# **August 2022**

al-anon.org/for-alateen

Southern California World Service

AMIAS/ALATEEN

Newsletter

What can I do to ensure that my granddaughter grows up happy and not a casuality to an alcoholic home that she cannot change?



Not everyone trapped by alcohol is an alcoholic. Families and friends are suffering too.

# Message from the 2023 SCAC Chair, Shana:

Help spread the info that we are still forming a committee, and all interested Alateens can contact Shana and Bear! <u>aapp@scws-al-anon.org</u>

# Dear Al-Anon Members involved in Alateen Service (AMIAS):

The 2023 AFG Convention Chair, Dianne P., is looking for Alateens to chair and put together the Alateen portion of the AFG Convention: create meetings, workshops, pick topics, speakers, and leaders for the convention in April. The next committee meeting is July 17th at the Garden Grove Alano club.

If you have some strong Alateens, who you think would be capable of putting together (or being on) a small committee, please let me know and we will put them in contact with Diane.

What are you doing this weekend? Want to do some Alateen stuff???? (drumroll)



## **AMIAS Network Meeting**

Let's talk about Alateen! Meetings, AMIAS, conferences and conventions, whatever you need. We're all here for each other.

Saturday, Aug 6, 2022 10:00 AM

Meeting ID: 870 9545 9477. Passcode: SCAC

## **District Rep/District Alateen Liaison Workshop**

- How can I help Alateen?
- Find out more about your district's relationship with Alateen
- What are my Alateen-related responsibilities as a DR/DAL?

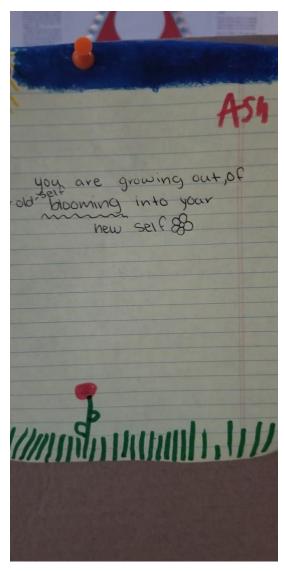
Check here, especially Page 4.

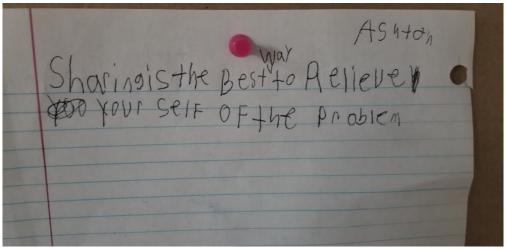
https://scws-al-anon-org.zoom.us/j/82464052812?pwd=THMvZEgxa0s3MWRzcHV1b3Fhc1podz09

Sunday, August 28, 2022 2:00 PM Pacific Time

Meeting ID: 824 6405 2812. Passcode: SCAC

# Alateen Sharings:





# 14<sup>th</sup> Annual NCWSA 2022 ALATEEN SPONSORS' R&R "Rebuild, Reconnect, & Reimagine"

For Al-Anon Members Involved in Alateen Service (AMIAS) & Al-Anon Members interested in serving Alateens



A weekend of AMIAS training, and sharing experience, strength, and hope at

Westminster Woods, 6510 Bohemian Highway
Occidental, CA
September 23-25, 2022

Guest Speakers
Friday Night, Saturday Night, and Sunday Morning
Saturday Workshops and Talent Show

Compassion, Consistency, and Commitment

For more information or to serve on the planning committee, contact:

Julie E., NCWSA Alateen Coordinator, (530) 588-2151

or email alateencoordinator@ncwsa.org



NO CONTACT OPTIONS

PANDEMIC APPROVED

### **APPETIZERS**

#### READ ALATEEN DAILY READERS

Two choices: Living Today in Alateen and Alateen – a day at a time

#### CHECK OUT ALATEEN'S WORKBOOK

Alateen's 4th Step Inventory This workbook keeps it simple for members of any age.

#### ORDER ALATEEN LITERATURE

Ask your group's Literature chairperson to order Alateen literature for your group.

#### KEEP UPDATED ALATEEN SCHEDULE

Keep an updated list of ALL Alateen meetings in your District/Area.

#### ANNOUNCE ALATEEN MEETINGS

Announce Alateen meetings at your Al-Anon meetings to make members and newcomers aware of Alateen.

#### SPONSOR AN ALATEEN MEETING

Alateen meetings are sponsored by Al-Anon meeting. Encourage your group to sponsor a meeting.

