its purpose is to provide information and announcements regarding Al-Anon/Alateen to members in Southern California. All groups with a registered GR (Group Representative) will receive one free copy.

## Calendar of Events

Southern California World service Area (SCWS) Events SCWS Web-site: http://scws-al-anon.org

July 30 Speaker Meeting 8:00 PM Marianne L. of Mission Viejo Crystal Cathedral - Schuller Life Center 12141 Lewis St. Garden Grove, CA

July 30 - August 1
18th Annual Foothill Roundup AA Convention
with Al-Anon and Alateen Participation
For more information, visit the convention website

July 31
Moonlight Dance Fundraiser
2010 Santa Clarita AA Convention
with Al-Anon & Alateen Participation
Save the Date - More Information to Follow Soon

July 31
Picnic Fundraiser for the 59th Annual Southern California AA Convention with Al-Anon and Alateen Participation
17403 Chase Street Northridge, CA
For more information, download the flyer

July 31 - August 1 Mountain AA Conference with Al-Anon Participation For more information, visit the conference website

August 14
Garden of Joy Alathon, 9 AM to 2 PM
The River Church
459 E. Highland Ave
Redlands, CA
Redlands Blvd. & Highland Ave. near Ford Exit from the 10 Fwy
Call Aurora R. 909-823-0669 or Carolyn S. 951-312-0001

August 21 SCWS Area Committee Meeting, 10 AM to 4 PM Fullerton Senior Citizens' Center 340 W. Commonwealth Ave Fullerton, CA

September 3 - 6
32nd Annual Ventura County AA Convention
with Al-Anon and Alateen Participation
Hyatt Westlake Plaza, Westlake, CA
For more information, visit the convention website

September 24 - 26

59th Annual Southern California AA Convention

with Al-Anon and Alateen Participation

**Town and Country Resort** 

San Diego, CA

For more information, download the flyer or visit the convention website

**October 15 - 17** 

2010 Santa Clarita AA Convention

with Al-Anon & Alateen Participation

"Humbly Asked Him" Hyatt Regency Valencia Hotel

24500 Town Center Drive

Valencia, CA

For more information, visit the convention website or call (661) 310-0384.

**October 22 - 24** 

Santa Barbara AA Convention

with Al-Anon Participation

Elks Lodge

150 North Kellogg

Goleta, California

For more information, visit the Al-Anon convention web page.

October 23

27th Annual Orange County AA Convention

with AL-ANON Partisipation Fundraiser

**HOLLYWOOD NIGHTS** 

**Fullerton Senior Center** 

340 W. Commonwealth Ave

Fullerton, CA

**More Information Coming Soon!** 

November 5 - 7

2010 Antelope Valley Al-Anon Convention

Willingness is the Key

**Holiday Inn** 

Palmdale, CA

For more information, contact the convention by email or download the flyer / registration form.

November 20

SCWS Area Assembly Meeting, 10 AM to 4 PM

**Fullerton Senior Citizens' Center** 

340 W. Commonwealth Ave

Fullerton, CA

# Officer's Reports

Delegate: Sandie E

Al-ANON FAMILY GROUPS WORLD SERVICE CONFERENCE 2010 April 11-16, 2010

My first year as Delegate (2009) was a little like going to a new school in the middle of the year. I felt new, a little awkward and took a while to figure out what was going on. I entered into continuing conversations, unresolved issues, voting, early mornings and late nights. It was an event I will never forget as I received many awarenesses about myself and others from my Higher Power. I am grateful to my Sponsor and Service Sponsor for their belief that I could do it, because sometimes growth is messy and sometimes it shines.

I think the first year was a bit messy, but this, my second year was entirely different. I was welcomed back like a family member who had been away a long time. I was comfortable with everyone and especially loved greeting the Panel 50 new delegates. Because of 2009's experiences, I entered the conference room with much more confidence. I knew what was expected of those of us representing our Areas and the World-Wide Fellowship of Al-Anon Family Groups.

BEFORE THE CONFERENCE STARTED: I flew to Norfolk on Friday and rested all day Saturday. I had a treat on our airport shuttle as I was joined by the General Secretary of New Zealand AFG, Peter A. and his sweet wife. We had a nice conversation about things American like tipping, and other things they were unsure of.

SUNDAY, APRIL 11: I was part of a Thought Force which met on Sunday afternoon that was titled, "How can we support the Areas in dealing with groups whose activities fail to consider Al-Anon and Alateen as a whole? The meeting featured lively discussion and a presentation of facts that our Area had recently dealt with regarding a high-pressure group. This conversation will continue while all thoughts and strategies are discussed. Other Thought and Task Forces met all through the day. The dinner Sunday was the actual beginning of the event. Everyone was happy to see each other, were welcomed by Ric Buchanan and Chairman of the Board of Trustees, Mary Ann R., and enjoyed hearing the Opening

Speaker, Claire R. who is a long time Al-Anon, had attended the 25<sup>th</sup> Conference and shared some of her Conference memories. I was able on Sunday to lay out the first shipment of love gifts. I'll be sharing those that I picked up throughout the year, but I must tell you, the gifts you sent were amazing and sought after. I had to keep refilling our area. A box from Dist 64 arrived the last day as we were all cleaning up the unused love gifts. They had made some really pretty beaded bracelets which I placed at everyone's place in the conference room. Everyone asked me to thank you. I thank all the districts who put time and love into these little things. We have some talented people in our Area!

THE CONFERENCE STARTS: Breakfast at 7 am with panel group pictures. Thank goodness I had brought some instant oatmeal with me and from Tuesday on, I ate in my room while I was getting ready.

#### THE WORK OF THE CONFERENCE:

The Conference theme is *Celebrate! Embrace* the group conscience to expand our circle of hope -- 50 years of the world service conference.

The Conference goals were: "Conference members will understand the purpose of the Conference, the relationship within the structure and be able to articulate Conference decisions. The spiritual tone of the WSC will prevail by the demonstration of acceptable conduct of its members.

Knowledge-Based Decision Making—to reach an informed group conscience. The five questions asked before discussion is brought to the floor. 1. What do we know about our membership's needs, wants and preferences that is relevant to the discussion? 2. What do we know about our capacity (resources) and strategic position of our fellowship that is relevant to this discussion. 3. What do we know about the current realities and evolving dynamics of our fellowship's environment that is relevant to discussion? 4. What are the implications of our choices (pros and cons)? 5. What do we wish we knew but don't?

PUBLIC SERVICE ANNOUNCEMENT: We were shown the "Sketches 4" PSA. This was to dovetail with the showing of the film about Lois Wilson, but wasn't shown in So. Cal (LA market at least). Again the conference gave input and voiced concerns about full face being shown in some of our media outreach. The answer again this year was these people are actors/models and

not members of Al-Anon.

We had international guests—Peter from New Zealand, and Maria from Mexico.

We had other special guests with us—John Colon who spoke to us about diversity and cultural competence. Also, El N., who is the A.A. Southeast Regional Trustee, who was an invited guest. She participated in events but had no voice nor vote, but was very interested in how our Conference works.

John Colon (not an Al-Anon member), who is an Academic Lecturer from Stony Brook University, New York, spoke to us about cultural diversity. He talked about learning our culture from our families and the need to adapt to our common language. He stated that while we may relate to people of our own cultural background we must learn to communicate in the host culture. The "host" culture is interpreted to mean the country where a person is living. We need to reach out to and welcome cultures that are different from the majority.

Interspersed throughout the week's proceedings, outgoing Panel 48 delegates gave 3-minute talks about their delegate experience culminating a cute skit following the Closing dinner. Two Panel 48ers, Sharon B. from Alaska and Kerri K. from Nebraska were the Spiritual speakers.

POLICY, POLICY: There was a great deal of work done this past year to "clean up" the Policy Digest portion of the Service Manual. The major work was done consolidate all the information about Alateen which was in various places throughout the manual. Now there is a new

Alateen Policy section. It deals with the Safety and Behavior Requirements, Sponsorship, and other items including Conventions and Events including Alateen events (ie.

Southern California Alateen Conference). The language in this section is very concise. Another topic was "Use of Material at Al-Anon meetings" dealing with outside literature, Big Book, etc. A new section was presented "The Forum", "Authorization to Publish and Reprint" and others. The revised edition of the next Service Manual is expected to be published and sent to GRs in the Fall.

Something for all of us to think about: BIG QUESTION: What spiritual growth can the fellowship celebrate as a result of 50 years of its informed group conscience as expressed by the WSC? How has this expanded our circle of hope?

TEAM: The first TEAM (Together Empowering Al-Anon Members) event was held May 1-2 with a two day event done by New Mexico and Texas West. This is an event that we will hope to hold on our Sharing of Service Day. Three representatives from the WSO will come and conduct a service workshop day just for us. Other TEAM events scheduled so far are Utah & Arizona, June 25-26, Kentucky, September 10, Connecticut, October 2-3, and Minnesota North October 1-2.

STATS: The total number of registered groups in 2009—25,161

U.S. Al-Anon: 13,114 U.S. Alateen: 1023 Canada Al-Anon: 1,377 Canada Alateen: 84 Overseas Al-Anon: 8,899 Overseas Alateen: 664

"Stretch the mind." What other aim should life

have? I don't want to seem pedantic nor be overly "Stern-Daughter-of-the-voice-of-God"-ish, but I do believe all our experiences shoulc contribute to a wider deeper understanding of life and a

better ability to adjust ourselves to it.

Board and Staff members continued to reach out internationally by visiting South Africa, South America, Eastern Europe and the UK.

CHOSEN AGENDA ITEMS: The delegates were polled as to what special agenda it would choose to discuss. One was "How can the members of the World Service Conference develop and effective strategy that would bring Al-Anon Family Groups into the communities and cultures of specific minorities in the U.S. and Canada" If we

> are effective in reaching minority communities, what actions must we take as a fellowship to ensure that they remain as active members?" The second was "Can we find

Forum Favorites, Vol 2 pg 164 effective and practical ways to make it easier for non-English-speaking members to participate in Al

-Anon service at the Area level and beyond?"

REGIONAL TRUSTEE: Area California South can elect a nominee to be in consideration for our regional trustee this year. Karen R. from Arizona is currently holding an interim appointment at this time but is eligible for her own elected term. The Trustees are looking for people with

appropriate experience and skill levels. A Task Force is looking into improving and revising resume to make it better. We should speak more about the criteria during our nomination process.

LITERATURE: We voted to give conceptual approval for a major revision of the Pamphlet "Why Anonymity in Al-Anon" (P33). In addition to the book of history which will come out with the 60<sup>th</sup> Anniversary of Al-Anon, there will be a Legacies workbook with sharings taken from the Steps, Traditions, and Concepts Blog.

Password protected Alateen Chat room will soon be up and operational. Lea's progress report

Thought Force on the Current Conference Structure (AKA Division/Consolidation of Areas) Seven strategies were presented and the conversation will continue:

Plotting all groups on a map

Allowing Areas with more than 400 groups to divide

Allowing smaller Areas to combine Create a virtual area for small groups Create a virtual Area for electronic meetings Leave structure as is

Other

FINANCIAL (See attached)

TECHNOLOGY WORKSHOP: There were technical problems so this workshop was shelved.

VISIT TO THE WORLD SERVICE HEAD-QUARTERS: Again, this was one of the high-lights of the week.

PROPERTY OWNERSHIP: See the members' section on the WSO website. We will vote next year. We saw some great things regarding this topic. It was pointed out that although the original motion required a 15-year trial period, the motion to discontinue it and make the decisions about the Virginia Beach property which is home to the World Service Office at anytime. A consensus was taken about voting during this Conference and a motion was made. As discussion was happening, one delegate came to the mic and said that although she would be voting "yes", we would be betraying the trust of our members since it had been announced that the vote would happen next year in 2011. One person's voice was that of reason and the motion was tabled until next year. So the seemingly minority voice raised everyone's awareness and everyone felt we did the right thing. Again, we all have footwork to do, so please go to the WSO website www.al-anon.alateen.org/

members to inform yourselves of what we will be voting on. If there are questions or concerns, please raise them at the August Committee meeting and the November Assembly and/or call me. Pre-submitted written questions will help us research and answer issues properly and completely. The building was financed by low interest non-profit bonds and paid by interest from some investments. The principle (actual contributions to WSO by groups, individuals, etc.) that generated this interest was not used in any way to pay for the building's financing. In fact, the final payment of \$75,000 was made last year and the building was completely paid off in 2009.

THE FORUM: Bob S. who is the staff member in charge of *The Forum* last year reported that our magazine was in peril of obsolescence due to dying subscriptions, had some different news for us this year. "CALIFORNIA SAVED THE FORUM!!!!!" Although they do not keep records by Area, CA had the largest percentage increase overall. Rather than losing 200 subscriptions per month, there has been an increase of 200 per month. I'm sure that our Forum Challenge was a major part of that number. I'm curious to see which district won the contest—better get to writing our show, David.

I would like to thank you once more for allowing me the privilege of serving you at the Worldwide Al-Anon level. This experience has shown me the pure workings of the Traditions and Concepts of Service in how the Conference is conducted and in the interactions of its members. I was so close to my Higher Power over those days that I was able to get through this Conference and deal with my responsibilities beforehand. In July, I had a car accident that caused more emotional pain than physical (and with bruised ribs, that was pretty crappy). In December I broke 2 bones in my leg which also had physical and emotional consequences. I found that I could not function in some ways such as reading, as before. I was assigned to the Restructuring the Conference thought force, and I tried to keep up with them but I could not and had to step down. I was asked to co-lead a service workshop with one of the Trustees, but again, I could not. Just before I left for the Conference, my mother's medical care was taken over by Hospice. I knew I had the support of all of you and I knew that my Higher Power would point me in the right direction during this time. Although

there was no call for me to come home, another delegate received that dreadful news and had to leave the Conference. My mom is stable for now and I thank you for understanding and propping me up and sending me on my way.

#### I love and respect you. In service, Sandie E, Delegate Panel 49 California South

#### Immediate Past Delegate: Mary

Once again I am looking forward to our "Hot Topics" today for the Assembly. "Hot Topics" have been very informative are of interest for all our members.

