

Embrace the group conscience to expand
our circle of hope
50 years of the World Service Conference



Vol 52 No. 4

Committee Meeting Agenda—Saturday, Feb 19, 2011

9:00 a.m. – New District Representative Orientation – Craft

Room

10:00 a.m. - Starting time– Please be Prompt

Traditions read by: _____ District # _____

Officers Reports

Chairperson – Jayme P.

Treasurer's Report – Heidi T.

Delegate's Report – Sandie E.

Alternate Delegate's Report – Pat H.

Past Delegate's Report – Mary M.

Minutes Secretary – Amanda C.

Records Secretary's Report & Roll Call – Kathi L.

Old Business:

New Business:

Observe 7th Tradition

(Continue the meeting while baskets are being passed)

Lunch Break

1:00 p.m. – Reconvene - Please be Prompt

Concepts read by: _____ District # _____

Hospitality Report: Del L.

Host districts for May Committee Mtg:

Convention Chairpersons' Reports

AFG Convention 2010

So-Cal. AA Conv. 2010 – Al-Anon

So-Cal. Alateen Conf. (SCAC)

Coordinators' Reports:

Alateen Sponsor Coordinator: Lea R.

Alateen Coordinator: Anita S.

Archives: Kathy G.

Bulletin: Truck S.

Literature: Juan P.

Website: Ben P

Cooperating w/Professional

Community: Carolyn S.

Institutions: Rodger P.

Public Information: Tim P.

District Representatives' Reports

Intergroup Liaisons' Reports

Inland Empire

Intergrupal Hispania: (L.A. County)

Los Angeles County

Orange County:

San Diego County

Ventura County

Ask It Basket – Q's & A's: Alternate Delegate

Al-Anon related Announcements (only if time permits)

Closing time - 4:00 p.m. - Close with Al-Anon Declaration

Please help clean up after and stack the grey chairs against the back wall and folding chairs in Craft Room.

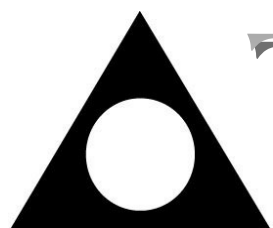
REMINDERS:

PLEASE LIMIT REPORTS to 2-3 minutes (does not apply to Officers)

Submit printed report and e-mail report to the Minutes Secretary at secretary@scws-al-anon.org and then e-mail a copy of the report to the Bulletin Editor at bulletin@scws-al-anon.org.

DISCUSSION on a motion - please keep to 2-3 minutes at the mic; if your opinion has already been shared; please sit down to avoid repetition.

CELL PHONES: please turn them OFF or set to SILENT mode



The Bulletin

Al-Anon & Alateen

Southern California World Service

Volume 52

Number 4

November 2010

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The SCWS Bulletin is published 4 times a year. Its purpose is to provide information and announcements regarding Al-Anon/Alateen to members in Southern California. All groups with a registered GR (Group Representative) will receive one free copy.

Calendar of Events

Southern California World service Area (SCWS) Events

SCWS Web-site: <http://scws-al-anon.org>

2011

February 12 - 4th Annual District 57 Alathon

Mayfair Park Swim Pavilion
5720 Clark Ave, Lakewood, CA

**Hospitality for Committee Meeting
Districts 8, 12 and 17**

February 19 - Southern California World Service Committee Meeting 9:00 AM - 4:00 PM

Fullerton Senior Center
340 West Commonwealth Ave, Fullerton, CA

Last Time in Fullerton!

February 20 - Planning Meeting for the 2011 Al-Anon Family Groups Convention, 1:00 PM

Rock of the Foothills Luthern Church
4630 Wheeler Ave., La Verne, CA

February 26 - Family Gratitude Breakfast, 9:00 - Noon

Fundraiser for the Al-Anon portion of the 2011 Orange County AA Convention
Mariners Church Community Center
5001 Newport Coast Drive Ave., Irvine, CA

March 20 - Planning Meeting for the 2011 Al-Anon Family Groups Convention, 1:00 PM

Rock of the Foothills Luthern Church
4630 Wheeler Ave., La Verne, CA

April 8 - 10 - 2011 Al-Anon Family Groups Convention

Be a Star in Your Own Recovery
Doubletree Hotel, Ontario, CA

April 15 - 17 - 2011 Hospital and Institution Conference

Hyatt Valencia
24500 Town Center Drive, Valencia, CA

April 16, 2011 Al-Anon's 60th Anniversary Open House and Banquet. (details page 42)

April 22 - 24 - 2011 Orange County AA Convention with Al-Anon Participation

Sobriety 25 / 7 / 11
Hilton Hotel
3050 Bristol Street, Costa Mesa, CA

**Hospitality for May Assembly Meeting
Districts 3, 24, 27, 42, 60 and 64**

May 21 - Southern California World Service Area Assembly Meeting 9:00 AM - 4:00 PM

Glendale First United Methodist Church
134 N. Kenwood St., Glendale, CA

Moved to Glendale!

2013

July, 2013 Al-Anon International Convention with AA Participation

Officer's Reports

Delegate

My report is brief for this Assembly because we are in the preparatory stages of finishing the year and focusing on the next World Service Conference. The 51st Conference will be in Virginia Beach April 11-15, 2011 and will be followed by a most special event. The Program of Al-Anon is celebrating its 60th anniversary in 2011 and an open house at the World Service Office and a special banquet will be held the Saturday after the Conference. This has been a couple of years of landmark dates and it is very exciting to be Delegate as these celebrations occur.

The Conference Theme this year is

"Expanding our community of hope by embracing:

Yesterday's foundations

Today's successes

Tomorrow's possibilities"

The outgoing Delegates are asked to present a 3-minute sharing on that topic at the Conference. Mine is still gelling in my head.

Normally once each three years, the Conference is held in Connecticut and a "field trip" is taken to

Stepping Stones, the final home of Lois and Bill Wilson. This year would be the time for that trip, but because of the anniversary plans, my panel will go to New York first for our visit to Stepping Stones.

We will be voting this year on the finalization of the 15-year trial period regarding the ownership of property. All this year I have asked all of you to do your homework on this issue (just as I have had to do) to learn the facts and history of the property purchase by visiting the home page of the WSO website and follow the link to the property purchase discussion. By informing ourselves about all the FACTS, we can make an informed decision. We will discuss this at the Assembly today.

We look forward to the presentation of our SOS Team presentation on January 15, 2011 and Jayme and I have specifically asked for a presentation on the property purchase issue. We will all learn more then.

*Like everything else that is worth having,
freedom is not free. The price is acceptance.
Forum Favorites, Vol 4, pg 54*

Once again, I thank you for allowing me the honor to represent our fellowship as Delegate. I continue to be in awe.

*Love in service,
Sandie E., Panel 49*

Immediate Past Delegate

Once again I am looking forward to the "Hot Topics" for today as chosen by the August Committee meeting.

Since I am on the ad hoc committee re clearing up all of our motions from years past to be sure we have interpreted them correctly and that all have been included in our archives. Amanda has set up 2 meeting dates to have a discussion with those of us on that committee however no one was able to attend except Amanda and me. I think that those of us on that committee should get together today and make a decision and decide on a time and date to get together before the February Committee meeting in order to establish any differences in interpretation of the motions before the end of 2011.

I attended the Team event in Connecticut and it was quite interesting. For those of us that have attended these TEAM events in other Areas, it has

provided some great input re our upcoming TEAM event in January. I am sure this

new concept of service participation will hopefully bring enthusiasm to our fellowship on a level that meets or surpasses the RSS's (Regional Service Seminars) which we had attended in the past as I mentioned previously. Thanks to our Area for letting us attend some of them.

As always I am so grateful to be on this service board and thanks to all of you for your support.

*Yours in Service,
Mary M*

Chair

Hello everyone. Buenas Dias. Buon Giorno. I am a very grateful member of the World Wide Fellowship of the Al-Anon Family Groups and I am also your Panel 49, SCWS Chairman for California South ~ Area 4.

If you are a new GR or DR remember this. God doesn't call the qualified HE qualifies the called.

Your SCWS Board has worked very hard to prepare for this Assembly. Our last Assembly was May 2010 and there has been lots of Al-Anon work to do in between Assemblies. We meet. We discuss. We hold Conference calls. We accomplish so much and our hearts are always with YOU the fellowship. Our goal is always one thing "is this for the good of the fellowship"?

LOCATION, LOCATION, LOCATION.....

As most of you know after almost 20 years in the Fullerton Center, they have told us they are closing their doors. They will be tearing the building down and rebuilding a large complex. The complex will consist of a new Senior Center, Boys and Girls Club, Aquatic Center and Community Center. Perhaps one day we may be able to return to this facility when the construction is completed.

But for now, we have a new location – for May 2011.....We will be going to Glendale. We searched and we searched. We based our search on three basic factors: Cost – Growth – Amenities. We needed a site that had state of the art AV and a place for growth. Plus you told us that you wanted something close to Amtrak.

I asked Board Members to go with me to visit various sites. Truck S., Kathi L. and Tim P., were the three Board Members who visited the potential sites. Truck and Kathi went to the OC sites. We visited Anaheim and Buena Park. We have a spread sheet with comparisons of the three sites. I can provide the spreadsheet if anyone would like to see the comparisons. Please email me and let me know and I will be happy to email it to you.

The short version is that Anaheim was a very large venue– could seat 500 people at tables, the room was magnificent. But it had one huge drawback. There was no AV at all. We would have to purchase all of the Audio Visual and then have someone in charge of setting it up and keeping the AV equipment. In addition, the cost was \$7300 per year. But in the negotiation they informed me that they had scheduled another party for one of our dates before our contract negotiation was even settled.

Buena Park was another site we visited. It was ideal, but were not very inviting nor did they seem interested in a nonprofit organization using their facility. They charge less for a nonprofit organization using their facility. Even with that being said the cost would have been \$7800 per year to use the Buena Park Facility. They have a brand new facil-

ity ~ it opened November 2009. I found that they were difficult to reach and unresponsive.

The Glendale location is the same location that the LA Intergroup now uses for their meetings. It is the First Methodist Church of Glendale. It is located at 134 North Kenwood, Glendale, CA 91206. They have a new renovated room, state of the art AV and they want us! The bonus is the rent will be the same as we pay right now! Our rent in Glendale will be \$3000 per year!

I am so pleased that we have been pro-active and found a new location so quickly. We will meet in Glendale at the new facility for the May Assembly!

Our HOT TOPICS for the November 2010 Assembly were exciting and everyone seemed to get much information from them. They were: 1. TEAM Event – How to do a workshop. 2. Creating and Supporting Alateen Meetings in Institutions. 3. What is a healthy meeting? Please check the Bulletin for the outcome and notes from these HOT TOPICS.

VOICE and VOTE: I want to remind everyone who has a voice and who has a vote at the Assembly. VOICE: GRs, DRs, Officers, Coordinators, Past Delegates, Intergroup Liaisons, Area Convention Chairs ONLY. If you are an alternate GR or DR and your GR or DR is NOT present then you are the voice and/or the vote today.

VOTE: ONLY GRs at an Assembly.

If you are attending an Al-Anon meeting where there isn't a GR please remind that Group that their voice and vote are not being represented at an Assembly. Encourage them to get a Group Rep.

I want to say a few words regarding the Alateen Appeal Letter that was forwarded to the SCWS Area Committee recently. The SCAC Committee requested a meeting with the SCWS Executive Board. They discussed their shortfall/deficit with us with the University of Redlands. They requested we help them with the letter and send it out for them. I want to remind everyone that the AFG Chair, the SCAC Chair and the So Cal Chair are all a part of the SCWS Area Committee. They are not at an Assembly or SCWS Committee Meeting just to make their announcements at each Assembly or Committee Mtg. At the Area Committee they have a voice and a vote. At this Assembly they have a voice. If AFG came to us and needed the same assistance we would

have followed the same procedure.

In most other areas throughout the country the Area Committee puts on the AFG Convention and their Alateen Conference and the Area Treasurer handles all the money for both convention/conferences. We are unique in this Area that the AFG and SCAC operate somewhat separately in that way.

There are three solutions for the SCAC Committee so that hopefully we will not have to deal with another shortfall again. Those solutions are: SCAC will maintain a better understanding of their financial responsibilities. SCAC will re-establish better communication and maintain a working relationship with the SCWS Board by including the SCWS Treasurer and/or the SCWS Alateen Coordination's representation on the SCAC Continuity Committee and the have promised to become more transparent to those we serve ~ you the fellowship.

Lastly, starting next year SCAC is requesting that all SCAC donations be forwarded to your respective District Representatives rather than directly to the SCAC Committee. Your District Representatives will be responsible to issue the SCAC scholarships to the Alateen meetings located in their individual districts. This will eliminate the SCAC Committee handling the donations and will enable the scholarships to be given out by the districts. There will be more information provided to you at the February Committee Meeting and when the SCAC registration forms are distributed in 2011.

Because our Alternate Delegate, Dave B., resigned you the fellowship of Southern California

agreed to have me appoint someone on an interim basis as Alternate Delegate until the May Assembly. At that time we will have an election for the Alternate Delegate.

In the meantime, Pat Hill will serve as the Interim Alternate Delegate for Southern California World Service. Pat lives in Palm Desert and has been in Al-Anon 46 years. She attended her first meeting in 1964. Pat has served the fellowship in many different capacities over the years. She was the Area Chairman for Nevada during their redistricting process. In addition, she was nominated for Trustee for the Southwest Region while serving the Al-Anon fellowship in Nevada. She has served on the Advisory Board for the Outreach to the Professional Community for WSO and she also served for three years on the WSO Executive Committee for Real Property as well as serving as the Chairman of that Committee in 2004. Pat will add her experience, strength and hope to the SCWS Board and to our Area in her usual exemplary style. Pat can be reached by email at: PatHill1025@yahoo.com.

Thank you for your confidence in my judgment to select an interim alternate delegate until the May Assembly.

Thank you again for the honor and privilege to serve as your SCWS Chairman. It is a very humbling and daunting. I pray that I serve you all in a most exemplary way. Remember our motto for this Panel is: PANEL 49 SHINES!

*Love in service,
Jayme C, Panel 49*

Who has Voice and/or Vote?

Assembly Meeting

Group Representatives VOICE and VOTE
District Representatives VOICE
Officers VOICE
Coordinators VOICE
Past Delegates VOICE
(Intergroup Liaisons and AWSC Convention Chairs give report only – No voice nor vote unless also a GR.)

Committee Meeting

District Representatives VOICE and VOTE
Officers VOICE and VOTE
Coordinators VOICE and VOTE
Intergroup Liaisons VOICE and VOTE
AWSC Convention Chairs VOICE and VOTE
(Conventions: AFG, So-Cal AA & SCAC)
Past Delegates VOICE

Revised August – 2004

Minutes of Assembly Meeting Nov 20, 2010

Chairperson - Jayme C. started the meeting at 10:07 a.m.

A Moment of Silence was Observed and then the Serenity Prayer and Welcome was done.

The 12 Traditions were read by Elizabeth E., District #27.

Introduction of Past Delegates, New DRs & New GRs.

Chairman's Report – David B. our Alternate Delegate has stepped down. Jayme discussed options for obtaining another Alternate Delegate. The Assembly could elect a new Alternate Delegate or give the Chair the authority to appoint an Alternative Delegate until the next Assembly. After some discussion, it was decided to have the Chair appoint an Alternate Delegate until the May Assembly. See Bulletin for full report.

Record's Secretary – Kathi L. See Bulletin for full report.

She can now interact directly with the World Service Office (WSO).

Roll call was taken.

Treasurer's Report - Heidi T. - See Bulletin for full report.

Presented Budget for 2011 to GRs. Cathy from District 42 made a motion to pass the budget as presented, Emily from District 33 seconded. Motion passed by GRs.

Delegate's Report - Sandie E. – See Bulletin for full report and dates and when/where to send love gifts.

2011 World Service Conference Theme is:

"Expanding our community of hope by embracing:

Yesterday's foundations

Today's successes

Tomorrow's possibilities"

Past Delegate's Report - Mary M. - See Bulletin for full report.

Minutes Secretary - Amanda C.

Presented Assembly Minutes of May 25, 2010 – Pat H. from District 42 made a motion to pass the Minutes as presented. John from District 42 seconded. Motion passed by GRs.

Observed 7th Tradition

Broke for lunch at 12:22pm.

Returned from lunch at 1:22 pm.

Paula from District 57 read Concepts.

Hospitality Report - Del L. - Host Districts for February Committee Meeting: 8, 12, and 17.

Assembly Broke into Hot Topic Discussions: See Bulletin for Reports.

Groups

Districts

World Service

New Business

No New Business.

Convention Reports - See Bulletin for full reports

Coordinators' Reports - See Bulletin for full reports.

Intergroup Liaisons' Reports - See Bulletin for full reports.

Ask-it-Basket Questions

Al-Anon Announcements

Chair requested if there were any questions for the Delegate to take to the Conference. There were no questions brought to the floor.

Closing

Respectfully submitted,

Amanda C

Minutes of Committee Meeting Aug 21, 2010

Chairperson - Jayme began the meeting at approximately 10:10 a.m. with the Serenity Prayer.

A moment of silence was requested for long-time Al-Anon members Bernie Scaparro and Sallie Carpenter and then the 12-Traditions were read by CB, 54 District Representative.

Chairperson - Jayme P. welcomed the group and discussed some of the things that the Board is doing behind the scenes.

Treasurer's Report - Heidi T. - Presented proposed budget worksheets. See Report in Bulletin for report.

Records Secretary's Report & Roll Call - Kathi L. - Discussion to ensure that records are still up to date. Roll call taken.

Minutes Secretary - Amanda C. - Asked for changes, additions, or deletions to the Minutes of Committee Meeting of February 20, 2010. Past Delegate, Mary M., made correction on the Alternate Delegates Report, third sentence, changing the phrase to "South West Regional Delegates Meeting." The Chair called for the vote by consensus with changes and the Motion passed.

Delegate's Report - Sandie E. - See Bulletin for Report.

Alternate Delegate's Report - David B. - Absent

Past Delegate - Mary M. - See Bulletin for Report.

Chair Jayme thanked Del for all of her work as she was in the hospital and all of the volunteers that showed up for the Committee Meeting.

