

July 2023

Southern California World Service
AMIAS/ALATEEN
Newsletter



AND IT WAS AMAZING! I am humbled and grateful to have gone in my capacity as an AMIAS for the SCWS AACC to attend SCAC! It is beyond words to express my joy at seeing kids admit they might not have really wanted to be there, **but really loved it** and can't wait to go next year! I love to experience the MAGIC that **IS** SCAC, to see Alateens get excited for Alateen! To get excited to be a participant, to get excited to share, to speak, to bond, to fellowship, to be of service, to go to more meetings, to get a sponsor.... to RECOVER!

Who has two thumbs and has added a BUNCH of Alateens to the circuit-speaker roster?



Call or email me at Alateencommunications@scws-al-anon.org to arrange for an Alateen speaker or panel at your meeting or event!!!! We can do in person or on ZOOM!

ALATEEN SHARES ABOUT SCAC:

For me SCAC 23 was a place of spiritual growth, being in Alateen since I was 10 I've had a lot of ups and downs where I didn't want to be here or like to be here. If I didn't go to SCAC this year I don't think I would've started doing program again. I'm so thankful I was surrounded by this years group because of the work that everyone was willing to put in it inspired me to do more because I wanted to help others the way this program is still helping me. I will never forget the wisdom and memories I got from this event!

- Adrian C. Barstow CA

I went to SCAC with a fear of having an anxiety attack and not being able to control it but with all the new friends I made I was able to focus on myself and have fun with people who understand me completely. I am very thankful for all the spiritual growth in the environment and glad I was able to go to SCAC - Jocelyn R.

When i came to SCAC I was scared. I was worried I'd not fit in or I'd be too weird.. but meeting all y'all was amazing... i felt like i belong and I think that is really good knowledge to come back with.. that knowledge being no matter your situation there are people who are like you, you fit in when you wanna fit in. I also loved everyone's shares! i feel as though i connected with them in different ways. - Emilia R. (Mia)

SCAC 2023 was a real awakening for me, to try and get better in my mental health, and to help others in their struggles. The environment at the event was so loving, and many people there quickly opened up. It made me feel like I could share anything without judgement for my mistakes or trauma. People at SCAC were there to listen to me, and never tried to put me down. Everyone there got along so well. I am excited to return for next year. Thank you to everyone on the committee and everyone who attended for making me feel welcomed and safe. Not to mention the food was bomb 🍷

- Lauren K. Fresno CA

SCAC was unlike any other meeting I had gone to. It had the structure and intention of any Alateen meeting, but the people who arrived carried the whole experience. Sitting in these circles, were collective souls with the same desire, to heal, connect, and cope with the world we shared. It felt so right to be there with everyone, to be real and raw, even if only for a few days. Rejuvenating, truly. - Safiena S.

I feel so blessed to have received a scholarship for an event that has forever changed my life. I know that I feel at home at my local Alateen meeting, yet I wasn't sure what to expect when I first got to SCAC. But once the first SCAC meeting started, I knew that I was at home again. I found solace and comfort in hearing what everyone shared. I made friends that I know truly understand what I've been through. I'm excited to attend and hopefully plan future SCAC events! - Lilly D. :)

SCAC 2023 was amazing, I enjoyed it so much. Everyone there was compassionate, kind, and understanding. The kindness was so natural that it

felt unnatural! Overall, I hope to see more fellow Alateens at future events, and I welcome you with open arms. Hope everyone there had a great time. - Austin F

When I went to SCAC I was not expecting to have that much fun. I was really nervous to meet new people, but it turned out that it was a lot of fun. Lots of people there I could relate to, and they were willing to hear me and we're understanding. The people there were super nice and I made a lot of new friends. I felt that I was heard and understood by every kid and grown-up there. It was a life-changing experience. I will be back next year in hopes to make new friends.
- Gracie M

I had an incredible experience at SCAC. My love and gratitude for program has grown exponentially since I was given the opportunity to be of service as the 2023 Alateen chair- and it was pretty expansive to begin with!

One of my favorite things about the event was listening as teens I've been in meetings with for up to three years (ever since I entered program), went from passing on shares to speaking for up to ten or fifteen minutes. It was truly special listening to the unfamiliar stories of familiar people.