#### **INCLUDE ALATEEN SPEAKERS**

Invite Alateen speakers to come to your next Anniversary celebration.

#### ASK YOUR CHILD TO ATTEND

Ask your child to try six Alateen meetings to see if Alateen is right for them.

#### LEAD A TOPIC USING ALATEEN CAL

Introduce Al-Anon members to Alateen by using Alateen literature when you lead a topic at an Al-Anon meeting.

#### INCLUDE ALATEEN SPEAKERS

Invite Alateen speakers to come to your next Anniversary celebration.

#### **MAIN COURSE**

#### INVITE AN ALATEEN TO CHAIR

Invite an Alateen group to chair your Al-Anon meeting once a year, using the Alateen format.

#### **CONSIDER SERVICE AS AN AMIAS**

Consider service as an Al-Anon Member Involved in Alateen Service (AMIAS).

#### · · HOUSE SPECIALTY · ·

#### ADD ALATEEN TO YOUR SCRIPT

MAKE A MOTION AT YOUR GROUP'S NEXT
BUSINESS MEETING TO ADD THE FOLLOWING
ALATEEN STATEMENT TO THEIR REGULAR FORMAT:
"ALATEEN IS PART OF AL-ANON. IF YOU KNOW A
YOUNG PERSON WHOSE LIFE HAS BEEN AFFECTED
BY SOMEONE ELSE'S DRINKING, PLEASE GIVE THEM
THE SAME CHANCE TO RECOVER IN ALATEEN THAT
YOU DO IN AL-ANON. THERE ARE OPTIONS FOR
ZOOM, CHAT AND FACE TO FACE MEETINGS."

#### ANNOUNCE AMIAS TRAINING SESSIONS

Announce AMIAS certification trainings at your Al-Anon meetings. All AMIAS must be certified to serve.

#### BECOME A DISTRICT COORDINATOR

Consider service as your District Alateen Coordinator to help facilitate Alateen activities in your District.

#### BECOME AN AREA COORDINATOR

Consider service as your Area Alateen Coordinator to support the efforts of AMIAS and teens in your Area.

FOR MORE OPTIONS AND FOR DETAILS ON ANY OF THESE MENU ITEMS, PLEASE CONTACT:



Contact an AMIAS (Al-Anon Member Involved in Alateen Service) for ZOOM information. To give the Alateen anonymity, please be sure that the Alateen can be in a private place and share openly without being overheard.



The Friends we make in Alateen are Special!

#### ELECTRONIC ALATEEN MEETINGS IN SOUTHERN CALIFORNIA

The Alateen groups listed here have moved to an online/electronic format in response to the COVID-19 health restrictions and social distancing requirements.

For information on how to join any of these meetings, please call or email the Point of Contact (POC).

This list is for use by AMIAS and Intergroup staff in Southern California to refer teens to online Alateen meetings. The contact information is confidential and must be carefully safeguarded—only share with fellow AMIAS and teens or families who are seeking an online Alateen meeting.

DAY	TIME	HOST DISTRICT	WSO ID / Name of Group	POC	Email Contact	Phone Contact
Tuesday	7 pm	17 Woodland Hills	502645 -2 Teens In Recovery	Jeri M	jerijoy@hotmail.com	no
Tuesday	7:30 pm	36 Pomona	1390 Tuesday One Day at a Time	J.R. D Jay P	john.davies@live.com atourpace@msn.com	909-762-4440 909-730-9066 (txt)
Wednesday	7:30 pm	60 Yorba Linda	503559 Serenity Seekers Alateen	Linda T	ltetteme@gmail.com	(714) 357-2306
Thursday	5:30pm	06 Bakersfield	30729632 Alateen Meeting	Portia C	alateenkern@gmail.com	(661) 717-1346
Thursday	6:30 pm	72 Chula Vista	30665601 I'm OK, I Belong, I'm Not Alone	Lety C	undiaalavez@live.com	(619) 792-6042
Thursday	3 pm	42 Indian Wells	30733123 Free To Be Me	Juli H	freetobemealateen@gmail.co	no
Thursday	7:30 pm	63 Garden Grove	30640574 Freedom Finders Alateen Group	Wendy F	no	(310) 210-7699
Thursday	7:30 pm	12 Ventura	30568883 Ventura Thursday Night	Jerry W	bear.scws.aapp@gmail.com	(805) 766-7401
Friday	7 pm	39 Corona	30507400 Corona Friday Night Alateen	Lindy A Tammy A	no lovecattam@yahoo.com	(951) 482-4759 (951) 675-6588
Friday	8 pm	17 Woodland Hills	502645 -1 Friday Night Teens In Recovery	Jeri M	jerijoy@hotmail.com	no
Saturday	10 am	24 Burbank	502153 Saturday Morning Young Alateen	Susan R Alvin F	no no	(818) 269-7417 (213) 422-6435
Sunday	7 pm	69 San Diego	30695111 Free to be Me	Leigh S	no	(619) 997-5819
Sunday	7:30 pm	45 Santa Monica	51846 Santa Monica Sunday Alateen	Charles H Anna K	cheit8@gmail.com, ms.annachristina@gmail.com	(310) 502-7768 no