Observed 7th Tradition

Old Business

Hot Topics came up and voted on:

-Creating & Supporting Alateen Meetings in Institutions. - 18

-Public Outreach at the District Level. - 12

-Explanation of Intergroups and how to be listed in 2 different directories in 2 different counties. - 3

-TEAM Event; How to present a workshop. - 18

-Allocation of Group Funds. - 1

-What is a Healthy meeting - Group Problems; Page 48-49; Difference Between a Group Conscious and a Business Meeting; Group Inventory at all levels; Rotation of Service at Meetings; What is a Healthy Meeting; Group Conscious' to Manipulate Meetings; How do You Determine Who is a "Regular" Member and Who Can Vote at a Meeting. - 26

-The Importance of attendance of Attending Assemblies and Staying All Day – GR Duties. - 3

-Principles vs. Personalities. - 10

-Define "Principles" of the program. - 2

-Knowledge Based Decision Making (KBDM). - 7

Creating & Supporting Alateen Meetings in Institutions

Heidi (SCWS Treasurer) – Administrative Leader

Lea (SCWS Alateen Sponsor Liaison)

Martha (DR, Dist. 30)

Kathy (DR, Dist. 75)

Kelley (Co-Chair SCAC)

Carolyn (SCWS Cooperating with the Professional Community)

Rodger (SCWS Institutions)

TEAM Event - How to Put on a Workshop

Tim P. (SCWS Public Information) – Administrative Leader

Kathy (SCWS Archives)

Paula (DR, Dist. 27)

Tina (DR, Dist. 21)

Anna (DR, Dist. 40)

Minutes of Committee Meeting Aug 21, 2010 (cont)

What is a Healthy Meeting -

Irene (Dist. 33) – Administrative Leader

Kathi L. Group Records

Marilu (Dist. 72)

Nancy (Dist. 8)

CB (Dist. 54)

Beth (Dist. 36)

Margo (Dist. 24)

Tim P. asked for any update on SOS North – Per Jayme there is no update. Per Sandie we should not go forward with SOS North as we don't have proper time. Tim stated we are having our TEAM event in January, which is our SOS, but it is our event we usually have here. We had a SOS North last year and hoped to continue. Nancy from Santa Barbara, Dist 8 stated that they are excited about having an event and they would be very disappointed in not having it. Mary, Past Delegate, stated it doesn't matter if it doesn't happen this year, but it will happen next year.

12:25p.m. Lunch Break

One hour lunch with Alateen serving lunch.

1:25p.m. –Meeting Reconvened

Concepts read by: Tina S., 21 District Representative

New Business

New Location beginning in August 2011 for Assembly and Committee meetings for SCWS.

Convention Chairpersons' Reports

So-Cal. AA Conv. 2010 - Al-Anon - Mary Ann H.

AFG Convention 2011 – Lynn A.

So-Cal. Alateen Conf (SCAC) – Kelley (Co-Chair)

Coordinators' Reports: See Bulletin for Reports

Alateen Sponsor Coordinator - Lea R.

Public Information (TEAM Event) - Tim P.

Archives - Kathy G.

Literature – Juan P.

Website - Ben P.

CPC – Carolyn S.

Institutions - Rodger P.

District Report's - See Bulletin for Reports

Meeting ended at approximately 3:50pm.

Respectfully submitting,

Amanda C

Ask-It Basket Questions

Where can I direct parents who have a 12 year old boy who is using drugs or smoking pot?

In addition to recommending Al-Anon meetings there are now many meetings available with parent focus. Aside from recommending Al-Anon there is not too much more we can do. We do not recommend treatment centers or any other type of intervention.

Can we use district money to supplement our monthly speaker meeting where 7th tradition on that night cannot support it alone?

The District money is mainly for service functions and district expenses. If the Speaker Meeting is sponsored by the District then that is different. But if the Speaker Meeting is just a meeting and not

Ask-It Basket Questions (cont)

sponsored by the District then that would not be an appropriate use for District funds.

Can we add an Al-Anon/Alateen speaker to the Assembly meeting? The control/agenda/announcements are valuable, but do not offset the absence of personal sharing to keep the conversation feeling and real?

Right now with the business at hand and the reporting that is necessary time does not allow for a speaker. That does not mean that in the future we cannot extend the allotted time for the meeting and have a speaker at the end of the day.

What is the appropriate way to put out a flyer at an Al-Anon meeting announcing an Al-Anon / AA participation event?

Page 52 and 53 of the Service Manual it states: "It is important that we only announce Al-Anon/Alateen events in our meetings, Events that can use the Al-Anon name and logo are connected to the Al-Anon links of service (district, Area, WSO). Because of our special relationship with AA, those AA events with Al-Anon and Alateen participation can be announced, but at an Al-Anon meeting or meeting location, groups do not announce or discuss activities of other anonymous Twelve Step programs."

People in my group want to charge for literature (pamphlets), books are one thing but aren't pamphlets for the newcomer?

Each group is autonomous in how they want to handle the sale of literature and pamphlets. Some groups cannot afford to offer free literature and pamphlets to everyone except for the newcomer's first night at the meeting. There are Groups that can afford to offer all literature and pamphlets free to everyone. There is nothing in the Service Manual that states the literature should be free to all members. Certainly the Group/Meeting can hold a Group Conscience or Business Meeting and discuss this matter and decide what would be the best decision for the Group.

Does an alternate GR have to be registered with SCWS or WSO to vote at the assembly? If so, what page is that in the service manual?

SCWS Assembly, voting GR or AGR for the GR: do they need to be registered as such to vote at assembly?

If GR can't go but has a member of that group that agrees to go as GR can they have voice and vote?

I was unable to find any reference to this in the Service Manual. At this time, we do not check GRs or AGRs in at the Assembly, therefore it really falls to the Districts to determine who can vote and who can't at the Assembly. It is the Districts that give us the count at the Assembly as to how many voting members they have there for their district. The only time it would be questioned at Assembly by the Board is if there were more voting members than we have registered GRs.

Why are there so many more women than men at the Assembly and meeting?

According to the 2003 AFG Survey, AFG is 88% women. For men this is a very good thing.

"Just like panels going to hospitals and institutions, would Al-anon consider going to 90 day rehabs as well?"

We do. These are very easy to get into, most rehabs have a "Family" night, and once a month a panel should be there.

"How do we attract more GR's to our district meetings?"

Invite them, or say "get in the car". Remember it's attraction, so in your reports make the meetings seem like fun.

Editors note: these are not all the Ask-It Basket questions answered at the assembly. Some questions (including mine) were mislaid due to this being the first time we've done it in a while. My apologies to all; we will do better next time.

2010 3rd Quarter Profit and Loss

| | Jul 10 | Aug 10 | Sep 10 | TOTAL |
|-----------------------------------|------------------|-----------------|------------------|------------------|
| Ordinary Income/Expense | | | | |
| Income | | | | |
| 7th Tradition | 0.00 | 100.00 | 0.00 | 100.00 |
| Convention Contributions | 342.69 | 44.40 | 0.00 | 387.09 |
| District/Intergroup Contributions | 0.00 | 500.00 | 0.00 | 500.00 |
| Forum Subscription Collection | 0.00 | 2.98 | 0.00 | 2.98 |
| Group Contributions | 2,140.81 | 5,015.74 | 1,522.86 | 8,679.41 |
| Interest Income | 12.01 | 10.32 | 9.95 | 32.28 |
| Individual Contributions | 0.00 | 20.00 | 0.00 | 20.00 |
| Total Income | 2,495.51 | 5,693.44 | 1,532.81 | 9,721.76 |
| Expense | | | | |
| Assembly Expenses | 0.00 | 20.00 | 0.00 | 20.00 |
| Bad Debts | 0.00 | 0.00 | 0.00 | 0.00 |
| Bank Fees | 0.00 | 0.00 | 6.00 | 6.00 |
| Background Checks | 0.00 | 390.00 | 0.00 | 390.00 |
| Bulletin Bulk Mail | 0.00 | 359.40 | 0.00 | 359.40 |
| Bulletin Production | 0.00 | 1,567.33 | 0.00 | 1,567.33 |
| Hotel and Lodging | 594.93 | 64.14 | 0.00 | 659.07 |
| Hospitality Supplies | 0.00 | 246.14 | 0.00 | 246.14 |
| Insurance Expense | 215.50 | 215.50 | 215.50 | 646.50 |
| Literature Purchases | 0.00 | 634.11 | 0.00 | 634.11 |
| Meals | 33.05 | 0.00 | 0.00 | 33.05 |
| Miscellaneous | 0.00 | 0.00 | 0.00 | 0.00 |
| Mileage | 308.87 | 771.74 | 774.20 | 1,854.81 |
| Office Expenses | 567.77 | 113.83 | 308.63 | 990.23 |
| Postage and Delivery | 0.00 | -74.92 | 15.89 | -59.03 |
| Printing and Reproduction | 465.42 | 624.34 | 181.69 | 1,271.45 |
| Rent Expenses | 28.50 | 756.67 | 26.67 | 811.84 |
| Special Events | 785.00 | 0.00 | 338.00 | 1,123.00 |
| Storage Expense | 64.00 | 64.00 | 64.00 | 192.00 |
| Travel Expenses | 1,253.80 | 0.00 | 86.00 | 1,339.80 |
| Website Expenses | 9.97 | 9.97 | 9.97 | 29.91 |
| World Service Conference | 35.57 | 0.00 | 1,834.00 | 1,869.57 |
| Total Expense | 4,362.38 | 5,762.25 | 3,860.55 | 13,985.18 |
| Net Ordinary Income | -1,866.87 | -68.81 | -2,327.74 | -4,263.42 |
| Other Income/Expense | | | | |
| Other Income | 0.00 | 165.00 | 0.00 | 165.00 |
| Total Other Income | 0.00 | 165.00 | 0.00 | 165.00 |
| Net Other Income | 0.00 | 165.00 | 0.00 | 165.00 |
| Net Income | -1,866.87 | 96.19 | -2,327.74 | -4,098.42 |

2010 3rd Quarter Comparison

| | <u>Jul - Sep 10</u> | <u>Jul - Sep 09</u> | <u>\$ Change</u> |
|-----------------------------------|---------------------|---------------------|------------------|
| Ordinary Income/Expense | | | |
| Income | | | |
| 7th Tradition | 100.00 | 133.80 | -33.80 |
| Bulletin Subscriptions | 0.00 | 16.00 | -16.00 |
| Convention Contributions | 387.09 | 690.48 | -303.39 |
| District/Intergroup Contributions | 500.00 | 380.00 | 120.00 |
| Forum Subscription Collection | 2.98 | 0.00 | 2.98 |
| Group Contributions | 8,679.41 | 13,110.40 | -4,430.99 |
| Interest Income | 32.28 | 102.32 | -70.04 |
| Individual Contributions | 20.00 | 0.00 | 20.00 |
| Total Income | <u>9,721.76</u> | <u>14,433.00</u> | <u>-4,711.24</u> |
| Expense | | | |
| Assembly Expenses | 20.00 | 0.00 | 20.00 |
| Bad Debts | 0.00 | 0.00 | 0.00 |
| Bank Fees | 6.00 | 0.00 | 6.00 |
| Background Checks | 390.00 | 370.00 | 20.00 |
| Bulletin Bulk Mail | 359.40 | 0.00 | 359.40 |
| Bulletin Production | 1,567.33 | 1,094.76 | 472.57 |
| Computer Expenses | 0.00 | 299.57 | -299.57 |
| Contributions | 0.00 | 4,326.45 | -4,326.45 |
| Hotel and Lodging | 659.07 | 0.00 | 659.07 |
| Hospitality Supplies | 246.14 | 15.34 | 230.80 |
| Insurance Expense | 646.50 | 0.00 | 646.50 |
| Literature Purchases | 634.11 | 252.01 | 382.10 |
| Meals | 33.05 | 110.37 | -77.32 |
| Miscellaneous | 0.00 | 0.00 | 0.00 |
| Mileage | 1,854.81 | 1,321.65 | 533.16 |
| Office Expenses | 990.23 | 1,141.75 | -151.52 |
| Postage and Delivery | -59.03 | 500.08 | -559.11 |
| Printing and Reproduction | 1,271.45 | 869.12 | 402.33 |
| Professional Fess - Other | 0.00 | 40.00 | -40.00 |
| Rent Expenses | 811.84 | 863.34 | -51.50 |
| Special Events | 1,123.00 | 0.00 | 1,123.00 |
| Storage Expense | 192.00 | 180.00 | 12.00 |
| Travel Expenses | 1,339.80 | 0.00 | 1,339.80 |
| Website Expenses | 29.91 | 23.85 | 6.06 |
| World Service Conference | 1,869.57 | 0.00 | 1,869.57 |
| Total Expense | <u>13,985.18</u> | <u>11,408.29</u> | <u>2,576.89</u> |
| Net Ordinary Income | <u>-4,263.42</u> | <u>3,024.71</u> | <u>-7,288.13</u> |
| Other Income/Expense | | | |
| Other Income | 165.00 | 0.00 | 165.00 |
| Total Other Income | <u>165.00</u> | <u>0.00</u> | <u>165.00</u> |
| Other Expense | 0.00 | -102.75 | 102.75 |
| Total Other Expense | <u>0.00</u> | <u>-102.75</u> | <u>102.75</u> |
| Net Other Income | <u>165.00</u> | <u>102.75</u> | <u>62.25</u> |
| Net Income | <u>-4,098.42</u> | <u>3,127.46</u> | <u>-7,225.88</u> |

2010 Budget Comparison

| BUDGET 2010 | 1st Qtr 2010 January - March | 2nd Qtr 2010 April - June | 3rd Qtr 2010 July - Sep- tember | YTD | VARI- ANCES |
|---------------------------|---------------------------------------|------------------------------------|--|-----------------|------------------|
| INCOME: | | | | | |
| Bulletin Subscriptions | 50.00 | 52.00 | 16.00 | 0.00 | 68.00 |
| 7th Tradition | 1,200.00 | 111.50 | 851.51 | 100.00 | 1,063.01 |
| Convention Contributions | 500.00 | 445.00 | 135.00 | 387.09 | 967.09 |
| Dist./Intergrp. Donations | 1,000.00 | 600.00 | 0.00 | 500.00 | 1,100.00 |
| Group Donations | 39,570.00 | 12,366.09 | 14,176.64 | 8,679.41 | 35,222.14 |
| Interest Income | 500.00 | 42.86 | 35.18 | 32.28 | 110.32 |
| Other Income | 0.00 | 50.00 | 30.00 | 22.98 | 102.98 |
| S.O.S. - Income | 3,000.00 | 1,515.25 | 0.00 | 0.00 | 1,515.25 |
| TOTAL INCOME | 45,820.00 | 15,182.70 | 15,244.33 | 9,721.76 | 40,148.79 |

EXPENSE:

| | | | | | | |
|---------------------------|----------|----------|----------|----------|----------|------------|
| Bulletin Bulk Mail | 2,200.00 | 347.46 | 409.89 | 359.40 | 1,116.75 | (1,083.25) |
| Bulletin Production Exp. | 6,500.00 | 1,460.81 | 1,462.26 | 1,567.33 | 4,490.40 | (2,009.60) |
| Comp.Hdwe & Software | 500.00 | 0.00 | 0.00 | 0.00 | 0.00 | (500.00) |
| Alateen Co-ord. Exp. | 2,700.00 | 655.72 | 230.19 | 851.94 | 1,737.85 | (962.15) |
| Archives Co-ord. Exp. | 100.00 | 0.00 | 0.00 | 22.16 | 22.16 | (77.84) |
| Hospitality Co-ord. Exp. | 400.00 | 527.26 | 239.02 | 279.19 | 1,045.47 | 645.47 |
| Bulletin Editor Exp. | 100.00 | 0.00 | 0.00 | 0.00 | 0.00 | (100.00) |
| Literature Co-ord. Exp. | 400.00 | 0.00 | 0.00 | 42.38 | 42.38 | (357.62) |
| CPC Co-ordinator Exp. | 400.00 | 46.33 | 270.04 | 761.70 | 1,078.07 | 678.07 |
| P. I. Co-ord. Exp. | 400.00 | 0.00 | 364.75 | 430.31 | 795.06 | 395.06 |
| H & I Conference | 400.00 | 0.00 | 1,073.70 | 0.00 | 1,073.70 | 673.70 |
| Institutions Co-ord. Exp. | 200.00 | 0.00 | 0.00 | 460.68 | 460.68 | 260.68 |
| Web Site Co-ord. Exp | 100.00 | 18.26 | 0.00 | 0.00 | 18.26 | (81.74) |
| Delegate Equalizer Fund | 1,950.00 | 0.00 | 0.00 | 1,869.57 | 1,869.57 | (80.43) |
| Delegate WSC Expense | 500.00 | 0.00 | 500.00 | 0.00 | 500.00 | 0.00 |
| Other Area mtgs | 4,000.00 | 0.00 | 0.00 | 0.00 | 0.00 | (4,000.00) |
| SWRDM/SW Delegate Mtg. | 2,000.00 | 1,132.40 | 675.02 | 0.00 | 1,807.42 | (192.58) |

2010 Budget Comparison

| BUDGET | 1st Qtr 2010 | 2nd Qtr 2010 | 3rd Qtr 2010 | YTD | VARI- ANCES |
|---|------------------|------------------|-------------------|------------------|-------------------|
| EXPENSE: | | | | | |
| DR/GR/Liaison Mileage/Hotel | 350.80 | 1,605.70 | 234.80 | 2,191.30 | (808.70) |
| Officer/Co-ord. Mileage/Hotel | 1,314.52 | 1,568.84 | 2,198.42 | 5,081.78 | 581.78 |
| Alternate Delegate Exp. | 0.00 | 571.45 | 0.00 | 571.45 | 471.45 |
| Chairperson Exp. | 0.00 | 81.32 | 45.66 | 126.98 | (373.02) |
| Delegate Exp. | 0.00 | 49.39 | 397.84 | 447.23 | (252.77) |
| Minutes Secretary Exp. | 0.00 | 123.96 | 0.00 | 123.96 | 23.96 |
| Past Delegate Exp. | 82.82 | 78.82 | 108.45 | 270.09 | 20.09 |
| Records Secretary Exp. | 161.08 | 88.08 | 113.29 | 362.45 | (37.55) |
| Treasurer Exp. | 863.49 | 496.58 | 104.85 | 1,464.92 | (1,035.08) |
| Bank Charges & Fees | 0.00 | 30.00 | 76.00 | 106.00 | 56.00 |
| Liability Insurance | 646.50 | 646.50 | 646.50 | 1,939.50 | (1,060.50) |
| NSF Checks/Bad Debts | 0.00 | 53.02 | 0.00 | 53.02 | (46.98) |
| Translating Equipment | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 |
| Professional Translator | 0.00 | 0.00 | 0.00 | 0.00 | (200.00) |
| Corporate Expense | 0.00 | 0.00 | 0.00 | 0.00 | (150.00) |
| Website | 27.39 | 29.91 | 29.91 | 87.21 | (12.79) |
| Rent - Committee/Assembly | 926.62 | 730.00 | 730.00 | 2,386.62 | (533.38) |
| Rent - Hospitality Supplies | 171.08 | 192.00 | 192.00 | 555.08 | (344.92) |
| Special Meetings - Other | 0.00 | 0.00 | 2,462.80 | 2,462.80 | 1,962.80 |
| S.O.S. Expense | 2,326.38 | 0.00 | 0.00 | 2,326.38 | (673.62) |
| TOTAL EXPENSE | 11,058.92 | 11,570.44 | 13,985.18 | 36,614.54 | (9,205.46) |
| Year End Profit before Contribution to WSO | 0.00 | 3,673.89 | (4,263.42) | 3,534.25 | |
| Prudent Reserve | 25,000.00 | 25,000.00 | 25,000.00 | 25,000.00 | |