We ended up running late on schedule, and we had a group conscience about whether or not to proceed with our last meeting (at the Redlands fire pit). I was unsure whether the exhausted teens would be interested in dragging the night on further- but when we asked for the show of hands, over 20 of our 24 members palms stood in the air.

After a brief reminder that it would be an early morning, I was sad to think we might lose a couple hands- but, instead, several more went up. It was thrilling to know just how eager everyone was to continue connecting with one another and encouraging each others' recovery.

I am honored to have been a part of creating that space, that opportunity for youth to be open and vulnerable in a way they may not often feel safe enough to be. I am thankful to have been gifted that space, as well.

I cannot wait to see where we go from here. I hope all those who attended keep coming back! - Shana B

I did not have enough of the Alateen spirit when I first came to SCAC this year. I have only been in Alateen for three years, and I wasn't always listening in. My mom told me that SCAC was a spiritual experience for her when she had her first SCAC. I didn't believe her at first, but I enjoyed my time there, and got the Alateen spirit I so desperately needed. The friends I make in Alateen are special, which I can already tell may be. But what I liked most was that I could enjoy a day and a half knowing I was safe, but also that I remained somewhat pure-minded and hearted, with little to no greed, anger, sadness, or other negative and selfish thoughts infecting my mind. I hope to keep coming back to SCAC, because this experience really helped me, like it probably did with my parents when they came to SCAC.

The best way to **re-boot** Alateen is to get kids into Alateen. To get kids into Alateen, we need Al-Anon families & Institutions to be **INFORMED** about Alateen!

*** * * LOOKING FOR ALATEENS WILLING TO BE**

5-minute, 10-minute, 15-minute, or 30-minute speakers at in-person or ZOOM events. * * *

Email: Alateencommunications@scws-al-anon.org

Get kids to an Alateen Meeting:

****** FIND AN IN-PERSON ALATEEN MEETING:**

<https://al-anon.org/al-anon-meetings/find-an-al-anon-meeting/>

****** Or get them to an online meeting:**

Updated 6/2/2023

ELECTRONIC ALATEEN MEETINGS IN SOUTHERN CALIFORNIA

The Alateen groups listed here have moved to an online/electronic format in response to the COVID-19 health restrictions and social distancing requirements.

For information on how to join any of these meetings, please call or email the Point of Contact (POC).

This list is for use by AMIAS and Intergroup staff in Southern California to refer teens to online Alateen meetings. The contact information is confidential and must be carefully safeguarded -- only share with fellow AMIAS and teens or families who are seeking an online Alateen meeting.

DAY	TIME	HOST DISTRICT	WSO ID / Name of Group	POC	Email Contact	Phone Contact
Tuesday	7 pm	17 Woodland Hills	502645 -2 Teens In Recovery	Jeri M	jerijoy@hotmail.com	no
Tuesday	7:30 pm	36 Pomona	1390 Tuesday One Day at a Time	J.R. D Jay P	john.davies@live.com atourpace@msn.com	909-762-4440 909-730-9066 (txt)
Thursday	5:30pm	06 Bakersfield	30729632 Alateen Meeting	Portia C	alateenkern@gmail.com	(661) 717-1346
Saturday	10 am	24 Burbank	502153 Saturday Morning Young Alateen	Susan R Alvin F	no no	(818) 269-7417 (213) 422-6435

WSO Alateen permanent electronic meetings on the Al-Anon App:

<https://al-anon.org/newcomers/teen-corner-alateen/alateen-electronic-meeting/>

Alateen Mobile App meeting times

(meetings will be displayed in the Mobile App in your local time)

Monday 6 pm ET	Wednesday 7 pm ET	Thursday 7:30 PM ET
Monday 10 pm ET	Wednesday 9:30 pm ET	

Download the [Al-Anon Family Groups Mobile App](#) to attend electronic Alateen meetings. Click here for [step-by-step instructions](#)



Are you looking for service work that is rewarding, loving, and exciting?

Have you thought of the teens who want help and can't get it because Alateen isn't available?

Are you willing to meet with Alateen members to share with them, laugh with them, and sometimes cry with them?

