

*Sharing of Service CA (S)*

**January 21, 2023**



Al-Anon **Family** Groups

Help and hope for families and friends of alcoholics

**Shared Leadership**

# Let it Begin With Me and Me too

**Kathi M**

**Trustee at Large**

**Cindy M**

**Southwest Regional Trustee**

# Al-Anon Declaration

Let It Begin with Me

When anyone, anywhere,  
reaches out for help,

let the hand of Al-Anon and  
Alateen

always be there, and - Let It  
Begin with Me.

# Our Journey through Service – The Beginning

- My first meeting – **I was asked to help**, and I love to help!
- My second meeting – met my first sponsor who attracted me to service
- Alateen group sponsor – SCAC
- **Another member** (my first service sponsor) **invited me to participate**

# Our Journey through Service – The Beginning



---

My first meeting – I saw service in action –  
the panel that invited me to the meeting.

---

Took me a lot longer to find a sponsor

---

But when I did, we were off and running

---

Very first service – key to the meeting.

# Group Positions We've held



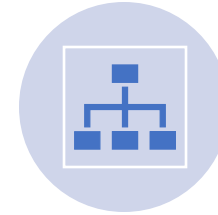
KEY HOLDER -  
COMMITMENT



LITERATURE -  
PARTICIPATION



TREASURER – BALANCE



GROUP  
REPRESENTATIVE –  
DELEGATED AUTHORITY



GREETER –  
ENTHUSIASM



ISR – ACCEPTANCE



PHONE LIST – TRUST



SECRETARY –  
RESPONSIBILITY



## Your Turn

- What positions have you held at the group level?
- What spiritual principles did you acquire and practice?



# District, AIS/LDC, Convention Positions We've held

---

- District Fundraiser – Self-supporting
- District Treasurer – Responsibility/Prudence
- District Representative - Delegation
- AIS Corresponding Secretary - Timeliness
- Convention Program Chair – Inclusiveness/Carrying the Msg
- Convention Treasurer – Abundance/Trust







## Breakout Sessions

What positions have you held.  
What were the spiritual principles you gained?



## Area Positions We've held

- ▶ Area Treasurer - Ample Reserve
- ▶ Alateen Sponsor Coordinator - Unconditional Love
- ▶ Alternate Delegate - Humility
- ▶ Delegate – Mutual Trust
- ▶ Chairperson – Mutual Respect
- ▶ Group Records Coordinator – Integrity



# General Session

What Area positions have you held?

What Spiritual Principles did you practice?



This Photo by Unknown author is licensed under [CC BY-SA-NC](https://creativecommons.org/licenses/by-sa/4.0/).



# World Service Office (WSO)

## Positions We've held

---

- Executive Committee for Real Property Management (ECRPM) – Freedom with responsibility
- Audit Committee (At-large member) - Unity
- Trustee At Large – Open Mindedness
  - International Coordination Committee (ICC) – World- wide Fellowship
- Southwest Regional Trustee – Principles above personalities
  - Treasurer of the Board (AFG, Inc.) – Gratitude and consistency