Group Contributions

| District/Group | City | Group ID | 1st Qtr | YTD |
|--|------------------|----------|---------|--------|
| D03 Atascadero Monday Nite AFG 683 730 PM | Atascadero | 000683 | 15.00 | 105.00 |
| D03 Atascadero Friday Noon Book Study Group | Atascadero | 041842 | 0.00 | 10.00 |
| D03 Atascadero Step Study | Atascadero | 00064375 | 0.00 | 60.00 |
| D03 Cayucos Monday 10 AM | Cayucos | 32748 | 0.00 | 255.00 |
| D03 District 03 | | | 0.00 | 500.00 |
| D03 Just for Today AFG 730 PM | Arroyo Grande | 60857 | 68.65 | 152.50 |
| D03 Lompoc Monday 7 PM Serenity AFG | Lompoc | 001109 | 32.00 | 77.54 |
| D03 Los Osos Friday Courage to Change 7 PM | Los Osos | 61145 | 14.00 | 61.33 |
| D03 Morro Bay Keep It Simple Monday Evening | Morro Bay | 064309 | 100.00 | 100.00 |
| D03 Open Hearts AFG | Arroyo Grande | 30527684 | 0.00 | 57.25 |
| D03 Pismo Beach Tuesday Nite Step Study AFG | Pismo Beach | 060242 | 30.00 | 89.00 |
| D03 Wednesday 12x12 Step | Atascadero | 067048 | 0.00 | 10.00 |
| D03 Women's Serenity Al-Anon 530 PM | Pismo Beach | 43977 | 60.00 | 72.00 |
| D03 Women's Wednesday Night Willingness | Arroyo Grande | 30518695 | 50.00 | 95.26 |
| D06 Bakersfield Monday Night Stockdale West Group | Bakersfield | 000697 | 0.00 | 42.50 |
| D06 Lake Isabella Monday Evening | Kernville | 028384 | 0.00 | 27.00 |
| D06 Monday Afternoon Stockdale Serenity | Bakersfield | 36808 | 0.00 | 20.00 |
| D06 Monday Night Tehachapi | Tehachapi | 064595 | 10.00 | 30.00 |
| D06 Tuesday Night Southwest | Bakersfield | 26588 | 20.00 | 20.00 |
| D08 Courage to Change | Santa Barbara | 026344 | 0.00 | 7.50 |
| D08 Experience, Strength & Hope AFG | Montecito | 30538392 | 5.61 | 13.11 |
| D08 How Al-Anon Works Thus 6PM | Santa Barbara | 053953 | 9.50 | 41.29 |
| D08 Keep Coming Back | Santa Barbara | 029412 | 15.00 | 45.00 |
| D08 Men's Stag Al-Anon | Santa Barbara | 503856 | 45.00 | 85.65 |
| D08 Mesa AFG | Santa Barbara | 30532428 | 11.25 | 11.25 |
| D08 Paths to Recovery | Goleta | 054448 | 0.00 | 12.90 |
| D08 Santa Barbara Friday Morning Center 10 AM | Santa Barbara | 00041540 | 15.00 | 45.00 |
| D08 Sunday Morning Serenity Group 11AM | Santa Barbara | 1639 | 0.00 | 31.62 |
| D09 Canyon Country Beginners Meeting | Santa Clarita | 36683 | 0.00 | 80.00 |
| D09 Discussion AFG 1230 | Lancaster | 66404 | 10.00 | 10.00 |
| D09 Friday 1230 Beginners Meeting | Valencia | 30556433 | 15.20 | 68.20 |
| D09 Palmdale Thursday We Care Afternoon | Palmdale | 46249 | 0.00 | 10.00 |
| D09 Saugus Saturday Serenity Group | Saugus | 037597 | 0.00 | 37.15 |
| D09 Step & Tradition Meeting | Canyon Country | 502515 | 0.00 | 10.36 |
| D09 Thursday 630 PM Step/Tradition AFG | Valencia | 42761 | 0.00 | 24.34 |
| D09 Thursday Nite Beginners AFG 700 PM | Lancaster | 40272 | 20.00 | 40.00 |
| D09 Walk As You Talk Tuesday 700 PM AFG | Palmdale | 46773 | 0.00 | 12.88 |
| D09 Wednesday Nite Keep Coming Back AFG 730 P | Valencia | 047916 | 0.00 | 37.46 |
| D10 Courage to Change 630 PM | Hesperia | 503304 | 0.00 | 30.00 |
| D12 630 Monday Night Parent Focus Al-Anon Meeting | Westlake Village | 30531749 | 0.00 | 210.00 |
| D12 Courage to Change AFG | Camarillo | 43526 | 15.00 | 30.00 |
| D12 Fragrance Free Literature Study | Santa Barbara | 00500920 | 27.00 | 157.00 |
| D12 Friday Step Study | Westlake Village | 1745 | 0.00 | 16.40 |
| D12 Montecito Easy Does It Noon | Montecito | 054447 | 0.00 | 56.00 |
| D12 Santa Paula Serenity Tuesday | Oxnard | 045632 | 0.00 | 15.00 |

Group Contributions

| District/Group | City | Group ID | 1st Qtr | YTD |
|--|------------------|----------|---------|--------|
| D12 Saturday 10AM Paths to Recovery Step Study | Camarillo | 00042172 | 0.00 | 40.00 |
| D12 Stepping Through Step Study, Wednesday 6:30 PM | Ojai | 65161 | 0.00 | 30.00 |
| D12 Sunday Night Step & Tradition Study 5:00 PM | Ventura | 45277 | 0.00 | 15.00 |
| D12 Thousand Oaks Friday 100 PM AFG | Thousand Oaks | 1745 | 0.00 | 14.00 |
| D12 Thousand Oaks Saturday Morning 1000 AM | Thousand Oaks | 38928 | 0.00 | 45.00 |
| D12 Thousand Oaks/Westlake Village New Comers | Westlake Village | | 0.00 | 34.20 |
| D12 Thousdand Oaks 630 Friday Meeting | Thousand Oaks | 30539355 | 15.00 | 40.05 |
| D12 Thursday Men's Stag 6 PM | Westlake Village | 502576 | 0.00 | 60.00 |
| D12 Tuesday 130 4th Step Study | Ventura | 64141 | 10.00 | 36.50 |
| D12 Tuesday Night Al-Anon 700 PM (Rehab) | Simi Valley | 029992 | 60.00 | 90.00 |
| D12 Ventura Friday Afternoon AFG 1230 PM | Ventura | 50500 | 0.00 | 85.05 |
| D12 Ventura Wednesday Nite 730PM | Ventura | 1799 | 0.00 | 9.00 |
| D12 Westlake Village Wednesday 1245 PM | Westlake | 067262 | 0.00 | 67.69 |
| D12 When We Got Busy We Got Better | Oxnard | 30507219 | 0.00 | 45.00 |
| D12 Willing To Change Tuesday Noon | Simi Valley | 30504251 | 0.00 | 20.00 |
| D12 Woman's Writing Group 730 PM | Thousand Oaks | 54169 | 0.00 | 57.30 |
| D12 Women In Recovery | Ventura | 502221 | 22.50 | 22.50 |
| D12 Women's Writing Group | Westlake | 054169 | 0.00 | 21.00 |
| D17 4th Step Study Tuesday 10AM | Northridge | 000681 | 124.00 | 124.00 |
| D17 Canoga Park Thursday Evening 630PM | Canoga Park | 38944 | 0.00 | 20.00 |
| D17 Encino Monday Nite Literature Study | Encino | 050014 | 77.60 | 122.23 |
| D17 Encino Thursday Live & Let Live 7PM | Encino | 0063426 | 0.00 | 19.52 |
| D17 Family Group of Northridge Friday 1230 PM | Northridge | 001270 | 0.00 | 53.50 |
| D17 Farsi Speaking Meeting | Encino | 501763 | 0.00 | 20.00 |
| D17 From Survivors to Recovery | Woodland Hills | 30531750 | 0.00 | 123.60 |
| D17 Granada Hills Monday Night AFG | Granada Hills | 30534687 | 22.50 | 83.61 |
| D17 Have Al-Anon Will Grow Meeting | Encino | 64469 | 99.53 | 203.09 |
| D17 Monday Night Men's Stag 730 PM | Canoga Park | 504011 | 80.00 | 80.00 |
| D17 Monday Night VA Hospital 7PM | North Hills | 037302 | 0.00 | 29.05 |
| D17 Tarzana Thursday Evening AFG St. James | Tarzana | 1739 | 0.00 | 57.32 |
| D17 Tools for Alateens | Granda Hills | 30543035 | 0.00 | 10.00 |
| D17 Tradition Five Al-Anon Family Group Friday | Woodland Hills | 45693 | 100.00 | 200.00 |
| D17 Traditidion Five Tues Step & Book Study 7:45 PM | Woodland Hills | 53567 | 0.00 | 85.41 |
| D17 Tuesday Night Book Study 630PM | Woodland Hills | 52038 | 0.00 | 229.96 |
| D17 Tuesday Northridge 4th Step Study | Northridge | 053521 | 50.00 | 50.00 |
| D17 Wed Night Parent Focus Group | Woodland Hills | 503581 | 71.00 | 405.00 |
| D17 Women's Stag Action Group Thursday 10AM | Woodland Hills | 1842 | 34.00 | 119.30 |
| D21 Al-Anon 4th Step Study | North Hollywood | 30513887 | 0.00 | 88.40 |
| D21 Easy Does It | North Hollywood | 050275 | 0.00 | 24.36 |
| D21 Focus on Recovery | Sherman Oaks | 30509646 | 0.00 | 5.59 |
| D21 Hope for Today 815AM | North Hollywood | 500515 | 22.84 | 215.03 |
| D21 In The Solution | Sherman Oaks | 00503898 | 20.00 | 20.00 |
| D21 Keep the Focus On Me Meeting | North Hollywood | 3052337 | 22.00 | 52.00 |
| D21 Live and Let Live | Sherman Oaks | 502106 | 56.32 | 161.42 |

Group Contributions

| District/Group | City | Group ID | 1st Qtr | YTD |
|---|-------------------|----------|---------|----------|
| D21 Monday Noon AFG 1st Christian Church | Studio City | 048882 | 80.92 | 129.28 |
| D21 Monday Sherman Oaks AFG | Sherman Oaks | 0028362 | 0.00 | 18.06 |
| D21 Parents Focus | Studio City | 502996 | 0.00 | 80.00 |
| D21 Principles In Action | North Hollywood | 30541426 | 0.00 | 40.00 |
| D21 Serenity on Sunday AFG | Sherman Oaks | 1265 | 0.00 | 59.07 |
| D21 Sherman Oaks Parent Focus Friday Night | Sherman Oaks | 75762 | 0.00 | 40.00 |
| D21 Sherman Oaks Step Study Women's Mtg. | Sherman Oaks | 501798 | 0.00 | 16.00 |
| D21 Solutions and Serenity | North Hollywood | 503666 | 0.00 | 53.61 |
| D21 Sunday 430 Women's Meeting AFG | Studio City | 30558101 | 0.00 | 39.30 |
| D21 The Thursday Night Tools for Living AFG | North Hollywood | 001268 | 0.00 | 46.66 |
| D21 Wake Up and Smell the Coffee | North Hollywood | 064305 | 146.89 | 146.89 |
| D24 AFG Burbank Saturday Little White Chapel 10 AM | Burbank | 048987 | 0.00 | 25.00 |
| D24 Altadena Saturday 10AM | Altadena | 065430 | 0.00 | 20.00 |
| D24 Burbank Saturday 6 PM Meeting | Burbank | 0066931 | 24.00 | 24.00 |
| D24 Burbank Sunday Nite 7:30 PM | Burbank | 738 | 27.57 | 98.96 |
| D24 Friday 1230PM AFG Living With Sobriety | La Canada | 48478 | 19.91 | 19.91 |
| D24 Friday Noon Al-Anon | Glendale | 000977 | 19.00 | 19.00 |
| D24 Glendale Friday Night AFG 830 PM | Glendale | 000969 | 2.06 | 5.91 |
| D24 La Canada AFG - Wed 5:30 | La Canada | 48985 | 12.17 | 112.56 |
| D24 La Canada Blue Print for Progress Mon AFG | La Canada | 46168 | 88.26 | 178.42 |
| D24 La Canada Parents Group 1030 AM | La Canada | 51517 | 0.00 | 1,877.33 |
| D24 Monday Al-Anon Meeting | La Canada | 0039655 | 0.00 | 50.51 |
| D24 Monday Night 7PM Sunland Meeting AFG | Sunland | 30531058 | 0.00 | 16.00 |
| D24 Monday Night AFG | La Canada | 23996 | 0.00 | 69.49 |
| D24 Monday Noon Al-Anon | Glendale | 000971 | 4.00 | 4.00 |
| D24 Problem Sharing & Beginners Meeting | La Crescenta | 30519052 | 0.00 | 27.20 |
| D24 Saturday 9AM Step & Tradition Study AFG | Montrose | 48986 | 39.00 | 65.21 |
| D24 Sunday 10:00AM Windsor Club | Glendale | 30514801 | 19.00 | 26.00 |
| D24 Sunday Twilight Women's Meeting | Burbank | 66711 | 0.00 | 7.50 |
| D24 Thursday 7 O'Clock Let's Rock Men's Stag | La Canada | 048039 | 386.13 | 386.13 |
| D24 Thursday Afternoon Step Study 1230 PM | La Canada | 001053 | 0.00 | 178.20 |
| D24 Thursday Windsor Club AFG | Glendale | | 10.00 | 10.00 |
| D24 Tuesday Evening Little White Chapel 7:30PM | Burbank | 000740 | 0.00 | 47.85 |
| D24 Wednesday Night Candlelight Al-Anon | Glendale | 000975 | 12.38 | 27.82 |
| D27 Beverly Hills Tuesday Noon Meeting | Beverly Hills | 0048228 | 0.00 | 259.90 |
| D27 Brentwood Sunday AFG Step Study | Brentwood | 0001138 | 171.80 | 235.80 |
| D27 Brentwood Tuesday Afternoon AFG 12:30 PM | Brentwood | 036091 | 0.00 | 85.00 |
| D27 Courage to Change | Los Angeles | 30552962 | 20.00 | 80.00 |
| D27 Fear Faith Los Feliz AFG | Silver Lake | 0066793 | 126.00 | 126.00 |
| D27 Friday 730 AM | Hollywood | | 0.00 | 34.00 |
| D27 Hollywood - How It Works | Hollywood | 30507294 | 0.00 | 20.00 |
| D27 Living With Sobriety | Silverlake | 001173 | 48.62 | 208.11 |
| D27 Malibu Monday Afternoon 12:30PM | Malbu | 24150 | 60.00 | 60.00 |
| D27 Men's Fireside Stag AFG | Pacific Palisades | 03008753 | 0.00 | 40.00 |
| D27 Monday 7:30PM Search for Serenity | West Hollywood | 029235 | 0.00 | 134.20 |
| D27 Monday Night 730PM | Brentwood | 00066068 | 0.00 | 112.50 |

Group Contributions

| District/Group | City | Group ID | 1st Qtr | YTD |
|---|-------------------|-----------|---------|--------|
| D27 New Freedom & Happiness AFG | West Hollywood | 500857 | 0.00 | 50.00 |
| D27 Pacific Palisades Slogan Study 1000 AM | Pacific Palisades | 63023 | 0.00 | 143.40 |
| D27 Saturday Noon Adult Child Focus | Los Angeles | 62375 | 64.86 | 154.86 |
| D27 Saturday Noon Al-Anon Courage to Change | Pacific Palisades | 3008783 | 100.00 | 100.00 |
| D27 Serenity in Relationships | Pacific Palisades | 64140 | 75.00 | 349.86 |
| D27 Silverlake Fear to Faith Meeting | Silverlake | 00066793 | 0.00 | 201.00 |
| D27 Step Into The Solution AFG | Beverly Hills | 30538124 | 67.00 | 67.00 |
| D27 Step Study Meeting | Los Angeles, CA | 00001141 | 0.00 | 169.00 |
| D27 Sunday Morning (Mort's Deli) | Pacific Palisades | 065210 | 0.00 | 13.20 |
| D27 Sunday Morning AFG - AT Center/Griffith Park Boulevard | Silverlake | 42842 | 0.00 | 119.41 |
| D27 Sunday Night Courage to Change | West Hollywood | 30503785 | 30.00 | 51.74 |
| D27 Thursday Los Angeles Civic Center 1215PM | Los Angeles | 49565 | 0.00 | 37.50 |
| D27 Topanga Tuesday Noon | Topanga | 0052860 | 0.00 | 80.00 |
| D27 Tuesday Night Parent's Meeting | Los Angeles | 066842 | 0.00 | 60.00 |
| D27 Tuesday Noon Living With Sobriety | Hollywood | 0001151 | 0.00 | 77.00 |
| D27 Wednesday Al-Anon Family Groups Book Study | Sherman Oaks | 503508 | 20.00 | 40.00 |
| D27 Westwood Al-Anon | Brentwood | 503532 | 122.80 | 238.00 |
| D27 Westwood Al-Anon 10:30 - Noon | Westwood | 503532 | 0.00 | 271.30 |
| D27 Women's Stag 630PM Step and Tradition Study | West Los Angeles | 066184 | 60.91 | 114.98 |
| D30 3rd Saturday of Every Month Lunch | Sierra Madre | 00044514 | 0.00 | 40.00 |
| D30 Monday 6PM Marengo | Pasadena | 00063505 | 50.00 | 160.00 |
| D30 Monday Night AFG 600 PM | Sierra Madre | 048170 | 20.00 | 88.00 |
| D30 Nuevos Caminos Monday and Thursday | Pasadena | 0043698 | 0.00 | 21.50 |
| D30 Pasadena Saturday Nite | Pasadena | 46915 | 0.00 | 77.40 |
| D30 Pasadena Sunday 7:30 PM Church of the Brethran | Pasadena | 1357 | 110.40 | 282.40 |
| D30 San Gabriel Tuesday Night (Roses Road) | San Gabriel | 1588 | 57.00 | 167.80 |
| D30 San Marino Al-Anon | San Gabriel | 0001587 | 0.00 | 34.00 |
| D30 Sierra Madre Friday Nite Step Study 6:15 | Sierra Madre | 048038 | 20.00 | 49.31 |
| D30 South Pasadena Saturday Morning | Pasadena | 30507920 | 23.22 | 123.30 |
| D30 South Pasadena Thursday 745PM | South Pasadena | 000653 | 0.00 | 155.85 |
| D30 Temple City Tuesday 10 AM | Temple City | 1741 | 20.00 | 40.00 |
| D30 Wednesday Morning Discussion Group | Alhambra | 000651 | 35.00 | 75.00 |
| D30 Wednesday Night Open Discussion | Sierra Madre | 0029861 | 0.00 | 5.00 |
| D33 Covina Friday 10am Living in the Solution | Covina | 000500806 | 40.00 | 72.00 |
| D33 Covina Tuesday Morning Step Study 10 AM | Covina | 035662 | 0.00 | 13.46 |
| D33 Covina Up Front Wednesday Noon Al-Anon | Covina | 825 | 0.00 | 35.00 |
| D33 Covina Wednesday Nite Step Study 7PM | Covina | 40529 | 0.00 | 30.00 |
| D33 District 33 | | | 500.00 | 500.00 |
| D33 Monday Night Glendora Meeting | Glendora | 00979 | 0.00 | 22.00 |
| D33 Monrovia Candlelight | Monrovia | 00501501 | 0.00 | 16.50 |
| D33 Tuesday Night Book Study AFG | West Covina | 00054450 | 7.50 | 7.50 |
| D33 West Covina Men's Stag 730 | West Covina | 1824 | 65.00 | 199.59 |
| D33 Young At Heart AFG | Covina | 00065666 | 0.00 | 10.00 |
| D36 11th Step Meeting - Brown Bag | Claremont | 0063330 | 15.00 | 95.00 |