I am looking forward to our vote on having a "Team Event" here in our Area with WSO participation.

Again, I believe this new concept of service participation will hopefully bring new enthusiasm to our fellowship on a level that meets or surpasses the RSS's (Regional Service Seminars) which we had attended in the past.

Thanks to our Area I was once again privileged to attend SWRDM (Southwest Regional Delegate's Meeting) in Reno, Nevada in March. For those of you who are not familiar with SWRDM it consists of eight Areas of World Service: CA (S), CA (N), Nevada, Hawaii, Arizona, Utah, New Mexico and Colorado. The focus this year was on the new upcoming Team Events and how the planning of those was proceeding. There are several now planned and some of us are looking forward to attending these where feasible. Our Regional Trustee, Karen Rimmel, gave her report and informed us as to what is happening at WSO. I attended the discussion for Delegates on "How Your Life Has Changed, since being Delegate". We also decided to revamp the guidelines for SWRDM and that should be done by next March.

The most exciting news is where this event will be held next year; it will be in Hawaii at the Alamoana Hotel in Honolulu. The Hawaii delegation has gotten very reasonable pricing. If you would like to attend as an observer it sure would be the place to be and perhaps you can include that Welcome everyone. in your vacation planning. I have the privilege of being elected as the Program Chair for that event and am looking forward to working with the committee on this program. All speakers will be past Delegates. Hope to see all of you interested in another level of service to be there. SWRDM is to

prepare the new delegates in our region for the World Service Conference and because of this, the regional meeting is aligned somewhat with how the conference is setup and topics are usually following the theme of the current year's Conference. Note: The rooms will be \$129.00 and parking is \$15.00 per day, airline approx. \$400.00). The Hawaii Area has several events planned for us to attend the day before SWRDM begins.

I am grateful to be an active member of this service board and do appreciate all the support I have been given both personally and at the service level

#### Yours in Service, Marv M

#### Alternate Delegate: David B

We held the SOS (Sharing Of Service) event this past January, here at the Fullerton Senior Service Center. Our speaker Helen W. of Atascadero was remarkable, and provided us a view of Al-Anon's history. We were lucky to have her.

We will be announcing our fall, northern area SOS shortly. This will be held in the Santa Barbara/Ventura area, and will be co-hosted by districts 8 and 12.

There has been some discussion of the TEAM event, which will occupy the date and location of the January SOS here in Fullerton in 2011.

Our Forum challenge has come to an end. The total Forum subscriptions reported by the Districts are 971. The most subscriptions by a District are 139 by District 12, so District 12 will win the prize of a show to be presented by the SCWS Board.

Congratulations to District 12!

Or condolences. We'll see.

I will be attending SCAC (Southern California Alateen Conference) on the last weekend of June. I hope to see you all there.

#### Love in Service David Behm, Alternate Delegate

#### Chair: Jayme C

Good Morning. Buenas Dias. Buon Giorno. My name is Jayme C. and I am a very grateful member of the World Wide Fellowship of the Al-Anon Family Groups and I am also your Panel 49, SCWS Chairman for California South ~ Area 4. Before we begin please join me in the Serenity Prayer followed by a moment of silence for the families who still suffer.

For your records ~ I have a new last name. I was married January 29. To complicate matters I took my maiden name back! After 26 years of being single I got married! So 2009 was an interesting and exciting year for me. First I was elected to Area Chairman then I retired and then early 2010 I got married!

I want you to know how hard your SCWS Board works in between Assemblies. We last met November 2009 and there has been lots of Al-Anon work to do in between Assemblies. We meet. We discuss. We accomplish so much and our hearts are always with YOU the fellowship. Our goal is always one thing "what is the good of the fellowship".

Our HOT TOPICS has created much excitement and enthusiasm throughout the country. The word has spread of our success with the HOT TOPICS. I was asked to participate in an Area Chair conference call in February. This conference call was for the entire country and I was requested to tell them what we are doing and how we are doing HOT TOPICS in So California. Other Areas are following our lead and doing the same thing now. We are on the cutting edge and the flyers that have been created by Truck our Bulletin Editor for the HOT TOPICS have been emailed all over the country. They have created much excitement! WSO is even thrilled.

Some of the SCWS Board attended the first screening of the movie "When Love Is Not Enough" The Lois Wilson Story. WSO representatives were unable to attend this first screening due to the WS Conference being held in Virginia Beach. We were invited to attend the screening in

place of the WSO representatives. It was an exciting evening for all of us and such a proud moment for the Al-Anon Family Groups.

The H & I Conference was held in early May. Our very own PI Coordinator, Tim P. and his family were the speakers. It was well attended but more participation is needed for the future.

SWRDM (Southwest Regional Delegates Meeting) was held in March. Sandie E., Mary M., David B., and myself attended in Reno, Nevada. The Southwest Region includes: Hawaii, N and S California, Utah, Nevada, Arizona, New Mexico and Colorado. It is a meeting held prior to the WS Conference to prepare the present delegates for the WS Conference. Attendees include past delegates, alternate delegates, chairmen, trustees and past trustees. It is such a valuable experience.

Forum Subscriptions ~ We are so happy to let our Area know that the state of California saved the Forum from becoming extinct. The subscriptions sent from North and South California were over the top and helped keep the Forum in print. Congratulations to everyone who helped in this effort.

If you are a new GR remember this: God doesn't call the qualified HE qualifies the called.

Remember our motto for this Panel is: PANEL 49 SHINES!

Thank you again for the honor and privilege to serve as your SCWS Chairman. It is a very humbling and daunting. I pray that I serve you all in a most exemplary way.

Love in service, Jayme C

# Acronyms Used in Al-Anon/Alateen

AFG - Al-Anon Family Group(s)

AIB - Ask It Basket

AIS - AI-Anon Information Service AWSA - Area World Service Assembly AWSC - Area World Service Committee CAL - Conference Approved Literature

CAT - Conference Approved Tapes
CMA - Current Mailing Address

CPC - Cooperating with the Professional Community

DR - District Representative
GR - Group Representative (WS)
GSO - General Service Office

(Countries other than U.S. & Canada)

H & I - Hospitals & Institutions

IAGSM - International Al-Anon General Service Meeting IR / ISR - Intergroup Representative /Information Service Rep.

LDC - Literature Distribution Center LRSP - Long Range Study Panel

NPIC - National Public Information Canada

PFA - Publications Franchises Al-Anon (Canada)

PI - Public Information - Public Outreach

PSA - Public Service Announcement RSS - Regional Service Seminar

RT - Regional Trustee

SCAC - Southern California Alateen Conference SCWS - Southern California World Service

SOS - Sharing Of Service

SWRDM –Southwest Region Delegates' Meeting SWRSS – Southwest Region Service Seminar

SWRT - Southwest Regional Trustee

TAL - Trustee At Large WS - World Service

WSC - World Service Conference

WSO - World Service Office

# Minutes of Assembly Meeting May 15, 2010

**Chairperson** Jayme P. started the meeting at 10:05 a.m.

Serenity Prayer and Welcome.

Introduction of Past Delegates, New DRs & New Grs.

Chairman's Report - See Bulletin for full report.

Traditions Read by Cathy S., District 42

Treasurer's Report - Heidi T. - See Bulletin for full report.

Presented information to Grs regarding sending surplus funds to the WSO.

So move to send \$6,000 to send a contribution to the WSO

By Vivian from Distrist 27

Seconded by Teresa from District 69

Motion passed

**Record's Secretary -** See Bulletin for full report.

Roll call taken.

**Delegate's Report** - Sandie E. - Will put full report of the Delegate's Corner on the SCWS' website.

Alternate Delegate's Report - David B. - See Bulletin for full report.

SOS in Fullerton in January with Helen from Atascadero.

The group was called the Dry Mates, before Al-anon was Al-Anon.

SOS in Santa Barbara/Ventura area in September or October. All are invited. More to be revealed.

Went to SWDRM.

Past Delegate's Report - Mary M. - See Bulletin for full report.

Went to SWDRM and to the H&I Conference.

Spoke to Twiggy from Ridgecrest and they have one meeting up there and she is going

Minutes Secretary - Amanda C. -

Assembly minutes of November 21, 2009 - Carolyn from District 39 moved to accept the minutes as read and Sarah from District 39 seconded. Motion passed.

So-Cal. AA Conv. 2010 - Al-Anon - Mary Ann H.

Returned from lunch at 1:22 pm

Paula from District 57 read Concepts.

**Hospitality Report** - Del L. - Host Districts for February Committee Meeting: 8, 12, and 17.

Broke into Hot Topic Discussions: See Bulletin for reports.

Groups

**Districts** 

World Service

#### **New Business**

TEAM (Together Empower Al-Anon/Alateen Members) is to energize your service event. This event would take the place of our SOS in January. Cathy from District 42 moved that we accept the TEAM event instead of the SOS in January in Fullerton. Judy from District 57 seconded. Motion passed.

Susan District 39 nominates Mary M; Mary M. No other nominations.

**Convention Reports** - See Bulletin for full reports

AFG Convention 2011 (April 8-11) - Lynn A. So-Cal Alateen Conference SCAC - Amanda

**Coordinators' Reports** - See Bulletin for full reports.

Alateen Sponsor - Lea R. (Heidi gave report)

Archives - Kathy G.

Bulletin - Truck S.

Literature - Juan P.

Cooperating with the Professional Community - Carolyn

Institutions - Rodger P.

Website - Ben P.

Question from Tina at District 21 regarding the Ask-It-Basket questions and why hasn't the basket been passed and that their district uses it for their meetings. Some people have put questions in and they don't know what happened to them. Jayme suggested that Tina e-mail David and Jayme will also e-mail him. Amanda stated that she attended the No. CA assembly where some of their Drs and Grs evaluated the elected officials and we might want to take a look at putting some type of evaluation process for our elected officials.

**Intergroup Liaisons' Reports** - See Bulletin for full reports.

Inland Empire - Billy M.

San Diego County - Kay

Ventura County - LaLena H.

**Al-Anon Announcements** 

Closing

Respectfully submitting,
Amanda C

# Minutes of Committee Meeting February 20, 2010

<u>Chairperson</u> - Jayme began the meeting at approximately 10:03 a.m. with the Serenity Prayer.

The 12-Traditions were read by Tim P.; Public Information Coordinator.

<u>Chairperson</u> - Jayme P. welcomed the group and discussed some of the things that the Board is doing behind the scenes.

Treasurer's Report - Heidi T. - See Report in Bulletin

<u>Records Secretary's Report & Roll Call</u> - Kathi L. - Discussion to ensure that records are still up to date. Roll call taken.

<u>Minutes Secretary</u> - Amanda C. - Asked for changes, additions, or deletions to the Minutes of Committee Meeting of August 15, 2009. The Chair called for the vote, Tarisa DR 17 motioned to accept the minutes as written and Martha DR 30 seconded. Motion passed.

Delegate's Report - Sandie E. - See Bulletin for Report

<u>Alternate Delegate's Report</u> - David B. - SOS in January was a success with Helen. Forum competition is still on-going until the May Assembly. David will be attending the South West Regional Assembly's Seminar and District 51s meeting coming up.

Past Delegate - Mary M. - See Bulletin for Report

**Old Business** 

Hot Topics came up and voted on:

- Crosstalk
- Surplus at the SCWS level

- Service Manual
- Public Outreach
- Rotation of Leadership
- Alateen
- Fundraising
- Service Structure
- High Pressure Groups

Observed 7<sup>th</sup> Tradition

#### Noon Lunch Break

One hour lunch with Alateen.

1:00p.m. - Reconvene

Concepts read by: John District #60

Hospitality Report: Del L. - Thanks to the SOS & Committee host districts.

Host Districts for May Assembly: 3, 24, 27, 42, 60 & 64

Hot Topics for Assembly:

1) Support Alateen Meetings and Expand the Number of Meetings in Each District

Chairman: Tarisa, DR fo D17

Participants: David B., Alternate Delegate

Heidi T., Treasurer

Lea R., Alateen Sponsor Coordinator

Anita S., Alateen Coordinator

Brandi S., Alateen Sponsor

Jax G., Alateen

Ada G., DR 51

Kathy A., DR 75

2) High Pressure Groups and Sponsorship that is not working.

Chairman: Cathy S., DR 42

Participants: Vicki J., Alternate DR 42

Sandie E., Delegate

Del L., Hospitality Coordinator

3) What a District Does and the Explanation of the Service Arms

Chairman: Ben P., Webmaster Coordinator for SCWS

Martha M., DR 30

Mary Lou, DR 72

Mary M., Past Delegate

Kathi L., Records Secretary for SCWS

New Business - None

Convention Chairpersons' Reports - See Bulletin for Reports

AFG Convention 2010 - Laureen B. (Read by Jayme C.)

So-Cal. AA Conv. 2010 - Al-Anon - Mary Ann H.

Coordinators' Reports - See Bulletin for Reports

District Report's - See Bulletin for Reports

Announcements

Meeting Ended Approximately 3:40pm.

Respectfully Submitted,
Amanda C

# TREASURER'S REPORT MAY ASSEMBLY 2010

First, I would like to start off by thanking the group representatives for doing such a great job in working with their group treasurers on where and how to make group contributions. When the group treasurers use the requested forms and make the checks out correctly, my job is so much easier and most of the contributions being made are following the protocol. At this time I would also like to thank Amanda C. for helping me enter 147 contributions during the month of April. Also, a huge thank you to the Glendale Friday Night Windsor Club meeting for helping me stuff receipts. No matter what the job in Al-Anon, I can always use help and encourage it. If anyone is interested in being of service with me, please do not hesitate to contact me at any time, there is always something to be done.

Contributions in the first quarter are up by 15% compared to last year for the same time period and our expenses are 16% less compared to last year for the same time period. Income from the 4<sup>th</sup> quarter of last year to the first quarter of this is up by 12%. Please know that there is a rumor going around about SCWS not needing any group contributions. This is absolutely NOT TRUE. Southern California World Service can only operate if we continue to receive your groups contributions. Your groups contributions pay for our delegate to go to the World Service Conference where she carries our vote and our voice. Contributions also go to allowing your coordinators to carry out the message of Al-Anon Family Groups through out Southern California. Not to mention provide training of service to the various board members in their fields and pass that training and information onto the group representatives who then carry the message back to their meetings.