### Meetings

Alateen meetings seem to be changing, slowly. There are a few meetings reconvening face to face. Some are still minimally attended electronically.

Did you know that the WSO's Al-Anon app has electronic Alateen meetings five days a week that teens can attend? They need to be between 13-18 to download the app. If the kids are younger, they can use their parent's app and change the name in the app for the meeting. These are well attended.



Are you looking for service work that is rewarding, loving, and exciting?

Have you thought of the teens who want help and can't get it because Alateen isn't available?

Are you willing to meet with Alateen members to share with them, laugh with them, and sometimes cry with them?

Can you allow Alateens to conduct their own meeting without controlling or directing?

Can you respect the anonymity of Alateen members by not discussing their comments with their parents or others?

Can you say "No" to inappropriate behavior and explain your reason while continuing to love them?

Can you suggest program tools – slogans, Steps, Traditions, literature [CAL] – without giving advice?

# CONSIDER BECOMING AN AMIAS!

Al-Anon Member Involved in Alateen Service

# WHAT KINDS OF SERVICE ARE AVAILABLE IN ALATEEN?

There are numerous ways you can be of service! Some are ...

- Co-sponsor a weekly Alateen meeting
- Help plan and support Alateen events
- Transport Alateen members to meetings and events

### ARE THERE ANY ELIGIBILITY REQUIREMENTS I MUST

**MEET?** To become an AMIAS, you must:

- Have at least 2 years of regular Al-Anon participation
- Attend at least one Al-Anon meeting a week
- Be at least 25 years old
- Be able to pass the Southern California World Service (SCWS) background check
- Attend a 90-minute initial training session (offered online every month by webinar)
- Be willing to step down immediately if any controversy interferes with your purpose of serving Alateen members

### SOUNDS GREAT!! I MEET ALL THE ELIGIBILITY REQUIREMENTS. HOW DO I GET STARTED?

First, speak with your District Representative and/or District Alateen Liaison to learn what the needs are in your local area and how you can best be of service. Then, email the Area Alateen Process Person (AAPP) and give them your name, email, and phone number.

You will receive an email reply with information on everything needed to complete the process.

You can contact the AAPP at

aapp@scws-al-anon.org

**HOW LONG DOES IT TAKE TO GET CERTIFIED?** Most applications are completed in less than 4 weeks.

# WHEN CAN I START WORKING WITH

**ALATEENS?** As soon as you receive the email formally notifying you that your registration is complete.

\*\*\* You may not participate with Alateen until you are officially notified. \*\*\*

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Service
SCWS-AL-ANON.ORG





## Who wants to be an AMIAS?

To begin the application process for becoming an AMIAS, first talk to your District Representative (DR) and/or District Alateen Liaison (DAL). Let the District know that you are interested in Alateen Service. The DR or DAL can let you know where the opportunities are. They are also responsible for approving your AMIAS Application once your training is complete.

Contact the Area Alateen Process Person (AAPP) at aapp@scws-al-anon.org once you

have notified your District. Include your name, email address, phone number and District number.

After you submit your name to the AAPP as a prospective AMIAS, you will receive a confirmation email and then an email invitation around the first of each month. The Invitation will include a link to register for that month's webinar.

Training sessions are usually about 90 minutes.

Contact Bear for more information: <a href="mailto:aapp@scws-al-anon.org">aapp@scws-al-anon.org</a>

### 2022 New Amias Training Schedule

Until further notice, all New AMIAS Certification Training will be conducted online due to Covid-19.

* * * 2022 New AMIAS Training Schedule * * *					
Sunday	Wednesday				
	14-Aug				
		14-Sep			
	9-Oct				
		9-Nov			
	11-Dec				

Convention and Event Chairs! If you would like an AMIAS training at your convention or event, contact Tina: <a href="mailto:aapp@scws-al-anon.org">aapp@scws-al-anon.org</a>. Allow 2 ½ hours in your schedule for the

training.