Group Contributions

| District/Group | City | Group ID | 1st Qtr | YTD |
|---|---------------|----------|---------|--------|
| D36 6:30 PM Tuesday Woman to Woman | Alta Loma | 00502534 | 0.00 | 50.00 |
| D36 Changing Format AFG 7:30PM St. Marks | Upland | 047714 | 10.00 | 43.50 |
| D36 Monday Morning Serenity Group 1000AM | Pomona | 001388 | 50.00 | 92.50 |
| D36 Thursday Night How Al-Anon Works | | | | |
| Book Study 6:30PM | Alta Loma | 63850 | 20.00 | 80.00 |
| D36 Tuesday Night One Day At A Time 7:30PM | Pomona | 025401 | 0.00 | 30.00 |
| D36 Wednesday Night AFG | Claremont | 00001781 | 0.00 | 50.00 |
| D39 Big Bear Wednesday 1230 PM | Big Bear Lake | 0066176 | 20.00 | 20.00 |
| D39 Corona Tuesday Night Made a Decision AFG | Corona | 0000806 | 0.00 | 13.30 |
| D39 Grove Monday Night Co-Ed AFG | Riverside | 30532469 | 0.00 | 13.50 |
| D39 Hope for the Future (Alateen) | Big Bear Lake | 3052264 | 0.00 | 15.00 |
| D39 Keep It Simple | Redlands | 30510341 | 23.00 | 23.00 |
| D39 Love, Courage & Growth | Redlands | 0044586 | 8.58 | 33.42 |
| D39 NewHorizon AFG | Fontana | 503658 | 0.00 | 10.00 |
| D39 Redlands AFG Tuesday 730 PM | Redlands | 501322 | 10.00 | 10.00 |
| D39 Riverside As We Understood | Riverside | 62948 | 18.00 | 50.20 |
| D39 Riverside Friday Night Live | Riverside | 1457 | 12.00 | 22.00 |
| D39 Wednesday Night Al-Anon Discussion | Riverside | 0001461 | 10.00 | 50.00 |
| D39 Yucaipa Al-Anon | Yucaipa | 0000186 | 0.00 | 5.00 |
| D40 Family & Friends Alcoholics | Hemet | 32470 | 20.00 | 103.00 |
| D40 Hope for Today | Murrieta | 30531203 | 14.00 | 44.00 |
| D40 Seeking Serenity Through CAL AFG | Sun City | 30518202 | 0.00 | 2.00 |
| D40 Steps to Serenity - Step, Tradition & Concept Study | Murrieta | 00062744 | 5.00 | 5.00 |
| D40 Sunday Night Serenity | Sun City | 30558091 | 15.00 | 35.00 |
| D40 Thursday Morning Literature Study | Temecula | 30504289 | 20.00 | 95.00 |
| D42 Friday Noon Courage to Change | Bermuda Dunes | 00052240 | 29.70 | 145.80 |
| D42 Hope for Today | Palm Desert | 30533315 | 35.00 | 65.00 |
| D42 How Al-Anon Works - Tuesday Noon | Indian Wells | 60124 | 43.59 | 204.09 |
| D42 Monday Night 4th Step Meeting | Palm Springs | 54407 | 7.80 | 37.47 |
| D42 Palm Desert Friday Courage to Change AFG | Palm Desert | 24079 | 0.00 | 157.20 |
| D42 Paths to Recovery Book Study | Indian Wells | 65245 | 0.00 | 60.00 |
| D42 Paths To Recovery Saturday 10:00 AM | Palm Springs | 61960 | 0.00 | 162.39 |
| D42 The Beginner Meeting | Palm Desert | 30544485 | 0.00 | 125.00 |
| D42 Tuesday High Noon | Palm Springs | 0062013 | 0.00 | 60.00 |
| D42 Tuesday Night Non-Smoking Al-Anon Group | Rancho Mirage | 0001405 | 150.00 | 753.00 |
| D42 Wed Night AFG Discussion Group 6:30 PM | Palm Springs | 60635 | 0.00 | 30.00 |
| D42 Wednesday 630 Women's Meeting | Yucca Valley | 500442 | 0.00 | 32.00 |
| D42 Women's Stag | Palm Desert | 30555014 | 45.00 | 45.00 |
| D45 4th & 5th Step Writing Meeting 11:15AM | Santa Monica | 001663 | 10.00 | 33.00 |
| D45 Families in Recovery 700 PM | Venice | 0063270 | 23.20 | 23.20 |
| D45 Friday Night Chelsea Group | Santa Monica | 0001665 | 0.00 | 54.00 |
| D45 Full Circle Family Al-Anon Meeting | Culvery City | | 0.00 | 20.00 |
| D45 In All Our Affairs Women's Stag 630 PM | Inglewood | 0040844 | 12.65 | 53.97 |
| D45 La Tijera Fox Hills Friday 8PM | Los Angeles | 00001156 | 0.00 | 60.00 |
| D45 Mar Vista Thursday Nite | Mar Vista | 028507 | 0.00 | 32.00 |
| D45 Monday Night ACA Women's Meeting | Culver City | 0049504 | 0.00 | 107.57 |
| D45 Monday Night Recovery Group 730PM | Westchester | 050214 | 8.57 | 29.85 |

Group Contributions

| District/Group | City | Group ID | 1st Qtr | YTD |
|---|-----------------------|---------------|---------|--------|
| D45 MWF 735 AM One Day At A Time | Santa Monica | 033829 | 67.00 | 242.27 |
| D45 ODAT (TGIF) | Santa Monica | 063948 | 62.86 | 180.88 |
| D45 Parents Meeting | Santa Monica | 30512389 | 60.00 | 60.00 |
| D45 Rose Garden Thursday Meeting | Santa Monica | | | |
| | 0061784 - 65561 | | 0.00 | 77.31 |
| D45 Santa Monica Sunday Morning 730 AM | Santa Monica | 066537 | 0.00 | 105.00 |
| D45 Santa Monica Thursday | Santa Monica | 053369 | 0.00 | 380.00 |
| D45 Serenity Peace and Joy Al-Anon | Mar Vista | 28686 | 73.20 | 73.20 |
| D45 Steps to Serenity | Culvery City | 833 - 4790240 | 40.00 | 40.00 |
| D45 Sunday Santa Monica ACA Al-Anon Mtg | Santa Monica | 502462 | 46.00 | 100.50 |
| D45 Tuesday 735 AM Al-Anon Meeting | Santa Monica | 61784 | 0.00 | 78.00 |
| D45 Westchester Saturday 10AM | | | | |
| ADOT Study AFG | Westchester | 50442 | 57.10 | 390.54 |
| D45 Westchester Stepped Up Group | | | | |
| Thursday 8PM | Westchester | 046821 | 16.72 | 152.56 |
| D51 East Whittier/La Habra Tuesday Night 7PM | Whittier | 1830 | 50.00 | 80.00 |
| D51 Mon Evening Al-Anon | Pico Rivera | 001367 | 25.00 | 65.00 |
| D51 Nuevo Despertar | Santa Fe Springs | 00048601 | 25.00 | 100.00 |
| D51 Saturday Morning 9AM | Whittier | 44212 | 42.00 | 88.83 |
| D51 Tuesday Morning 10AM | La Mirada | 1080 | 0.00 | 86.20 |
| D51 Whittier Wednesday Night 700 PM | Whittier | 029953 | 28.20 | 112.79 |
| D54 El Prado Alateen Meeting | Torrance | 0001757 | 10.00 | 10.00 |
| D54 Gardena Saturday AM 12&12&12 Meeting | Gardena | 39919 | 0.00 | 73.65 |
| D54 Healing One Day at a Time AFG | Redlands | 30537387 | 14.00 | 14.00 |
| D54 Hermosa Beach Saturday 10AM AFG | Hermosa Beach | 0001420 | 0.00 | 73.78 |
| D54 Hermosa Beach Thursday 12 PM | Hermosa Beach | 65307 | 0.00 | 110.00 |
| D54 Hour of Recovery | El Segundo | 503768 | 10.00 | 16.00 |
| D54 Manhattan Beach Tuesday Nite AFG 7:30 PM | Manhattan Beach | 44242 | 12.50 | 50.00 |
| D54 Monday Morning Step Study 10AM | Rollings Hills Estate | 0001464 | 0.00 | 94.62 |
| D54 Palos Verdes Parent Group | Palos Verdes | 43570 | 0.00 | 48.00 |
| D54 Peninsula Hilltoppers AFG | Palos Verdes | 0001408 | 125.00 | 550.00 |
| D54 Rise and Shine | Hermosa Beach | 30550844 | 0.00 | 35.00 |
| D54 Steps to Serenity Tues Noon | Manhattan Beach | 00032292 | 25.00 | 208.04 |
| D54 Thursday Nite Back to Basics AFG 7:30 PM | Torrance | 0001754 | 0.00 | 25.00 |
| D54 Torrance Podium Participation Monday 7:30 | Torrance | 26781 | 0.00 | 139.49 |
| D54 Torrance Saturday Morning Walteria 9 AM | Torrance | 54893 | 27.90 | 67.90 |
| D54 Torrance Thursday 10AM | Torrance | 1756 | 0.00 | 85.00 |
| D54 Torrance Tuesday Night Del Amo | Torrance | 0001752 | 0.00 | 125.00 |
| D54 Tuesday Nite Conscious Contact 7:30 PM | El Segundo | 051035 | 104.86 | 217.66 |
| D54 Women's Courage to Change Study Al-Anon | Lomita | 00061723 | 0.00 | 50.00 |
| D57 Bellflower Sunday Afternoon 130 PM | Bellflower | 000713 | 0.00 | 78.00 |
| D57 Bellflower Tues 11AM | Paramount | 000714 | 0.00 | 40.00 |
| D57 Cerritos Mon PM New Way of Life | Cerritos | 000769 | 21.00 | 159.75 |
| D57 District 57 | | | 0.00 | 100.00 |
| D57 Lakewood Freedom | Lakewood | 24666 | 20.00 | 40.00 |
| D57 Lakewood Thursday 615PM | Lakewood | 0053068 | 45.00 | 100.00 |
| D57 Long Beach Friday Noon | Long Beach | 65437 | 0.00 | 5.00 |
| D57 Monday Night In & Out Step Study | Seal Beach | 30516645 | 20.00 | 60.00 |

Group Contributions

| District/Group | City | Group ID | 1st Qtr | YTD |
|--|------------------|------------------|---------|--------|
| D57 Saturday Morning Group | Long Beach | 62772 | 30.00 | 155.00 |
| D57 Tuesday Morning Faith In Action Family Group | Long Beach | 30521517 | 0.00 | 93.16 |
| D57 Tuesday Night Paths to Recovery Step Study | Long Beach | 30515689 | 0.00 | 15.00 |
| D57 Wednesday Nite Co Ed Stag AFG | Long Beach | 0032208 | 42.00 | 42.00 |
| D60 Al-Anon Parent Group | Yorba Linda | 30546077 - 66240 | 0.00 | 20.00 |
| D60 Brea Sunday Night | Brea | 38198 | 0.00 | 30.00 |
| D60 Buena Park Thursday Night Al-Anon | Buena Park | 0023971 | 5.67 | 15.67 |
| D60 La Habra Wednesday Nite Al-Anon | La Habra | 063268 | 0.00 | 30.00 |
| D60 Monday Night AFG 730 PM | Fullerton | 41921 | 27.66 | 27.66 |
| D60 Naciendo De Nuevo | Orange | 30544121 | 0.00 | 15.00 |
| D60 Orange Friday Noon | Orange | 001304 | 0.00 | 48.53 |
| D60 Saturday Night Al-Anon of Orange | Orange | 0065488 | 10.00 | 10.00 |
| D60 Tuesday Night 730 St Irenaeus Church | Cypress | 44559 | 0.00 | 65.00 |
| D60 Tuesday Night Candle Lite Meeting | Orange | 048361 | 0.00 | 10.00 |
| D60 Wed 1230 PM Al-Anon | Fullerton | 000954 | 10.00 | 46.00 |
| D60 Yorba Linda Monday 10 AM Step Study | Yorba Linda | 31730 | 45.00 | 195.00 |
| D60 Yorba Linda Serenity Seekers Al-Anon | Yorba Linda | 0001844 | 0.00 | 38.00 |
| D60 Yorba Linda Tuesday Evening Men's Stag | Yorba Linda | 37360 | 5.00 | 20.00 |
| D60 Yorba Linda Tuesday Night | Yorba Linda | 66240 | 20.00 | 104.36 |
| D63 AFG at Santa Ana Kaiser Permanente | Santa Ana | 0001773 | 7.00 | 22.00 |
| D63 Fireside Wednesday Night Al-Anon | Huntington Beach | 1026 | 0.00 | 42.07 |
| D63 Huntington Beach Parents Meeting | Huntington Beach | 30502421 | 0.00 | 10.00 |
| D63 Huntington Beach Thursday AFG 7PM | Huntington Beach | 00052540 | 0.00 | 24.00 |
| D63 Keep It Simple On the Beach 10AM | Sunset Beach | 62083 | 37.00 | 70.10 |
| D63 Meeting of Hope AFG | Garden Grove | 405065 | 15.81 | 79.80 |
| D63 Monday Book Study | Garden Grove | 30558539 | 0.00 | 24.00 |
| D63 Monday Morning Attitude Adjustment AFG 10 AM | Huntington Beach | 054626 | 20.00 | 109.30 |
| D63 Monday Night Fogcutters -12 Step Study | Huntington Beach | 0001029 | 6.00 | 29.10 |
| D63 Monday Night Literature Study | Tustin | 001770 | 29.82 | 111.40 |
| D63 Parents Hope for Today Al-Anon Family Group | Tustin | 30508020 | 0.00 | 165.99 |
| D63 Seal Beach Thursday 730PM | Seal Beach | 0001689/6341 | 25.40 | 91.40 |
| D63 Sunday 7pm AFG | Fountain Valley | 0046199 | 6.50 | 18.80 |
| D63 Thursday 100PM Getaway AFG | Huntington Beach | 0001028 | 22.40 | 56.40 |
| D63 Thursday Night Men's Stag AFG 8 PM | Garden Grove | 812 | 112.00 | 318.50 |
| D63 Tuesday Aladay Al-Anon 12:30 PM | Fountain Valley | 912 | 24.76 | 60.41 |
| D63 Tuesday Nite Men's Stag | Huntington Beach | 047437 | 0.00 | 40.00 |
| D63 Tustin - SOS Sunday Night | Tustin | 0054429 | 34.64 | 113.64 |
| D64 Accion es Rucperacion | Fullerton | 502567 | 0.00 | 10.00 |
| D64 Al-Anon En Espanol | Torrance | 0047954 | 0.00 | 50.00 |
| D64 Alegria de Vivir Fri/Sat/Sun 5:00 PM | San Marcos | 0067220 | 10.00 | 20.00 |
| D64 Aprendiendo A Amarnos | Pacoima | 502033 | 0.00 | 15.00 |
| D64 Buscando Amarme GFA | Canoga Park | 30512487 | 0.00 | 40.00 |
| D64 Central De Hollywood | Hollywood | 63844 | 0.00 | 25.00 |

Group Contributions

| District/Group | City | Group ID | 1st Qtr | YTD |
|---|------------------------|----------|---------|--------|
| D64 Circula de Ganadores | Van Nuys | 60303 | 0.00 | 75.00 |
| D64 Comenzando A Vivir | Baldwin Park | 0000703 | 15.00 | 15.00 |
| D64 De La Supervivencia a la Recuperacion GFA | Rialto | 30510615 | 0.00 | 5.00 |
| D64 El Nuevo Horizonte Al-Anon Group | El Monte | 45872 | 0.00 | 25.00 |
| D64 Esperanza Fe Yaccion | San Juan Capistrano | 502875 | 0.00 | 40.00 |
| D64 Forta Leza y Libertad | Hacendia Heights | 00060494 | 0.00 | 20.00 |
| D64 Gratitude Y Fe | Chino | 0053918 | 9.00 | 81.50 |
| D64 La Gran Familia GFA | La Puente | 0001155 | 0.00 | 62.98 |
| D64 La Nueva Luz Monday & Friday Evening | Santa Ana | 001633 | 0.00 | 20.00 |
| D64 Mi Nueva Vida AFG | Buena Park | 054134 | 10.00 | 50.00 |
| D64 Nueva Vida Tues & Fri | Pico Rivera | 62616 | 0.00 | 60.00 |
| D64 Orta Comienza AFG | Los Angeles | 0061968 | 0.00 | 40.00 |
| D64 Panorama de Armor | Downey | 0051070 | 0.00 | 65.00 |
| D64 Que Emprice Por Mi GFA | Wilimington | 00504133 | 40.00 | 40.00 |
| D64 Remanso de Paz en Calexico GFA | Calexico | 30518711 | 0.00 | 20.00 |
| D64 Un Luz en Mi Camino AFG | North Hollywood | 00504081 | 10.00 | 10.00 |
| D64 Un Nuevo Amanecer Al-Anon | Anaheim | 000659 | 60.00 | 60.00 |
| D64 Un Nuevo Camino Al-Anon | Colton | 0027397 | 0.00 | 30.00 |
| D66 12 Stepping on Tuesdays 930AM | Dana Point | 0648930 | 50.00 | 125.00 |
| D66 Al-Anon Friday Nite Canyon | Laguna Beach | | 30.00 | 30.00 |
| D66 Be Good to Yourself Al-Anon 730PM | Dana Point | 28351 | 0.00 | 20.00 |
| D66 Break Away Parents Meeting | Costa Mesa | 500486 | 30.47 | 93.22 |
| D66 Butterflies are Free AFG 8PM | San Clemente | 50311 | 0.00 | 6.00 |
| D66 Canyon Recovery | Laguna Beach | | | |
| | 30508851/6654 | 109.88 | 122.38 | |
| D66 Corona Del Mar Men's Stag | Corona del Mar | 29128 | 40.00 | 40.00 |
| D66 Corona Del Mar Thurs 630PM OC#6607 | Corona del Mar | 051828 | 0.00 | 40.00 |
| D66 Corona Del Mar Tuesday 7 PM | Corona del Mar | 44101 | 0.00 | 54.54 |
| D66 Costa Mesa Thursday Noon Meeting | Costa Mesa | 813 | 0.00 | 9.72 |
| D66 Friday Noon Group | Newport Beach | 53312 | 15.00 | 15.00 |
| D66 How Al-Anon Works Step Study 7PM | Irvine | 54429 | 29.00 | 29.00 |
| D66 Irvine Sunday Night AFG | Irvine | 45275 | 0.00 | 46.11 |
| D66 Irvine Tuesday Nite 7:30 PM | Irvine | 50062 | 39.31 | 90.26 |
| D66 Irvine Wed Night Al-Anon | Irvine | 060299 | 0.00 | 25.00 |
| D66 Laguna Beach Men's Al-Anon | Laguna Beach | 0044153 | 194.70 | 618.90 |
| D66 Laguna Beach Monday Noon Al-Anon | Laguna Beach | 0001058 | 0.00 | 128.14 |
| D66 Laguna Niguel 12:30PM Friday Al-Anon | Laguna Niguel | 033918 | 0.00 | 42.85 |
| D66 Laguna Niguel Literature Study AFG | Laguna Niguel | 30542168 | 0.00 | 15.00 |
| D66 Laguna Parents Meeting | Laguna Beach | 00501647 | 106.35 | 416.35 |
| D66 Love is Al-Anon | Irvine | 001041 | 0.00 | 34.25 |
| D66 Mariner's Church Literature Study | | | | |
| Thurs. 7:00 PM AFG | Irvine | 0053895 | 0.00 | 32.73 |
| D66 Men's Stag Attitude of Acceptance | Newport Beach | 00066399 | 0.00 | 75.00 |
| D66 Monday Meet the Week Courage to Change | Rancho Santa Margarita | | | |
| | | 00503697 | 60.00 | 120.00 |
| D66 Monday Night AFG | Costa Mesa | 30511150 | 0.00 | 112.00 |
| D66 Monday Night Al-Anon | Newport Beach | | 0.00 | 30.00 |
| D66 Monday Night Step & Tradition Study | Costa Mesa | 51570 | 98.00 | 98.00 |