SCWS budgets over the last few years have been ranging in the \$35,000 to \$40,000 while the actuals have been around \$42,000 to \$48,000. The budget for 2010 has been set around \$46,000 in order to be more true to actual. While budgets are guesstimates of what we anticipate our expenditures to be, it is always better to be closer to actual then way over the estimated expenses not that we have not been over on the income too. In our budget for 2010 we have included Alateen Sponsor trains and workshops. There are other projects the group representatives can add to our agenda if the Assembly (group representatives) vote to do so. My objective in regards to the budget is to make sure that all expenses are met and that every financial obligation set forth by the Assembly and by the by-laws of SCWS is paid for. Any and all projects need to be decided during the fiscal year of the budget set forth, which is January 01, 2010 through December 31, 2010.

A reminder to group representatives that reimbursements from their meetings is part of the groups regular expenses. This includes your 7<sup>th</sup> tradition contribution at the Assemblies and your mileage not covered by SCWS. If you choose not to be reimbursed by your group, you still need to let your group know what your expenses are so that you are not setting a precedent of having to be financially responsible when you are of service to your groups. We in Southern California believe that your financial status does not prevent you from being of service to Al-Anon. This should include your mileage to district meetings as well and the cost of providing breakfast to the Assembly when your district is asked to host. The same goes for the District Representatives for their districts.

Please know that just like any other member of your SCWS Board, I am available to be of assistance to any district or meeting looking for additional information in regards to our 7<sup>th</sup> Tradition and/or group funds and financial responsibilities.

The audit of Southern California World Service of AFG, Inc. was presented to the May Assembly and was completed back in February. Thank you to Karen N. and Christy R. for being the audit committee this year and what a great job they did. The final audit report will be printed in the Bulletin as per our by-laws.

At the end of each fiscal year, it is the responsibility of the SCWS Treasurer to make a proposal to the May Assembly, as per our by-laws, for a contribution amount to be distributed to the World Service Office in Virginia Beach that represents the amount of the profits from the previous fiscal year. Ac-

cording to <u>Paths To Recovery</u> under the 7<sup>th</sup> Tradition, "With sufficient membership contributions, Al-Anon will always be there for families and friends of alcoholics. This Tradition, although it speaks directly to individuals and the group, in fact, speaks to the entire fellowship", page 193. From page 196, "Our spiritual fellowship is based on equality and, though we may not all contribute exactly the same amount, by spreading responsibility widely, we assure ourselves of the mutuality of our self help." The contribution amount proposed and passed by the May Assembly members is for a total of \$6,000.00.

The regular contribution report will be printed in the Bulletin. Sorted by district, city and group number. All groups should be auditing this report to be sure that their meeting is being credited with the correct contribution amounts. The contribution report represents part of what your meeting is doing with your 7<sup>th</sup> tradition funds.

The beginning balance of the Operating account as of April 01, 2010 was \$14,858.49. There were 14 checks that cleared on the April bank statement for a total of \$2,301.27 and there were 7 deposits and credits to the account for a total of \$5,672.56, leaving a bank statement cleared balance of \$18,228.79. There were an additional 6 checks that have not cleared the account for a total of \$515.40 and one new deposit not included in the bank statement for \$6,364.68. Leaving a register balance of \$24,079.06 as of April 30, 2010.

For the CD Account ending 00624, the beginning balance as of April 01, 2010 was \$5,810.47. The interest earned on this account as of April 30<sup>th</sup> was \$4.53. Leaving a bank statement and register balance of \$5,815.00 for April 30, 2010.

For the CD Account ending in 00560, the beginning balance as of April 01, 2010 was \$13,714.65. The interest earned on this account was \$3.95. Leaving a bank statement and register balance of \$13,718.60 for April 30, 2010.

For the CD Account ending in 01222, the beginning balance as of April 01, 2010 was \$5.817.94. The interest earned on this account was \$3.11. Leaving a bank statement and register balance of \$5,821.05 for April 30, 2010.

The total balance of all bank accounts as of April 30<sup>th</sup> is \$48,633.18. After our prudent reserve of \$25,000.00 is \$23,633.18.

Thank you to all of the members of the SCWS Committee that continue to allow me to be of service to all of Southern California, it truly has been a pleasure to be your Area 04 treasurer. If any of you should have any additional questions and/or comments, please do not hesitate to contact me at any time. It is always a pleasure to speak with fellow Al-Anon's involved in service.

#### Respectfully submitted; Heidi T

#### Who has Voice and/or Vote?

#### **Assembly Meeting**

Group Representatives VOICE and VOTE
District Representatives VOICE
Officers VOICE
Coordinators VOICE
Past Delegates VOICE

(Intergroup Liaisons and AWSC Convention Chairs give report only – No voice nor vote unless also a GR.)

#### **Committee Meeting**

District Representatives VOICE and VOTE
Officers VOICE and VOTE
Coordinators VOICE and VOTE
Intergroup Liaisons VOICE and VOTE
AWSC Convention Chairs VOICE and VOTE
(Conventions: AFG, So-Cal AA & SCAC)

Past Delegates VOICE

Revised August - 2004

# 2010 1st Quarter Profit and Loss

_	Jan 10	Feb 10	Mar 10	TOTAL
Ordinary Income/Expense				
Income				
7th Tradition	0.00	111.50	0.00	111.50
Bulletin Subscriptions	0.00	0.00	52.00	52.00
Convention Contributions	280.00	0.00	165.00	445.00
District/Intergroup Contributions	0.00	0.00	600.00	600.00
Forum Subscription	0.00	-0.02	0.00	-0.02
Group Contributions	4,656.81	2,823.72	4,885.56	12,366.09
Interest Income	16.62	14.27	11.97	42.86
Individual Contributions	50.00	0.00	0.00	50.00
Sharing of Service Workshop	1,515.25	0.00	0.00	1,515.25
Total Income	6,518.68	2,949.47	5,714.53	15,182.68
Expense				
Bad Debts	0.00	0.00	0.00	0.00
Bank Fees	0.00	0.00	6.00	6.00
Background Checks	0.00	80.00	0.00	80.00
Bulletin Bulk Mail	0.00	347.46	0.00	347.46
Bulletin Production	0.00	1,460.81	0.00	1,460.81
Hotel and Lodging	50.00	0.00	119.90	169.90
Hospitality Supplies	112.25	47.38	311.04	470.67
Insurance Expense	215.50	215.50	215.50	646.50
Literature Purchases	98.78	0.00	8.23	107.01
Meals	40.00	892.75	0.00	932.75
Miscellaneous	0.00	0.00	0.00	0.00
Mileage	767.90	624.53	102.99	1,495.42
Office Expenses	247.79	239.95	355.87	843.61
Postage and Delivery	0.00	176.00	176.00	352.00
Printing and Reproduction	80.55	663.44	130.08	874.07
Professional Fess - Other	0.00	85.00	0.00	85.00
Rent Expenses	139.54	758.54	28.54	926.62
SOS Expenses	725.50	100.41	0.00	825.91
Special Events	0.00	0.00	99.00	99.00
Storage Expense	48.00	0.00	123.08	171.08
SouthWest Delegates Regional				
Meeting	0.00	0.00	352.00	352.00
Telephone Expense	0.00	5.32	0.00	5.32
Travel Expenses	0.00	0.00	780.40	780.40
Website Expenses	9.13	9.13	9.13	27.39
Total Expense	2,534.94	5,706.22	2,817.76	11,058.92
Net Ordinary Income	3,983.74	-2,756.75	2,896.77	4,123.76
Other Income/Expense				
Other Expense				
Other Expense	0.00	-104.59	-32.00	-136.59
Total Other Expense	0.00	-104.59	-32.00	-136.59
Net Other Income	0.00	104.59	32.00	136.59
Net Income	3,983.74	-2,652.16	2,928.77	4,260.35
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# 2010 1st Quarter Comparison

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	Jan - Mar 10	Jan - Mar 09	\$ Change
Ordinary Income/Expense			
Income			
7th Tradition	111.50	82.00	29.50
Bulletin Subscriptions	52.00	16.00	36.00
Convention Contributions	445.00	0.00	445.00
District/Intergroup Contributions	600.00	203.20	396.80
Forum Subscription Collection	-0.02	2.76	-2.78
Group Contributions	12,366.09	10,050.37	2,315.72
Interest Income	42.86	121.10	-78.24
Individual Contributions	50.00	0.00	50.00
Sharing of Service Workshop	1,515.25	2,654.00	-1,138.75
Total Income	15,182.68	13,129.43	2,053.25
Expense			
Bad Debts	0.00	0.00	0.00
Bank Fees	6.00	0.00	6.00
Background Checks	80.00	520.00	-440.00
Bulletin Bulk Mail	347.46	637.47	-290.01
Bulletin Production	1,460.81	920.34	540.47
Computer Expenses	0.00	28.50	-28.50
Hotel and Lodging	169.90	326.48	-156.58
Hospitality Supplies	470.67	110.25	360.42
Insurance Expense	646.50	0.00	646.50
Literature Purchases	107.01	0.00	107.01
Meals	932.75	196.29	736.46
Miscellaneous	0.00	0.00	0.00
Mileage	1,495.42	1,691.49	-196.07
Office Expenses	843.61	1,171.51	-327.90
Postage and Delivery	352.00	201.52	150.48
Printing and Reproduction	874.07	177.95	696.12
Professional Fess - Other	85.00	20.00	65.00
Rent Expenses	926.62	841.00	85.62
SOS Expenses	825.91	1,519.45	-693.54
Special Events	99.00	600.00	-501.00
Storage Expense	171.08	180.00	-8.92
SouthWest Delegates Regional Meeting	352.00	340.00	12.00
Telephone Expense	5.32	0.00	5.32
Travel Expenses	780.40	3,766.36	-2,985.96
Website Expenses	27.39	0.00	27.39
Total Expense	11,058.92	13,248.61	-2,189.69
Net Ordinary Income	4,123.76	-119.18	4,242.94
Other Income/Expense	.,		-,
Other Expense			
Other Expense	-136.59	195.48	-332.07
Total Other Expense	-136.59	195.48	-332.07
Net Other Income	136.59	-195.48	332.07
	4,260.35	-314.66	4,575.01
Net Income	4,∠00.33	-014.00	4,070.01

# 2010 1st Quarter Budget vs Actual

	BUDGET	1st Qtr
INCOME:		
Bulletin Subscriptions	50.00	52.00
7th Tradition	1,200.00	111.50
Convention Contributions	500.00	445.00
Dist./Intergrp.Donations	1,000.00	600.00
Group Donations	39,570.00	12,366.09
Interest Income	500.00	42.86
Other Income	0.00	50.00
S.O.S Income	3,000.00	1,515.25
TOTAL INCOME	45,820.00	15,182.70
EXPENSE:		
Bulletin Bulk Mail	2,200.00	347.46
Bulletin Production Exp.	6,500.00	1,460.81
Comp.Hdwe & Software	500.00	0.00
Alateen Co-ord. Exp.	2,700.00	655.72
Archives Co-ord. Exp.	100.00	0.00
Hospitality Co-ord. Exp.	400.00	527.26
Bulletin Editor Exp.	100.00	0.00
Literature Co-ord. Exp.	400.00	0.00
CPC Co-ordinator Exp.	400.00	46.33
P. I. Co-ord. Exp.	400.00	0.00
H & I Conference	400.00	0.00
Institutions Co-ord. Exp.	200.00	0.00
Web Site Co-ord. Exp	100.00	18.26
Delegate Equalizer Fund	1,950.00	0.00
Delegate WSC Expense	500.00	0.00
Other Area mtgs	4,000.00	0.00
SWRDM/SW Delegate Mtg.	2,000.00	1,132.40
DR/GR/Liaison Mileage/Hotel	3,000.00	350.80
Officer/Co-ord. Mileage/Hotel	4,500.00	1,314.52
Alternate Delegate Exp.	100.00	0.00
Chairperson Exp.	500.00	0.00
Delegate Exp.	700.00	0.00
Minutes Secretary Exp.	100.00	0.00
Past Delegate Exp.	250.00	82.82
Records Secretary Exp.	400.00	161.08
Treasurer Exp.	2,500.00	863.49
Bank Charges & Fees	50.00	0.00
Liability Insurance	3,000.00	646.50
NSF Checks/Bad Debts	100.00	0.00
Translating Equipment	0.00	0.00
Professional Translator	200.00	0.00
Corporate Expense	150.00	0.00
Website	100.00	27.39
Rent - Committee/Assembly	2,920.00	926.62
Rent - Hospitality Supplies	900.00	171.08
Special Meetings - Other	500.00	0.00
S.O.S. Expense	3,000.00	2,326.38
TOTAL EXPENSE	45,820.00	11,058.92
Year End Profit before Contribution to WSO	0.00	4,123.78
Prudent Reserve	25,000.00	25,000.00