#### Alateen Meetings in Schools

"The disease of alcoholism in a family member or friend affects children and teenagers in many different ways that impact on their behavior and ultimately, their schoolwork. Frequently, students and educators do not realize that a relationship with an alcoholic could be a factor." P. 2, Information for Educators, Alateen Meetings in Schools S-64

For answers about Alateen meetings in schools, please reference this pamphlet.

# \* \* \* ALATEENS SERVING BEYOND THE GROUP LEVEL \* \* \* @ REPRESENTATION @

- ♦ Your meeting can have an Alateen member registered as Group Representative (GR). Please check with any of your coordinators about how to get that done so they will be represented. They can have a voice AND a vote at Area Assemblies!
- ♦ If you have any Alateen or AMIAS related questions or concerns, please use this link to get connected <u>alateen-amiasconcerns@scws-al-anon.org</u>

### 2021-2023

### **SCWS Alateen Coordinators**

# **Alateen Communications Coordinator** *Bernadette H.* <u>Alateencommunications@scws-alanon.org</u>

- Contact individuals who have requested information about the Alateen program or forward their request to a District near them and follow-up with the individual.
- Communicate with agencies that have requested an Alateen Panel and arrange Alateens to speak and AMIAS or parent to transport and supervise them.
- Create the Area Alateen Newsletter to inform the Area members about recent changes made by SCWS and/or WSO, share AFG Connects postings about Alateen topics, and educate Al-Anon members about Alateen.
- Connecting with other Districts about their Alateen meetings.
- Hosting a local workshop to encourage potential AMIAS and share about current sponsors/AMIAS opportunities and experiences.
- Adding information to the Area Alateen newsletter.

### Alateen Events Coordinator Tina S. Alateenevents @scws-al-anon.org

- Create and maintain a process to ensure that SCWS Alateen events are in compliance with CA(S) and WSO.
- Review Alateen Event Plans to ensure compliance with the ASBR (Alateen Safety and Behavioral Requirements) and principles of the Alateen/Al-Anon programs. Then approve or create action item lists.

 Communicate with Event Sponsors, Alateen Chairpersons, AMIAS Chaperones, and Convention Chairs.

#### Alateen Sponsor Coordinator. Suzanne P. <u>Alateensponsor@scws-al-anon.org</u>

- Create the presentation and required materials for AMIAS Certificate Trainings and Recertification Workshops.
- Train and manage Presenters who will conduct AMIAS Recertification Workshops and/or Initial AMIAS Certificate Training in English and Spanish.
- Manage documents obtained from attendees of workshops, attendance roster, and AMIAS Distribution Roster.
- District rep and District Alateen Liaison training.
- Ensure SCWS Alateen meetings and events are in compliance with CA(S) and WSO.
- Review Alateen Event Plans to approve or create action item list, in collaboration with Area Alateen Events Coordinator.
- Communicate with Event Sponsors, Alateen Chairpersons, and Group Sponsors as needed.
- Review Area Alateen Safety & Behavioral Requirements on an annual basis, per G-24.
- Respond to emails from WSO regarding individuals who have requested information about Alateen and contact the individual or forward the request to the District about which the individual is requesting information.
- Serves as primary point of contact with WSO for Area Alateen matters. Communicates with Area Officers about these matters, as appropriate.
- Serves as the primary link of Area support and oversight for the Southern California Alateen Conference (SCAC).
- Oversees and supports Districts with donations and scholarship requests for SCAC.

#### Alateen Process Person. Bear W. aapp@scws-al-anon.org

- Maintain lists of Active, Inactive and Prospective AMIAS.
- Provide up-to-date list of Active AMIASs to other Alateen Coordinators and Board members, as needed for Area business.
- Maintain lists of Active and Inactive Alateen meetings.
- Update the WSO database with changes to AMIAS and Alateen meetings.
- Process new AMIAS applications.
- Process new Alateen groups.
- Direct AMIAS to background check information as needed.
- Process annual AMIAS recertification before deadline set by WSO (usually 1 July).
- Process annual Alateen group update/recertification.
- Provide Districts with bi-annual report of their currently certified AMIAS and active Alateen groups twice a year (usually at end of recertification in July and in December/January) and as needed.
- Provide Event Chairpersons with a list of currently certified AMIASs as needed.
- Conduct training of new AMIAS, online and/or in person. Webinars are usually conducted monthly.

- In-person trainings are typically held at Al-Anon events such as annual AFG Convention and sometimes in conjunction with recertification workshops.
- Complete reports for the Area Service Board, Committees, and Bulletin.
- Maintain list of persons in each District authorized to sign AMIAS applications (usually DR and DAL).