Group Contributions

| District/Group | City | Group ID | 1st Qtr | YTD |
|--|------------------------|----------|---------|--------|
| D66 New Directions Wednesday 1130AM | Costa Mesa | 30534908 | 0.00 | 75.00 |
| D66 Parent Al-Anon Meeting 6:30 | Rancho Santa Margarita | 502884 | 0.00 | 22.46 |
| D66 San Juan Capistrano Thursday 10AM AFG | San Juan Capistrano | 1578 | 52.00 | 113.22 |
| D66 Saturday 10 AM | Newport Beach | 0052585 | 0.00 | 21.30 |
| D66 Saturday 8AM Parents of Alcoholics | Newport Beach | 63876 | 35.54 | 269.42 |
| D66 Saturday Morning Step Study 10:30AM | Laguna Beach | 051094 | 21.30 | 71.30 |
| D66 Saturday Night 700 PM | Laguna Beach | 30552293 | 22.00 | 22.00 |
| D66 Survival to Recovery Study 10AM | Costa Mesa | 61151 | 75.00 | 239.55 |
| D66 Tuesday 10:00 AM Meeting | Laguna Woods | 501725 | 0.00 | 200.00 |
| D69 Just For Today AFG | Rancho Penasquitos | 45691 | 0.00 | 50.00 |
| D69 Adult Children Survival to Recovery | Solana Beach | 00501208 | 8.00 | 54.00 |
| D69 AFG Literature Study Group | Solana Beach | 00487486 | 28.90 | 28.90 |
| D69 Changing Attitudes 8:30 AM | Carlsbad | 61259 | 0.00 | 167.81 |
| D69 Courage to Change | Solana Beach | 501479 | 50.00 | 80.00 |
| D69 District 69 | | | 0.00 | 40.00 |
| D69 Encinitas Moonlight Beach Just for Today | Encinitas | 0064413 | 0.00 | 84.90 |
| D69 Experience, Strength & Hope Tuesday 730 | Carlsbad | 64594 | 0.00 | 142.50 |
| D69 Fallbrook 4th Step Study | Fallbrook | 00501377 | 0.00 | 7.00 |
| D69 Footprints in the Sand | Oceanside | 0037595 | 0.00 | 35.78 |
| D69 Into the Solution | Carlsbad | 500883 | 0.00 | 47.63 |
| D69 Loving Traditions | Carlsbad | 65399 | 0.00 | 40.00 |
| D69 Miracle In Progress 8AM | Solana Beach | 061605 | 35.00 | 35.00 |
| D69 New Beginnings | Rancho Bernardo | 65751 | 0.00 | 10.00 |
| D69 North County Men's Al-Anon 9AM | Carlsbad | 30531792 | 0.00 | 100.00 |
| D69 One Day At A Time 10AM | Rancho Bernardo | 27438 | 0.00 | 8.00 |
| D69 One Day At A Timers | | | | |
| Wednesday Noon Al-Anon | Fallbrook | 064927 | 27.00 | 47.00 |
| D69 Rancho Santa Fe Lunch Bunch | Rancho Santa Fe | 063513 | 8.75 | 28.30 |
| D69 Renacer AFG | Escondido | 0063846 | 42.00 | 144.00 |
| D69 Saturday Morning Discussion | Oceanside | 61150 | 52.00 | 82.00 |
| D69 Serenity on Saturday Ramona | Ramona | 500353 | 0.00 | 7.50 |
| D69 Solano Beach Thursday Sunnyside-Up AFG | | | | |
| 8:00 AM | Del Mar | 00048686 | 12.00 | 144.20 |
| D69 Step By Step Monday Morning | Solana Beach | 00502817 | 0.00 | 78.00 |
| D69 Strictly Al-Anon | Vista | 500420 | 0.00 | 50.00 |
| D69 Sunset Step Study | Carlsbad | 0065525 | 0.00 | 25.00 |
| D69 Vida Serena | Vista | 501669 | 10.00 | 40.00 |
| D69 Working the Steps, Traditions & Concepts | Del Mar | 066846 | 40.03 | 80.98 |
| D72 Alpine AFG | Alpine | 30521976 | 0.00 | 27.60 |
| D72 Hilltop Al-Anon | Chula Vista | 000780 | 0.00 | 25.00 |
| D72 Imperial Beach Al-Anon | Imperial Beach | 30555474 | 65.50 | 65.50 |
| D72 Keep It Simple | Lemon Grove | 00051761 | 88.00 | 88.00 |
| D72 La Mesa Monday 1PM East County Daytime | La Mesa | 1078 | 32.13 | 237.10 |
| D72 La Mesa Sunday 9AM Serenity At The Lake | | | | |
| AFG | La Mesa | 40624 | 30.06 | 141.25 |
| D72 Men in the Park | La Mesa | 30520975 | 0.00 | 275.00 |
| D72 North Clairemont Al-Anon Group 700 PM | San Diego | 0001543 | 25.00 | 50.00 |

Group Contributions

| District/Group | City | Group ID | 1st Qtr | YTD |
|---|--------------------|----------|-----------------|------------------|
| D72 Recuperacion Y Tolerancia HAA | San Diego | 67189 | 0.00 | 120.00 |
| D72 Santee Serenity | Santee | 501009 | 50.00 | 62.00 |
| D72 Spring Valley Friday 10AM T.G.I.F. Al-Anon | Spring Valley | 032706 | 40.00 | 139.50 |
| D72 Tuesday 7PM Women's Closed Al-Anon | El Cajon | 029519 | 29.42 | 61.42 |
| D72 Tuesday Morning New View Al-Anon 10AM | Spring Valley | 042684 | 20.00 | 170.00 |
| D75 Adult Children Survival to Recovery 10AM | Pacific Beach | 051127 | 0.00 | 20.00 |
| D75 Clairemont Day Time AFG | Clairemont | 1529 | 15.00 | 42.00 |
| D75 Clairemont Friday Night Al-Anon 6PM | Clairemont | 064471 | 15.00 | 71.65 |
| D75 Clairmont Clear View | San Diego | 00503042 | 0.00 | 25.00 |
| D75 Courage to Change Step Study | Point Loma | 1634813 | 16.12 | 37.48 |
| D75 Drop the Rock AFG | San Diego | 0067038 | 12.00 | 12.00 |
| D75 Fireside Al-Anon | San Diego | 0046160 | 10.00 | 35.00 |
| D75 Free To Be Me Women's AFG | San Diego | 30520218 | 13.12 | 54.78 |
| D75 Kensington Al-Anon | San Diego | 64376 | 0.00 | 21.00 |
| D75 La Jolla AFG Step Study | La Jolla | 46737 | 0.00 | 7.50 |
| D75 Lost and Found Al-Anon Group 5:30PM | Clairemont | 00047087 | 0.00 | 112.51 |
| D75 Mamas & Papas | San Diego | 00037117 | 0.00 | 200.00 |
| D75 Mind Your Own Business St. Dustans Wed | San Diego | 47661 | 14.68 | 102.47 |
| D75 Monday Lunch Bunch Step Study | San Diego | 30555026 | 0.00 | 10.00 |
| D75 Parents One Day At A Time 645 PM | Loma Portal | 065433 | 10.00 | 70.00 |
| D75 Point Loma Willingness to Change Discussion 7:00 PM | Point Loma | 0025428 | 11.35 | 36.35 |
| D75 Serenity in Scripps AFG | San Diego | 30515230 | 10.00 | 10.00 |
| D75 TLC Tierra Santa Al-Anon | Kearney Mesa | 026182 | 0.00 | 16.00 |
| D75 Tues Noon Downtown Lunch Bunch | San Diego | 1531 | 0.00 | 57.00 |
| D75 Unique Character of AFG Step Study | University Heights | 064581 | 0.00 | 10.00 |
| D75 University City Thursday Lunch Bunch | University City | 48294 | 10.00 | 39.00 |
| Downey Thursday Nighters | Downey | 854 | 40.00 | 85.00 |
| Orange County Alathon and Auction | | | 0.00 | 280.00 |
| San Fernando Valley AA Convention | | | 342.69 | 342.69 |
| Santa Clarita Valley Convention of AA With Al-Anon & Alateen | Santa Clarita | | 0.00 | 165.00 |
| SCWS Group Contribution Fund | | | 444.77 | 879.72 |
| Ventura County Al-Anon Convention | | | 0.00 | 135.00 |
| TOTAL | | | 8,516.60 | 37,200.83 |

We Are Moving!

Our May Assembly will be held in Glendale. (The February Committee meeting will still be in Fullerton). Here's where we will be meeting in May

Glendale First United Methodist Church
134 N. Kenwood St., Glendale, 91206

Google maps

Coordinator's Reports

Alateen Sponsor Coordinator

As of November 20, we have 91 fully qualified and certified meetings in our area and 3 pending. We have 660 on our sponsor list and about half of them have responded to the recertification request. This means that we have a little over 300 fully certified sponsors whose contact information is up to date. Recently, I sent out a message concerning SCAC and about 20 emails came back as not good. This is not good. Because my information is not current, those sponsors are not getting important information about Alateen in SoCal and we as an Area cannot verify that all of our sponsors are properly accounted for.

I ask that all DRs seriously look at the list of sponsors in your district, which is in your file, and get in touch with each one that is not marked "Recertification 2010". Please let me know ASAP which people you cannot locate. Those people will be dropped from the list and listed as inactive with WSO. The AMIAS form to be used for recertification, a copy of the Registration/Change form, GR3, and instructions for filling out the form, and the packet for certification of new sponsors can be downloaded from our website: <http://scws-al-anon.org>. Both English and Spanish translations are there.

On September 25, we held an Alateen Sponsor training in Los Angeles put on by District 64. We had a good turnout, about 30 sponsors and prospective sponsors. We had a wonderful translator who worked very hard to help everyone communicate. She also had with her a new translator who is training. We are so grateful to these very valuable trusted servants. We also had a sumptuous lunch provided by the members of District 64. It was great to meet our very enthusiastic and dedicated Spanish members. And thank you to our English speakers in attendance.

We still have not got our chat room up and running. I need help in getting this off the ground. We had some volunteers but they have started a face to face meeting and have not been able to de-

vote time to the chat room. Would anyone here like to form a committee to manage the chat room? This is a valuable tool for our Alateens but they need us to help them make it a reality. Please contact me during the day today and we can get this going.

September 10-12, Heidi and I attended the 4th Annual NCWSA Sponsors Weekend at Westminster Woods, Occidental, CA. near Sebastopol. Our report on our experience is elsewhere in the Bulletin.

LJS,
Lea R,

Archives

Can you believe it is 2011? I hope your God Box is full of all you are letting go of to start this year fresh! I am filling mine now. I know the older I get the faster it goes and the more I forget. I do know that together we keep Al-Anon alive and thriving. So let me tell you what I am going to need from you this year!! All of our Districts/ Meetings have long timers who are those members that have been in the program 25 years or longer. Although our focus is 25, we would love all members over 20 years. The reason for this is a long timer's event we will have in the second half of this year. It is held every three years and I hope to choose a date soon that will not conflict with any conventions or big District events. I will be emailing all of you and checking with Central office, etc., to see what is going on this year in Area 4. This will be a day of great joy and recovery.

How are all of you doing it getting information about the meetings in your area and their history? I mentioned before that 3 out of all Districts in our area have an archives person, which is very

sad. Sad because every day, week and year that goes by increases the chances we lose voices from our past. So many of our meetings have the first people who selected the original

meeting format, used the one piece of literature we had and some even began in the kitchens and such next to the AA rooms. Our Al-Anon history is the stories we share!!! Maybe the literature person or the Alt. D.R. in your District would take the his-

*How to Know God's Will
Is my thinking clear?
Will my decision bring me peace?
Am I treating all concerned with love?
(Sometimes this means tough love.)
Can good come from my decision?
Have I really let go of my will in the matter?
Forum Favorites, Vol 4, pg 117*

tory sheets on as a mission? It is public information in a different view because what a wonderful idea to have your Districts beginnings in a story to show how it all began and by who and where. Someone in your District will be interested. The days slip by and the history is lost forever.

The program of AA has a lot of history, from how the Big Book was written, all the influences in that Bid Book writing and the various people who were the 100's of men and women of AA that documented how AA began. In Al-Anon, we saw by the Lois Movie in 2010 that our fellowship began in cities, towns and homes of people sharing about their problems with problem drinkers. By some accounts, a meeting in Long Beach California was one of the first meetings. Yet, could it be that the family of Alcoholics met in some other city or town where a fledging AA group had sprung up before us? We may never know! We can know though what happened in our cities and town in Area 4 by chatting with our Long Timers. It is that easy for today. Most were not here in 1945, but there are some out there still. I know we have a whole lot of meetings that started in the last 30 years. The long timers from those meetings are our meeting members. Get out the form and pass it your GRS to take to meetings. We want the long timers outed and we want to honor them at our event later in the year. Please be a part of closing a whole in our Area Archives.

Grateful to be of service,

Kathy G

Cooperating with the Professional Community (CPC)

Sorry, I missed the November Assembly and completion of the CPC Report Competition. We had 8 responding groups. 7 of which reported fabulous Outreach projects-not all CPC. **Public Information and Institutions**, Tim and Rodger, joined in with CPC to thank and reward groups reporting activities. **PI's** district winner is District 9 and Intergroup is the Santa Barbara Office (D8). **Institutions**, likewise, selected District 21 and Palm Desert Intergroup Office (D42). And the **CPC** rewards go to District 54 and the San Diego Intergroup Office. These groups will each receive a box of 100 AFA 2011 in April. District 57 is receiving an honorable mention box of 50. Woo Hoo!

At the suggestion of Claire Ricewasser, CPC

from the WSO, AFG is holding a panel of professionals at the **Southern California AA Hospital & Institutions Conference 2011**. We have someone from Action House Treatment Centers, 3 MD's and possibly someone from the National Council on Alcohol and Drug Dependency. The focus is on how they help/recognize families of alcoholics and how Al-Anon can cooperate/assist them in this effort. (Come see which ones are AFG's.) **Register early!** It's in Santa Clarita.

Our Public Outreach Team is pleased to have so many districts and intergroups distributing ***Al-Anon Faces Alcoholism 2011***. AFA 2011 focuses on reaching out to various newcomer profiles as well as professionals. **The next order date for AFA 2011 is Wednesday, February 9, 2011, 5 PM EST, for April 1st delivery.**

If you have reluctant members that believe they're breaking the 11th and 12th Traditions when doing outreach, **PLEASE** obtain pamphlet ***S-40-Attracting and Cooperating-The Eleventh and Twelfth Traditions*** for your whole group; they're free. **Use this literature as a topic at a district or group meeting.**

Please check out Al-Anon Guidelines 38 and 29 for more information on Outreach to Professionals. Contact me anytime for assistance or to share outreach to professionals.

Love in Service,

Carolyn S

Group Records Coordinator

I am really excited to report that WSO has made great strides in their interactive database. For a while now, I have been able to log in and see exactly what information they have for a particular meeting. As of about a month ago, I can now, not only see what information they have, but change it immediately. I am also able to run reports from their database. There is still some work to be done, but we have come a long way. I would love to hear how the districts I have sent them to, like the WSO reports.

Let me give a big thank you to those districts who have been updating their lists and getting the changes to me. We've made great strides in letting WSO know what groups are no longer active. Those districts are: 6, 8, 9, 12, 21, 36, 40, 42, 45, 57, and 66. I also appreciate spending time with District 63, talking about their group records. I am willing to visit any district that would like to ex-

tend the invitation. I look forward to hearing from the rest of the districts this coming year.

It is still really helpful if I receive the following information on each form submitted:

First and last name of CMA and GR

Full addresses to receive mail

All information regarding the meeting Day(s) it meets, Time, Name of meeting location (Church etc.) and full address including zip code.

Group number if you have it. If you don't have it, it is not necessary to call me to get it. I will figure it out when I get your form.

And please include the district number.

When these items are included on the forms it makes my job so much easier.

You may submit a change either by completing the change form and mailing it to the address listed on it; by submitting the change on line through the SCWS website, or by emailing the information to me. We are continuing to use the new single form to make changes for SCWS and WSO. I have brought more copies with me. Please help yourself to them. Please remember if you send a change to SCWS you DO NOT need to submit it to WSO.

It is important to remember that the name of your group has some criteria in order for it to be in accordance with our Traditions. The group cannot be named after the facility where it meets: i.e. St. John's AFG meeting. It also cannot make a promise that we cannot keep; i.e. Solve all your problems AFG meeting. Please keep this in mind when naming or changing the name of your group.

Some statistical information about our Assembly attendance and registered group representative as of the meeting on November 20, 2010.

39% of all SCWS GR's were in attendance. This is the best I have seen since I started keeping track in May of 09.

