

Officer Resume for Southern California World Service, Inc. Al-Anon Family Groups

Please type in spaces provided—**NO change** in form or font

The SCWS Officer positions are: Delegate, Alternate Delegate, Chairperson, Treasurer, Secretary.
Submitting this Resume does not commit you to stand for the open Chairperson position at the May 15, 2021 Assembly.

***Resume must be submitted to the Delegate (delegate@scws-al-anon.org.) by April 3, 2021**

Full Name: Martha Z. City: Lakewood
(First and Last Name)

Phone: ***-***-**** Email: martha.z*****@ca.rr.com

Are you a current or past District Representative? YES NO District #: 57

Number of continuous years active in Al-Anon/Alateen? 20

1a. List your Al-Anon/Alateen service experience beyond the group level:

Committee service for various years in AFG Convention-chair of raffle committee, service in registration committee
Past District Rep for District 57
Past District Alateen Liaison
Past chair of District Alathon
Current Alternate DR for District 57
Current GR
Past previous GR positions for different meetings

1b. From the list in 1a, describe one experience you found most rewarding and what you learned from it.

For me, the most rewarding was acting as the District Representative for District 57. What I learned in that role helped me grow not only in the Al-Anon program but as a person. I strengthened my skills in facilitating meetings, and the importance of mentorship for new and current GRs. It helped me to get out of myself, and to focus on the needs of the District and the GRs. This is an important part of my recovery since I can get very caught up in my head with worry. Being of service helps me to get out of that thinking.

2. Describe your experience, skills, and personal qualities that you would bring to the Area as an officer.

I have a great deal of experience in leading meetings in my profession, and in my Al-Anon program as a past DR. I believe that I can be an objective observer and have strong group facilitation skills. I am organized and responsible with my commitments. I have many who reach out to me for guidance because of my experience and willingness to be of service. I work well with others, and am willing and open to other's thoughts and opinions. I value the experience others would bring to the table if I were to be the Area chairperson. I am at a point where I feel I can take on the additional responsibility and commitment required for the position, and to further my growth in Al-Anon and my broadness of service.

3. What is your vision for Southern California World Service Al-Anon?

Having been to many Area and Assembly meetings, my vision is the involvement of all GRs and DRs in the activities and information coming from the Area. I believe that it is essential that DRs and GRs feel the value of the Committee and Assembly meetings they attend, and not just as something they 'have' to go to so they can give a report at their group meeting. I want them to feel invested in the work of the Area, and take back that enthusiasm to their group. I would hope that they would use the techniques they see at the Committee and Assembly meetings and model that to their group, such as KBDM.

4. Why would you be an asset to the SCWS Area as an Officer? (300 words or less)

I think I bring a great deal of experience in leading group meetings and facilitating meetings to the Area. For the role of Chairperson, I believe this to be essential. With the large amount of information that is shared at the Committee and Assembly meetings, the Chairperson must be able to manage the agenda timeframes and situations that can become 'charged' with emotion. I think I am at a point in my Al-Anon program where I can manage these situations. This would not have been true years ago since I would not have been able to see past 'my agenda'. I believe I now have a much broader view, and can help to facilitate the adherence to Al-Anon principles above the personalities that can be displayed when emotions are high. I am also open to the feedback of others, which will help me grow even further. I know there would be much to learn, and I am always open to learning new skills and information.

NOTE: Be prepared to read your answer to #4 at the May 15, 2021 Assembly (2 minute limit).

I have read and understand the Job Description for the position(s) to which I may be elected.

Signature: Martha Z*****

Date Submitted: 5/1/2021

**VERIFY THAT THE SAVED FILE HAS YOUR INFORMATION BEFORE CLOSING THE EDITOR.
IF SAVE DOESN'T WORK PRINT TO A PDF FILE
(select print, then print to file).**

*Send as email attachment to: delegate@scws-al-anon.org by **April 3, 2021**

***Resumes submitted for Officer positions will be posted on the SCWS website for members to read.
All personal identifying information will be removed before the resume is posted.**