Can you allow Alateens to conduct their own meeting without controlling or directing?

Can you respect the anonymity of Alateen members by not discussing their comments with their parents or others?

Can you say "No" to inappropriate behavior and explain your reason while continuing to love them?

Can you suggest program tools – slogans, Steps, Traditions, literature [CAL] – without giving advice?

CONSIDER BECOMING AN AMIAS!

Al-Anon
Member Involved in Alateen Service

WHAT KINDS OF SERVICE ARE AVAILABLE IN ALATEEN?

There are numerous ways you can be of service! Some are ...

- Co-sponsor a weekly Alateen meeting
- Help plan and support Alateen events
- Transport Alateen members to meetings and events

ARE THERE ANY ELIGIBILITY REQUIREMENTS I MUST MEET?

To become an AMIAS, you must:

- Have at least 2 years of regular Al-Anon participation
- Attend at least one Al-Anon meeting a week
- Be at least 25 years old
- Be able to pass the Southern California World Service (SCWS) background check
- Attend a 90-minute initial training session (offered online every month by webinar)
- Be willing to step down immediately if any controversy interferes with your purpose of serving Alateen members

SOUNDS GREAT!! I MEET ALL THE ELIGIBILITY REQUIREMENTS. HOW DO I GET STARTED?

First, speak with your District Representative and/or District Alateen Liaison to learn what the needs are in

your local area and how you can best be of service. Then, email the Area Alateen Process Person (AAPP) and give them your name, email, and phone number.

You will receive an email reply with information on everything needed to complete the process.

You can contact the AAPP at

aapp@scws-al-anon.org

HOW LONG DOES IT TAKE TO GET CERTIFIED? Most applications are completed in less than 4 weeks.

WHEN CAN I START WORKING WITH ALATEENS? As soon as you receive the email formally notifying you that your registration is complete.

**** You may not participate with Alateen until you are officially notified. ****

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Southern California World Service
SCWS-AL-ANON.ORG



  **Al-Anon / Alateen Family Groups**

revised 25 January 2019

Who wants to be an AMIAS?

(Al-Anon Member Involved in Alateen Service) WE DO! 🧑🧑

[2023 Schedule for New AMIAS Training](#) ←click here

To begin the application process for becoming an AMIAS, first talk to your District Representative (DR) and/or District Alateen Liaison (DAL). Let the District know that you are interested in Alateen Service. The DR or DAL can let you know where the opportunities are. They are also responsible for approving your AMIAS Application once your training is complete.

Contact the Area Alateen Process Person (AAPP) at aapp@scws-al-anon.org once you

have notified your District. Include your name, email address, phone number and District number.

After you submit your name to the AAPP as a prospective AMIAS, you will receive a confirmation email and then an email invitation around the first of each month. The Invitation will include a link to register for that month's webinar.

Training sessions are usually about 90 minutes.

Contact Bear for more information:

aapp@scws-al-anon.org

Convention and Event Chairs! If you would like an AMIAS training at your convention or event, contact Tina:

aapp@scws-al-anon.org.

Allow 2 ½ hours in your schedule for the training.

Alateen Meetings in Schools

"The disease of alcoholism in a family member or friend affects children and teenagers in many different ways that impact on their behavior and ultimately, their schoolwork. Frequently, students and educators do not realize that a relationship with an alcoholic could be a factor." P. 2, Information for Educators, Alateen Meetings in Schools S-64

For answers about Alateen meetings in schools, please reference this pamphlet.

* * * ALATEENS SERVING BEYOND THE GROUP LEVEL * * *

🔍 REPRESENTATION 🔍

- ◆ **Your meeting can have an Alateen member registered as Group Representative (GR). Please check with **any** of your coordinators about how to get that done so they will be represented. They can have a voice AND a vote at Area Assemblies!**
- ◆ If you have any Alateen or AMIAS related questions or concerns, please use this link to get connected alateen-amiasconcerns@scws-al-anon.org

2021-2023

SCWS Alateen Coordinators

Alateen Communications Coordinator *Bernadette H.* Alateencommunications@scws-al-anon.org

- Contact individuals who have requested information about the Alateen program or forward their request to a District near them and follow-up with the individual.
- Communicate with agencies that have requested an Alateen Panel and arrange Alateens to speak and AMIAS or parent to transport and supervise them.
- Create the Area Alateen Newsletter to inform the Area members about recent changes made by SCWS and/or WSO, share AFG Connects postings about Alateen topics, and educate Al-Anon members about Alateen.
- Connecting with other Districts about their Alateen meetings.
- Hosting a local workshop to encourage potential AMIAS and share about current sponsors/AMIAS opportunities and experiences.
- Adding information to the Area Alateen newsletter.