D: 4	ordap contra		C ID	1 4 04
Distri	ct/Group	City	Group ID	1st Qtr
D03	Atascadero Monday Nite AFG 683 730 PM	Atascadero	000683	60.00
D03	Atascadero Friday Noon Book Study Group	Atascadero	041842	10.00
D03	Atascadero Thursday 530 PM	Atascadero	064375	30.00
D03	Cayucos Monday 10 AM	Cayucos	32748	105.00
D03	District 03 Contribution			500.00
D03	Lompoc Monday 7 PM Serenity AFG	Lompoc	001109	16.34
D03	Los Osos Friday Courage to Change 7 PM	Los Osos	61145	29.60
D03	Open Hearts AFG	Arroyo Grande	30527684	8.25
D03	Pismo Beach Tuesday Nite Step Study AFG	Pismo Beach	060242	24.00
D03	Wednesday 12x12 Step	Atascadero	067048	5.00
D03	Women's Serenity Al-Anon 530 PM	Pismo Beach	43977	12.00
D03	Women's Wednesday Night Willingness	Arroyo Grande	30518695	45.26
D06	Bakersfield Monday Night Stockdale			
	West Group	Bakersfield	000697	30.00
D06	Lake Isabella Monday Evening	Kernville	028384	27.00
D06	Monday Afternoon Stockdale Serenity	Bakersfield	36808	20.00
D08	Al-Anon Friday Morning	Goleta	00041540	15.00
D08	Courage to Change	Santa Barbara	026344	7.50
D08	Experience, Strength & Hope AFG	Montecito	30538392	7.50
D08	How Al-Anon Works Thus 6PM	Santa Barbara	053953	8.25
D08	Keep Coming Back	Santa Barbara	029412	15.00
D08	Men's Stag Al-Anon	Santa Barbara	503856	40.65
D08	Paths to Recovery	Goleta	054448	12.90
D08	Sunday Morning Serenity Group 11AM	Santa Barbara	1639	31.62
D09	Canyon Country Beginners Meeting	Santa Clarita	36683	80.00
D09	Friday 1230 Beginners Meeting	Valencia		36.00
D09	Saugus Saturday Serenity Group	Saugus	037597	4.11
D09	Step & Tradition Meeting	Canyon Country	502515	10.36
D09	Thursday 630 PM Step/Tradition AFG	Valencia	42761	24.34
D09	Walk As You Talk Tuesday 700 PM AFG	Palmdale	46773	12.88
D09	Wednesday Nite Keep Coming Back AFG 730 P	Valencia	047916	3.07
D10	Courage to Change 630 PM	Hesperia	503304	20.00
D12	630 Monday Night Parent Focus			
	Al-Anon Meeting	Westlake Village	30531749	105.00
D12	Fragrance Free Literature Study	Santa Barbara	00500920	75.00
D12	Friday Step Study	Westlake Village	1745	16.40
D12	Montecito Easy Does It Noon	Montecito	054447	56.00
D12	Saturday 10AM Paths to Recovery Step Study	Camarillo	00042172	20.00
D12	Stepping Through Step Study			
	Wednesday 6:30 PM	Ojai	65161	30.00
D12	Sunday Night Step & Tradition Study 5 PM	Ventura	45277	15.00
D12	Thousand Oaks Saturday Morning 1000 AM	Thousand Oaks	38928	45.00
D12	Tuesday 130 4th Step Study	Ventura	64141	10.00
D12	Tuesday Night Al-Anon 700 PM (Rehab)	Simi Valley	029992	30.00
D12	Westlake Village Wednesday 1245 PM	Westlake	067262	67.69
D12	When We Got Busy We Got Better	Oxnard	30507219	24.00
D12	Woman's Writing Group 730 PM	Thousand Oaks	54169	22.50
D17	Encino Thursday Live & Let Live 7PM	Encino	0063426	19.52

Distr	ict/Group	City	Group ID	1st Qtr
D17	Family Group of Northridge Friday 1230 PM	Northridge	001270	27.97
D17	Farsi Speaking Meeting	Encino	501763	20.00
D17	From Survivors to Recovery	Woodland Hills	30531750	123.60
D17	Granada Hills Monday Night AFG	Granada Hills	30534687	31.11
D17	Have Al-Anon Will Grow Meeting	Encino	64469	69.38
D17	Monday Night VA Hospital 7PM	North Hills	037302	29.05
D17	Tarzana Thursday Evening AFG St. James	Tarzana	1739	15.61
D17	Tradition Five Al-Anon Family Group Friday	Woodland Hills	45693	50.00
D17	Tuesday Night Book Study 630PM	Woodland Hills	52038	100.95
D17	Wed Night Parent Focus Group	Woodland Hills	503581	143.00
D17	Women's Stag Action Group Thursday 10AM	Woodland Hills	1842	20.00
D21	Al-Anon 4th Step Study	North Hollywood	30513887	88.40
D21	Focus on Recovery	Sherman Oaks	30509646	5.59
D21	Hope for Today 815AM	North Hollywood	500515	141.00
D21	Live and Let Live	Sherman Oaks	502106	50.00
D21	Monday Noon AFG 1st Christian Church	Studio City	048882	48.36
D21	Parents Focus	Studio City	502996	40.00
D21	Principles In Action	North Hollywood	30541426	40.00
D21	Serenity on Sunday AFG	Sherman Oaks	1265	29.07
D21	Sherman Oaks Parent Focus Friday Night	Sherman Oaks	75762	15.00
D21	The Thursday Night Tools for Living AFG	North Hollywood	001268	30.16
D24	AFG Burbank Saturday			
	Little White Chapel 10 AM	Burbank	048987	25.00
D24	Burbank Sunday Nite 7:30 PM	Burbank	738	21.34
D24	La Canada AFG - Wed 5:30	La Canada	48985	18.86
D24	La Canada Blue Print for Progress Mon AFG	La Canada	46168	47.64
D24	La Canada Parents Group 1030 AM	La Canada	51517	800.00
D24	Monday Night 7PM Sunland Meeting AFG	Sunland	30531058	16.00
D24	Monday Night AFG	La Canada	23996	69.49
D24	Problem Sharing & Beginners Meeting	La Crescenta	30519052	8.00
D24	3 1	Montrose	48986	26.21
D24	Sunday 10:00AM Windsor Club	Glendale	30514801	7.00
D24	Thursday Afternoon Step Study 1230 PM	La Canada	001053	60.20
D24	Tuesday Evening Little White Chapel 7:30 PM	Burbank	000740	18.75
D27	Beverly Hills Tuesday Noon Meeting	Beverly Hills	0048228	80.00
D27	Brentwood Sunday AFG Step Study	Brentwood	0001138	64.00
D27	Living With Sobriety	Hollywood	0001151	47.00
D27	Living With Sobriety	Silverlake	001173	40.68
D27	Men's Fireside Stag AFG	Pacific Palisades	03008753	40.00
D27	Monday 7:30PM Search for Serenity	West Hollywood	029235	134.20
D27	Monday Night 730PM	Brentwood	500055	112.50
D27	New Freedom & Happiness AFG	West Hollywood	500857	50.00
D27	Saturday Morning Mort's Deli 730 AM	Pacific Palisades	64140	97.86
D27	Sunday Morning (Mort's Deli)	Pacific Palisades	065210	13.20
D27	Sunday Morning AFG -	Cilerari-1	42042	110 41
D27	AT Center/Griffith Park Boulevard	Silverlake	42842	119.41
D27 D27	Topanga Tuesday Noon Westwood Al-Anon	Topanga Brentwood	0052860 004828	60.00
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Distr	ict/Group	City	Group ID	1st Qtr
D27	Westwood Al-Anon 10:30 - Noon	Westwood	503532	182.00
D27	Women's Stag 630PM Step and Tradition Study	West Los Angeles	066184	105.05
D30	3rd Saturday of Every Month Lunch	Sierra Madre	00044514	20.00
D30	Monday 6PM Marengo	Pasadena	00063505	40.00
D30	Monday Night AFG 600 PM	Sierra Madre	048170	48.00
D30	Nuevos Caminos Monday and Thursday	Pasadena	0043698	16.50
D30	San Gabriel Tuesday Night (Roses Road)	San Gabriel	1588	54.80
D30	San Marino Al-Anon	San Gabriel	0001587	14.00
D30	South Pasadena Saturday Morning	Pasadena	30507920	58.58
D30	South Pasadena Thursday 745PM	South Pasadena	000653	37.04
D30	Wednesday Morning Discussion Group	Alhambra	000651	40.00
D33	Covina Friday 10am Living in the Solution	Covina	000500806 035662	17.00
D33	Coving Un Front Wednesday Noon Al Apon	Covina	033002 825	13.46
D33	Covina Up Front Wednesday Noon Al-Anon Covina Wednesday Nite Step Study 7PM	Covina Covina	823 40529	15.00 15.00
D33	Monday Night Glendora Meeting	Glendora	00979	10.00
D33	Monrovia Candlelight	Monrovia Monrovia	00501501	9.75
D33	West Covina Men's Stag 730	West Covina	1824	90.00
D35	11th Step Meeting - Brown Bag	Claremont	0063330	30.00
D36	Changing Format AFG 7:30PM	Claremont	0003330	30.00
D30	St. Marks Church	Upland	047714	13.50
D36	Monday Morning Serenity Group 1000AM	Pomona	001388	42.50
D36	Tuesday Night One Day At A Time 7:30PM	Pomona	025401	10.00
D39	Riverside As We Understood	Riverside	62948	18.70
D39	Wednesday Night Al-Anon Discussion	Riverside	0001461	20.00
D40	Family & Friends Alcoholics	Hemet	32470	58.00
D40	Hope for Today	Muttieta	30531203	10.00
D40	Sunday Night Serenity	Sun City		20.00
D40	Thursday Morning Literature Study	Termecula	30504289	75.00
D42	Friday Noon Courage to Change	Bermuda Dunes	00052240	17.00
D42	Friday Noon Courage to Change	Indian Wells	52240	
			-30529504	31.00
D42	How Al-Anon Works - Tuesday Noon	Indian Wells	60124	43.50
D42	Monday Night 4th Step Meeting	Palm Springs	54407	10.20
D42	Paths to Recovery Book Study	Indian Wells	65245	20.00
D42	Paths To Recovery Saturday 10:00 AM	Palm Springs	61960	62.80
D42	The Beginner Meeting	Palm Desert	30544855	89.00
D42	Tuesday High Noon	Palm Springs	0062013	60.00
D42	Tuesday Night Non-Smoking Al-Anon Group	Rancho Mirage	1405	270.00
D42	Wed Night AFG Discussion Group 6:30 PM	Palm Springs	60635	10.00
D42	Wednesday 630 Women's Meeting	Yucca Valley	500442	21.00
D45	Mar Vista Thursday Nite	Mar Vista	028507	32.00
D45	Monday Night ACA Women's Meeting	Culver City	0049504	107.57
D45	Monday Night Recovery Group 730PM	Westchester	050214	7.35
D45	MWF 735 AM One Day At A Time	Santa Monica	033829	175.27
D45	ODAT (TGIF)	Santa Monica	063948	81.00
D45	Rose Garden Thursday Meeting	Santa Monica	0061784	77.21
			- 65561	77.31

Distri	ct/Group	City	Group ID	1st Qtr
D45	Santa Monica Sunday Morning 730 AM	Santa Monica	066537	55.00
D45	Santa Monica Thursday	Santa Monica	053369	180.00
D45	Sunday Santa Monica ACA Al-Anon Mtg	Santa Monica	502462	54.50
D45	Tuesday 735 AM Al-Anon Meeting	Santa Monica	61784	78.00
D45	Westchester Saturday 10AM ADOT Study AFG	Westchester	50442	167.24
D45	Westchester Stepped Up Group Thursday 8PM	Westchester	046821	63.30
D51	Downey Thursday Nighters	Downey	854	25.00
D51	East Whittier/La Habra Tuesday Night 7PM	Whittier	1830	30.00
D51	Mon Evening Al-Anon	Pico Rivera	001367	20.00
D51	Nuevo Despertar	Santa Fe Springs	48601	50.00
D51	Saturday Morning 9AM	Whittier	44212	31.83
D51	Whittier Wednesday Night 700 PM	Whittier	029953	38.94
D54	Gardena Saturday AM 12&12&12 Meeting	Gardena	39919	60.00
D54	Hermosa Beach Thursday 12 PM	Hermosa Beach	65307	110.00
D54	Hour of Recovery	El Segundo	503768	6.00
D54	Manhattan Beach Tuesday Nite AFG 7:30 PM	Manhattan Beach	44242	9.00
D54	Monday Morning Step Study 10AM	Rollings		
	, , ,	Hills Estate	1464	18.00
D54	Peninsula Hilltoppers AFG	Palos Verdes	0001408	250.00
D54	Rise and Shine	Hermosa Beach	30550844	35.00
D54	Steps to Serenity Tues Noon	Manhattan Beach	032292	6.04
D54	Torrance Saturday Morning Walteria 9 AM	Torrance	54893	30.00
D54	Torrance Thursday 10AM	Torrance	1756	35.00
D54	Torrance Tuesday Night Del Amo	Torrance	0001752	100.00
D54	Tuesday Nite Conscious Contact 7:30 PM	El Segundo	051035	54.02
D57	Bellflower Sunday Afternoon 130 PM	Bellflower	000713	24.00
D57	Cerritos Mon PM New Way of Life	Cerritos	000769	88.95
D57	Disctrict 57 Contribution			100.00
D57	Lakewood Freedom	Lakewood	24666	20.00
D57	Lakewood Thursday 615PM	Lakewood	53068	10.00
D57	Saturday Morning Group	Long Beach	62772	75.00
D57	Tuesday Morning Faith In Action Family Group	Long Beach	30521517	15.16
D57	Tuesday Night Paths to Recovery Step Study	Long Beach	30515689	7.50
D60	Brea Sunday Night	Brea	38198	10.00
D60	Buena Park Thursday Night Al-Anon	Buena Park	0023971	10.00
D60	La Habra Wednesday Nite Al-Anon	La Habra	063268	15.00
D60	Orange Friday Noon	Orange	001304	32.83
D60	Tuesday Night 730 St Irenaeus Church	Cypress	44559	45.00
D60	Wed 1230 PM Al-Anon	Fullerton	000954	16.00
D60	Yorba Linda Monday 10 AM Step Study	Yorba Linda	31730	120.00
D60	Yorba Linda Tuesday Evening Men's Stag	Yorba Linda	37360	5.00
D60	Yorba Linda Tuesday Night	Yorba Linda	66240	59.36
D63	Huntington Beach Parents Meeting	Huntington Beach		5.00
D63	Huntington Beach Thursday AFG 7PM	Huntington Beach	00052540	10.50
D63	Meeting of Hope AFG	Garden Grove	405065	33.97
D63	Monday Book Study	Garden Grove		24.00
D63	Monday Morning Attitude Adjustment			
	AFG 10 AM	Huntington Beach	054626	21.30