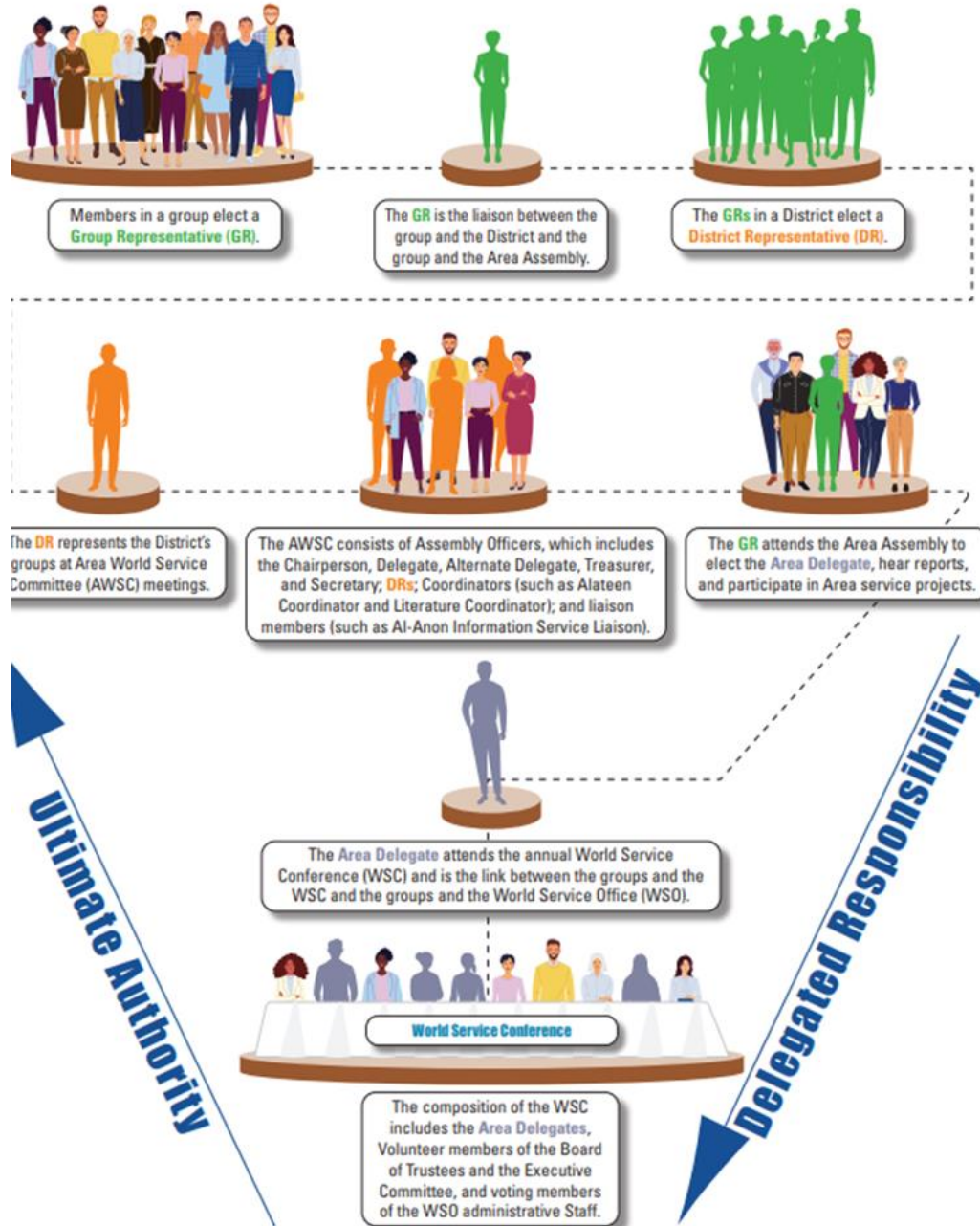


# General Session

What would you like to do next? What spiritual principles will you bring with you.



## World Service Conference Structure Graphic



# Common Misbeliefs about Trustees

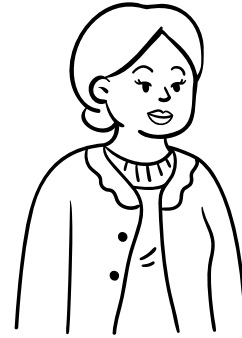
---

- RT's belong to their Regions No
- TALs are not as important No
- The Trustees make all the decisions for Al-Anon! No
  - Legal vs Traditional
- They are the Al-Anon police! No
  - Policy Committee and WSC
- The Board is just one big clique! No
  - RTs, TALs, – Geographic diversity





# Final Thoughts



- “If you have received help, and you no doubt have, why not give to further the cause for peace and serenity of future members? Anne B., Cofounder of Al-Anon 1958
- Make the vision for Al-Anon Family Groups a reality and give abundantly of your time, your talents, and your resources!
  - ODAT – Opportunity, Desire, Ability and Time