In addition I would like to give a hand to District 66 for a whopping 77% of their GR's in attendance. They were closely followed by Districts 51 and 57 who each had 67% of their GR's in attendance. District 33 had 65% and District 9 had 64%. If any other districts want to know their percentage please email me for that number.

We currently have 993 meetings in Southern California. We have 581 registered GR's. That's 59% of all our meetings that have registered Gr's.

I'd also like to applaud the following districts for the number of Gr's registered in their districts:

10 – 70%, 11 – 75%, 21 – 92%, 33 – 80%, 36 – 77%, 40 – 71%, 42 – 91%, 48 – 72%, 60 – 81%, and 63 – 72%.

One final number I would like you think about..... The average number of groups per district in Southern California is 33....

Thank you again for letting me serve.

Kathi L

Institutions

Hola,

As Institutions Coordinator I've had the privilege of being on 12 Step Advisory Committee through the California Dept. of Corrections and Rehabilitation. This panel includes various positions in the system that would have relevant input, and members of AA, NA, CA,...and yes AFG. I can't believe either! Carolyn S. our CPC Coordinator is also attending because this falls in both our areas. We are addressing topics of concern and/or barriers or modifications in existing policies to support and encourage development in institutions. Because of budget

Thank you for the opportunity to serve

Rodger

Public Information

Most of my efforts have been directed toward organizing the SOS TEAM event to take place on January 15, 2011 with 4 members joining our SOS from World Service. We now have an agenda, flyers in English and Spanish, and committees organized to handle registration, lunch, drinks at lunch, audio/visual for the presentations and printing of materials to be handed out during the event. We are hoping that more than 400 people will attend.

Several districts have requested the table top displays over the summer. District 42 graciously volunteered to renovate and spruce up the displays. Barbara Paris, District 42 public outreach coordinator, was able to get an article about Al-Anon published in The Desert Sun on September 30, 2010. This is a fantastic example of public outreach and carrying the message to others.

Tim P

Webmaster

There is not really much of anything to report about the website; however

In preparation for the upcoming elections in

November of next year, I will be posting the job descriptions of the Southern California World Service Board position on the website shortly. I will also be providing a map to the new site for our committee and assembly meeting location in Glendale.

For the propeller heads amongst us, the website gets about 44 hits per day during the month and the most popular pages (in order) are: the Home page, the Meeting Information page, the Calendar of Events page and the Listing of Cities by District.

As always, if you notice something that is not working on the website or have any questions concerning the website, please contact me at webhost@scws-al-anon.org.

*Love in Service,
Ben P.*

Conventions

AFG

Come join us for the 35th Southern California Al-Anon Convention and "Be The Star Of your Own Recovery". The convention will be April 8, 9, and 10 at the Doubletree Hotel in Ontario. It will be a fun-filled weekend of family recovery. The convention will begin Friday night with an Alateen meeting followed by their "Fun Night", Spanish Al-Anon meetings, AA meetings and a great opening Al-Anon speaker followed by fabulous entertainment. In addition, there will be awesome marathon meetings all night long. On Saturday, we will continue to spotlight our Southern California speakers. There will be Alateen meetings, AA meetings, Spanish Al-Anon meetings, Marathon meetings and the day will feature the Al-Anon Luncheon (including a fantastic Al-Anon speaker and a wonderful Alateen speaker). In the afternoon join us for the always inspiring long timers gathering. Then in the evening there will be a fantastic banquet featuring fabulous AA and Al-Anon speakers, followed by a dance with a live band. Wake up Sunday morning and fill up with the morning meeting before returning to real life. In addition to all this, there will be beautiful baskets raffled

Al-Anon taught me many years ago that I must continue to grow if I wish to live Al-Anon. I don't dare stand still and stagnate.
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and exquisite merchandise to purchase. Please help us to carry the message, we would love to have people from all the areas of Southern California attend and be a part of the convention. Please volunteer an hour of your time at the convention and be a part of, or just come and join us in this fun weekend of recovery.

*Love in Service,
Lynn A*

Intergroup

Inland Empire

New Chairperson

This is the first time in recent memory where there have been four (4) persons who ran to be chairperson of the Inland Empire Service Center

The chairperson elect for 2011 is Vivian P., the current editor of Inland Empire's Serenity Sheet

We experienced record attendance for the election

Ways and Means

The Inland Empire Service Center has held two (2) major fundraisers events:

2nd Annual What's God's Brewing – Speaker Meeting

1st Annual Summer Barbeque – Speaker, Games, Fun, Great Food

28th Annual Gratitude Dinner
Saturday, November 20, 2010
5:00 – 8:00 p.m.

Faith Lutheran Church
12449 California St.
Yucaipa, CA 92339

There were numerous group meetings hosting Al-Anon events with the proceeds benefitting the Service Center

Hospitals and Institutions (H&I)

Inland Empire has continued involvement in local hospitals and institutions. We are progressing quite well in making outreach calls for opportunities to serve

Public Information

In the early stages of development of a outreach program

Serenity Sheet (Service Center News & Events Publications)

Current Serenity Sheet editor, Vivian P., will be assuming responsibilities as the incoming chairperson for 2011. Currently, seeking a new editor

Plans are in process to add Serenity Sheet to Inland

Empire Website

If you are interested in subscribing, go to:
<http://www.ca-inlandempire-alanon.org/forms>
 \$7.00 for 12 issues
 PayPal accepted
 Single or recurring payment(s)
Social Media
 Inland Empire is now on Facebook

*Love in Service,
 Billy M.*

Districts

District 12

Welcome to the New Year! Our District is kicking off the New Year with a writing workshop on February 26 from 1pm to 4pm. Our topic is on "Why you came, why you stay!" With these writings, those who want to will be submitted to WSO. We are all excited and looking forward to this workshop.

District ordered 24 new Service Manuals and all were purchased by the GRs. At our last District meeting we took a look at the new Service Manuals and notice a lot of new changes and add-ons. All us were very impressed with new manuals.

From that District Meeting our District has decided to order the Alateen Place cards to help meetings to become more aware that Alateen meetings exist. Also voted in Lisa C for CPC. Yea! Our District added two new GRs and our meeting is strong and well.

This is my last year of being a DR and I am looking forward to what is to come this year. And of course the best part is to pass on this commitment to allow someone else to experience recovery through service.

*Recovery through Service
 Mike M*

District 21

East side of the San Fernando Valley, North Hollywood, Studio City, Toluca Lake, Sherman Oaks, Van Nuys, Mission Hills, Sylmar, Sunland, Arleta, Sepulveda.

District 21 G.R.'s are on their 3rd and final year of service. We are all proud to have come this far and I believe ready to do a bit more for our district. We are putting together a weekly panel of 2-3 members at a small Psych Hospital in Van

Nuys. When a member shares their experience of that service at their meeting, other members become curious! Before you know it, they've signed up for the panel!

Our ONE Alateen Meeting in the district is doing 'just fine.' The District has come through and we now have 3 sponsors. Our GR's were persistent about announcing to our members that we needed more Alateen sponsors—and it worked! Through making the members more aware, we got 2 new sponsors, Larry and Katy! Now the Alateens are about to decide if they want to go as a group to the Saturday workshops at the San Fernando Valley AA Convention. Several of them attended last year. They were quiet but they were glad to have gone on a day trip as a group!

Our Alateens have had their meeting 9 years now, with a corresponding Spanish Speaking Meeting at the same time. The meetings are communicating better with each other about each meeting's responsibilities; they are more aware of and supportive of each other. The Spanish Meeting came up with the idea of a fundraising Raffle and supplied the Alateens with a box set of 9 pots and pans, tickets and a big fat envelope. One of our meetings was having a 20-year Anniversary meeting. As one of the Sponsors of the Alateens, I proposed to that meeting to provide the Alateens 20 minutes after the dinner and before the meeting, to sell their raffle tickets. The meeting responded with a Yes. An enthusiast Al-Anon Member helped the Alateens sell those tickets and the pot was overflowing with support!

The Alateens initially wanted to go to Disneyland to celebrate their anniversary, but instead they had a group conscience and they decided they wanted an Anniversary Party to celebrate 9 Years as a meeting. We will let you know the date and time. The Alateens want to have a panel of teens--whoever wants to share their experience as an Alateen at the North Hollywood Meeting!

Our "new" responsibility as a district in the next months will be to get "organized" to fund-raise for SCAC! First, we need to educate the Alateens about their part in helping themselves and how to communicate with their parents that they want to go. Next will figuring out what each family can contribute toward their childrens' SCAC fees. This is an opportunity for the Alateens to learn that they too can be self-supporting, and perhaps do some work at home or in their neighbor-

hood to earn a little money for their SCAC weekend!!

As a district we will support the Alateens to share at meetings to let members who don't see Alateens meetings learn what it does for them! Perhaps their Anniversary Celebration will become a fund raiser. This SCAC fund raising is important, but as a district we have been discussing the many sides to share this big expense. So at our next district

meeting we will hear our G.R.'s share in discussion and with Al-Anon experience come to realize, we

ALL can participate for the greater good. All members of families of Alcoholics can work together!

Finally, we are proud to have the participation of so many GR's at our meetings. As I have learned here at SCWS, it doesn't have to stop after 3 years! We can join in to serve our community, or our area, or our AWARENESS in this Worldwide Fellowship. We have a few ideas for our last year in service, a district inventory presented as a day or half day workshop, "PARTICIPATION IS THE KEY TO HARMONY"! Maybe a visit, and/or visits to a major hospital to bring in an "Al-Anon Panel" for the "professionals that work there" to share Who Al-Anon is and How Al-Anon can perhaps help a family. We are learning that GR's are a voice to our members, so other members can join in on 'service possibilities'.

We are ALL HAPPY JN SERVICE.

Tina S and Donna E

District 27

District 27 held our best Alathon in quite awhile with the theme of "Walk the Red Carpet to Recovery". We held the event in a church just beneath the Hollywood sign, after all! Lots of folks came to listen to great panels, and share good food and fellowship. We donated \$1,000 to SCAC and have ordered our second round of Al-Anon Faces Alcoholism brochures, including Spanish.

Paula,

District 30

Greetings and Happy Holidays to all from District 30!

Our District just held our District 30 Alathon

in October. Our Chairperson, Maria L, G. and her committee, did an outstanding job! There were awesome speakers, a raffle and much fellowship and sharing. There was a great attendance, one of the best we have had yet. Thank you to Maria L.G. and Committee for your service to our District. It is because of Al-Anon members like these who will give their time and service to this wonderful program that our District is able to put on an

Alathon with no entrance fee and only a pot-luck dish requested. An Alathon that is open to all and spreading the fellow-

ship, love and peace of the program.

As District 30 heads into our last year on this panel, I can not help but to look back and see how my Higher Power has lead me down this path of life in service. I would like to encourage any Group Representative to try the District Rep. Position and experience the life education, as well as the living of the Traditions and Concepts in service.

District 30 is looking forward to an exciting new year in a new location-Glendale- with more progress, continued Public Outreach, and helping the Southern California Alateen Conference with sponsorships for our District's Alateens.

At our last District meeting it was motioned and pasted that the District pay for any Group Rep. who would like to go to the Team event in January. This event is so important because of all the knowledge that will be shared on the property issue our Delegate is voting on this coming April. District 30 will be there in force to carry the knowledge to its groups so Knowledge Based Decision Making is then taken to our Groups Thank you to our So. Calif. World Service Area and Al-Anon World Service Office for making this possible for Area 4, Southern California.

I hope to see you at the Committee meeting in February,

I remain a very grateful member

Martha M

District 33

Baldwin Park, Covina, Diamond Bar, Glendora, La Puente, Monrovia, and West Covina (East San Gabriel Valley)

Thank you to all of you who directed, per-

formed, spoke, decorated, bought tickets, came to the event, supported their loved ones, and fellow-shipped with our Al-Anon family for our Sole Sisters event on October 9. This fellowship and outreach event was a lighted-hearted look at shoe addition and recovery in a twelve-step program that we can all relate to. The evening included a wonderful Mexican buffet with dinner music, two Al-Anon speakers who shared how Al-Anon has helped them, and the play. Al-Anon literature and archives were also available. It was a huge success beyond anything I could have imagined. Over 265 people attended the event. People attending raved about all aspects of the evening. The cast performances assisted by an outstanding crew were amazing!! This experience has been incredible—the focus on growth and recovery and hope in the twelve steps and the Al-Anon program was strongly felt and lived throughout the process. Gratitude for our fellowship and our higher power in the midst was more than evident. I have personally witnessed the commitment to service, support for each other, and growth in recovery and self-confidence of the cast. This is truly a work of love in and for the fellowship. Thank you to the Celeste M. and Kathy G. for their leadership and hard work, the cast whose performances were their best ever, and to Rose S. and her planning committee for bringing it all together! Our \$1,000 profit has been distributed to our other Al-Anon service arms.

We are now in the process of planning our next service workshop to focus on Steps 11 and 12 to take place on February 19. Beginning in January, we will start planning for our 2011 Alathon to take place on June 11. Both events will take place at Hope Lutheran in Glendora.

***With love and gratitude in service,
Jrene C.***

District 36

We had a wonderful turnout for our first annual Holiday Event that was held on December 4th. There was enough food to feed an army, the decorations were sparkly and beautiful, and the singers—well, we were singing our hearts out. It was a lot of fun, but more importantly, we were there in the fellowship welcoming and giving comfort to friends and families of alcoholics. From the bottom of my heart, I want to thank our speaker, our singers, our setting up and cleaning up help, our

chairperson Diane K., and everyone who participated.

Our next district meeting isn't until January. At that time we will be making plans to donate a basket to AFG, and will begin planning for our next "What's God Brewin'?" If you are interested in being involved in the planning stages of this event, please call Beth G. at 909-599-8365.

***Thanks for letting me be of service.
Beth G***

District 42

Winter is around the corner here in the desert, days are warm and nights are a little chilly.

Our remodeled literature center is really expanding our opportunities to have more meetings at the Center. We currently have 33 meetings in our district which include two newcomer meetings and nine meetings at the literature center.

Our Outreach Coordinator Barbara P. and Rita R. have been very active in carrying the message of Al-Anon Family Groups throughout the Professional Community. Each month our district participates in four monthly networking meetings that consist of agencies, schools, counselors, therapists, and organizations who are all involved with families and children. This includes Palm Springs, Desert Hot Springs, Indio and the Desert Sands Unified School District Student Assistance Program Advisory Council. Their attendance at these meetings continues to generate interest in Al-Anon and new contacts and referrals for presentations. In November they attended a special meeting for Court Appointed Special Advocates (a volunteer program through the Department of Social Services) whom are advocates for children placed in foster care.

As a result of the networking meetings, Barbara was asked by a Riverside County probation officer to make a presentation to the kids in the Detention Center of Indio. They were also very pleased to hear about our "Certification Process" for Alateen, as both Barbara and Rita have been certified.

Outreach continues to work with our AIS Manager, Duan M., on the mailing of Al-Anon Faces Alcoholism 2011 to all contacts and business cards we have collected from events (therapists, agencies, etc.).

We continue to supply updated meeting lists to local treatment centers and to the local Alcoholics

Anonymous office and the H&I Committee.

District 42 also participates with the new family members attending the Family Program at the Betty Ford Center. We have two panels that meet twice a week and they share their experience, strength, and hope with the family members about Al-Anon Family Groups.

A great big "thank you" goes to the many volunteers that helped make Outreach a success in District 42.

***Love in Service,
Cathy S.***

District 45

We had our meeting 01-05-2011 it was a great meeting!

We will be spending \$500 on Al-Anon faces Alcoholism in English and Spanish to help the District carry the message.

We encourage everyone to attend SOS TEAM and to continue announcing it at the meetings.

We also had rotation of leadership: we had GR AND ALT GR elections and also changes for Treasurer and Alateen Liaison. There were only 7 members present and all positions were filled. Cathy W. and I decided to stay and together we will do Public Outreach. Willingness is the key and this is a great start of the year for District 45.

We also set up a date for the District Alathon and we hope to find a place for March 19th. (more information to come)

***Love in service
Emilce***

Districto 48

El distrito 48 sigue trayendo en union con los RGs ,Tuvimos nuestra ultima distribucion de literatura al final del año repartimos 260 revistas de al-anon se enfrenta al alcoholismo 2011, , 1255 folletos diversos de al-anon incluyendo hijos adultos y Alateen, agregamos directorios con las direcciones y horarios de los grupos que pertenecen al distrito 48 hasta el momento tenemos registrados 12 grupos los cuales 4 son de HAA el proposito es para facilitar informacion junto con los telefonos de nuestra oficina integrupal. En cada junta del distrito hemos propuesto seguir con el estudio de cada concepto del mes y el manual de servicio para lograr mayor conocimiento de nuestro programa y . Trabajamos junto con el coordinador Andres de los padrinos de Alateen de la oficina

integrupal y Lea R organizando recertificaciones de cada padrino registrado en el distrito 48 .

La mesa de servicio unida con las RGs hemos organizado nuestra agenda del año 2011 con mucho entusiasmo con nuevas ideas de como llevar el mensaje a diferentes comunidades afectadas por el alcoholismo programamos 3 juntas de informacion publica, 3 distribuciones de Literatura ,y cooperando siempre con Alateen

***Amor y Servicio
Socorro P.***

District 57

Avalon, Bellflower, Cerritos, Lakewood, Long Beach, Los Alamitos, Paramount, Seal Beach, Signal Hill

Hi, Everyone,

Our district has been busy! We are in the midst of planning next year's 4th Annual District 57 Alathon. The theme is "I Y Freedom." It is set for Saturday, February 12, 2011 at the Lakewood Swim Pavilion and we will have flyers at the November assembly for you to take back to your meetings. We hope to see you there for fun, fellowship and sharing. Additionally, we are planning a free workshop at the end of next year on "Alcoholism and Relationships" and more will be revealed with that.

We have been spreading the Al-Anon word. Last month, our district was asked to bring an Al-Anon meeting to a sober living center in downtown Long Beach so the families of members who live there could become acquainted with Al-Anon. Diane P., our District 57 Public Outreach Coordinator, was instrumental in gathering her panel of longtimers together to share, and the center was so impressed with Al-Anon that they asked us to help start a meeting at their facility. We are working on that, and in the meantime Diane is getting together more panel members to speak once or twice a month.

Finally, we are looking forward to hearing Jayme P. who is coming to our next district meeting on November 6 to talk about intergroups and be available to answer questions. Some of our meetings are in Orange County and others are in L.A. County so this has been a confusing subject.

Sandy P.

District 69

We held elections for our new district officers

in November. The new officers are: DR - Birgit A, ADR - Jesus M, Treasurer - Tomi T, Alateen Liaison - Stefanie D, Web Master - Bill F. Our next district function will be March 26 at the Carlsbad Harding Center, 7pm. Continuing with the concept of recovery through fun, we have "Glee-Anon: The Meeting". A musical play in 2 acts. The topic of the meeting is "tools of the program"; the sharing all sung to popular hit songs (lyrics rewritten).