Distri	ict/Group	City	Group ID	1st Qtr
D63	Monday Night Fogcutters -12 Step Study	Huntington Beach	0001029	5.00
D63	Monday Night Literature Study	Tustin	001770	32.20
D63	Parents Hope for Today Al-Anon Family Group	Tustin	30508020	76.24
D63	Seal Beach Thursday 730PM	Seal Beach	0001689/6341	
D63	Thursday 100PM Getaway AFG	Huntington Beach	1028 - 6325	14.00
D63	Thursday Night Men's Stag AFG 8 PM	Garden Grove	812	136.38
D63	Tuesday Aladay Al-Anon 12:30 PM	Fountain Valley	912	12.58
D63	Tustin - SOS Sunday Night	Tustin	0054429	52.30
D64	Al-Anon En Espanol	Torrance	0047954	50.00
D64	Alegria de Vivir Fri/Sat/Sun 5:00 PM	San Marcos	0067220	10.00
D64	Aprendiendo A Amarnos	Pacoima	502033	15.00
D64	Circula de Ganadores	Van Nuys	60303	75.00
D64	El Nuevo Horizonte Al-Anon Group	El Monte	45872	20.00
D64	Esperanza Fe Yaccion	San Juan Capistran	o502875	40.00
D64	Forta Leza y Libertad	Hacendia Heights	00060494	13.00
D64	Gratitud Y Fe	Chino	0053918	47.50
D64	La Gran Familia GFA	La Puente	0001155	20.98
D64	Mi Nueva Vida AFG	Buena Park	054134	30.00
D64	Nueva Vida Tues & Fri	Pico Rivera	62616	60.00
D64	Orta Comienza AFG	Los Angeles	0061968	15.00
D64	Remanso de Paz en Calexico GFA	Calexico	30518711	20.00
D66	Be Good to Yourself Al-Anon 730PM	Dana Point	28351	20.00
D66	Break Away Parents Meeting	Costa Mesa	500486	12.13
D66	Canyon Recovery	Laguna Beach	30508851	
			/6654	12.50
D66	Corona Del Mar Thurs 630PM OC#6607	Corona Del Mar	051828	10.00
D66	Corona Del Mar Tuesday 7 PM	Corona Del Mar	44101	54.54
D66	j e	Costa Mesa	813	9.72
D66	Irvine Sunday Night AFG	Irvine	45275	27.64
D66	Irvine Wed Night Al-Anon	Irvine	060299	25.00
	Laguna Beach Men's Al-Anon	Laguna Beach	0044153	240.00
	Laguna Beach Monday Noon Al-Anon	Laguna Beach	0001058	101.14
D66	Laguna Parents Meeting	Laguna Beach	00501647	120.00
D66	Mariner's Church Literature Study	T	0052005	22.72
DCC	Thurs. 7:00 PM AFG	Irvine	0053895	32.73
D66	Parent Al-Anon Meeting 6:30	Rancho Santa	502004	22.46
D66	San Ivan Conjetuana Thursday 10AM AEC	Margarita	502884	22.46
D66	San Juan Capistrano Thursday 10AM AFG	San Juan	1570	61.22
D66	Saturday & A.M. Daranta of Alashalias	Capistrano	1578	61.22 117.72
D66 D66	Saturday Morning Stop Study 10:20AM	Newport Beach	63876 051094	50.00
D66	Saturday Morning Step Study 10:30AM Survival to Recovery Study 10AM	Laguna Beach Costa Mesa	61151	89.55
D66	Tuesday 10:00 AM Meeting	Laguna Woods	501725	100.00
D69	Just For Today AFG	Rancho	301723	100.00
D07	Just 1 of 1 oddy At O	Penasquitos	45691	30.00
D69	Adult Children Survival to Recovery	Solana Beach	00501208	10.00
D69	Changing Attitudes 8:30 AM	Carlsbad	61259	64.95
D69	Encinitas Moonlight Beach Just for Today	Encinitas	0064413	47.40
20)			3001112	.,

Distri	ct/Group	City	Group ID	1st Qtr
D69	Experience, Strength & Hope Tuesday 730	Carlsbad	64594	34.00
D69	Into the Solution	Carlsbad	500883	30.23
D69	Loving Traditions	Carlsbad	65399	20.00
D69	Monday Morning Step by Step	Solana Beach	502817	24.00
D69	New Beginnings	Rancho Bernardo	65751	10.00
D69	North County Men's Al-Anon 9AM	Carlsbad	30531792	100.00
D69	One Day At A Time 10AM	Rancho Bernardo	27438	8.00
D69	Rancho Santa Fe Lunch Bunch	Rancho Santa Fe	063513	12.50
D69	Renacer AFG	Escondido	0063846	60.00
D69	Saturday Morning Discussion	Oceanside	61150	30.00
D69	Solano Beach Thursday Sunnyside-Up	Del Mar	48686	
	AFG 8 AM		- 30535445	117.70
D69	Strictly Al-Anon	Vista	500420	20.00
D69	Working the Steps, Traditions & Concepts	Del Mar	066846	17.18
D72	La Mesa Monday 1PM East County Daytime	La Mesa	1078	78.44
D72	La Mesa Sunday 9AM Serenity			
	At The Lake AFG	La Mesa	40624	71.19
D72	Men in the Park	La Mesa	30520975	75.00
D72	Recuperacion Y Tolerancia HAA	San Diego	67189	60.00
D72	Santee Serenity	Santee	501009	12.00
D72	Spring Valley Friday 10AM T.G.I.F. Al-Anon	Spring Valley	032706	37.50
D72	Tuesday 7PM Women's Closed Al-Anon	El Cajon	029519	21.00
D72	Tuesday Morning New View Al-Anon 10AM	Spring Valley	042684	100.00
D75	Clairemont Day Time AFG	Clairemont	1529	12.00
D75	Clairemont Friday Night Al-Anon 6PM	Clairemont	064471	28.00
D75	Clairmont Clear View	San Diego	00503042	15.00
D75	Courage to Change Step Study	Point Loma	1634813	11.36
D75	Fireside Al-Anon	San Diego	0046160	25.00
D75	Free To Be Me Women's AFG	San Diego	30520218	41.66
D75	Kensington Al-Anon	San Diego	64376	21.00
D75	La Jolla AFG Step Study	La Jolla	46737	7.50
D75	Lost and Found Al-Anon Group 5:30PM	Clairemont	47087	39.00
D75	Mamas & Papas	San Diego	00037117	100.00
D75	Mind Your Own Business St. Dustans Wed	San Diego	47661	32.60
D75	Parents One Day At A Time 645 PM	Loma Portal	065433	30.00
D75	Point Loma Willingness to Change	<b></b>	0007100	<b>2 </b> 00
	Discussion 7 PM	Point Loma	0025428	25.00
D75	TLC Tierra Santa Al-Anon	Kearney Mesa	026182	5.00
D75	Unique Character of AFG Step Study	University Heights		10.00
D75	University City Thursday Lunch Bunch	University City	48294	14.50
	Orange County Alathon and Auction			280.00
	Santa Clarita Valley Convention of AA	0 (01 :		1.65.00
	With Al-Anon and Alateen Participation	Santa Clarita		165.00
	Southern California World Service			50.00
	General Group Contribution Fund	T A 1		50.00
	Step Study Meeting	Los Angeles		169.00
TOTA	ALS			13,486.09

#### The Audit Report of Southern California World Service of AFG, Inc.

To:

The Delegate

The Treasurer The Alternate Delegate Tax Return Preparer The Minutes Secretary

The Past Delegate The Chairman

The Bulletin Editor

Dated:

February 15, 2010

Subject:

Year 2009 Annual Audit

we have reviewed the books and records of the With the assistance of Christy R Southern California World Service of AFG, Inc for the year of 2009. Our review covered the Balance Sheet accounts as well as a test of income and expense accounts. This included a bank reconciliation review of Cash and Cash Equivalent Account and an analysis of the remaining Balance Sheet Accounts. A random testing was conducted of the cash deposits and disbursements with satisfactory results.

Files and records are maintained in a neat and orderly manor. Our recommendations

- Maintain a permanent file for Furniture and Equipment.
- · When a check copy is not attached to a disbursement, write the check number and the check date on the receipt and clearly mark the amount paid.

The current treasurer started a new set of books on an accrual basis in order to clarify some accounts, put necessary detail on the balance sheet and to allow for individual profit and loss statements for various areas of interest such as Delegate, Chairperson, Treasurer, etc. Balances were brought forward from the 2008 Balance Sheet.

The 12-31-08 bank statement was not reconciled before the statement was given to the tax preparer and before the new treasurer took over resulting in adjustments to the 2008 cash as follows:

Cash stated as:

\$37,111.45

Dec interest

43.10

Adjustment to checking

385.37

Adjusted 2008 cash:

\$37,539.92

Not all records and bank statements were passed on so the adjustments to the general account are unknown but they appear to be old outstanding checks.

Other adjustments made regarding the set up of the 2009 books were:

- In the Liabilities and Equity section of the Balance Sheet, the Prudent Reserve was adjusted to \$25,000.00.
- The 2008 earnings listed as Unrestricted Assets was closed to Opening Bal Equity.
- Handling of bad check procedure was reviewed and resolved.

#### Other recommendations are:

The two Prepaid Accounts (advances to vendors) need to be monitored closely and
reconciled monthly. The report should be included in the book containing the other
monthly reports. Rent, insurance and web site expenses need to have their own
prepaid account for ease of reconciliation. Due to the amount of prepaid activity, I
feel this is very important. A file folder needs to be maintained for each prepaid
account. It should include amortization schedules, and reconciliation reports. These
folders and reports should be needed for the tax preparation, audits and incoming
treasures.

Recommendation reminders as suggested in past audits:

 Void checks not clearing the bank after one year of the disbursement date. Record to the appropriate expense account.

Karen N

5-15-10

#### Southern California World Service of AFG, Inc.

	Ba	ding lance Sheet 2/31/2009		_	inning lance Sheet 1/1/2009
Cash & Equivalents		40,454.81			37,111.45
Accts Receivable		153.75			2
Prepaid Expense		6,651.14			6,419.00
Furniture & Equipment		3,327.00			-
Total Assets	\$	50,586.70	8	\$	43,530.45
			*		
Equity & Reserve		43,958.92			
Current Income	-	6,627.78	0		
Total Equity	\$	50,586.70		\$	43,530.45
Beginning Cash			37,111.45		
Adj to Beg Cash			428.47		
Accts Receivable			(153.75)		
Prepaid Increase			(232.14)		
Furniture & Equipment			(3,327.00)		
2009 Net Income			 6,627.78		
Ending Cash			\$ 40,454.81	,	

# Coordinator's Reports

#### CPC - Cooperating with the Professional Community

Our Public Outreach Team experienced awesome turn out at the Southern California Hospital & Institutions Conference. CPC had a booth in the Hospitality Room. The WSO suggested CPC have an additional panel of professionals for CPC at the H & I Conference for next year. The goal is to increase AFG's participation and presence.

Many Al-Anon's in Public Outreach experience a resistance by individuals to participate at the group, district, and area levels because members believe they're breaking the 11th and 12th Traditions. Please obtain pamphlet S-40-Attracting and Cooperating-The Eleventh and Twelfth Traditions for your whole group; they're free. Use this literature as a topic at a district or group meeting.

Al-Anon Faces Alcoholism 2011 can be ordered by Wednesday, July 7, 2010, for September 2010 delivery. September is NATIONAL RE-COVERY MONTH. After Lois' movie, this outreach tool is important for those who need our help. The WSO experienced an increase of calls. 7million TV's watched the LW movie. 60,000 editorials were written about AFG by professionals nationwide in the week following the movie. Keep distributing any copies of 2008, 2009, and 2010 you have!

Go District 42! As part of Outreach and Co-Operating with the Professional Community, D42 Outreach Committee participated in a conference focused on the professional community of family therapists, counselors, teachers, and medical professionals. The conference called "Adults Healing from Child Abuse – It Happens to Boys" was held March 5-6th at the Embassy Suites in Palm Desert. Estimates of about 175 people attended the conference. We had many Al-Anon members volunteer to take three hour shifts – thank you so much to all of these people. This was such a great opportunity to be visible to the professional community.

We reach professionals in their places of work such as domestic violence agencies, medical facilities, health organizations, employee assistance programs, employee unions, probation and parole offices, social work agencies, alcoholism clinics/treatment centers, churches and ministerial staff, federal, state, and local alcoholism agencies, government offices, law enforcement agencies, universities, public and private schools, and business and professional organizations.

My sources are Al-Anon Guidelines 38 and 29. I look forward to working with districts and Intergroups to make our fellowship known to professionals.

#### Love in Service, Carolyn S

#### Institutions

Howdy saddle pals. Now that my big H&I Convention is over, and I'm getting back to the chore of collecting info on panels. I'm having trouble with this, so all you peep pleasers listen up. A list of panels, who, where, when, at least we know why, would make me feel so special. These panels are so powerful, God comes to these things for sure, the panelists get more than the audience, so everybody wins. Newer members find out how much they've learned, get confidence to share more, and feel more "a part of" the meeting, also meetings where lots of members do panels get mucho stronger. Sooooo, g'me d'info and let's build this part of our incredible program to a new level so we can CARRY THE MESSAGE mo'betta.

#### J love Al-anon-Rodger P.

#### **Public Information**

The big news since the last Assembly in November was the Hallmark Hall of Fame movie "When Love Is Not Enough: The Lois Wilson Story." We had two national World Service conference calls—one in the winter, one in spring—to coordinate efforts nationally to spread awareness about the nationally televised movie which was broadcast on Sunday evening, April 25. Across the United States more than 7 million people watched the program. In Southern California several districts contacted local TV stations about running Public Service Announcements on local CBS stations before and after the movie aired. We know that the PSA ran in Palm Springs and in Los Angeles and hopefully other local stations ran the PSA. It was exciting to see districts and groups spreading the word about this opportunity to take the Al-Anon message to those still suffering because of a loved one's drinking.

The two table top displays got lots of use through fall. Usage tapered off early in the new year but since spring, there have been several health fairs, Hospitals & Institutions workshops and other public opportunities and the tabletop displays are on the move again. Please contact me at 323 462 4746 if you'd like to use one of the displays.

At the Assembly Saturday, May 15, I will move that Area 4 California South replace the January 2011 Sharing of Service event with a TEAM event—a partnership with the World Service Office that will provide an opportunity for Al-Anon and Alateen members to learn more about service and the Al-Anon program. If the motion is passed, I will work with Kathi G and with Jayme, Sandie, David and Mary and a TEAM committee to plan this event for January 2011.