Alateen Events Coordinator *Tina S.* Alateenevents@scws-al-anon.org

- Create and maintain a process to ensure that SCWS Alateen events are in compliance with CA(S) and WSO.
- Review Alateen Event Plans to ensure compliance with the ASBR (Alateen Safety and Behavioral Requirements) and principles of the Alateen/Al-Anon programs. Then approve or create action item lists.
- Communicate with Event Sponsors, Alateen Chairpersons, AMIAS Chaperones, and Convention Chairs.

Alateen Sponsor Coordinator. *Suzanne P.* Alateensponsor@scws-al-anon.org

- Create the presentation and required materials for AMIAS Certificate Trainings and Recertification Workshops.
- Train and manage Presenters who will conduct AMIAS Recertification Workshops and/or Initial AMIAS Certificate Training in English and Spanish.
- Manage documents obtained from attendees of workshops, attendance roster, and AMIAS Distribution Roster.
- District rep and District Alateen Liaison training.
- Ensure SCWS Alateen meetings and events are in compliance with CA(S) and WSO.
- Review Alateen Event Plans to approve or create action item list, in collaboration with Area Alateen Events Coordinator.
- Communicate with Event Sponsors, Alateen Chairpersons, and Group Sponsors as needed.
- Review Area Alateen Safety & Behavioral Requirements on an annual basis, per G-24.

- Respond to emails from WSO regarding individuals who have requested information about Alateen and contact the individual or forward the request to the District about which the individual is requesting information.
- Serves as primary point of contact with WSO for Area Alateen matters. Communicates with Area Officers about these matters, as appropriate.
- Serves as the primary link of Area support and oversight for the Southern California Alateen Conference (SCAC).
- Oversees and supports Districts with donations and scholarship requests for SCAC.

Alateen Process Person. *Bear W.* aapp@scws-al-anon.org

- Maintain lists of Active, Inactive and Prospective AMIAS.
- Provide up-to-date list of Active AMIASs to other Alateen Coordinators and Board members, as needed for Area business.
- Maintain lists of Active and Inactive Alateen meetings.
- Update the WSO database with changes to AMIAS and Alateen meetings.
- Process new AMIAS applications.
- Process new Alateen groups.
- Direct AMIAS to background check information as needed.
- Process annual AMIAS recertification before deadline set by WSO (usually 1 July).
- Process annual Alateen group update/recertification.
- Provide Districts with bi-annual report of their currently certified AMIAS and active Alateen groups twice a year (usually at end of recertification in July and in December/January) and as needed.
- Provide Event Chairpersons with a list of currently certified AMIASs as needed.
- Conduct training of new AMIAS, online and/or in person. Webinars are usually conducted monthly.
- In-person trainings are typically held at Al-Anon events such as annual AFG Convention and sometimes in conjunction with recertification workshops.
- Complete reports for the Area Service Board, Committees, and Bulletin.
- Maintain list of persons in each District authorized to sign AMIAS applications (usually DR and DAL).

Alateen Literature:
Click to order

The collage features several pieces of literature:

- Information for Educators:** A green brochure titled "Alateen Meetings In Schools" with an image of a school bus and the Al-Anon logo.
- ALATEEN —a day at a time:** A red booklet with a sunburst graphic and the Al-Anon logo at the bottom.
- Sponsorship:** A booklet titled "Is It For You?" featuring a cartoon character and a list of seven questions for potential sponsors.
- Alateen Talks Back on SERENITY:** A booklet with a sunset background and an illustration of two people walking on a beach.
- Facts about Alateen:** An orange booklet with a fingerprint graphic and the Al-Anon logo.