Jeff outgoing DR

To me, an important aspect of humility is knowing when and how I am needed and trying my best to fill that need; and knowing how and when I need others and allowing them to help me.

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District 72

Our fall workshop is becoming known as how to have a Plan B. This year, the church we had reservations at, had a scheduling problem and we ended up at the church facilities next door to it. We had participation with the Spanish Al-Anon groups and the morning was full of experience, strength and hope.

We are continuing our little Group Representative holiday gathering for the month of December. District 72 does not hold a meeting in the month of December.

January starts our final year of this term. Based on our district's group inventory, we have a full year of annual events, continued cooperation with our San Diego Intergroup, reach out to our Spanish meeting and the welcoming of the new group representatives and district representative.

A few of us are carpooling together for the TEAM event and looking forward to bringing the information back to the District.

***With love in service,
Marién H.***

District 75

District 75 welcomes four new GR's. We've been visiting "dark meeting" to explain the importance of being connected to the fellowship beyond the group level. We've learned that the things activating us in our service work are the very same Alanon issues we uncovered working the steps. Service continues to present opportunities to use program principals in our lives. We are especially

remembering to have fun.

District 75 GR's are encouraged to have a message at every meeting whether it's a quick explanation of how the groups are related to the district, area and world, a tip for keeping meetings healthy, news from Assembly, or the need for Alateen sponsors. We've learned that many meetings do not understand how Alanon works past the

group level and they do not have representation because no one had explained what it is and why it is a benefit.

In our outreach efforts,

San Diego has tripled its number of registered Alateen sponsors and enjoys a close working relationship with our Intergroup Alateen Chairperson. Our meetings at Juvenile Hall and Girl's Rehab are very successful. Both facilities want more meetings which we are trying to staff. Many of these teens have never heard the message of love and hope that is framed so brilliantly in Alateen literature. They may start out closed and angry but by the end of a meeting or two most are open to the fact that their minds are the most powerful thing they possess and that their thinking can change their lives.

Thanks to Heidi T. and Lea R., we contacted northern California institutional Alateen sponsors and were able to share materials, experience and formats. We'd love to hear from all districts about Alateen outreach, especially in institutions. Teens in custody, group homes and rehab facilities are highly receptive to the Alateen message. Is it available in your District? We've had so much help from the area, intergroup and other districts. We plan to conduct two Alateen Sponsor workshops this year and would love to give away what we're learning and hear your ideas. Please send me an email at Kathy@kathyaustin.com anytime to discuss how we started Alateen meetings in institutions.

***Yours in imperfect service,
Kathy A.***

NCWSA Sponsors Weekend Westminster Woods, Occidental, CA

What a wonderful weekend in the woods! With 50+ Alateen sponsors. This was a great time meeting new people, learning lots about how to be an Alateen sponsor, and discovering “how they do it” in Northern California.

Our first night included a speaker, Art B., who has been involved in NoCal’s planning for certifying sponsors since its beginning. NoCal was certifying sponsors a few years before WSO mandated it. NoCal has a document covering everything from selecting, interviewing and evaluating candidates, the responsibilities of the service arms and the process of certifying, and the requirements and expectations for and of Alateens, Sponsors and Trusted Servants. A very detailed and complete report.

After Open Mic and sharing about the Most difficult Alateen Sponsor Challenge and the Solution we came up with, there was a Piñata, fellowship, games and bed! (comfy rustic cabins!)

Saturday started with an Early Risers Meeting, then a yummy breakfast (the food was good, good, good!) followed by workshops: Alateen is for Younger Members, How to Reach Out to Schools & Institutions, QTIP (Quit Taking It Personal), and Alateen Sponsorship: I’m new, what’s next?

After a workshop on the “Alateen Sponsor Toolkit and More”, Doris W. of Oklahoma conducted an exercise on the Joys and challenges of sponsorship. The afternoon repeated the morning’s topics including a writing workshop, followed by Easy Does It Time and Dinner.

Ask it Basket questions were answered at the evening meeting and Doris W. was our speaker. She was an OK Trustee and still maintains advisory connection with our fellowship. She shared some facts about Al-Anon that we older timers could remember and she had a great sense of humor and style! Campfire (no bears), Talent Show, and Games/Fellowship ended the day.

Sharing our questions, concerns and experiences was, as always, valuable and eye-opening. There is nothing like sitting down with others to listen and learn. Some joys we shared were: joining them in faith to support their enthusiasm (teenage energy is exciting!); seeing them come back, and seeing them continue; hearing how they use the program in their lives. The challenges: hearing their pain and wanting to fix it for them; crosstalk (“we come from homes where we are not heard or where we are interrupted; where we are argued with or told what to do.”), transitioning.

This was a powerful and rewarding experience that focused on solutions and reminded us of our purpose: to create a safe and loving place for them to learn and practice the Al-Anon/Alateen principles

Lea R.

Alternate Delegate Job Description

In order to be eligible to hold the office of Alternate Delegate one must be a current District Representative or a past District Representative. The first responsibility is to assume the duties of the Delegate if at any time he/she is unable to serve (either temporarily or permanently.)

1. Chair the SOS South which is held the third Saturday in January of each year and Chair the SOS North which is held on a date to be determined. Appoint committees; oversee planning of both SOS events, select guest speaker(s) if desired. In general have some experience in planning of an event like SOS.

2. Circulate the Ask It Basket and ask individuals to submit written questions and provide the answers in the Bulletin. Usually the questions are given to the individuals who the question was related to a particular position or policy. They are then all collected, typed and emailed to the Bulletin Coordinator immediately following the Assembly or Committee Meeting.

3. Pass the *Forum* can, handle the drawing of names (request names and addresses to be placed in the Forum Can) at the Committee Meetings and Assemblies. Count the money in the Forum can, give the money to the Treasurer (Treasurer should verify money collected) and send the subscription information (along with the payment) to WSO for the new subscriptions to the Forum.

4. Attend SWRDM (Southwest Regional Delegates Meeting) with a voice but no vote. This is meeting is held annually in March and is always somewhere in the Southwest Region (Northern California, Southern California, Arizona, Nevada, Utah, Colorado, New Mexico, Hawaii) The Treasurer will reimburse costs per procedure.

5. Conduct a new District Representative orientation at 9:00AM at each Committee Meeting. This usually lasts one hour prior to the SCWS Committee Meeting. Conduct the new Group Representative orientation at 9:00AM at each Assembly. Each orientation provides an overview on what the DR or GR does. Usually there is time at the orientation for questions and answers.

6. This person must be accessible, engaged and responsive between meetings via email, telephone and in person. The time spent varies but you need to be flexible, follow through by returning phone calls,

Hot Topic- How to run a meeting or event!!

As a fellow Al-Anon member often says, I too shall say it, and that is this report is with love from “imperfect service”. Imperfect? Yes, I had and then misplaced the notes from this workshop. I apologize to all of you. They will be included in the next bulletin with the proper persons being quoted. I hope to have the notes before then, on the website, so check back and look there! Until then I am going to give you a summary of the meeting and what transpired in general.

This meeting was called to order by Tim, the Public Outreach coordinator. I believe many of you attended the TEAM SOS workshop on Saturday the 15th and he was the chairperson for that event. Tim talked at the Hot Topics meeting how being the Chairperson was only a title. He needed a team to assist him carry out all the necessary commitments for that event. He assigned one person for audio equipment, another for the lunch, one for the flyer and one for registration. Kathy G. /Archives coordinator was his Co-Chair. There was a lot to do in prep for this event as it was done with four persons from WSO; hence SOS TEAM and Tim worked with them from here to Virginia Beach! The day of the event was well coordinated and all areas were fully staffed and running smoothly. It was an example of how a team functions with an able Chairperson and a host of volunteers willing to be of service. Not to mention Del L. /Hospitality Chair who had her bevy of volunteers who brewed coffee, set up, displayed beautifully all snacks and left the Hospitality room better than they found it! A Thank you is important in running an event at the conclusion for closure, so kudos to the SOS Team of Tim, Kathy, Truck, Ben, Del, Jayme and Jane! And to all of you who raised your hand when volunteering was called for.Thank You!

Continuing at the Hot Topics meeting, after Tim spoke, a few others were asked to share their experience, strength and hope. Then the floor was open to sharing. There were a lot of great shares from persons speaking about Alathons, Conventions and business meetings. So many who spoke have had many years of service and many of us have benefitted from attending the events they put together. These are the stories to be on the website and in the next issue. We had a room full and it was an informative and enthusiastic hour of sharing. I dare to say most in the room have been of service, but all in attendance to gain some insight.

***Thank you to all who participated and those who attended,
Kathy G/Note taker***

Hot Topic—Healthy Meeting Group Conscience – Irene C.

Traditions

Our common welfare should come first; personal progress for the greatest number depends upon unity.

For our group purpose there is but one authority—a loving God as He may express Himself in our group conscious. Our leaders are but trusted servants, they do not govern.

Concepts

The ultimate responsibility and authority for Al-Anon world services belong the Al-Anon groups. The right of decision makes effective leadership possible.

Participation is the key to harmony.

The rights of appeal and petition protect minorities and insure that they be heard.

The spiritual foundation for Al-Anon's world services is contained in the General Warranties of the Conference, Article 12 of the Charter.

Warranty 2 – that no Conference members shall be reached placed in unqualified authority over the other.

Warranty 3 – that all decisions be reached by discussion, vote, and whenever possible, by unanimity

Warranty 5 – that though the Conference serves Al-Anon it shall never perform any act of government; and that like the fellowship of Al-Anon Family Groups which it serves, it shall always remain democratic in thought and action.

Key Ideas

Group Conscience decisions involve discussion and time for members to become informed, express their opinions, and offer ideas. (*Service Manual, page 138*)

Share as equals and then vote. (*Paths to Recovery, pages 140 and 141*)

All opinions including the minority opinion can be expressed. (*Paths to Recovery, pages 140, 146, and 280*)

Some groups schedule a business meeting to address issues by group conscience. (*Service Manual, page 38*)

It is more important to allow each of us to share our opinion than it is to allow the lack of time to dominate an issue. (*Paths to Recovery, page 149*)

Try to work toward consensus or unanimous decision. (*Service Manual, page 38*)

Once decision is made, all abide by group decision. (*Service Manual, page 38*)

Groups are within their autonomy to determine how group conscience is taken. Many will announce two or three weeks before vote is taken so become informed, make better decisions, and promote unity. (*Service Manual, pages 38 and 39*)

Foster unity and harmony, enables fellowship to act as a whole for important matters, and continued survival of Al-Anon. (*Service Manual, page 125*)

It is used to deal with group business, problems, and solutions. (*Service Manual, page 38 and 48*)

Individually, we learn to express our opinion, detach, and let go of results as we accept the group conscience as being led by our Higher Power, ultimately knowing it is will be better for the group and individual members. (*Paths to Recovery, page 138, 141, and 146*)

By being part of an informed group conscience, gathering the information we need, letting God guide us, and remaining trusted servants, we are all part of the group and support its decisions. (*Paths to Recovery, page 145*)

Praying for God's guidance, we participate in honest disagreement with integrity and flexibility and listen respectfully. (*Paths to Recovery, page 145*)

Trust is central to the group conscience. We must trust that the group has the responsibility to voice its collective opinion, must trust its leaders to exercise group judgment, and trust God in guiding the group decision. (*Paths to Recovery, pages 147 and 268*)

Faith in our trusted servants means sometimes deferring to their greater knowledge and ability in certain areas, even when they are in the minority. (*Paths to Recovery, page 280*)

As an individual, it is important to recognize how you feel about an issue, listen to others share about it, review literature as appropriate, pray and mediate, and then vote your individual conscience. (*Paths to Recovery, pages 146, 148, and 149*)

Also refer to Knowledge-Based Decision Making. (*New Service Manual*)

Group Inventory – Margo E.

Taking a Group Inventory and a personal inventory - is the Meeting Unhealthy or is it me?

Using the Group Inventory Guideline – G8

The three parts of a group inventory:

1. My part as a Member of the Group
2. My view of the Group
3. My view of the Weekly Meetings

Several ways to take the group inventory (including adding the tool of the Group Reserve Fund Guideline G41):

Taking the questions home and bring answers back to the group, place them in a basket –to read

Write answers during the group meeting, then discuss

Things to consider in taking the inventory/ reflecting on:

Is it the group or is it me? (It is a possibility – there is always a lesson to be learned) How Healthy am I?

a Checklist of Evaluating Maturity (Alcoholism, a Family Disease P4

b Slogans

c Literature

d Phone Outreach

e Sponsor

f Prayer & Meditation

gTake 60 seconds of silence (can feel like a lifetime).

Personal Story about living in the Land of Win and Lose – How to leave. It isn't any longer if I win, you lose and vice versa or my way is the only way. Being open to other ideas and perspectives, taking the moment to invite your Higher Power in to hear His direction.

Business Meeting – Kathi L.

From Hope for Today (November 2, Pg 307):

“A part of Al-Anon not often discussed, but essential to the program's survival, is our business meetings. Personally I like them. I rarely had a say in the daily functioning of my alcoholic home, even when the decisions affected me. Now I know I have a voice in my Al-Anon family. I feel sad when some members hasten for the door before the business meetings begin, believing this process has nothing to do with recovery.”

When to hold them: Hold regularly, set time, (before, after, part of the meeting) Noting that the business meeting is part of makes a healthy meeting – participation.

Most groups hold regular service or business meetings in which all members are encouraged to participate. *Paths to Recovery, Tradition Nine, pg. 212.*

...other groups hold business meetings as needed. *Al-Anon/Alateen Service Manual 2006-2009, pg. 38*

Business meetings can be held for a brief period during the regular meeting. *Paraphrased from Paths to Recovery, Tradition Nine, pg. 215.*

Why hold them: To bring and discuss information to the group for discussion, to make decisions, go over meeting concerns, changes to location, allocation of funds, reporting of officers.

At business meetings group policies are established and members are informed of group, district, are and worldwide Al-Anon news. Such discussions help to maintain Al-Anon unity. *Paths to Recovery, Tradition Nine, pg. 212.*

...we learn to trust others, none of us have to do it all. Each of our skills complement those of others. This makes it possible to keep Al-Anon consistently available. *Paths to Recovery, Concept Seven, pg. 296.*

Business meetings are an opportunity for members to share their ideas to increase group membership, express concerns, plan special meetings or projects, and other group business – such as changing the group name, the meeting time and place, finances, meeting format, open or closed meeting status,

etc. *Al-Anon/Alateen Service Manual 2006-2009, pg. 38.*

How to hold them:

Some group hold their business meetings separately from the regular meeting to discuss recommendations. And then have a group conscience vote at the regular meeting. *Paraphrased from Paths to Recovery, Tradition Nine, pg. 212-213.*

Interesting Question in Paths to Recovery

Do we hold regular/encourage business meetings? *Paths to Recovery, Tradition Seven, pg. 201, Concept One, pg. 254, Concept Two, pg. 261, Concept Six, pg. 288* **Interesting that this question is presented four times in "Paths to Recovery."**

"Talk to each other. Reason things out, but let there be no gossip or criticism of one another. Instead, let the understanding, love and peace of the program grow in you...one day at a time."

Rotation of Leadership – Nancy P.

Follows Tradition 7

A meeting will not survive if people do not commit to service. To keep Al-Anon functioning, our group has to take care of its own needs. - *Paths to Recovery pg 193*

Regular business meetings, group inventory, focus on being in the solution, and rotation of leadership are all important.

Every meeting out to be fully self supporting is more than financial. - *Courage to Change Pg. 251*

If you have too much money, it will divert us from our primary spiritual aim.

No one can buy or own the group with money, power or status. When we take care of our financial needs, we are free to run our group exactly as we wish. - *Paths to Recovery Pg.196*

How to get Longtimers to come to Meetings

This topic was funny since it was like which comes first. I found this circular and one depended upon the other.

Longtimers come to meetings to share, for fellowship and friends, to focus on solutions rather than problems, and . . .

When we want to come back, when we rotate leadership, when we focus on the solution and not the problem. when we have regular business meetings and when we take group inventories, we help the meeting to stay healthy; and when we are a healthy meeting, Longtimers come back.

Rotation of Leadership (preventing dominance)

Tradition 2

Concept 4 - Participation is the Key to Harmony

Helps us with our defects of character - *Paths to Recovery pg 144*

Members accustomed to dominating may be unhappy when reminded that we rotate leaders and that we are to serve and not to govern. But Rotation of leadership is important as it gives everyone an opportunity to serve. And keeps the person from feeling self important. - *Paths to Recovery Pg 150*

It is unhealthy to let only a few members do everything because one can feel overwhelmed and unappreciated and others feel left out and discounted, when we volunteer we enhance our program, we bond and we raise our self esteem. - *Paths to Recovery Pg 195*

This gives all members the privilege of serving to stick with Tradition 2 - that we are all trusted servants and we do not govern. Remember our only authority is a Loving God. - *Paths to Recovery Pg 146*

When we serve, we are to grow not to become burned out – one of the reasons we have rotation of leadership.

Character of Meeting – Presented by Beth G.

Tradition One: Our common welfare should come first. Personal progress for the greatest number depends upon unity. Page 140: *Paths to Recovery*

A group that follows Tradition One has:

A good mix of newcomers and longtime members. Long time members need to continue attending meetings to offer hope to the newcomer. This promotes unity of the members

The meeting starts and ends on time. This provides the members with a core of stability we can depend on. When the format is followed, we can share without being interrupted, and that allows the members to feel that the meeting room is a safe place to be. We get a sense of security we may not have had living with alcoholics.

How can I tell if my group is not following Tradition One?

Members are sharing about outside issues

Members are sharing about specific religious beliefs

Some members are dominating the discussion

What can be done if my group isn't following Tradition One?

Consider reading "3 Obstacles to Success in Al-Anon" as part of the group's readings.

Info below

Concept Five: The Rights of Appeal and Petition protect minorities and assure that they be heard.

How can I tell if my group is following Concept 5?

Honest sharing, with no advice or criticism

What can be done if my group isn't following Concept 5?"

Have a group conscience on cross talk.

Concept Nine: Good personal leadership at all service levels is a necessity. Page 40: Hope for Today, Page 301: Paths to Recovery

How can I tell if I am following Concept Nine?

Make a commitment to attend specific meetings

Lead by example

Listen to others share

Take complex personal problems to my sponsor

Volunteer for service

Stay informed, participate in the Group Conscience/Business Meetings

What can be done if Concept Nine is not being followed by members of your group?

Have a business meeting.

Invite your DR or Delegate to visit your meeting to address concerns.

Discussion Notes by Marilu

Mike from District 12 wanted to voice that he was concerned about the control of meetings and the controllers – being told I need to focus on myself again (grin). Emphasized need to focus on the three legacies: Steps, Traditions and Concepts.