Tim

#### Webmaster

If you've viewed the website recently, you will have noticed that it has a new color scheme and larger navigation elements. The menu buttons on the left side of the website and the additional navigation buttons that are in the middle of a few pages are using a larger font to increase the readability.

We have also added a Contact Us page to al-

low the members to easily contact any of the Board members. You simply select the Board member position (e.g. Chairperson, Treasurer, etc) from the pull-down menu, enter your name, email address and the content of the message you want to send and finish by selecting the Send Email button at the bottom of the page.

The changes so far to the website are just the beginning. I'm still looking for a few people to help me further rework the website. I need some help coming up with a new design and concepts for re-organizing the existing information. If you would like to help, send me an email message.

As always, if you notice something that is not working on the website or have any questions concerning the website, please contact me at webhost@scws-al-anon.org.

Love in Service, Ben P.

# Intergroup

#### **Inland Empire Intergroup**

**Ways and Means** 

New Chair

The Inland Empire Service Center has two (2) major fundraisers planned to infuse some much needed funds

What's God's Brewing - Speaker Meeting

### SCWS Email Addresses

Position	Email Address
Alateen Sponsor Coordinator	alateen@scws-al-anon.org
Alternate Delegate	altdelegate@scws-al-anon.org
Archives	archives@scws-al-anon.org
Bulletin Editor	bulletin@scws-al-anon.org
Chairperson	chairperson@scws-al-anon.org
Cooperating with Professional Community	cpc@scws-al-anon.org
Delegate	delegate@scws-al-anon.org
Forum	forum@scws-al-anon.org
Group Records Coordinator	grouprecords@scws-al-anon.org
Hospitals & Institutions	institutions@scws-al-anon.org
Literature	literature@scws-al-anon.org
Past Delegate	pastdelegate@scws-al-anon.org
Public Information	pi@scws-al-anon.org
Secretary	secretary@scws-al-anon.org
Treasurer	treasurer@scws-al-anon.org
Website	webmaster@scws-al-anon.org

Saturday, June 5<sup>th</sup>, 2:00 – 4:30pm Lone Hill Manor Club House 1205 W. Cypress Ave., San Dimas, CA Contact Info: Beth 909-599-8365 or Millie 909 rock bottom price of \$2.50 each -599-5822

Coffee/Tea & Refreshments Served Summer Barbeque – Speaker Sunday, August 15, 2010 at 1:00-5:00pm Prado Regional Park.

16700 Euclid Avenue Chino, CA 91708-9298

Contact Info: Lula 951-479-5454 or Maquel 951-233-3931

Prado Regional Park offers a rural getaway on more than 2,000 acres in the Chino Valley Basin

We have a large picnic shelter complete with all

facilities (tables, electrical, food prep area, and 2 large barbeques)

Gratitude Dinner held in November is not a fund raising event, but has historically brought in significant funds

There are numerous group meetings hosting Al -Anon events with the proceeds benefitting the Service Center and WSO

#### Hospitals and Institutions (H&I)

New Chair

Inland Empire goals for this year are as fol-

Update volunteer list of Al anon members willing to help with H&I

Review all the current panels to ensure adequate participation

Start five (5) new panels in H&I

Serenity Sheet (Service Center News &

**Events Publications**)

**New Editor** 

New Face Lift

If you are interested in subscribing, go to: http://www.ca-inlandempire-alanon.org/forms

\$6.00 for 12 issues

PayPal accepted

Single or recurring payment(s)

Inland Empire Website -- http://www.cainlandempire-alanon.org

Al-Anon Contributions via PayPal Serenity Sheet subscriptions via PayPal

View Inland Empire website from your mobile

Add/Change/Remove Group Meeting related information

#### Other News:

2006 -2009 Spanish Service Manuals for Sale 19 Spanish Service Manuals available at the

Contact Inland Empire Service Center

1012 E. Cooley Dr. Suite J

Colton, California 92324

Phone: 909-824-1516

Mon - Fri 12 to 4

Sat - 9 to 1

Love in Service, Billy M.

#### Orange County Intergroup

I can't believe it's been a year since I started this position for the OC Service Board. What wonderful people I have met. Now it's time to say "Good-Bye" to 6 current members who are finishing up their terms and welcome the following new members that were nominated in April 2010:

District 60: District 63: District 66: David S. Beverly W. Danelle M. Erica C. Gene T. David A.

We've been getting great support from our OC meeting volunteering phone duties during the weekend and holidays when the Orange County Office is closed. If your meeting would like to help volunteer with the phones please call the office at 714-748-1113.

Summertime is Orange County Fair time. We have rented a kiosk out there again that will have brochures available.

Hope everyone is enjoying their Summer.

Thank you for letting me serve-Jaime

#### **Districts**

#### District 3

We have a new website and very excited about it! Log on and check it out, www.alanoncentralcoast.org. We have ordered newcomers packets, in english and spanish, as a district to distribute so every meeting can share with the newcomers. We have also put in a large order as a district for the Sept distribution of Alanon faces Alcoholism in english and spanish. We plan to distribute to all our meetings and conventions. The San Luis Obispo 43rd AA convention with Al-Anon participation is scheduled for August 27-29.

The theme this year is 'The Sunlight of the Spirit.' The Al-Anon luncheon will be held for the 1st time at the Madonna Inn. The Santa Maria AA convention w/Al-Anon participation is scheduled for Sept 10-12. Please join us this year for both our conventions! Last but not least, we have changed our meeting list to bookmarks and have had positive feedback.

#### Thanks for letting me serve! Charlene A.

#### District 6.

We in Kern County have a wonderful group of members involved in service at all levels. At our last District Meeting we discussed putting together a committee to organize some workshops in our area. We will be taking the idea to our groups to see if there is support for the idea and possibly find some volunteers for the committee.

We recently had our local AA / Al-Anon convention. All went well and we look forward to doing it again next year.

#### Love in Service, Cyndy R.

#### **District 8**

District 8 has had a busy year under the leadership of District Rep Marilyn C. and Alternate District Rep Nancy P. The last quarter of 2009 was a busy one, preparing for our joint Al-Anon/AA Convention in October. The highlight of the Al-Anon luncheon was a skit entitled "The Dating Game," and acted superbly by members. It was hilarious! The cast was asked to perform this skit in other areas, but was unable to take the whole production on the road. This year, Bonna is hard at work with early preparations for the Convention, October 2010. We all appreciate their service so much!

Our Speaker Meetings each month at Faulkner Gallery continue to bring in new members. A new service that records the speakers and sells CD's at the meeting has been going well and keeps people coming back; thanks to Aldous and Rene for their leadership on this and to Tommie Rae for coordinating the Speaker's Meeting and the social time of dinner before the meeting with the speaker.

After some site issues, our Beginner's Meeting became permanently located at the Daniel Bryant Center on Tuesday evenings. Group representatives and members sign up to lead a 6-week course

of meetings for beginners, and volunteers are plentiful. This meeting is growing and an Alateen meeting is concurrent with it, so parents can bring their teens and stay for their own meeting.

We have designed and ordered a new and very popular bifold card that has all the meetings in town printed on it. The card can be carried in the wallet easily and makes a great public outreach giveaway. At the same time, Scott, our Webmaster, has been hard at work reformatting our site and making it more accessible for visitors. A recent analysis showed 425 visits to the site in 25 days, an average of 16 visits a day.

Betsy heads up our Institutions service arm, and Al-Anon has done panels for local hospitals and drug and alcohol rehab centers. We are compiling a list of speakers for these panels – we are never shy about sharing our experience, strength, and hope! Marilyn has visited the Mental Health Fair and several other institutions in order to share literature and to spread the message of Al-Anon.

Alateen has been coordinated for several years by Cheryl N., who has just completed her commitment. Due to Cheryl's tireless work and support for the program, Alateen has grown to four meetings in town, and Cheryl has a core of dedicated volunteers. Alateen sponsors have also been speakers at Probation Department, a recent YES Fair, and other events around town. Our wonderful sponsors make the growth of this program possible, and we are so appreciative of them, as well as of the Alateen members. Thank you, Cheryl, for all your love in service!

On an administrative level, revision of 2004 Bylaws is being reviewed slowly, and a review of our past year and our goals is planned soon. We're a young District, but we now have an enthusiastic group of group representatives who bring their talents, skills, and hard work to the table. With that and our Higher Power, we are on our way!

#### Yours in service, Rachel T., Secretary

#### District 9

We've been busy "carrying the message" to those who still suffer. Approximately 100 copies of both the 2009 and 2010 "A-Anon Faces Alcoholism" have been distributed to dentist offices, doctor's offices, schools, libraries and churches. Both Henry Mayo Hospital and Camps Scudder girl's camp receive copies of our Al-Anon litera-

ture on a regular basis. We continue to have an Al-Anon message printed in a local church bulletin.

We've participated and helped administer 2 local conventions in District 9, besides offering our cooperation and support to AFG and the San Fernando Valley Conventions. Funds for scholarships to this year's SCAC are currently being col-

lected. We hope to send approximately 20 Alateens to SCAC, along with helping to pay expenses for sponsors who drive them to the convention

The main point, as I see it, is to begin somewhere and keep at it..

Forum Favorites, Vol 2, pg 177

Our meetings donate funds on a regular basis for subscriptions to the FORUM for newcomers and fellow members. We continue to maintain a phone line both in Santa Clarita and the Antelope Valley which refers callers to meetings in District 9 and other areas.

A new Alternate DR has been elected and 2 new GRs recruited. We now have a GR or almost all the meetings in the Santa Clarita area. At our last meeting in April, the GRs voted to help pay expenses to send the District Rep. (that's me!) to the 2010 International AA Convention with Al-Anon participation in San Antonio, TX. I sincerely appreciate their support and generosity.

# With much humility and gratitude, Willie M

#### District 12

This has been so far an interesting year for Ventura County. Great events unfolding and challenging times are on the way. Tradition one has come up a lot for me lately. I really have to look out for my welfare, for I will be of no use to anyone else including myself. Which has propelled me to ask for help. I cannot do it all. Besides why would I want to take away all the fun of being of service? Why not spread the wealth. Asking for help has been good. Trusting in my Higher Power has been challenging. Moving on, this is what is happing in District 12.

Our District has voted to do three workshops this year! Yea for District 12! The three are Sponsorship, Writing, and Public Outreach. Our first one will be in July sometime on Sponsorship and I am so excited. Because there are members that stepped up to do this event, has let me just be

the District Representative. Of course I am part of it, I can't completely be on the sidelines, but I will let go of the results and trust others. Besides I am not in charge. No I am not trying to convince you I am trying to convince myself with that comment. Only time will tell.

The other incredible news is that District 12

won the Forum challenge. Everybody is so excited to have won! Really looking forward to seeing the SCWS Board members put on a per-

formance. I seriously didn't think we would win. And when it started to be possible to win, I got scared! What is that all about? Winning meant more pressure on me, more attention, more people pleasing! A whole lot of "what ifs'?" It is just what my head decides to go. I may be powerless over my thoughts doesn't mean I am completely powerless over my actions. What did shock me was how competitive our Group Reps are with a contest. Watch out! Now that we have won I am truly excited. When the place and date are set there will be an email sent out. I hope as many people can come and celebrate this event with us.

# Happy to not be a Service Hog! Mike M

#### District 21-EAST SIDE OF SAN FERNANDO VALLEY:

North Hollywood, Sherman Oaks, Studio City, Valley Village, Valley Glen, Mission Hills, Sylmar, Sunland and Arleta

We are enjoying great PARTICIPATION in our district. At our last district meeting, we had 18 GR's and 3 fearless leaders (DR, Alt DR, & Treasurer). We had this meeting after the Assembly, rather than before, and want to see if that timing will work better for us in the future.

SCAC FUNDRAISING – Thanks to the great job our GRs did explaining SCAC to our members, we were able to collect enough money to send 12 Alateens and 1 sponsor from our district to the conference, plus money to help get them to Riverside and back! WOW, oh, Wow! The members in our district really put their \$\$\$ in that SCAC can.

We are talking about joining with District 17

to build a Website about the going ons in our 2 districts. A lot of questions came up about how to do that, who makes the decisions about what should be on it, etc. So we need a little more knowledge before we can vote on that. If you are in a district with a website that you like, please send me (DR21 Tina Steere) your experience on what works and what doesn't work with your website.

Panels and Institutions: We are slowly getting some panels organized. Some institutions would like us every other month, and we have a hospital that wants us each week. Anyone out there with weekly panel experience to share about "How to do THAT"? We have ideas, the problems is HOW to get those other members at the meeting to do service? "Make it fun" comes to mind???

Libraries: Our library project is over for now, with 14 books placed in the libraries in our district...YEAH!!!!!

Although we lost the "Forum Drive" (Boo-Hoo!!) great KUDOS to Ventura District 12. Don't forget to let us know the DATE for THE ENTERTAINMENT GALA! We want to come and join in on the FUN (funny char-ACTORS)

We are still struggling with adding another sponsor (or two) to our one and only Alateen Meeting on Saturdays @ 11:30. We need 2 members who will go to any lengths to be in service with those precious Alateens.

Our Central Office in LA has a Round Robin Committee for fundraising for "the Office". Two meetings in our district joined together to "carry the message" by sponsoring a Round Robin meeting on June 14. It was good to see the two service arms (Intergroup and SCWS) work together for the greater good!

The next order of business is to take a good look at our funds for the rest of our commitment, which ends December, 2011. Our GR's make sure that the treasurers of their groups know the correct addresses for the 4 service arms to which the meetings make contributions. And the GR's tell their meetings HOW the district is spending their contributions, so that they know where their money is going.

I'm trying to learn, as a member, how to share the service duties...maybe I shouldn't call them DUTIES for one? We always see the same members step up for service. How do you get members involved? "Get in the CAR!" was one slogan I grew up with! If you have any other suggestions, I'll take them!

Our wrap up is: District 21 has 24 GR'S. That is mighty SWEET! It's such a great indication that members want to know how this Al-Anon thing works. So now we can put OUR experiences, strengths, and hopes together to have a GOOD TIME in Service. We are reaching for our Service Manual to give us suggestions and guidelines when we have the need for guidance. And best of all WE'RE learning to work together for the greater GOOD!

#### Happy in Service --Tina S. (DR) and Donna E. (Alt DR)

#### District 27:

We have ordered 400 copies of AL-ANON FACES ALCOHOLISM 2011 in English, and 50 copies in Spanish and are in full swing for our October 2, 2010 District 27 Alathon at Hollywood United Methodist Church. Our theme is "Participation is the Key to Harmony". We have also been blessed with a number of new -- enthusiastic! -- GRs.

#### Paula,

#### District 30

Greetings to all from District 30. What an information filled Assembly we had! So much information to pass on to the Districts and groups. It is so great to see every one with so much enthusiasm and willingness to do service.

District 30 is putting together a public out reach event in July. We are just waiting for verification of time and day from the facility. The events theme is "What is Al-Anon / Alateen and Anonymity?" As soon as confirmation comes in we will be carrying the message out. There will be wonderful speakers, sharing and pot-luck.

District 30 is also looking forward to our Alathon in September or October. More information to follow by August Committee Meeting. We have already got a volunteer for chairperson.

Recently District 30 purchased some "Al-Anon faces Alcoholism" pamphlets and distributed them to our groups. They are a wonderful public out reach tool. We purchased them in English and Spanish to reach as many as possible.

Thank you to all GR's and DR's in Area 4, Southern California, and our wonderful Chairperson and Area Committee for all the service and

dedication you all give to the world wide family of try to join us if you can. Emily M. is our 2010 Al-Anon Family Groups. I feel so honored to have a part in the vital link that connects us all together to this life changing and life saving program. Keep coming back!

#### Love in service. Martha M

#### District 33 Baldwin Park, Covina, Diamond Bar, Glendora, La Puente, Monrovia, and West Covina

(East San Gabriel Valley)

District 33's commitment to service continues to grow because of the strong dedication of our hard-working service board and GRs. We are truly thankful to Al-Anon members in our district for their support and participation in District 33 events.

Our district recently hosted a very successful 4th step workshop on April 16. Rose S. and her committee did an outstanding job focused on the different ways to do a 4th step with emphasis on the newest Blueprint for Progress. At the same meeting, we hosted a special table for teenagers to give them an introduction to Alateen and their 4th step inventory. Members enjoyed refreshments, speakers, opportunities to share in small groups and the larger group, and an exposure to "laughing yoga." Thoughts from the workshop will be posted on our website at www.al-anonesgv.org.

In terms of outreach, our work with Institutions is expanding as we have started working with Kaiser, Bienvenidos, and the National Council on Alcoholism. Our Tuesday Night Alatot/Alateen Group sponsored two successful open houses for Al-Anon members and youth to find out about the program. We also sent love gifts to Sandie E. to distribute at the 2010 World Service Conference.

On May 16, we are holding a casting call for a District 33 fundraising theater event we will be hosting in late summer. This will be a special production of Sole Sisters—An (Arch) Support Group, a play regarding shoe addition and recovery. Once the location is confirmed, we will send out a special invitation for this dinner theater event which will be open to all who would like to attend.

We are in the midst of planning for our 27th District 33 Alathon scheduled for June 19, 2010, from 8:45 a.m. to 6:00 p.m. at Hope Lutheran in Glendora. This is always a great event so please

Alathon Chair, and she has put together a fantastic planning committee. The day will include speaker and participation meetings, breakfast and lunch potlucks, raffle baskets, speaker CDs, literature, archives, and special entertainment during lunch.

We are so excited that more and more members are participating in the planning, set up, and operation of our District 33 events. Fellowship in our district continues to grow stronger as our higher power guides us in our healing and recovery.

#### With much gratitude in service, Jrene C.

#### District 36

Our most recent meeting was held on May 26<sup>th</sup>. We had a lot of business to take care of. First, we needed to discuss SCAC half scholarships. It turned out that because of generous donations on behalf of individuals and groups, we were able to give out about 18 half scholarships. I would like to thank the following groups for donating SCAC scholarship money: Pomona Monday Morning, Pomona Tuesday evening, Ontario Saturday morning, Claremont Thursday, Pomona Sunday morning, and a meeting in Rancho Cucamonga. If your group donated money, and you aren't listed here, I apologize, let me know who you are and I will list you in my next report.

We had some last minute discussion regarding "What's God Brewin?" The event this year was very fun and rewarding. Thank you for everyone who attended and who volunteered to help. Thanks to Michelle R. for a wonderful talk. In addition to delicious cookies and beverages, we had singers, raffles and an auction, with a for reals auctioneer!! Well, it was an Al-Anon member who sounded for reals. This whole event was way fun, and thanks everyone for putting your own chairs away, that was really a pleasant surprise. As soon as the final financials are available, I will include it in the following report.

Our guest speaker was Sandie E., our World Service Delegate. If you are a DR and haven't invited her to your Group Rep meeting, I would encourage you to do so. She is not only interesting and knowledgeable, but she is really just a nice person. She took questions, and as a result we went a little past our end time for our meeting, but it was worth staying to hear what she had to say.

Thank you Sandie!!

Our next meeting will be on June 23<sup>rd</sup>, and it will be our last meeting before our summer break. But that doesn't mean that we are going to stop working our program and being of service. I am hoping we can plan at least one summer event in our District, and I am sure we will be meeting many of you on our journey.

#### Love Always, Beth G.

#### District 40 - Southwest Riverside County Anza, Hemet, Idyllwild, Lake Elsinore, Murrieta, Sun City, Temecula, Winchester

District 40 meets on the second Thursday of every month, except in December, at 6:30 p.m. at Boston Billie's Restaurant, 26850 Cherry Hills Boulevard, Sun City, CA.

District 40 has a total of 27 meetings, comprising of 21 English speaking meetings, 3 Spanish speaking meetings, and soon to be 4 Alateen meetings.

For the first quarter of this year, the District has concentrated on providing a more active outlet for the participation of GRs regarding their meetings; updating and refining the District website; recertifying Alateen Sponsors and supporting the

Alateens at their meetings and for SCAC; filling the Public Outreach Position, and busy planning the Spring Fling. Although the District has changed to a different webhost, there is no change to the website address. Please contact us at: http://

2010-2011 budget; providing more public outreach participation in the community; continuing to improve and enhance the website; continuing to provide a venue for GRs to participate at the District; and continuing to support the Alateen meetings and SCAC..

Information and literature was provided at the Spring Fling this year and in June of each year, the District is invited to provide Al-Anon and Alateen information at the AA Central Office's annual Founder's Day Fundraiser.

District 40 looks forward to continued service to the Al-Anon community in the coming year - one day at a time.

#### Love in service, Anna R

#### District 42

Here we are entering the summer weather and it seems like a few weeks ago it was my first meeting as District Representative.

We are continuing with our incorporation of our Literature Center. When this process is complete, Al-Anon in the Desert can and will seek tax exemption from the IRS, which will save money and enable members to make tax-deductible gifts and contributions. Al-Anon in the Desert has By-Laws to satisfy the regulations of both the State of

California and the IRS and follows the guidelines of Al-Anon Family Groups, as well. Our District has been very active in Outreach and carrying the message of Al-Anon. We were so excited when the PSA was aired on the local channels in

Thus you may prefer to make your contribution to the group and the program by helping with the chores. This is all very well; the jobs have to be done and you contribute to the smooth running of the group by doing them.

But should you stop there? Making coffee never explained our program to anyone. Your experience in Al-Anon, or the particular thing which most helped you may be just the thing which would bring the whole program into focus for someone else.

Forum Favorites, Vol 2 pg 155

www.alanonriverside.org

One of the goals for the District for the next quarter is to plan for the annual Alathon that will be held on November 13, 2010, at the Faith Lutheran Church, 28200 Portsmouth Drive, Sun

City, CA..The District has hosted this event since 1997 with the enthusiastic participation of members and meetings in the area.

The other goals for the District in the next quarter includes fine tuning and approving the Palm Springs area after the movie of "When Love is not Enough." Our Outreach Coordinator Barbara P. worked really hard with the management of the local station to see that it would be aired. Thank you Barbara and thank you KPSP.

District 42 has been very involved with our local school districts carrying the message of Al-Anon and Alateen. We have also been involved in Cooperating with the Professional Community by having a booth at the professional conferences.

Our most recent conference was on May 8th at the Doral Resort in Cathedral City. The conference was titled, "Women, Welcome to Midlife."

We have three new meetings starting up at the Literature Center. Beginning June 12th there will be a meeting on Saturday mornings at 10:00 AM and they will be using the book "Discovering Choices." Another meeting on Wednesday evenings at 5:30PM and soon to have one on Sunday afternoons. Once we receive the ID number from WSO, we will post the Sunday meeting to our directory and website.

#### Love in Service, Cathy S

#### District 57

Our district has been busy! The 2010 District 57 "Al-Anon Love-In" Alathon in February was the most successful to date. A big thank you to Jackie and her committee for a fine job. With a portion of the proceeds, we intend to put on a free workshop about relationships at the end of next year and we are in the process of finding a location.

Additionally, we now have a public outreach coordinator, Diane P., and are working on finding a willing district Alateen Coordinator.

Finally, I am very excited to report that our website is now up and running thanks to Don D. (of District 54), and our own Carmen D. It is a work-in-progress, like us, as we discover what works for our district and what doesn't. The website address is http://district57.brinkster.net/. Seeing this idea emerge and then blossom has been an amazing learning experience. We had initially considered adding a "God Box" to our website, but vice, along with most of the Group Representaafter contacting the WSO, learned that this would be, in part, diluting the Al-Anon program. A portion of the WSO's response follows: .... "The literature, digital recordings, or other outside tools, such as God boxes, that an individual member decides to use when praying and meditating are up to that person. Bringing those outside resources, whether it is a religious book on prayer, a digital recording on meditation (whether it is religious or secular), a God box, or other non Al-Anon material, would not be appropriate at Al-Anon meetings, including meetings at conventions and conferences, or on Al-Anon Web sites. In explaining this to your District you may want to refer to "Use of Material" and "Dilution of the Al-Anon Pro-

gram" sections on pages 92 and 107 of the 2006-2009 Al-Anon-Alateen Service Manual."

So as it goes, the more we do the more we learn, and I am grateful to be a part of this district's growth.

#### Sandy P.,

#### District 60

At our April meeting we made some recipe cards for serenity as love gifts to send to Sandie, our delegate.

Sometimes new Al-anons feel overwhelmed when they attend Al-anon meetings whose members have many years of Al-anon under their belts. We decided to have some round-robin fund raisers to provide funds for a program that would be aimed at new Al-anons and to call it a general getto-know Al-anon or Al-anon from A to Z meeting. We may have two of these to accommodate morning and evening meetings and members' schedules.

#### John S.

#### District 72!

2010 has been a year of really working a program and finding our own growth.

I got the opportunity to speak earlier this year to our Spanish speaking meeting regarding what went beyond in service above the group level. It was exciting to reach out in fellowship and answer their questions.

Our Alternate District Representative; Tiffany chose to resign in mid term and the District elected Erik to take her place. Erik understands the growth that comes from taking challenges in sertives within the District. He is at the assembly today representing me because I got called out of town for a family memorial. I too am learning to ask for help.

Our Longtimer's Event, that recognizes our vintage members is being held down in Chula Vista on Saturday, June 26th. Our speakers are Bernie S. and Hester B. Both have served in our district and it is a great honor to have them.

We are continuing to develop our relationship with the San Diego Intergroup as we have been sharing information and suggestions. It is nice to keep the lines of communication open.

We are in discussion with District 75 on our fall workshop, which we hope brings as much interest as it did last year.

Thank you for letting me be of service.

#### In love and service, Marilu H.

#### District 75

District 75 is enjoying the enthusiasm and new viewpoints of our new GR's as well as the experience and expertise for our core group. We have selected a date and location for our Fall Workshop. And our Alateen and military outreach efforts are producing results.

The fall workshop will be Saturday September 25th at the Church of the Good Samaritan at 4321 Eastgate Mall in San Diego. The event will be a potluck brunch in cooperation with District 72. Our topic is Alcohol and Relationship with three topic choices each hour for three sessions. This format offers program principals for all levels of recovery. Please mark your calendars and plan to attend.

Outreach goals for District 75 are coming together with the additions of eight new Alateen Sponsors. We designed and hosted an Alateen Sponsor workshop in cooperation with the Intergroup Alateen Chair, Julie J. in March. We had thirteen in attendance with two driving in from El Centro. I'd be happy to share the workshop format with you. Our new sponsors are rotating into

new Alateen meetings at The Monarch School for homeless children, Juvenile Hall and Girl's Rehab. These are big meetings and we have learned that having a core group of reliable sponsors makes the service consistent and not too much for individual sponsors. We've also learned that we need more Alateen Sponsors and are asking for help in the groups. The next Alateen Sponsor workshop will be in the fall and will be powerful as we have new sponsors eager to share their experience, strength and hope. This is the most rewarding service I have ever experienced. Let me know if you want to be notified about the workshop.

We are bringing four Alateens from Monarch school to SCAC and are looking forward to seeing them light up with the opportunity to share recovery with hundreds of other Alateens. All three San Diego districts contributed funds to get our Alateens to SCAC.

Military outreach co-chairs are ordering Alanon Faces Alcoholism 2011 and taking the literature directly to military base counselors. We are fortunate that these GRs have military contacts.

Did I mention that we are having fun and enjoying wonderful friendships in service in addition to all that we are learning?

It's a privilege, Kathy A.

**Our next Meeting is on Aug 21st** 

Who needs to attend?

District Representatives, Officers, Coordinators and Liasons

How do I get there?

Plan A: Carpool with someone who knows!

Plan B: Drive to (map on last page):

Fullerton Senior Service Center 340 W. Commonwealth Ave. Fullerton Thomas Guide, pg 738, G7 91 Riverside Fwy, exit Harbor Blvd. North Pass Orangethorpe and Valencia, t Turn left onto Commonwealth.