Cory from District 45 – Group Conscience – concerned about voting regarding the three major options given regarding the Virginia Beach property were not presented correctly in the voting. The group conscience of keeping the property could have been divided in regards to continuing to have the trail basis option discussed. How do you handle this? Irene mentioned each group to decide what part of the decision is to focus on first. What do we need to look at first and that a decision may not be made at one meeting in order to have an informed group conscience to provide information.

Peggy from District 66 – had a veteran Al-Anon member bring up two topics at a recent meeting: one that the meeting was being held in a Christian Church and is that factor judging (?) our own Higher Power being recognized as a symbol, specific diety, the group conscience as my Higher Power – preventing us from having a God of our own understanding? Second was regarding the closing with the Lord's Prayer. There was much group discussion – again showing the need of love and guidance to grow and group conscience made because of having a Higher Power.

Edgar from District 66 had a Sponsorship Workshop and had a section regarding a healthy meeting. What came up was some meetings were having a break in the middle of their meetings so that they could meet the newcomer. The importance of supporting newcomers in our meetings was stressed to making the effort in meetings and including the newcomer.

Randi from District 63 – struggling with meetings without GRs. How do we get the service commitment filled? When we do meet for breakfast, coffee – we include all, make everyone part of the extras, announce during the meeting.

Lisa from District 63 – regular business meetings scheduled in our meetings deal with reactive versus proactive matters. Group conscience at quarterly business meetings scheduled where working together brings balance and productive discussion. It is important that everyone have a voice.

Sandra – Meeting where someone goes off topic and the next shares go off topic from there on out – do you stop and redirect the group back on topic?

Kathy from District 33 – by the direction of her sponsor was advised to become a Group Rep. Her question was relating to an anonymous donation – how to handle that. The resistance of change, no rotation of leadership.

Tory from District 27 – Gave up her one year secretary commitment. It was a “problem solving meeting”. Core group of chairmen/secretaries – an elite group that choose who is to share. More time equals more knowledge and wisdom. Not a fellowship of equals. Higher Power speaks through all of us.

Jennifer from District 45 – respects the diversity and autonomy and appreciates the variety. The decisions that make Al-Anon stronger for it. The variety of loving meetings and blackbelt/strong approach meetings. Vote with your feet. Traditions, unwritten rules – expectations meeting specific.

An Invitation to Celebrate!

Join Al-Anon, Alateen, and A.A. members and their guests in Virginia Beach, VA for an Open House and Banquet.

Join us in celebration of the extraordinary work started by two ordinary women!

Join us in a special celebration of the work of members who have served in the past!

Join us as we reaffirm their hope and vision for the years to come!

Open House

In celebration of 60 years of Al-Anon Family Groups and the beginnings of the Clearing House, the World Service Office (WSO) will host an Open House. There will be a special ceremony at 3 pm commemorating paying off the WSO's mortgage. The Open House is free of charge.

Saturday, April 16, 2011, 1:00 – 4:00 pm
WSO, 1600 Corporate Landing Parkway, Virginia Beach, Virginia 23454



Banquet

Continuing the celebration, there will be a 60th Anniversary Banquet—a ticketed event, with limited seating. Banquet ticket price is \$50.00 U.S.

Saturday, April 16, 2011 Reception 6:00 – 6:45 pm Banquet at 7:00 pm
Virginia Beach Convention Center 1000 19th Street Virginia Beach, VA 23451

For more information and order forms check the member website at
<http://www.al-anon.org/members/>

SCWS Directory

Past Delegates

| Panel | Delegate | Phone | Email | Years |
|-------|-----------|----------|-------|-----------|
| 1 | Aura C | Deceased | | 1961-1963 |
| 4 | Cecelia B | Deceased | | 1964-1966 |
| 7 | Norris R | Deceased | | 1967-1969 |
| 10 | Helen B | Deceased | | 1970-1972 |
| 13 | Elsie Q | Deceased | | 1973-1975 |
| 16 | Betty O | | | 1976-1978 |
| 19 | Pat R | | | 1979-1981 |
| 22 | Bernie E | Deceased | | 1982-1984 |
| 25 | Bob L | | | 1985-1987 |
| 28 | Hester B | | | 1988-1990 |
| 31 | Joyce K | | | 1991-1993 |
| 34 | Kary L | | | 1994-1995 |
| 34 | Rita M | Deceased | | 1996 |
| 37 | Willie W | | | 1997-1999 |
| 40 | Kay D | | | 2000-2002 |
| 43 | Miriam M | | | 2003-2005 |
| 46 | Mary M | | | 2006-2008 |

Board

| Title | Name | Phone/email | Address |
|--------------------|----------|-------------|---------|
| Alternate Delegate | Pat H | | |
| Chair Person | Jayne C | | |
| Delegate | Sandie E | | |
| Minutes Secretary | Amanda C | | |
| Past Delegate | Mary M | | |
| Treasurer | Heidi T | | |

Coordinators

| | |
|---|-----------|
| Alateen Coordinator | Anita S |
| Alateen Sponsor Coordinator | Lea R |
| Archives Coordinator | Kathy G |
| Area Alateen Process Person | Lea R |
| Bulletin Coordinator | Truck S |
| Cooperating With The Professional Community | Carolyn S |
| Hospitality Coordinator | Del L |

SCWS Directory

Board

| Title | Name | Phone/email | Address |
|---------------------------------|----------|-------------|---------|
| Institutions Coordinator | Rodger P | | |
| Literature Coordinator | Juan P | | |
| Public Information Co-ordinator | Tim P | | |
| Group Records Coordinator | Kathi L | | |
| Web Site Coordinator | Ben P | | |

Intergroup Liaisons

| | |
|-----------------------------------|----------|
| Inland Empire Liaison | Billy M |
| Los Angeles County Liaison | Ada G |
| Orange County Liaison | Jaime B |
| San Diego County Liaison | Kay S |
| Santa Barbara Intergroup Liaison | |
| Hispanic Intergroup Liaison | Gema R |
| Ventura County Intergroup Liaison | Lalena H |

Convention Chairpersons

| | |
|-----------------------------|----------|
| AFG Convention Chairperson | Lynn A |
| SCAC Conventino Chairperson | Robert D |
| SCAA Convention Chairperson | Lisa T |

Regional Trustee

| | |
|------------------|---------|
| REGIONAL TRUSTEE | Karin R |
|------------------|---------|

SCWS Email Addresses

| Position | Email Address |
|---|-------------------------------|
| Alateen Sponsor Coordinator | alateen@scws-al-anon.org |
| Alternate Delegate | altdelegate@scws-al-anon.org |
| Archives | archives@scws-al-anon.org |
| Bulletin Editor | bulletin@scws-al-anon.org |
| Chairperson | chairperson@scws-al-anon.org |
| Cooperating with Professional Community | cpc@scws-al-anon.org |
| Delegate | delegate@scws-al-anon.org |
| Forum | forum@scws-al-anon.org |
| Group Records Coordinator | grouprecords@scws-al-anon.org |

SCWS Directory

INFORMATION SERVICE CENTERS

Al-Anon Inland Empire Service Center

1012 East Cooley Drive, Suite J, Colton 92324(909) 824-1516
www.ca-inlandempire-alanon.org

Oficina Intergruppal Hispánica de Al-Anon, Inc. L.A. County

11627 Telegraph Road, Suite 150, Santa Fe Springs 90670
 (562) 948-2190

Intergruppal Hispánica de Al-Anon, Inc. Inland Empire

P.O. Box 5665, Riverside 92517
 (951) 689-4084

Al-Anon Information Service Kern County

Post Office Box 894, Bakersfield 93302
 (805) 322-1102 www.mykernlife.com/179/

Los Angeles County Al-Anon Family Groups

4936 Lankershim Boulevard, North Hollywood 91601
 (818) 760-7122 Los Angeles (213) 387-3158 www.alanonla.org

Al-Anon Information Service Office of Orange County

12391 Lewis Street, Suite 102, Garden Grove 92840
 (714) 748-1113 www.orangecountyalanon.org

Al-Anon in the Desert

P.O. Box 1364, Palm Desert, CA 92261
 73-441 Fred Waring Drive #2, Palm Desert, CA 92260-2866
 Office Phone & FAX No. (760) 341-6202
 (760) 674-9554 Meeting Information (888) 512-0061 Hotline
www.alanoninthedesert.com

San Diego Al-Anon Office

3108 Fifth Avenue, Suite E, San Diego 92103
 (619) 296-2666 www.alanonsandiego.org

San Luis Obispo Office

P.O. Box 209, Grover Beach 93483
 (805) 534-9204

Al-Anon Family Groups Santa Barbara County

Post Office Box 30428, Santa Barbara 93130
 (805) 899-8302

www.alanonsantabarbara.info

Ventura County Al-Anon Family Groups

Post Office Box 6754, Ventura 93006-6754
 (805) 495-0270

www.alanonventura.org

SCWS Email Addresses

| Position | Email Address |
|--------------------------|--|
| Hospitals & Institutions | institutions@scws-al-anon.org |
| Literature | literature@scws-al-anon.org |
| Past Delegate | pastdelegate@scws-al-anon.org |
| Public Information | pi@scws-al-anon.org |
| Secretary | secretary@scws-al-anon.org |
| Treasurer | treasurer@scws-al-anon.org |
| Website | webmaster@scws-al-anon.org |

SCWS Directory

District Representatives

Lani C

3

Cyndy R

6

Frank L

8

Willie M

9

Loreina C

10

Mike M

12

Tarisa R

17

Tina S

21

Margo E

24

Paula P

27

Martha M

30

Irene C

33

Beth G

36

Anna R

40

Cathy S

42

Emilce L

45

Socorro P

48

Ada G

51

CB S

54

Sandy P

57

John S

60

Bob S

63

Juan P

64

Pete B

66

Birgit A

69

Marilu H

72

Kathy A

75

| | | | | | | | | | | |
|--|---|--|---|------------------------------------|------------------------------|--------|----------------------|----------------------|----------------------|---|
| (1) WSO I.D. Number | <input type="text"/> | District Number | <input type="text"/> | Area Number | <input type="text"/> | Date | <input type="text"/> | <input type="text"/> | <input type="text"/> | |
| (2) Registration | <input type="checkbox"/> New | <input type="checkbox"/> Current | <input type="checkbox"/> Not Sure If Registered | <input type="checkbox"/> Disbanded | | | | | | |
| (3) Group type is: | <input type="checkbox"/> Beginners | <input type="checkbox"/> Al-Anon Adult Children | <input type="checkbox"/> Limited Access | | | | | | | |
| (Check all that apply) | <input type="checkbox"/> Institution | <input type="checkbox"/> Other (Example: Men, Women, Step-Study, Parents, Gay) | | | | | | | | |
| (4) Changes: | <input type="checkbox"/> Current Mailing Address (CMA) | <input type="checkbox"/> Group Name | <input type="checkbox"/> Mtg Place | <input type="checkbox"/> Mtg Time | <input type="checkbox"/> AGR | | | | | |
| (Check all that apply) | <input type="checkbox"/> Mtg Day | <input type="checkbox"/> GR | <input type="checkbox"/> Contact | <input type="checkbox"/> Other | | | | | | |
| (5) Special Needs & Group Features: | <input type="checkbox"/> Open | <input type="checkbox"/> Closed | <input type="checkbox"/> Non-Smoking | | | | | | | |
| | <input type="checkbox"/> Babysitting | <input type="checkbox"/> Signing (ASL) | <input type="checkbox"/> Handicap Access | | | | | | | |
| | <input type="checkbox"/> Language Spoken | | | | | | | | | |
| | <input type="checkbox"/> Mailing Language | | | | | | | | | |
| | <input type="checkbox"/> Special instructions, i.e. use back door, etc. | | | | | | | | | |
| (6) Current Mailing Address: (All WSO group mail is sent to this address, to be taken to the group.) <input type="checkbox"/> GR <input type="checkbox"/> ALT GR | | | | | | | | | | |
| Name | <input type="text"/> | | | | <input type="text"/> | | | | | |
| Street/PO Box | <input type="text"/> | | | | <input type="text"/> | | | | | |
| City | <input type="text"/> | | | | State/Province | | | | | |
| Zip/Postal Code | <input type="text"/> | | | | Country | | | | | |
| Phone Number | <input type="text"/> | - | <input type="text"/> | - | <input type="text"/> | E-Mail | <input type="text"/> | | | |
| (7) Group Name | <input type="text"/> | | | | | | | | | |
| (8) Meeting Place | <input type="text"/> | | | | | | | | | |
| (9) Meeting Address | <input type="text"/> | | | | | | | | | |
| City | <input type="text"/> | | | | State/Province | | | | | |
| Zip/Postal Code | <input type="text"/> | | | | Country | | | | | |
| (10) No. of Members | <input type="text"/> | (11) Day: | Su | Mo | Tu | We | Th | Fr | Sa | Time: <input type="text"/> : <input type="text"/> AM PM |
| (12) Contacts (WSO refers newcomers and visitors to these members for information about your meeting.) | | | | | | | | | | |
| First Name | <input type="text"/> | | | | Phone # | | <input type="text"/> | | | |
| First Name | <input type="text"/> | | | | Phone # | | <input type="text"/> | | | |
| For Area Use: | | | | | | | | | | |
| (13) Group Rep | <input type="text"/> | | | | <input type="text"/> | | | | | |
| Address | <input type="text"/> | | | | <input type="text"/> | | | | | |
| City | <input type="text"/> | | | | State/Province | | | | | |
| Zip/Postal Code | <input type="text"/> | | | | Country | | | | | |
| Phone Number | <input type="text"/> | - | <input type="text"/> | - | <input type="text"/> | E-Mail | <input type="text"/> | | | |
| For Additional Area Use: (Indicate title of service position.) --District Officers/Intergroup Liaisons/Convention Chair | | | | | | | | | | |
| (14) | <input type="text"/> | | | | <input type="text"/> | | | | | |
| Address | <input type="text"/> | | | | <input type="text"/> | | | | | |
| City | <input type="text"/> | | | | State/Province | | | | | |
| Zip/Postal Code | <input type="text"/> | | | | Country | | | | | |
| Phone Number | <input type="text"/> | - | <input type="text"/> | - | <input type="text"/> | E-Mail | <input type="text"/> | | | |

P.O. BOX 350 – NORTH HOLLYWOOD, CA 91603 PHONE: (714) 841-6066

SCWS Group Contributions Form

For use during the term 01/01/09 through 12/31/11

_____ Al-Anon _____ Alateen Group Name: _____

Group Address: _____

Group City: _____ Day: _____ Time: _____

WSO ID#: _____ Contribution Enclosed: _____

Submitted By: Name: _____

E-Mail Address/Phone Number: _____

Make check or money order payable to SCWS

Mail Contributions To:

SCWS , Post Office Box 350, North Hollywood, CA 91603

The WSO ID # can be located on the mailing label of the Bulletin. Any questions and/or comments, please contact Heidi T. at 661 252-4636 or stinkerbellsocal@rr.com



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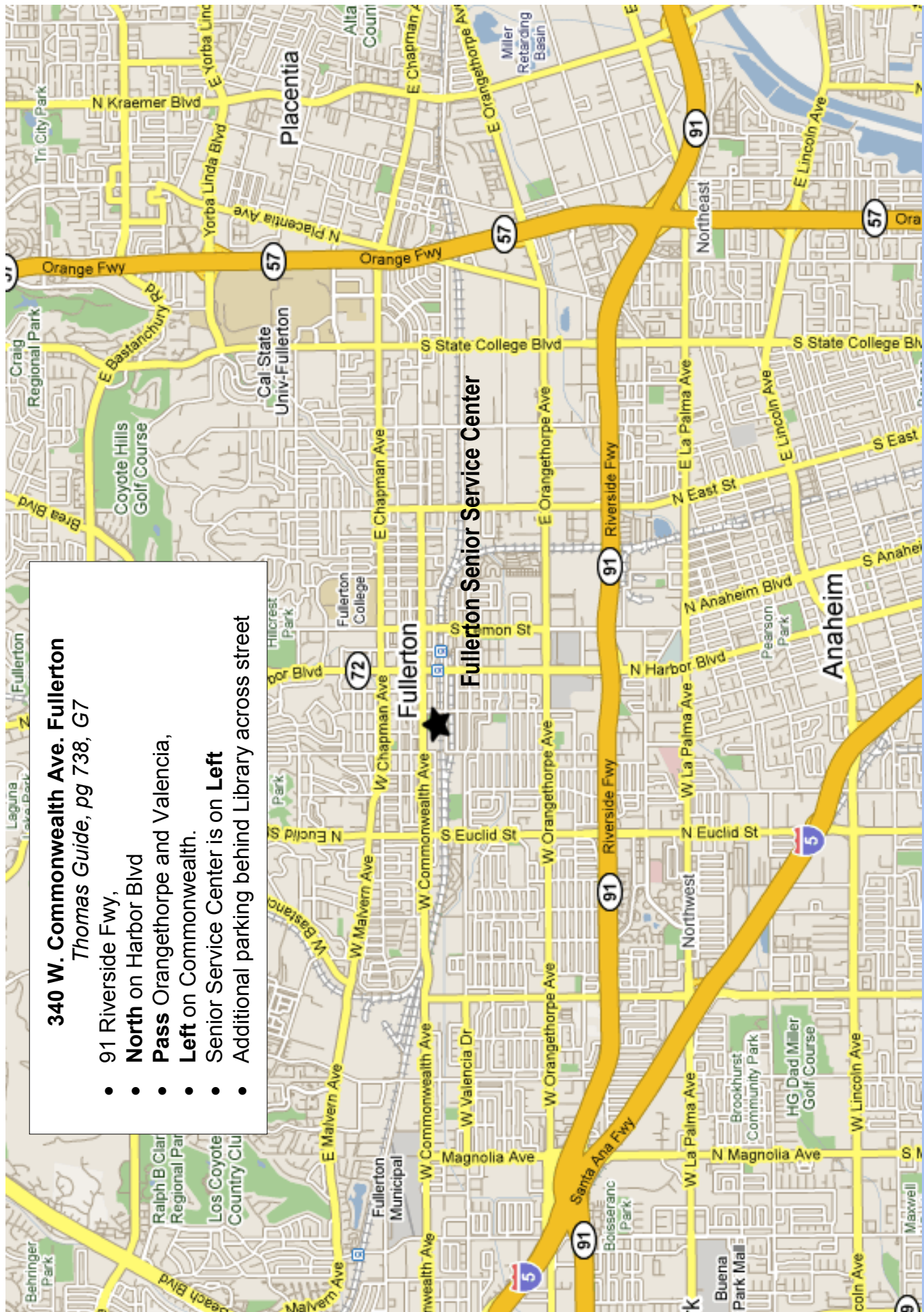
Make check or money order payable to SCWS

Mail Form To:

SCWS , Post Office Box 350, North Hollywood, CA 91603

Thomas Guide, pg 738, G7

- 91 Riverside Fwy,
- **North** on Harbor Blvd
- **Pass** Orangethorpe and Valencia,
- **Left** on Commonwealth.
- Senior Service Center is on **Left**
- Additional parking behind Library across street



Map to Fullerton Senior Service Center

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