## **Hot Topic Summaries**

## Alateen Meetings

#### Part 1: How can we support Alateen Meetings in our District?

District Rep or Alateen Liaison can visit Alateen Meetings

Alateens want a connection to District and SCWS. A presentation from the DR would make them feel valued and involved.

Suggest that group meetings pass around a SCAC donation can on a regular

basis (once a month?). Districts can sponsor a designated number of SCAC donations beyond what the group meetings have donated.

Keep in mind that SCAC is a big part of Alateen but it is not Alateen.

Districts can sponsor an Alateen Sponsorship Training Workshop

Districts can coordinate "get-togethers" for certified Alateen Sponsors on a regular basis so they can discuss issues that arise during their meetings and offer support to each other.

ASK!..... Ask Alateen members what we can do to support them.

District can provide funds to new Alateen Meetings to cover rent & literature until the meeting is self-sufficient (3 months?)

Arrange for transportation for Alateen members.

This is the item most requested by Alateen members! There may be certified Alateen sponsors who don't want to commit to sponsoring a meeting but are willing to transport Alateen members to events and/or meetings.

All meetings to be provided with an Alateen Table card.

Have Alateen literature available at the Al-Anon meetings.

Al-Anon members to attend SCAC events, which are held monthly.

This item came directly from the SCAC Chairperson.

Use Alateen literature as a meeting topic.

Invite Alateens as Speakers at Al-Anon meetings.

## <u>Part 2: What can we do to increase the number of Alateen Meetings in our District?</u>

Do outreach to our Al-Anon meetings (should all meetings have table cards?)

Encourage meetings to have Alateen literature

Ask meetings to have Alateen speakers

Report Alateen functions at meetings and provide flyers

Invite Alateens to Al-Anon meetings for visibility and to acquaint Alateens with Al-Anons

Do outreach by performing the following:

Provide informational flyers to Jr & Sr High Public & Charter Schools

Donate informational packets and/or Alateen books to School & Public Libraries

Visit High School & Middle School counselors to spread the word about existing meetings Send informational packets to Local Courts

Send a letter & informational packet to Judges suggesting that children of Alcohol Offenders attend Alateen meetings.

Advertise in local community newsletters (its free)

Send flyers to local Rehab centers

Send flyers to local hospitals

Send informational packets to DCFS (Dept of Child & Family Services)

Contact local Public Radio Stations and ask for PSA for specific meeting and/or website to be added (for free) – colleges run these

Contact Juvenile Hall & schools for the homeless.

Juvenile Hall, the Girl's Rehab facility, and the homeless schools want Alateen meetings.

Have Alateen meetings hold events at their meetings: Round Robin,

Speaker nights, Potluck, Dessert party, etc.

## **Hot Topic Summaries**

Find teachers and/or counselors who are willing to become certified Alateen Sponsors and start meetings on their school campus after school.

Work with Drug & Alcohol Prevention Performance Group to distribute informational packets and be available for Q & A session after performance.

Please contact them directly: <a href="mainto:thep-eachermann@yahoo.com">thep-eachermann@yahoo.com</a> (818) 675-6747. Ask for Kathy or Kevin.

# High Pressure Groups and Sponsorship that is not Working;

Leader Cathy S., participants Pat H., and Sandie E.

Many Al-Anon members have encountered meetings where they felt pressured to get a sponsor right away and if they didn't get a sponsor, they would one more time not live up to someone's expectation.

Some meetings throughout the country have what is referred to as Pyramid Sponsorship, where one person oversees the entire group. The person that oversees the entire group is at the top of the pyramid and has sponsee's act as sponsors and personal information of sponsee is exchanged between sponsors and others. This includes anyone's fourth step, problems/situations encountered throughout the week and is eventually shared among many members of the group. The person at the top is put on a pedestal and all sponsee's bow down to this one person. An article in the Forum Magazine (January 2006) called "I Felt Abandoned" provided the details related to this type of sponsorship.

Non-conference approved literature being brought into Al-Anon meetings is a problem and even though we think it is an exception to bring the Big Book of AA into our meetings, it is not. Imagine if we took our "How Al-Anon Works" book into an AA meeting! Other self-help books that are not noted as CAL (Conference Approved Literature) are to be left at home. This avoids confusion to the newcomers.

We have encountered meetings that are centered for multiple twelve step programs (AA, ACA, OA, NA, CODA) and these types of meetings only dilute Al-Anon Family Groups and confuse the newcomer. If any member observes sharing which is not Al-Anon, they need to speak up and ask the member to keep the Focus on Al-Anon (as outlined in the tent card about keeping the focus on Al-Anon).

Groups that call themselves Al-Anon meetings, but do not support their district, area or WSO; instead support an outside entity; are not considered Al-Anon meetings and will be removed from any meeting directory. These types of meetings are not following the Twelve Traditions or the Twelve Concepts as outlined in our service manual. We need to remember our First Tradition, "Our common welfare should come first; personal progress for the greatest number depends upon unity."

Feedback from other members attending meetings throughout Southern California shared their experiences and included the following:

Changing the wording in the first step

Inconsistency with Group Conscience (this is done to control the group conscience by the main members)

Dual members not keeping the focus on Al-Anon

Groups act as cults and only allow members to attend their meetings, in addition to sending their members to other meetings to recruit newcomers to join their group.

The solution to these high pressure groups is to remember

Sponsorship Bookmark

Attend Al-Anon meetings consistently to keep on track

Be willing to speak up if the sharing is non-Al-Anon focused

## **Hot Topic Summaries**

Remind GR/Literature Chairman regarding conference approved literature (CAL) Read Tent Card out loud at each meeting (Keep the Focus on Al-Anon) Use the 4 A's

Attention, Affection, Appreciation = Attraction

Regards, Cathy S.,

# What a District does and an Explanation of the Service Arms

The hot topic discussion was well attended by about 60 people. We had many new Group Representatives attend the session at the encouragement to the Area Chairperson. A presentation was used to provide information and spur discussions. Luckily we had 50 copies of the presentation to handout so most everyone could follow along. There were a lot of good questions and I was grateful that we had three past delegates in the room to answer the questions and share their experiences. Most of the questions were related to the distinction between the functions performed by a District and an Intergroup as both entities perform many of the same tasks (public outreach, coordination of local activities involving multiple groups, local points of contact for Al-Anon program). The critical difference between a District and an Intergroup is that the District is the official conduit of information (a voice and a vote) between a meeting and the World Service Conference / Office. At the end of the meeting we agreed to make the presentation available by posting it on the website.

Love in Service, Ben P

## **SCWS Directory**

### Past Delegates

Panel	Delegate	Phone	Email	Years
1	Aura C	Deceased		1961-1963
4	Cecelia B	Deceased		1964-1966
7	Norris R	Deceased		1967-1969
10	Helen B	Deceased		1970-1972
13	Elsie Q	Deceased		1973-1975
16	Betty O			1976-1978
19	Pat R			1979-1981
22	Bernie E	Deceased		1982-1984
25	Bob L			1985-1987
28	Hester B			1988-1990
31	Joyce K			1991-1993
34	Kary L			1994-1995
34	Rita M	Deceased		1996
37	Willie W			1997-1999
40	Kay D			2000-2002
43	Miriam M			2003-2005
46	Mary M			2006-2008

## SCWS Directory Board

TITLE	NAME	PHONE	ADDRESS/EMAIL
ALTERNATE DELEGATE	DAVID B		
CHAIRPERSON	JAYME P		
DELEGATE	SANDIE E		
MINUTES SECRETARY	AMANDA C		
PAST DELEGATE	MARY M		
TREASURER	HEIDI T		
ALATEEN	ANITA S		
ALATEEN Sponsor	LEA R		
ARCHIVES	KATHY G		
BULLETIN EDITOR	TRUCK S		
CPC	CAROLYN S		
HOSPITALITY	DEL L		
INSTITUTIONS	ROGER P		
LITERATURE	JUAN P		
PI	TIM P		
RECORDS SECRETARY	KATHI L		
WEBSITE	BEN P		
AFG	LYNN A		
SCAC	AMANDA R		
SCAA w/Al-Anon	MARY ANN H		
Inland Empire	BILLY ML		
Los Angeles, County	BETTY B		
Orange County	JAIME B		
San Diego County	KAY S		
Santa Barbara County			

## SCWS Directory

### Board, cont

PI TIM P

Hispanic Intergroup GEMA R

Ventura County LALENA H

Regional Trustee KARIN R

## INFORMATION SERVICE CENTERS

#### Al-Anon Inland Empire Service Center

1012 East Cooley Drive, Suite J, Colton 92324(909) 824-1516 www.ca-inlandempire-alanon.org

#### Officina Intergrupal Hispaña de Al-Anon, Inc. L.A. County

11627 Telegraph Road, Suite 150, Santa Fe Springs 90670 (562) 948-2190

#### Intergrupal Hispaña de Al-Anon, Inc. Inland Empire

P.O. Box 5665, Riverside 92517 (951) 689-4084

#### **Al-Anon Information Service Kern County**

Post Office Box 894, Bakersfield 93302 (805) 322-1102 www.mykernlife.com/179/

#### Los Angeles County Al-Anon Family Groups

4936 Lankershim Boulevard, North Hollywood 91601 (818) 760-7122 Los Angeles (213) 387-3158 www.alanonla.org

#### Al-Anon Information Service Office of Orange County

12391 Lewis Street, Suite 102, Garden Grove 92840 (714) 748-1113 www.orangecountyalanon.org

#### Al-Anon in the Desert

P.O. Box 1364, Palm Desert, CA 92261
73-441 Fred Waring Drive #2, Palm Desert, CA 92260-2866
Office Phone & FAX No. (760) 341-6202
(760) 674-9554 Meeting Information (888) 512-0061 Hotline
www.alanoninthedesert.com

#### San Diego Al-Anon Office

3108 Fifth Avenue, Suite E, San Diego 92103 (619) 296-2666 www.alanonsandiego.org

#### San Luis Obispo Office

P.O. Box 209, Grover Beach 93483 (805) 534-9204

#### **Al-Anon Family Groups Santa Barbara County**

Post Office Box 30428, Santa Barbara 93130 (805) 899-8302 www.alanonsantabarbara.info

#### **Ventura County Al-Anon Family Groups**

Post Office Box 6754, Ventura 93006-6754 (805) 495-0270 www.alanonventura.org

## **SCWS Directory**

### District Representatives

- 3 Charlene A
- 6 Cyndy R
- 8 Nancy P
- 9 Willie M
- 10 Loreina C
- 11
- 12 Mike M
- 17 Tarisa R
- 21 Tina S
- 24 Margo E
- 27 Paula K. P
- 30 Martha M
- 33 Irene C
- 36 Beth G
- 39 Aurora R
- 40 Anna R
- 42 Cathy S
- 45 Emilce L
- 48 Estela R
- 51 Ada G
- 54 CB S
- 57 Sandy P
- 60 John R. S
- 63 Bob S
- 64 Juan E. P
- 66 Chris C, Jr.
- 69 Jeff P
- 72 Marilu H
- 75 Kathy A

#### SCWS & WSO AL-Anon Registration/Group Records Change Form (1) WSO I.D. Number District Number Area Number Date (2) Registration ☐ New □ Current ☐ Not Sure If Registered Disbanded ☐ Al-Anon Adult Children (3) Group type is: ☐ Beginners ☐ Limited Access ☐ Institution ☐ Other (Example: Men, Women, Step-Study, Parents, Gay) (Check all that apply) (4) Changes: ☐ Current Mailing ☐ Group Name ☐ Mtg Place → Mtg Time ☐ AGR Other Address (CMA) ☐ Mtg Day ☐ GR □ Contact (Check all that apply) (5) Special Needs & D Open □ Closed ☐ Non-Smoking Group Features: □ Babysitting ☐ Signing (ASL) ☐ Handicap Access ☐ Language Spoken ☐ Mailing Language Special instructions, i.e. use back door, etc. (6) Current Mailing Address: (All WSO group mail is sent to this address, to be taken to the group.) ALT GR Name Street/PO Box City State/Province Zip/Postal Code Country Phone Number E-Mail (7) Group Name (8) Meeting Place (9) Meeting Address City State/Province Zip/Postal Code Country AM PM (10) No. of Members (11) Day: Su Tu Mo We Th Fr Sa Time: (12) Contacts (WSO refers newcomers and visitors to these members for information about your meeting.) First Name Phone # First Name Phone # For Area Use: (13) Group Rep Address City State/Province Zip/Postal Code Country

Zip/Postal Code		Country Country	
Phone Number	 1 - 1	E-Mail	

SEND TO: SCWS GROUP RECORDS SECRETARY

P.O. Box 350 - North Hollywood, CA 91603 Phone: (714) 841-6066

E-Mail

For Additional Area Use: (Indicate title of service position.) -- District Officers/Intergroup Liaisons/Convention Chairs

State/Province

(14)

Phone Number

Address

City

## **SCWS Group Contributions Form**

For use during the t	erm 01/01/09 through 12/31/11	1	
Al-Anon	Alateen Group Name:		
Group Address:			
Group City:	Day:	Time:	
WSO ID#:	Contribution	n Enclosed:	
Submitted By: Name	:		
E-Mail Address/Phor	ne Number:		
The WSO ID # comments	, please contact Heidi T. at 661 2		
	ion RenewalCorrection	on	
Cost: \$4.00 per year	Enclosed is \$forYe	ears	
Name			
Mailing Address			
City/State/Zip			

### Make check or money order payable to SCWS

Mail Form To:

SCWS, Post Office Box 350, North Hollywood, CA 91603

## **Notes**

#### Assembly and Committee Suggestions 1 Stay on topic When speaking keep it to 2 minutes 6 2 No clapping when someone gives an opinion 7 Be courteous 3 No cell phones 8 No cross talk 4 Start and stop on time 9 Stick to the agenda 5 No double opinions 10 No perfume or aftershave

SOUTHERN CALIFORNIA WORLD SERVICE OF AFG, INC PO BOX 350 NORTH HOLLYWOOD, CA 91603 Non Profit Org. U.S. Postage PAID Permit # 4330 Los Angeles, CA

## **DATED MATERIAL**Please Deliver by Aug 14, 2010